



KOLENU

"Our Voice" The Newsletter of Congregation Anshei Israel

September/October 2025 • Av/Elul/Tishrei 5785/5786

Volume 78 Number 1



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KOLENU • קולנו

"Our Voice"

The Newsletter of Congregation Anshei Israel

**Congregation
Anshei Israel**

A Conservative Synagogue and
Proud Member of USCJ



United Synagogue of
Conservative Judaism

5550 East 5th Street • Tucson AZ 85711
(520) 745-5550 • fax (520) 745-9058

caiaz.org

MISSION STATEMENT

Congregation Anshei Israel shall serve as a source of spiritual, educational, and social enrichment in order to encourage and ensure Judaic values in accordance with the Principles of Conservative Judaism.

CLERGY & STAFF INFORMATION

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Please visit our website caiaz.org and check your email for the most up-to-date information.



Instagram

Shalom! FROM RABBI METZ

The High Holy Days are almost here, bringing with them the beautiful Jewish message of *teshuvah*. We usually translate it as "repentance," but really, it just means "return." Our Jewish tradition calls us to return to our best selves, to the parts of us that are comforted and build up others. This call says to return home, yet that call is not only to a physical place, it is to the spiritual place where you reach out to God, and know that God is reaching back and holding you.



We know that life has a way of pulling us in so many directions. Work, family, the endless rush of daily life, it can be overwhelming. Sometimes we hear the clear call of our values. We know what matters. Other times, everything feels harder and we lose sight of who we want to be. In all that busy-ness, it becomes tough to pause and ask: "Where am I in my life right now, and how do I find my way back to my truest self?"

But the month of Elul opens a door and says, "Come back. There's still time." The High Holy Days help us walk through that door.

At Congregation Anshei Israel, this return is both spiritual and physical. You have a place here. Maybe you're drawn to our sanctuary where the melodies lift your spirit and the prayers feel meaningful. Maybe you love digging into Torah and Jewish history in our adult education classes where conversations get deep and inspiring. You might discover joy learning right alongside your kids, watching their faces light up at *B'Yahad*, our Religious School. Or perhaps you're craving real friendships and want to join one of our *Chavurah* groups where people actually get to know each other. We're always dreaming up new ways for people to connect, and honestly, we'd love nothing more than to welcome you in. There's so much here to fill your heart and soul, plus we promise there's always something delicious to eat!

Wherever you are, this moment is yours. This season invites you back to whatever fills you up, to people who know your name and are happy to see you, to traditions that have carried people through joy and sorrow for thousands of years.

As we move through these holy days, from *Elul* through the Days of Awe and on to *Sukkot* and *Simchat Torah*, I hope you'll join us. We'll reflect and pray together, but we'll also dance and eat and sing. We'll remember what it means to live with intention and connection.

Here's to a sweet new year and coming home to ourselves, to each other, and to what matters most.

B'Shalom,

Rabbi Sara Metz
(520) 745-5550 ext. 230
RabbiMetz@caiaz.org

Candle Lighting Times

September		October	
Sept. 5	6:24pm	Oct. 1 (<i>Yom Kippur</i>)	5:49pm
Sept. 12	6:14pm	Oct. 3	5:47pm
Sept. 19	6:05pm	Oct. 6 (<i>Erev Sukkot I</i>)	5:43pm
Sept. 22 (<i>Erev Rosh Hashanah I</i>)	6:01pm	Oct. 7 (<i>Erev Sukkot II</i>)	6:36pm
Sept. 23 (<i>Erev Rosh Hashanah II</i>)	6:55pm	Oct. 10	5:38pm
Sept. 26	5:56pm	Oct. 13 (<i>Shemini Atzeret</i>)	5:34pm
		Oct. 14 (<i>Simchat Torah</i>)	6:28pm
		Oct. 17	5:30pm
		Oct. 24	5:22pm
		Oct. 31	5:15pm



FROM THE PRESIDENT



Despite our fervent participation in Mike Jacobson's *t'fillat* monsoon early in the summer, as of this writing, we lament that our monsoon season has turned out to be the driest and hottest in recent memory. We can only be grateful that we live in a water-conscious community.

Even in the summer doldrums, our CAI Congregation had events that brought us joy and contemplation. We celebrated the remarkable facility with which our own Amber Page, CAI's Executive Assistant, chanted her first ever Torah reading. She was both letter perfect and note perfect, an accomplishment with a very high bar, as any of the others of us who prepare Torah readings can tell you. The confidence that she showed and the appreciation that she received should absolutely support our wishes that she goes from strength to strength.

Speaking of Lamentations, Rabbi Rick Sherwin of Longwood, Florida, led a thought-provoking virtual study session in the late morning of *Tishah B'Av*. He said that the rabbis of the Talmud knew full well that the Babylonians destroyed the First Temple and the Romans destroyed the Second Temple. Both times, a local rebellion was the excuse for the powerful empire to come in and crush their local enemies, executing the practice, both ancient and modern, of destroying the cultural icons of the civilization they were conquering. (Think Dresden or the Bamiyan Buddhas for modern instances.) So why did the rabbis practically resort to "victim blaming," reinforcing the prophetic view that the Jewish people were being punished for their sins?

In the cases of both temples, said Rabbi Sherwin, the rabbis needed to reconstitute a vital Jewish community that was denied its historical ties to its land and to its center of religious practice, the rituals of animal sacrifice and associated offerings at the Temple. In the case of the Babylonian exile, the rabbis started the synagogue as a place for study and worship. In the case of the Roman conquest, they brought some of the Temple ritual right into Jewish homes – Kiddush, challah, etc. Their task was to reconstruct the very social fabric of Jewish life and to ground it in ethical and moral behavior. The latter was the ongoing connection to the past, while the details of the ritual and communal gatherings were significantly changed. Hence, their assertion of consequences based on individual and communal behavior, rather than just on the forces of history.

And the lesson for us? Here is an answer to the question of how a people could maintain their identity for over three millennia, despite systematic destruction and exile. It is the expectation that we are individuals who can make the choice to live a virtuous life and create a vital Jewish community. And with time and space coordinates of 21st century Tucson, CAI is our embodiment of that vital Jewish community, with its anchor in our long tradition.

B'Shalom,
Richard F. Green
richard_green_94647203@comcast.net

Please warmly

Welcome

Our new & rejoining members:

Bonnie Sedlmayr-Emerson & Randy Emerson
Elyce & Michael Haber
Young & Michael Richards

FROM THE EXECUTIVE DIRECTOR

As the High Holy Days draw near, I want to assure you that the safety and security of our CAI community remain our highest priority. We maintain regular communication with the Tucson Police Department, the FBI, the Department of Homeland Security, and our local Jewish Security Directors through Jewish Philanthropies of Southern Arizona (JPSA). To protect our community, we take both visible and behind-the-scenes measures, some of which you may notice during the High Holy Days, and others that quietly work in the background year-round.



I am deeply grateful for our facilities crew, administrative staff, education team, clergy, lay leaders, and volunteers whose dedication ensures our High Holy Days are meaningful, safe, and welcoming for all. This sacred season is also a time for personal reflection, a chance to pause, look inward, and step into the New Year with intention and purpose. As we gather, we also reaffirm our deep and enduring bond with Israel. In these challenging times, may we stand together in prayer and solidarity, keeping Israel and the hostages close in our hearts.

Thank you to all who have already renewed your membership. If you have not yet done so, please reach out so I can assist you in ensuring your tickets are prepared in a timely manner. High Holy Days tickets will be available for pickup at the security tent when you arrive for your first service.

I look forward to seeing you at services and wish you a year filled with peace, health, and joy.

B'Shalom,
Debra Lytle
(520) 745-5550 ext. 242
ExecDir@caiaz.org



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Members of CAI



EDUCATION

Preschool



We have just wrapped up a wonderful summer at the preschool with a lively and engaging Summer S.T.E.A.M Camp program. The weeks were filled with sunshine, laughter, and hands-on activities that encouraged our campers to learn, create, and make new friends. As we began the new school year, we also said a heartfelt goodbye to Ms. Tara Rathner, who

has been a treasured teacher here for 24 years. She has touched countless lives during her time with us, and while we will miss her dearly, we are excited to see her continue inspiring children as a kindergarten teacher at Tucson Hebrew Academy.

In the days leading up to the start of school, our teachers worked tirelessly to prepare their classrooms, filling them with inviting materials, thoughtful touches, and plenty of opportunities for discovery. The preschool itself received extra care and attention thanks to our dedicated maintenance team, whose hard work ensures our spaces are safe, clean, and welcoming. I am also grateful for the support of Miss Kim Miller, who has started in her new role as our new Early Education Assistant Director, and has already made a significant impact as we organized and prepared for the year ahead.

The first days of school have been filled with excitement as our students settle into their routines. One of my favorite moments so far was our Welcome Back Tot Shabbat. It was a beautiful way to gather as a community, and I am so thankful to our Parent Action Committee for their help in making it extra special. Their thoughtful planning, including the very popular cake walk, created a warm and festive atmosphere for our families to reconnect and celebrate a sweet start of the year.

I am looking forward to all that lies ahead and feel confident this will be another fantastic year for our preschool. We still have space for new students, especially in our 12-month to 2-year-old class, and I would be delighted to welcome more families into our community. Please help us to spread the word about our sweet little school and be sure to follow our adventures on Facebook and Instagram @caipreschool!

We are looking forward to another fun year of learning, laughter, and friendships!

B'Shalom,

Allison Wetzel

Early Childhood Director

B'Yahad and USY

B'Yahad and USY are off to a great start as we approach the holidays! We welcomed our B'Yahad families back on August 24 and look forward to a great year of learning and community building.



Many of our post-Bar/Bat Mitzvah students will be participating in High Holy Day services again this year as Torah



readers, shofar blowers, service leaders, and members of our High Holy Day Youth Choir. Be sure to join us for our High Holy Day Family Services on both days of **Rosh Hashanah and Yom Kippur**, as well as **Tashlich at Fort Lowell**

Park on Sunday, September 28 at 10am. Our community celebrations continue with our **Community Shabbat & Sukkot Family Service and Dinner** on October 10 and **B'Yahad PJ Family Breakfast in the Sukkah** on Sunday, October 12. Join us for dancing with the Torah on the evening of October 14 for **Simchat Torah**, and then bring your pets for **Blessing of the Pets** on October 26! Stay tuned for more details on a wonderful month of celebrating together!

We had a great start to USY & Kadima last month, including some exciting changes to our Youth Lounge! If you haven't yet checked it out, be sure to attend one of our upcoming events with Hayden. Our 7th-12th grade students are thrilled to head to Disneyland over Labor Day weekend to meet up with other chapters from Arizona, California, and Nevada! Watch your inbox for details about our next USY & Kadima Lounges: USY will have Lounge on September 13 and their **Sukkah Hop** on October 11. Kadima will have Lounge right after B'Yahad on September 14 and October 19.



Wishing you and your family a healthy and happy New Year.

Shanah Tovah!

Nichole Chorny

Cantorial Soloist and Education & Youth Director

(520) 745-5550 ext. 227

CantorialSoloist@caiaz.org

"Box Tops for Education"

For every coupon



from specially-marked General Mills products, CAI's preschool receives 10¢! And now, no more clipping! Just scan your receipt. Go to boxtops4education.com for more information.

Congregation Anshei Israel is participating in the



This raffle is unique because we sell tickets, and CAI keeps 100% of the money! By purchasing ticket(s), **YOU** can help raise much-needed funds for CAI and **YOU** could **win** a 2025 Kia Carnival Hybrid SX Prestige, airline tickets or cash!

TICKETS: \$25 each or 5 for \$100

at the Administrative Office Front Desk or caiaz.org through November 28, 2025. (Drawing will be held Dec. 11, 2025.)

Good luck, and thank you for supporting Congregation Anshei Israel!

ADULT EDUCATION

Join Rabbi Metz for class series

The Tribes of Israel: A Shared Homeland for A Divided People



9:45am-11:00am



Sundays Oct. 26, Nov. 2, 9, 16 & 23, Dec. 7

This engaging course explores how Israel can be both a Jewish and democratic society. Based on the iEngage series from **The Shalom Hartman Institute**, this class looks at how Israelis from different religious, political, and cultural backgrounds can build a shared future. Through video lectures and lively discussion, we'll explore what it means to create unity within diversity and why it matters for all Jews today.

Members \$26 | Guests \$36

Scan QR Code or visit caiaz.org
to register by
Thursday, October 23



Online Weekday Torah Study Group



On hiatus Sept. 11-Oct. 23 for preparation & in observance of the High Holy Days. Please join us when we resume on

Thursday, October 30 at 10:00am



Havdalah & Selichot Program

Cantor Falkow Lounge

7:30pm Havdalah & Selichot Program
(In-person only)

Join Rabbi Metz for a special *Selichot* evening featuring the Sephardic tradition of an "Amen Feast."

The Rabbis of the Talmud understand saying "Amen" to a blessing to be even more powerful than saying the blessing yourself. This is partly because we need others to say, "Amen" to each other.

Join us to prepare for the High Holy Days as we enjoy symbolic foods, recite their blessings aloud, and respond, "Amen" to each other as we ask for blessings in this coming year.

Come with gratitude, and room for a nosh to begin this sacred season together.

**Scan the QR Code to RSVP & join us
for the service at 8:15pm**



Read It and Meet

Nothing beats talking about good books!

Please join Women's League in Rabbi Breger Hall following Shabbat Morning Services for Read It and Meet to discuss a wide variety of books by Jewish authors and/or about Jewish themes.

Schedule for 2025-2026*:

DATE	TITLE	AUTHOR
Sept. 6	<i>The Boy with the Star Tattoo</i>	Talia Carner
Nov. 8	<i>People Love Dead Jews: Reports From a Haunted Present</i>	Dara Horn
Dec. 13	<i>Rules for Ghosting</i>	Shelly Shore
Jan. 10	<i>The Klansman's Son: My Journey from White Nationalism to Antiracism: A Memoir</i>	Derek Black
Feb. 7	<i>The Queen's Cook</i>	Tessa Afshar
Mar. 7	<i>Only the Beautiful</i>	Susan Meissner
May 2	<i>How to Share an Egg: A True Story of Hunger, Love, and Plenty</i>	Bonny Reichert

**Subject to change*

**Join us in
Rabbi Breger Hall
following Shabbat
Morning Services.
(approximately 12:30pm)**

COMING UP

Daily & Weekly Services

Join us online for daily prayer services!

Morning Minyan Service on Zoom

8:00am Sunday • 7:30am Monday-Thursday

HYBRID Morning Minyan

Fridays at 7:30am

In-person in the Rabbi Eisen Beit Midrash
& on Zoom, followed by a light breakfast.

Evening Minyan Service on Zoom

5:30pm Sunday-Wednesday

HYBRID Evening Minyan

Thursdays at 5:30pm

In-person in the Rabbi Eisen Beit Midrash
& on Zoom

Kabbalat Shabbat Service

5:45pm Friday

Zoom Only - Sept. 5, 19 & 26, Oct. 3, 17 & 31

Hybrid - Sept. 12, Oct. 10 & 24

Subject to change.

Check your email for details

Hybrid

Shabbat Morning Services

9:30am Saturdays



SCHOOL SPIRIT

Family Shabbat Service & Dinner Friday, September 12

Family Shabbat Service at 5:45pm

Show support for your school, UofA,
or your *alma mater*! Join Rabbi Metz and
Cantorial Soloist Nichole Chorny as we bring in
Shabbat together in the
Rabbi Eisen Beit Midrash & on Zoom
(approximately 1 hour)

Followed by a chicken dinner with
vegetarian option.

RSVP and payment for dinner required no later
than **September 9.**



Scan QR Code
for pricing & RSVP
or visit caiaz.org

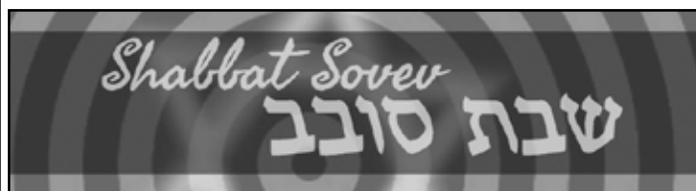


Join a Chavurah - Build Lasting Connections!

We're excited to share that we have
launched our initial congregational
Chavurah groups! These small, member-driven groups
create meaningful connections through shared
experiences, Jewish learning, and friendship.

If you've been thinking about joining a Chavurah, now is
the perfect time! New groups are forming on a rolling
basis as applications come in. Whether you're looking to
connect socially, spiritually, or through shared interests,
there's a place for you. Don't miss this opportunity to
build community in a deeper, more personal way. Sign up
and be part of something special!

**Please scan the QR Code
to learn more and sign up!**



Shabbat Sovev

Friday, October 24

at 5:45pm

in the Rabbi Eisen Beit Midrash

Dinner to follow at approximately 7:00pm

Join us for a spiritually moving Kabbalat Shabbat
Service full of community and new melodies sung to
traditional liturgy.
After the service, join us for a chicken dinner with
vegetarian option.

RSVP and payment for dinner required
no later than **October 21.**

Scan QR Code for pricing & RSVP
or visit caiaz.org



COMING UP

Order your High Holy Days Tickets TODAY - Rosh Hashanah starts Sept. 22!

All members in good standing* will receive our High Holy Days virtual link and password.

General admission seating in Rabbi Breger Hall is available at no additional cost for each ticket requested. Shomrei Torah members can receive reserved seating in the Sanctuary at no additional cost for each ticket requested.

* To receive tickets, your account with CAI must be current with a minimum of 25% of your 2025-26 membership commitment and Safety & Security fee paid. Being current means that all past charges must be paid or on a payment plan. If you have questions or concerns about your account status, please contact Lanette at (520) 745-5550, ext. 223 or Controller@caiaz.org

USY HONEY



Send honey to your family & friends to sweeten the New Year!

8 oz. jar of delicious Kosher 100% pure clover honey

\$18 Each Plus Shipping
(jar includes a printed keepsake blessing)

Delivery guaranteed in time for Rosh Hashanah when orders are placed by **September 10.**

Proceeds benefit CAI's United Synagogue Youth.

New this year
Ordering extended to October 22!

Scan the QR Code to place your secure order online or visit caiaz.org



Havdalah & Selichot Program & Service
Saturday, September 13
Cantor Falkow Lounge

7:30pm Havdalah & Selichot Program
(In-person only)

Join Rabbi Metz for a special *Selichot* evening featuring the Sephardic tradition of an "Amen Feast."

The Rabbis of the Talmud understand saying "Amen" to a blessing to be even more powerful than saying the blessing yourself. This is partly because we need others to say, "Amen" to each other.

Join us to prepare for the High Holy Days as we enjoy symbolic foods, recite their blessings aloud, and respond "Amen" to each other as we ask for blessings in this coming year.

Come with gratitude, and room for a nosh to begin this sacred season together.

8:15pm Selichot Service
(Hybrid – in person & on Zoom)

Selichot are Jewish prayers of repentance said in the period leading up to the High Holy Days.

Scan the QR Code to register online or visit caiaz.org no later than Sept. 9



Calendar of Major Jewish Holidays 5786 (2025-26)

Holidays begin *the evening before* the day noted. Holidays noted in *italics* are holy days on which no work is permitted and absences from school or work should be excused.

Rosh Hashanah... Tue. & Wed., Sept. 23 & 24, 2025
Yom Kippur..... Thur., Oct. 2, 2025
Sukkot (start) Tue. & Wed., Oct. 7 & 8, 2025
Shemini Atzeret.....Tue., Oct. 14, 2025
Simchat Torah..... Wed., Oct. 15, 2025
Chanukkah Mon., Dec. 15, 2025
Tu B'Shvat Mon., Feb. 2, 2026
Purim Tue., Mar. 3, 2026

Passover (start)..... Thur. & Fri., Apr. 2 & 3, 2026
Passover (end)..... Wed. & Thur., Apr. 8 & 9, 2026
Yom HaShoahTue., Apr. 14, 2026
Yom Ha'Atzmaut..... Wed., Apr. 22, 2026
Lag B'OmerTue., May 5, 2026
Shavuot Fri. & Sat., May 22 & 23, 2026
Tisha B'AvThur., July 23, 2026

COMING UP

Sukkot

First Day of Sukkot Services
Tuesday, October 7
9:30am in person & on Zoom

Followed by Kiddush in the Sukkah.

Second Day of Sukkot Services
Wednesday, October 8
9:30am in person & on Zoom

Followed by Kiddush in the Sukkah.

Mi Casa Es Sukkah-sa
Community Shabbat Dinner
in the Sukkah

Friday, October 10
5:45pm Family Shabbat/Sukkot Service
7:00pm Dinner



Join us for Kabbalat Shabbat & Sukkot Services, followed by a Mexican-themed dinner & dessert in CAI's Sukkah with YOUR congregational family.

RSVP required by Tuesday, October 7 at caiaz.org/hhd or scan the QR Code.



Private Shomrei Torah Member Event
Thursday, October 9

Shomrei Torah members are invited to a private Sukkot event at the Metz home.

Not a Shomrei Torah member? Please contact Debra Lytle at ExecDir@caiaz.org for information about how to join!

USY Sukkah Hop!
Saturday Night, October 11

Check out Sukkot in our community as we "hop" to different Sukkot for a festive meal together!

More information to come!

Preschool & B'Yahad
Breakfast in the Sukkah
9:30am Sunday, October 12

Preschool & B'Yahad families are invited to our Preschool & B'Yahad Breakfast in the Sukkah!

More information to come!

Shemini Atzeret

Yahrzeit Plaque Dedication

Tuesday, October 14

9:30am in the Sanctuary & on Zoom

On *Shemini Atzeret*, all *yahrzeit* plaques installed in Congregation Anshei Israel's Memorial Hall during the past year will be dedicated; memorial *Yizkor* prayers will be said at approximately 11:00am. Please join us for this service and meaningful dedication.



Simchat Torah

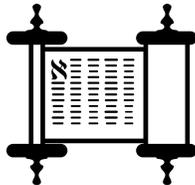
Simchat Torah Evening Service
with Hakafot & Torah Roll-Out

(Processions with the Torah Scrolls)
& Israeli Dancing

Tuesday, October 14 in the Sanctuary

5:30pm Dairy Dinner

6:00pm Ma'ariv Service, Hakafot & Torah Roll-out, followed by dessert.



Simchat Torah Morning Service
Wednesday, October 15

9:30am in the Rabbi Eisen Beit Midrash
& on Zoom

Followed by a Kiddush Lunch.

Details & RSVP link at caiaz.org/hhd/

Blessing of the Pets

Sunday, October 26

11:30am in the Sukkah area

Join us for a special Blessing of the Pets!

For the safety of all participants, all animals must be leashed or in a pet carrier.



CATCHING UP

Men's Club Axe Throwing - May 22, 2025



Movie Screening of *Bad Shabbos* at The Loft
Sunday, July 13



Tree of Life - Etz Chayim

Today Rabah to the following for purchasing leaves for our Tree of Life!



Leaf

Family of
Jerry & Elaine Feder,
in memory of Naomi Spitzer

CATCHING UP

Maccabi Games - July 28-August 1, 2025

Mazal Tov
to all our CAI students who
participated in the
2025 Maccabi Games!

Abigail Jeck
Coby Jeck
Melayna Matheson
Liam McGinnis
Gabbie Rotenberg
Eliana Sagerman
Oliver Simmers
Pepper Simmers
Noah Tennenbaum

This year, Tucson proudly welcomed over 1,200 visiting athletes and coaches from 41 delegations representing communities across North America, Israel, Ukraine, and Moldova. With the help of 1,000 volunteers and 225 host families, our city became a center of Jewish unity, strength, and pride.

Mazal Tov to Gabe Green for coaching the U15 (15 & Under) Boys Soccer team to a Gold Medal!



Noah Tennenbaum, 2nd from right



Oliver Simmers



Liam McGinnis, 2nd from left

CATCHING UP

1st Day of Preschool - August 4, 2025



The Officers and Board of Trustees met early on a Sunday morning for their Board Retreat, to discuss and plan for 5786 and beyond!



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Tucked away on a peaceful street in an urban oasis, this 3BR/2BA 1973 sqft home still exudes classic 50's charm: knotty pine ceilings, built-ins, and decorative tile. Flagstone fireplace for cozy evenings in the spacious living room. Family room is anchored by a handsome brick fireplace. Primary suite features three closets and mid century tiles in Bathrm. Guest bath finished in mid-century tile and wainscotting. Family room opens to an expansive yard with Mountain views. Laundry is in 8X10 foot room, creating lots of space for a hobby room, work shop, or storage.

MADELINE FRIEDMAN
VICE PRESIDENT, ABR, CRS, GRI
520.907.4141
WWW.TUCSONAZHOMES.COM
TUCSONHOMEFINDER@AOL.COM




MAZAL TOV

Birth Announcements

This column features the children, grandchildren, and great-grandchildren of CAI members. The announcement and photo (if available) will appear in the issue of Kolenu within appropriate print dates. Please notify Amber at (520) 745-5550, ext. 225 or ExecAssist@caiaz.org

Mason Kevin Weiss May 21, 2025

Mason is the grandchild of Laurie & Scott Weiss. (Parents: Julie & Josh Weiss)

Ayelet Carmel Chefitz May 23, 2025

September Anniversaries

Date	Years
1 Robin & Michael Kaiserman	57
2 M. Elizabeth Uriarte & Razel Levidis	4
Beth & Adam Kaye	30
3 Lois & Ken Jacowsky	61
Alene & Bryan Schwartz	59
4 Hedy Feuer & Michael Perlman	19
5 Rochelle Abell & Dan Weiss	49
Sandra & William Yalen	60
8 Lynne Falkow-Strauss & Jack Strauss	57
12 Victoria Newman & Allen Gordon	9
16 Debby & Rabbi Robert Eisen	41
17 Carole & Art Glass	65
20 Judy & Michael Dorf	56
21 Sandi & Lawrence Adler	34
Carol & Charles Sumner	63

October Anniversaries

Date	Years
9 Stacy & Adam Klein	31
Teri & Ole Thienhaus	44
10 Annette & Len Hamm	21
12 Katherine & Aaron Leonard	29
15 Marci & Allen Davis	14
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Thank you to our Friday Morning Minyan Breakfast Sponsors:

Joyce Becker
Ari Espinoza

Make sure to join us in person on Fridays at 7:30am in the Rabbi Eisen Beit Midrash!

Know Someone New to Tucson?



If you know someone new to the Tucson community who you believe would be interested in learning about CAI, please call Debra Lytle at (520) 745-5550, ext. 242, so we can speak to them about all of the many spiritual, educational, and social opportunities our synagogue has to offer!

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Become a Kiddush sponsor!

Sponsorships will be acknowledged in eblasts, during services, and in the Kolenu.

If you are able to support us, please email Debra Lytle at ExecDir@caiaz.org

Interfaith Families Welcome

CAI welcomes all interfaith families and encourages them to participate in as much synagogue life as they choose within the framework of Conservative Judaism. For more information, visit caiaz.org/resources as part of CAI's "Myths vs. Facts" program.



Image: vecteezy.com

Honorable "Menschens"

Todah Rabah to:

Gabbaim

Lois Bodin
Phil Bregman
Ron Gray
Rosie Kahn
Vicki Pepper
Joy Peskin
Steve Singer

Kolenu Proofreaders

Donna Saffioti
Judy Schultz
Evelyn Sigafus
Teri Thienhaus

If we missed you, we apologize. If you would like to be included in further announcements, please let us know.



Thank you to our "Yad Squad"

(Those who read Torah and Haftarah in June & July)

Charles Blitzer
Michele Cassen
Andy Douglas
Ari Espinoza
Hillary Goldstein
Margo Gray
Richard Green
Adeline Horst
Mike Jacobson

David Jurkowitz
Lisa Jurkowitz
Ziva Mason
Doron Metz
Lev Metz
Amber Page
Phillip Pepper
Joy Peskin



Thank you to the following congregants for sponsoring our Kiddushes

- Kathy Hays & Jerry Barkan, in honor of their 34th anniversary
- Janet & Steve Seltzer, in honor of their 65th anniversary
- Elaine & Howard Fagan, in honor of their 54th anniversary
- Brina, Marty & Glenn Grusin, in memory of their beloved husband & father, Butch
- Amber Page, in honor of her first Torah Reading, and in memory of her mother, Kimberley

Please contact Debra Lytle at ExecDir@caiaz.org to reserve a date to sponsor Kiddush.

Dealing with Grief and Loss?



Are you having difficulty dealing with grief and loss? Perhaps it would be helpful to talk with a trained counselor. A synagogue volunteer would be happy to speak with you confidentially.

Please call Norma Karp at (520) 299-3382.

Condolences

המקום ינחם אתכם

The congregation mourns the loss of our members:

*Charles "Chuck" Block
Fred Hirsh*

Our condolences to these members who mourn the loss of their loved ones:

Sara Block, husband Chuck
Phil (Dani) Bregman, cousin Chuck Block
Patty Fishman, uncle, Chuck Block
Hirsch Handmaker, brother-in-law Chuck Block
Mindy Hirsh, husband Fred

May the Author of Life Comfort the Mourners

Memorial Plaques have been installed for

Roslyn Blumberg

Anshei Israel Memorial Hall

Installation of a memorial plaque is a beautiful way to perpetuate the memory of a loved one. Each year on the anniversary of your loved one's death, the synagogue will send you a reminder of the Yahrzeit and light the light adjacent to their memorial plaque. Call Debra at (520) 745-5550, ext. 242, to make arrangements or if you wish to reserve a space for the future.

The Mitzvah of Bikur Holim (Visiting the Sick)

Federal healthcare privacy regulations make it difficult for us to know when a member of CAI has been admitted to a hospital.

Become a partner in the mitzvah of *Bikur Holim* – visiting the sick – by advising our clergy when you, a relative, or a friend is hospitalized. We can stay informed ONLY if a family member or friend provides the information to us.

Please call Rabbi Metz at
(520) 745-5550, ext. 230



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Donations made to Anshei Israel Funds enable our Synagogue to continue to carry out its work, thereby better serving our members. Please consider making a donation in honor of a relative or friend who may be celebrating a simcha or in memory of a loved one. This list reflects those donations made after the last issue's publication date. Todah Rabah to all.

Our Donation Form
is at the Front Desk
in the Administrative Office
AND
at caiaz.org
Notification cards are
sent for donations of
\$18 or more.

ART FUND

In Memory of:

Mother, Ann Cole
Cousin, Lucille Goldstone
Janet Seltzer
Mother, Sara
Stephen Seltzer

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Amy & Adam Platizky
Mother, Joan
Neil Kleinman
Mother, Lillian Wolf
Father, Louis Wolf
Marilyn Speert

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Sister, Sherril Sussman
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Jean Glassberg
Sally Kreida
Sally Shearer
Moshe Toister
Amy & Robert Dierenfeld

In Honor of:

The birth of Amy & Robert
Dierenfeld's granddaughter,
Taliah Paige
Terri & David Polan
The birth of our granddaughter,
Taliah Paige
The birth of Beatrice Ellie Polan,
granddaughter of Terri & David
Polan
Amy & Robert Dierenfeld

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In Honor of:

Tzippora Chorny Becoming a Bat
Mitzvah
*Deborah Oseran & Bobby
Present*
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In Honor of:

The birth of Ayelet Carmel
Chefitz, granddaughter of
Rebecca & Ronald Mann

The birth of Baby Boy Friedman,
grandson of Shawn & Aaron
Hellman, and great-grandson of
Adrienne & Larry O'Hare

The birth of Beatrice Ellie Polan,
granddaughter of Terri & David
Polan
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The birth of Beatrice Ellie Polan,
granddaughter of Terri & David
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Doron Metz becoming a Bar
Mitzvah
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Bob Fridrich's 80th Birthday

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Doron Metz becoming Bar
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The birth of Beatrice Ellie Polan,
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Polan
Marilyn Einstein & Steve Sim

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*Bri, Josh, Noah and Cooper
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Bob Fridrich's 80th Birthday
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The birth of Beatrice Ellie Polan,
granddaughter of Terri & David
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Bob Fridrich's 80th Birthday
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Kolenu is published bi-monthly September–August. The deadline for all submissions is the first day of the month prior to the publication month. Ad placement & editing of submissions at CAI's discretion. For more information, contact Nancy Auslander at (520) 745-5550, ext. 228, or Communications@caiaz.org

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