



KOLENU

"Our Voice" The Newsletter of Congregation Anshei Israel

January/February 2026 • Tevet/Shvat/Adar 5786

Volume 78 Number 3



A Night of Laughs with
**ANTONIA
LASSAR**

**FEBRUARY 21 • 7:45 P.M.
CONGREGATION ANSHEI ISRAEL**

Catch "the freshest voice in Jewish comedy" (*Hey Alma* magazine) and co-host of the Jewish gossip podcast "Yenta!" in her first Tucson appearance!

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INSERTS

Scotch & Steaks
A Night of Laughs with Antonia Lassar

KOLENU • קולנו

"Our Voice"

The Newsletter of Congregation Anshei Israel

Congregation Anshei Israel

A Conservative Synagogue and Proud Member of USCJ



United Synagogue of Conservative Judaism

5550 East 5th Street • Tucson AZ 85711
(520) 745-5550 • fax (520) 745-9058

caiaz.org

MISSION STATEMENT

Congregation Anshei Israel shall serve as a source of spiritual, educational, and social enrichment in order to encourage and ensure Judaic values in accordance with the Principles of Conservative Judaism.

CLERGY & STAFF INFORMATION

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Please visit our website caiaz.org and check your email for the most up-to-date information.



Instagram

Shalom! FROM RABBI METZ

As we enter January and February, a time when much of the country is bundled in heavy coats and shoveling snow, I am reminded how fortunate we are to live in Arizona. We like to say that here, you cannot shovel sunshine. Our winter brings crisp mornings, warm afternoons, and the kind of weather that invites us outside. It is a season that naturally makes space for small moments of joy.



Judaism teaches that joy is not a luxury. It is a spiritual practice. The Psalmist urges us, "Ivdu et Adonai b'simcha. Serve God with joy." Joy does not remove the challenges in our lives, but it softens them and reminds us that goodness is present even on difficult days.

This time of year, joy might look like a walk under a brilliant blue sky, noticing a desert plant blooming out of season, or the sweetness of a Tu B'Shvat celebration. And because humor helps us see the world more lightly, here is one of my favorites for the holiday:

Why did the tree get invited to every Tu B'Shvat party?

Because it was always rooting for everyone.

Yes, that is a corny joke and it is a small reminder that laughter can lift our spirits.

Finding time to laugh and appreciate humor is so important, especially when life feels heavy. Laughter restores us and opens our hearts. That is one reason I am excited that CAI will welcome comedian Antonia Lassar for a special fundraiser on the evening of February 21. An evening of shared laughter is a gift, and I hope you will join us for what promises to be a joyful night.

May this season bring you warmth from sunshine, friendship, and laughter, and may we continue to create joy together as a community.

B'Shalom,

Rabbi Sara Metz

(520) 745-5550 ext. 230

RabbiMetz@caiaz.org

Please warmly

Welcome

Our new members:

Lois & Arthur Friedman

Candle Lighting Times

January	
January 2	5:12pm
January 9	5:18pm
January 16	5:24pm
January 23	5:30pm
January 30	5:37pm

February	
February 6	5:43pm
February 13	5:50pm
February 20	5:56pm
February 27	6:01pm

Know Someone New to Tucson?



If you know someone new to the Tucson community who you believe would be interested in learning about CAI, please call Debra Lytle at (520) 745-5550, ext. 242, so we can speak to them about all of the many spiritual, educational, and social opportunities our synagogue has to offer!

FROM THE PRESIDENT



Here is a shout-out to one of CAI's most dedicated volunteers. Donna Saffioti served the Congregation as Chair of the Human Resources Committee and then as President-Elect. Personal circumstances have made her withdraw from the latter and then the former positions, but she has established a foundation on which we can build for years to come.

Donna brought her strong professional background as a high-ranking manager/leader in the US Civil Service to bear on the universal issues of providing professional growth and objective evaluation to a talented and heavily committed staff. She laid the groundwork for an annual evaluation process for our senior professionals and their direct reports that brings CAI up to the expectations for responsible not-for-profits.

In addition, Donna has considerable experience with contracting and oversight. She made sure that attention to detail allowed CAI and the businesses working for it have clear mutual expectations and when we benefit from federal and other external grants, meet the complex terms.

She was chosen to be President-Elect by the Board and by you for her dedication, effectiveness, and drive to professionalize the work environment of our extraordinary staff for their further benefit. We owe her a profound debt of gratitude for her years of strong guidance in the right directions.

My other shout-out is to Antonia Lassar. Besides the fact that her humor really tickles me, she has been a delight to work with in the planning of our exciting, downright sparkling evening of entertainment. From experience, she understands who goes to congregational fundraisers, and fine tunes her material accordingly (as you can hear from her hilarious promo clip). Her reputation is growing rapidly among younger Jewish circles. This is our chance to show the greater Tucson Jewish Community how amazing CAI events are, as well as going all-in to support the Congregation that we care about. I'll see you there!

I appreciate when you give me feedback on how things are going. Please do contact me with your praise or concerns about how the Congregation is serving your needs.

Bivrachah,

Richard F. Green

richard_green_94647203@comcast.net



After Shabbat Morning Services
(approx. 12:30pm)

Jewish Journeys
Saturday, January 17

Stay after services for lunch and a special interview with Ole Thienhaus as he shares stories from his life and Jewish journey. Come hear, learn, and connect as we celebrate the richness of our CAI community.

Sustainability
Saturday, January 31

Join us after Shabbat Services for a special Lunch & Learn in honor of Shabbat Shirah. Just as God split the sea in an awe-inspiring moment of partnership with nature, we are also commanded to care for the world entrusted to us.

In preparation for Tu B'Shvat, Dr. Joy Peskin will lead us in an engaging session on the mitzvah of sustainability, exploring Jewish teachings that call us to protect and preserve our earth, and Jewish journey. Come hear, learn, and connect as we celebrate the richness of our CAI community.

Congregation Anshei Israel's Women's League

Mah Jongg Players Play for fun & help CAI!

Women's League is now selling
Mah Jongg cards for 2026.
Cards are priced at \$14 each,
or \$15 each for cards with large print.

**For each card ordered,
CAI receives \$6.**

Please make your check payable to
Judy Fishman and mail to:

Judy Fishman

**485 S. Edgeside Avenue
Tucson AZ 85748**

Questions? Call (520) 722-8562

**Order Deadline:
January 23, 2026**



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Members of CAI



EDUCATION

Preschool



Joy and light have filled our preschool classrooms this Chanukkah season, as children explore traditions, practice kindness, and celebrate together with laughter and curiosity!

As part of this season of giving and reflection, the children have been exploring the mitzvah of *tzedakah* and learning what it means to help others. We sang a new song, read stories that highlight kindness and generosity, and made *tzedakah* a meaningful part of our weekly Shabbat celebrations. Seeing the children bring these lessons to life has been truly inspiring.

At the same time, we have been learning about Chanukkah and the reasons we celebrate it each year. Our little ones created their own menorahs, played lively games of dreidel, and enjoyed tasting latkes and *sufganiyot* together. The season's highlight was our beautiful Chanukkah performance, where the children sang holiday songs for their families, followed by a delicious lunch generously sponsored by our Parent Action Committee. These shared experiences made the holiday even more memorable and joyful for everyone.

Looking ahead to the second half of the year, we are excited for all that is still to come. If you know families who may be looking for a warm and engaging preschool community, please encourage them to visit us. January is a wonderful time for tours, and enrollment for the 2026 to 2027 school year will begin in shortly after the new year. We look forward to welcoming new friends into our preschool family.

Below you will find our newly approved mission, vision, and values. These statements reflect the heart of our preschool community and highlight our commitment to joyful Jewish learning, nurturing relationships, and a warm, supportive environment where every child can grow and thrive. They will serve as guiding principles for our work as we continue to learn, celebrate, and build meaningful connections together.

B'Shalom,

Allison Wetzel

Early Childhood Director

(520) 745-5550 ext. 229

ECDirector@caiaz.org

Mission Statement — At Congregation Anshei Israel's Esther B. Feldman Preschool, we nurture the whole child through developmentally appropriate learning experiences that integrate Jewish traditions as well as universal values in an inclusive, loving environment.

Vision — We strive to cultivate a vibrant preschool community where children of all backgrounds build a strong sense of identity and belonging, and develop the academic, social, and emotional foundations for lifelong learning.

Values — Our preschool is rooted in the Jewish values of *chesed* (kindness), *kavod* (respect), and *kehillah* (community). We foster compassion, honor each child's uniqueness, and cultivate strong, inclusive relationships. These values nurture a strong sense of safety and belonging, allowing each child to grow with confidence and develop a lasting love for *limmud* (learning).

B'Yahad and USY

We had a wonderful end to our first semester of B'Yahad with our B'Yahad Maccabia & Family Chanukah Celebration! Thank you to our Madrichim who planned a fabulous program for our students, and to our adult volunteers! Join us for our next B'Yahad Family Event on **February 1 for Tu B'Shvat at McDonald Park!**



Please keep in mind that we have scholarship funds available for any Jewish child who wishes to attend Jewish Summer Camp, as well as support from JPSA from One Happy Camper Scholarships! We want to make sure that every family that wants to send a child to camp can, so please be in touch with us. Be sure to attend our **Jewish Camp Fair on February 15 at Kol Ami** to check out Camp Ramah and other Jewish camps on this side of the country.

Stay tuned for more information about our upcoming **Kadima events on January 11 and February 8, and USY on February 21.** We are also looking forward to our **USY Regional Convention coming up January 23-25 at Camp Ramah** in Ojai for 8th-12th grade students!

Join us for our **Family Services and dinners coming up on January 23 & February 13** (led by our 3rd grade students for Siddur Dedication!) and **Tot Shabbat on January 30.** Look for RSVP information and come celebrate Shabbat together!



B'Shalom,

Nichole Chorny

Cantorial Soloist and Education & Youth Director

(520) 745-5550 ext. 227

CantorialSoloist@caiaz.org

Siddur Dedication is coming up! Friday, February 13 at 5:45pm



Please join us for Siddur Dedication as our 3rd grade students lead our Friday night Family Shabbat Service for the congregation and receive their very own copy of our siddur. It is sure to be a meaningful service — come support our students!



TODAH RABAH!

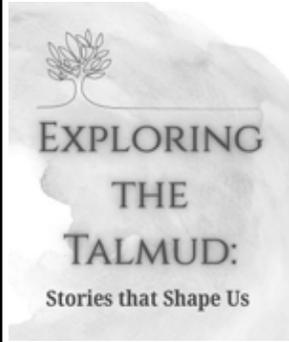
TURKEY & MORE DRIVE 2025

TOGETHER we collected \$1,460 for families in need so they could celebrate Thanksgiving with their loved ones.

Your generous donations meant that 23 families were able to sit down to a hearty meal and enjoy the warmth of the holidays.

ADULT EDUCATION

NEW! Exploring Talmud: The Stories That Shape Us Thursdays at 10:00am



We're kicking off the secular new year with our Thursday study shifting to the Talmud, home of deep wisdom, spirited debates, and stories so quirky you'll wonder if the rabbis missed their calling as comedians.

Each week we'll explore one tale and what it can teach us today. No background needed, just curiosity and a sense of humor. Come learn, laugh a little, and discover timeless meaning in these ancient stories.

Check your email for details and Zoom link.



Sacred Traditions: A Jewish Conversation on End-of-Life Practices Sunday, January 25 | 10am-12pm

Join us for an informative and comforting program on Jewish end-of-life planning. Learn about burial rights, yahrzeit plaques, Jewish traditions, and legacy/endowment giving.

Rabbi Metz, along with other professionals and legal experts, will offer guidance and answer your questions in a supportive, welcoming setting.

Explore the Torah's guidance on legacy and planning ahead with Rabbi Metz followed by additional speakers & breakout sessions on:

- Creating a lifelong legacy and endowment giving
- Ritual Washing
- Ethical Wills
- Hospice and Financial Assistance
- Estate Planning
- Burial Rights and Yahrzeit Plaques

We will end the session with the opportunity to visit with our partners, as well as Q&A.

All are welcome to gain clarity and confidence planning for the future.

Scan QR Code
to register or visit caiaz.org



Spinoza vs Adon Olam: How Enlightenment Philosophy Challenged Tradition

JOIN US FOR A SPECIAL CLASS
SUNDAY, 2/15
AT 11:00AM
IN CANTOR FALKOW LOUNGE

Register by Feb. 13

Scan QR Code to register or visit caiaz.org



Read It and Meet

Nothing beats talking about good books!

Please join Women's League for **Read It and Meet** to discuss a wide variety of books by Jewish authors and/or about Jewish themes.

Join us in Rabbi Breger Hall following Shabbat Morning Services.
(approximately 12:30pm)

DATE	TITLE	AUTHOR
Jan. 10	<i>The Klansman's Son: My Journey from White Nationalism to Antiracism: A Memoir</i>	Derek Black
Feb. 7	<i>The Queen's Cook</i>	Tessa Afshar
Mar. 7	<i>Only the Beautiful</i>	Susan Meissner
May 2	<i>How to Share an Egg: A True Story of Hunger, Love, and Plenty</i>	Bonny Reichert

After Minyan Forum

The Thing About Teshuvah

6:00-7:00pm, following Minyan
In the Rabbi Eisen Beit Midrash

Part 1, January 8

What exactly is "teshuvah"? We hear about it once a year, but what can we do to bring into our everyday experience of the divine? Join the discussion about the concepts and practical meanings from Rabbi Adin Steinsaltz's book of the same name, "Teshuvah."

Part 2, January 22

We continue our discussion about teshuvah: how do you incorporate it into your everyday routine? Is there a way to measure its success and what happens when you lose your initial enthusiasm?

Join us for Minyan at 5:30pm

COMING UP

Daily & Weekly Services

Join us in prayer services!



Morning & Evening Minyan Service

Now by request - scan QR Code or visit caiaz.org to request a minyan!

HYBRID Morning Minyan Fridays at 7:30am

In-person in the Rabbi Eisen Beit Midrash & on Zoom, followed by a light breakfast.

HYBRID Evening Minyan Tuesdays* & Thursdays at 5:30pm

In-person in the Rabbi Eisen Beit Midrash & on Zoom
**Learner's Minyan - Slower Pace*

Kabbalat Shabbat Services

JANUARY	FEBRUARY
2 nd - 5:45pm on Zoom	6 th - 5:45pm on Zoom
9 th - 7:30pm Hybrid Shabbat Oneg	13 th - 5:45pm Hybrid Family Shabbat & Siddur Dedication
16 th - 5:45pm Hybrid Shabbat Sovev	20 th - 5:45pm Hybrid Shabbat Sovev
23 rd - 5:45pm Hybrid Family Shabbat	27 th - 7:30pm Hybrid Shabbat Oneg
30 th - 5:45pm Hybrid Kabbalat Shabbat	

Subject to change. Check your email for details.

Hybrid Shabbat Morning Services

NOW IN THE RABBI EISEN BEIT MIDRASH
9:30am Saturdays

Shabbat Oneg Service

Friday, January 9
Friday, February 27

7:30pm Service

Dessert & L'Chaim Oneg to follow

Join us for a later *Kabbalat Shabbat & Ma'ariv* service in our Rabbi Eisen Beit Midrash.

Stay after services to schmooze over sweet treats, drinks, and great conversation as we connect and celebrate with our community together.

Both pareve and dairy desserts will be available.

Family Shabbat Service & Dinner



January 23

(Southwest Shabbat)

February 13

(Siddur Dedication)



Family Shabbat Service at 5:45pm

Rabbi Eisen Beit Midrash & on Zoom
(approximately 1 hour)

Join us as we bring in Shabbat together with a family-friendly Shabbat service in the Rabbi Eisen Beit Midrash.

Followed by a delicious chicken dinner with vegetarian option.

RSVP and payment for dinner required no later than

Jan. 20



Scan QR Code
for pricing & RSVP
or visit caiaz.org

Feb. 10



Shabbat Sovev
שבת סובב

Shabbat Sovev

Fridays, Jan. 16 & Feb. 20 at 5:45pm

in the Rabbi Eisen Beit Midrash

Dinner to follow at approximately 7:00pm

Join us for a spiritually-moving Kabbalat Shabbat Service full of community and new melodies sung to traditional liturgy. After the service, join us for a chicken dinner with vegetarian option.

RSVP and payment for dinner required no later than

Jan. 13



Scan QR Codes
for pricing & RSVP
or visit caiaz.org

Feb. 17



COMING UP

Pajama Tot Shabbat Service & Dinner



Friday, January 30
5:45pm Service • 6:15 Dinner

Join Rabbi Metz and Cantorial Soloist Nichole Chorny in the Rabbi Eisen Beit Midrash for this tot-friendly service, followed by a dairy dinner at approximately 6:15pm.

RSVP & payment for dinner required no later than **January 27**.

Scan QR Code for pricing & RSVP for dinner or visit caiaz.org



Join Us For

Havdalah Under the Stars

Saturday, January 24 at 6:00pm

Join us for stargazing with Tucson Amateur Astronomy Association and more!

Pizza & Dessert
\$5 per person / \$10 per family




Scan QR Code to RSVP by Jan. 22



Tu B'Shvat in the Park
Sunday, February 1, 10:00am
McDonald Park, Ramada 6
(Catalina Hwy/Harrison)

Join us at McDonald Park in Ramada 6 to celebrate Tu B'Shvat together in nature. Enjoy delicious fruits from Israel & beyond with a Tu B'Shvat themed craft & nature walk.

Free program for all ages.

RSVP Deadline
Thursday, January 29
at caiaz.org or scan the QR Code



In case of inclement weather, this event will be held at CAI.



Shabbat Shirah
Saturday, January 31
at 9:30am

in the Sanctuary & on Zoom

Join us for a special Shabbat Shirah service that will be filled with songs and melodies as we read the Song of the Sea, celebrating God splitting the sea for us to travel to freedom.



World Wide Wrap 2025
Sunday, February 8 at 8:30am
in the Rabbi Eisen Beit Midrash

Join us for World Wide Wrap, a program by The Federation of Jewish Men's Clubs.

All are welcome to learn to wrap *tefillin* at an abbreviated Morning Minyan service.

Followed by breakfast, where we'll learn about the who, what, when, where, why, and how of *tefillin*.

Watch your email for details!

Scan QR Code to RSVP for Breakfast by February 5



COMING UP



E-WASTE COLLECTION TU B'SHVAT HIGIAH! (TU B'SHVAT IS COMING!)

As part of our *Tu B'Shvat Mitzvah Mission*, the Community Engagement Committee's CAI Green Team is sponsoring an electronic waste recycling event. Electronics can be dropped off in the Lynne Falkow-Strauss Foyer throughout January. We are working with a reputable local company, Suburban Miners, who will provide data destruction, material recovery, recycling when able, and environmentally-safe disposal of hazardous materials. Items to be collected include cell phones, computers, tablets, printers, scanners, cameras, audio and video equipment, the list is comprehensive. They will not take appliances bigger than a large air fryer (no refrigerators, ovens, etc.).

Dor L'Dor:

Generation to Generation Learning for Teens & Parents



Join Rabbi Metz & Nichole Chorny for a pizza lunch followed by learning geared toward preteens and teens (approximately 6th-10th grade) and their parents.

Session 1: Sunday, February 22 at 12:00pm ***You Just Don't Understand: How Do Parents and Teens Talk to Each Other?***

As teens grow toward independence, it is typical to experience tension and communication breakdown with parents. How is communicating with a teen different than communicating with a child? What are the best ways for teens and parents to give each other constructive feedback about their communication styles? This session looks at the Jewish values of honoring parents, the ethics of speech, and the importance of critical feedback in a parent-teen relationship.

Session 2: Sunday, March 15 at 12:00pm ***Now What?: Moving From Teen to Eighteen***

This session provides a space for parents and preteens/teens to explore the next stages of their life journey and their Jewish journey, learn about Jewish wisdom on character, and begin a dialogue about the changes in their Jewish life. Together, teens and parents examine the different areas of growth between becoming a teen and becoming an adult.



American Red Cross

Blood Drive **Sunday, February 15**

9:00am-2:00pm

Cantor Falkow Lounge

By appointment only

For more information or to schedule an appointment, please scan the QR Code,



or contact Fran Stoler at
FranStoler@gmail.com

or call the American Red Cross at
1-800-733-2767

or visit redcrossblood.org and use
Sponsor Code: **Anshei**

Save the Date!

“GENOCIDE?”

Sun., April 19 • 3:00-4:30 pm

Congregation Anshei Israel

Professor Leonard M. Hammer

Edwin & Alma Lakin Chair on the Holocaust, Human Rights, and Comparative Genocide

Scan QR Code
to RSVP



CATCHING UP

Blessing of the Pets - Sunday, October 26



The Mitzvah of Bikur Holim (Visiting the Sick)

Federal healthcare privacy regulations make it difficult for us to know when a member of CAI has been admitted to a hospital.

Become a partner in the mitzvah of *Bikur Holim* – visiting the sick – by advising our clergy when you, a relative, or a friend is hospitalized. We can stay informed **ONLY** if a family member or friend provides the information to us.

**Please call Rabbi Metz at
(520) 745-5550, ext. 230**



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CATCHING UP

Day of Global Jewish Learning - Sunday, November 9



Paint & Sip Pomegranate Art Class - Wednesday, November 12



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CATCHING UP

Family Havdalah Game Night - Saturday, November 15



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MAZAL TOV



Bake, bond, and do a mitzvah!
Join Vicki Pepper & Marcy Friedman on Sunday, February 22 as we fill the freezer with homemade treats for the community. Open to all adult members.

Scan QR CODE to register by February 20.



January Anniversaries

Date	Years
11 Sandra & Gerald Ross	67
12 Patricia Dumes-Zarin & Ira Zarin	39
30 Yael & Shlomo Neuman	61



February Anniversaries

Date	Years
8 Sophie & Alexander Green	11
11 Janice Wezelman & David Bartlett	47
13 Ruth & Marvin Hoffman	71
13 Rosie & Paul Kahn	32
16 Hyla & Gary Windham	23
17 Alla & Howard Steinberg	18
20 Madeline & Barry Friedman	43
21 Irit Maor & Greg Weed	18
23 Marcia & Paul Simon	12
25 Anita & Danny Levkowitz	48

Chesed "Caring" Committee



Did you know that every congregant is a member of the *Chesed* "Caring" Committee, the largest committee at Congregation Anshei Israel?!

Chesed means loving-kindness, grace, helping each other. We exist to help our members in times of need.

Please feel free to contact
Jane Poliakoff,
Chesed Committee Chair
JMPoliakoff@gmail.com

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Share your Simcha!

Become a Kiddush sponsor!

Sponsorships will be acknowledged in eblasts, during services, and in the Kolenu.

If you are able to support us, please email Debra Lytle at ExecDir@caiaz.org

Interfaith Families Welcome



CAI welcomes all interfaith families and encourages them to participate in as much synagogue life as they choose within the framework of Conservative Judaism. For more information, visit caiaz.org/resources as part of CAI's "Myths vs. Facts" program.

Honorable "Menschens"

Todah Rabah to:

Gabbaim

Lois Bodin
Michele Cassen
Phil Bregman
Rosie Kahn
Vicki Pepper
Joy Peskin
Steve Singer

B'Yahad Challah Bake

Rachel Black
Beth McGinnis
Josh Melson
Lev Metz
Kala Phelps
Scott Phelps
Brooke Rabe
Hollie Rotenberg

Kolenu Proofreaders

Donna Saffioti
Judy Schultz
Dawn Steinberg

If we missed you, we apologize. If you would like to be included in further announcements, please let us know.



Thank you to our "Yad Squad"

(Those who read Torah and Haftarah in Oct. & Nov.)

Rabbi Stephanie Aaron	Hillary Goldstein	Ziva Mason
Charles Blitzer	Richard Green	Gabe Melson
Andy Douglas	Michael Haber	Amber Page
Robert Douglas	Adeline Horst	Phillip Pepper
Will Douglas	Mike Jacobson	Joy Peskin
Julia Elitzer	Abby Jeck	David Polan
Jordan Emerson	Coby Jeck	Gregg Pollack
London Emerson	Dan Jurkowitz	Leonard Schultz
Noam Emerson-Fleming	Lisa Jurkowitz	Linda Silverman
Phoenix Emerson-Fleming	Michael Jurkowitz	
Ari Espinoza	Eva Kvaloesund	

Thank you to our Friday Morning Minyan Breakfast Sponsor:

Joyce Becker,
in memory of brother Howard Goldwyn
Make sure to join us in-person on Fridays at 7:30am in the Rabbi Eisen Beit Midrash!

Thank you to the following congregants for sponsoring our Kiddushim

- Valorie & Andy Douglas in honor of son Robert becoming a Bar Mitzvah
- Jane Poliakoff
- Madeline Friedman & Brina Grusin, in honor of Barry Friedman's 80th birthday
- Miriam Geoffroy, in honor of daughter London Emerson becoming a Bat Mitzvah
- Adeline Horst & Amber Page, in honor of Rabbi Metz & Amber's birthdays

Please contact Debra Lytle at ExecDir@caiaz.org to reserve a date to sponsor Kiddush.

Condolences

המקום ינחם אתכם

The congregation mourns the loss of our members:

*Donald Allen Cohen
Spencer Roberts*

Our condolences to these members who mourn the loss of their loved ones:

Phyllis Cohen, husband Donald
Stephanie Roberts, husband Spencer
Abigail (Maybelline St. Clair) & Ethan Roberts, father Spencer
Malcolm Levin, son-in-law Spencer
Maya & Hannah Langer, uncle RJ Sampson
Sue & Sonny Ross, nephew RJ Sampson
Sue (Sonny) Ross, sister-in-law Gladys Morse
May the Author of Life Comfort the Mourners

Anshei Israel Memorial Hall

Installation of a memorial plaque is a beautiful way to perpetuate the memory of a loved one. Each year on the anniversary of your loved one's death, the synagogue will send you a reminder of the Yahrzeit and light the light adjacent to their memorial plaque. Call Debra at (520) 745-5550, ext. 242, to make arrangements or if you wish to reserve a space for the future.



Dealing with Grief and Loss?

Are you having difficulty dealing with grief and loss? Perhaps it would be helpful to talk with a trained counselor. A synagogue volunteer would be happy to speak with you confidentially.

Please call Norma Karp at (520) 299-3382.

Stay connected with us!

- **Email Updates** (Sign up on our website Home page: caiaz.org)
- **Facebook** (CAI, Preschool, B'Yahad Religious School & USY)



Some tips:

- Sharing our Facebook posts allows more people to learn about us.
- When you comment on or like our Facebook posts, it puts our page on your friends' radars, expanding our audience.

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Donations made to Anshei Israel Funds enable our Synagogue to continue to carry out its work, thereby better serving our members. Please consider making a donation in honor of a relative or friend who may be celebrating a simcha or in memory of a loved one. This list reflects those donations made after the last issue's publication date. Todah Rabah to all.

Our Donation Form
is at the Front Desk
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at caiaz.org
Notification cards are
sent for donations of
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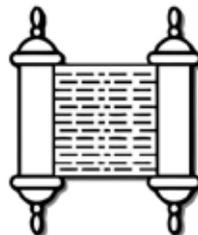
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**Join a Chavurah –
Build Lasting Connections!**

We're excited to share that we have launched our initial congregational *Chavurah* groups! These small, member-driven groups create meaningful connections through shared experiences, Jewish learning, and friendship.



If you've been thinking about joining a *Chavurah*, now is the perfect time! New groups are forming on a rolling basis as applications come in. Whether you're looking to connect socially, spiritually, or through shared interests, there's a place for you. Don't miss this opportunity to build community in a deeper, more personal way. Sign up and be part of something special!

**Please scan the QR Code
to learn more and sign up!**



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