



# KOLENU

"Our Voice" The Newsletter of Congregation Anshei Israel

July/August 2025 • Tammuz/Av/Elul 5785

Volume 77 Number 6

**It's hot outside, but it's cool in shul.  
Join us!**

***We look forward to seeing you!***

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# KOLENU • קולנו

"Our Voice"

The Newsletter of Congregation Anshei Israel

**Congregation  
Anshei Israel**

A Conservative Synagogue and  
Proud Member of USCJ



5550 East 5th Street • Tucson AZ 85711  
(520) 745-5550 • fax (520) 745-9058  
[caiaz.org](http://caiaz.org)

**MISSION STATEMENT**

Congregation Anshei Israel shall serve as a source of spiritual, educational, and social enrichment in order to encourage and ensure Judaic values in accordance with the Principles of Conservative Judaism.

**CLERGY & STAFF INFORMATION**

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Please visit our website [caiaz.org](http://caiaz.org) and check your email for the most up-to-date information.



## FROM RABBI METZ



Summer in Tucson slows us down. That is partially because no one can really move very quickly in such scorching heat! The days are long and hot, the streets a little quieter, the sun a lot brighter. Many in our community head elsewhere for this season and join us via zoom. It is always so nice when you come back.

It's no coincidence that in the heart of this slower season, the Jewish calendar leads us into some of our most powerful days of reflection and transformation. First, our summer leads us to *Tisha B'Av*, then *Tu B'Av*, and eventually the beginning of Elul and our season getting ready for the High Holy Days.

*Tisha B'Av* is our tradition's most poignant day of mourning. We remember the destruction of both Temples in Jerusalem and we also remember every heartbreak and loss that has shaped our people across generations. It is a day of grief, but also of deep connection. In sitting with the brokenness of our past, we honor where we come from and the resilience that has brought us here. *Tisha B'Av* reminds us that we carry our ancestors with us in sorrow, and even more in strength.

And then just six days later comes *Tu B'Av*, a lesser-known holiday that the Talmud calls one of the *most joyful days of the year*. If you've never heard of it, you're not alone. *Tu B'Av*, the 15th of the month of Av, was once a day of matchmaking and community celebration in ancient Israel. Unmarried women would dress in white and dance in the vineyards, and the day came to symbolize love, new beginnings, and unity. In modern times, it's often described as the "Jewish Day of Love." Yet its meaning runs deeper. The celebration of *Tu B'Av* is about connection, love, and the quiet joy that follows healing.

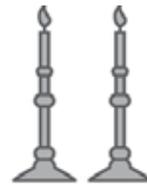
The arc from *Tisha B'Av* to *Tu B'Av* is not just a matter of dates, it's a spiritual journey. It reminds us that healing is possible, that broken things can be made whole again, and that love can grow in the very places where we once felt alone.

So wherever you are this summer, whether far from Tucson or here with us in the desert heat, I invite you to join us in honoring our past and moving towards healing and love.

*B'Shalom,*  
**Rabbi Sara Metz**  
(520) 745-5550 ext. 230  
[RabbiMetz@caiaz.org](mailto:RabbiMetz@caiaz.org)

### Candle Lighting Times

July	
July 4	7:15pm
July 11	7:14pm
July 18	7:11pm
July 25	7:07pm



August	
August 1	7:02pm
August 8	6:56pm
August 15	6:49pm
August 22	6:41pm
August 29	6:33pm

## Chesed "Caring" Committee



The word *chesed* has many translations, but is so much more than just being nice, it's about helping and being there for one another. Our goal is to offer real support, whether that means delivering a meal, providing a ride, making a friendly phone call, or simply checking in. At the heart of every strong community lies compassion, care, and connection. Together, we can build a community rooted in empathy, dignity, and taking action. If you, your family, or anyone you know would appreciate or needs our help, please call Rabbi Metz at (520) 745-5550 or [RabbiMetz@caiaz.org](mailto:RabbiMetz@caiaz.org). She will facilitate the Chesed committee reaching out to you.

# FROM THE PRESIDENT



In writing to you for the first time as Congregational President, I want to share my impressions of two recent events. To me, they exemplified how connection to Anshei Israel can bring out the absolute best in us – dedication, commitment, learning, and joy.

The first was the adult B'nai Mitzvah celebration on May 17th. That Shabbat service was enriched beyond measure by the participation of this large group: Veronica Stirnitzke, Brooke Rabe, Kerri Haefflinger, Ole Thienhaus, MJ Matthews, Beth King, Susan Shack, Judy Fishman, Ginny Mrizek, and Anna Rottenstein. The competence and confidence with which they delivered their respective parts of the service clearly traces to the effective and caring instruction provided by Rabbi Metz and Cantorial Soloist Nichole Chorny. I had the privilege of helping the group with Hebrew reading. In that process, I grew to appreciate what they were bringing to the B'nai Mitzvah event: the strong desire to reconnect with their heritage, the ability to build on their individual basis of knowledge, and the drive for sheer hard work to extend that basis as far as possible. That Shabbat was an inspiration.

The second was the community celebration of Erev Shavuot. There were many choices in each hour of study and meditation. For one hour, I went with the group led by Rabbi Metz to think in depth about a passage from the Torah. She chose the priestly blessing as an exemplar of G-d's revelation of words and actions that provide a direct path to Divine favor. Our handful of CAI friends was a decided minority in the larger group from other congregations. Rabbi Metz brought out the spiritual best from this group with her choice of interpretive texts and her ability to draw out the thoughts of so many of the participants about the interplay of the *kohanim*, the people and the Divine through this ritual. For a second hour, I chose the musical meditation led by Cantorial Soloist Chorny and two colleagues from other shuls. These were Hasidic "songs without words," which engaged a large room of participants for a full 40 minutes. Maybe it was the late hour or the cheesecake at the break, but the mood of joyful meditation was created and maintained perfectly. The point? The clergy of Anshei Israel create positive impact and earn the respect of the broader Tucson Jewish community.

I look forward to serving as your President. Please contact me with your praise or concerns about how the Congregation is serving your needs.

*Bivrachah,*  
**Richard F. Green**  
*richard\_green\_94647203@comcast.net*



**American Red Cross**

**Blood Drive**  
**Sunday, August 17**  
**9:00am-2:00pm**  
*Cantor Falkow Lounge*

**By appointment only**

For more information  
or to schedule an appointment, please contact  
Fran Stoler at [FranStoler@gmail.com](mailto:FranStoler@gmail.com)  
or call the American Red Cross at  
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**Climb Times:**

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Call Gary to reserve your date:

**520-403-7775**

In-person guidance &  
encouragement from:  
*Gary Tenen and Debra Lytle*



**Congregation Anshei Israel  
is participating in the**



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This raffle is unique because we sell tickets, and CAI keeps 100% of the money! By purchasing ticket(s), **YOU** can help raise much-needed funds for CAI and **YOU** could **win** a 2025 Kia Carnival Hybrid SX Prestige, airline tickets or cash!

**TICKETS: \$25 each or 5 for \$100**

at the Administrative Office Front Desk or  
[caiaz.org](http://caiaz.org) through November 26, 2025.  
(Drawing will be held Dec. 11, 2025.)

*Good luck, and thank you for supporting  
Congregation Anshei Israel!*

# EDUCATION

## Preschool



As the school year came to a close, I found myself feeling both proud and emotional. Watching our students grow over the past year has been such a joy. They've become more confident, capable, and curious. Each of these little humans has made enormous progress. Our *Halutzim* class, including my own son, ended their preschool journey with a wonderful performance alongside their friends and received their very first diploma. We are so proud to send them off to kindergarten well prepared and ready for what comes next!

We quickly moved into our Summer STEAM Camp, and the excitement hasn't slowed down. Each week brings a new theme and fresh opportunities for our students to explore, create, and connect with the world around them. During Amazing Animal Week, the Reid Park Zoo visited with live animals, giving the children a chance to observe up-close, ask questions, and learn in a hands-on way. We also welcomed our local librarian for a special story time, where she shared wonderful books and helped spark a love of reading. Outer Space Week was another highlight. Dr. Richard Green, our new synagogue board president, visited to share his knowledge and passion for space. The children were captivated by the images and ideas he brought to life. Looking ahead, we're excited for Science of Cooking Week, where students will explore the chemistry behind some of their favorite treats. We're especially looking forward to baking challah together and learning how ingredients change and work together in the kitchen.

We are currently enrolling for the 2025-2026 preschool program, which begins on August 4. Please help us spread the word about our preschool so that more children can experience a strong and supportive start to their educational journey.

We're also grateful to share that, thanks to a generous security grant from the Tepper Foundation through Jewish Federations of North America, we have been able to reinstate our security guard during preschool hours through December 2025. We truly appreciate the foundation's support.

It has been a meaningful end to the school year and a strong start to the summer. We look forward to everything the rest of the summer and the new school year will bring!

*B'Shalom,*  
**Allison Wetzel, Early Childhood Director**  
(520) 745-5550 ext. 229  
[ECDirector@caiaz.org](mailto:ECDirector@caiaz.org)

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*B'Shalom,*  
**Allison Wetzel, Early Childhood Director**  
(520) 745-5550 ext. 229  
[ECDirector@caiaz.org](mailto:ECDirector@caiaz.org)

## B'Yahad and USY

We are busy with preparations for a wonderful Fall for B'Yahad and USY as we prepare curriculum & materials for the year and exciting opening programs! If you have not yet registered for B'Yahad or USY for the 2025-26 school year, be sure to do so now. Registration forms can be found on our website.



B'Yahad classes resume on **August 24**, followed immediately by the first day of **Kadima** (4th-6th grades). Check out our **Welcome Back USY Information Meeting & Brunch on Sunday, August 10** at 10am and our **first USY Lounge (7th-12th) on Saturday, August 23** at 7:30pm.

7:30pm.

We are thrilled to announce our Annual Midbar Turnaround Trip for 7th-12th grade Junior & Senior USYers over Labor Day weekend: this year we will be meeting up with USYers from Phoenix, Nevada, and California in DISNEYLAND! Keep an eye out for huge scholarship opportunities and be sure to register for USY now. You can find registration for USY on our website, and sign-up for Disneyland will be sent out via email. As a reminder, Junior USY registration is included in B'Yahad registration for 7th & 8th grade students, so there is no need to do the extra registration.



Be sure to also join us for our **Welcome Back Family Service & Dinner on Friday, August 8**, as well as the **Welcome Back Tot Shabbat Service & Dinner on Friday, August 15**. Watch your email for details about the start of the 2025-26 school year. We look forward to a wonderful year of learning and being *B'Yahad* - together!

*B'Shalom,*  
**Nichole Chorny**  
**Cantorial Soloist and Education & Youth Director**  
(520) 745-5550 ext. 227  
[CantorialSoloist@caiaz.org](mailto:CantorialSoloist@caiaz.org)



**Do you like to sing?  
We want to hear from you!**

**High Holy Days  
Youth Choir**

**Sunday, September 7  
12:15pm • Classroom 3**

As in previous years, students who enjoy singing will be participating in High Holy Days services as our Youth Choir. All students between the ages of 13-18 are encouraged to participate! Come and sing with us!

**To RSVP for the rehearsal or for more information,**  
contact **Cantorial Soloist Nichole Chorny**  
at 745-5550, ext. 227 or  
[CantorialSoloist@caiaz.org](mailto:CantorialSoloist@caiaz.org)

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# SERVICES & ADULT EDUCATION

## Daily & Weekly Services

Join us online for daily prayer services!

### Morning Minyan Service on Zoom

8:00am Sunday • 7:30am Monday-Thursday

#### **HYBRID Morning Minyan** Fridays at 7:30am

In-person in the Rabbi Eisen Beit Midrash  
& on Zoom, followed by a light breakfast.

### Evening Minyan Service on Zoom

5:30pm Sunday-Wednesday

#### **HYBRID Evening Minyan** Thursdays at 5:30pm

In-person in the Rabbi Eisen Beit Midrash  
& on Zoom

### Kabbalat Shabbat Service

5:45pm Friday

**Zoom Only** - July 4, 11, 18 & 25, August 1, 15 & 29

**Hybrid** - August 8 & 22

*Subject to change.*

*Check your email for details*

### Hybrid

### Shabbat Morning Services

9:30am Saturdays

### Online Weekday Torah Study Group



Join this informal group to learn about the weekly Torah portion. Make sure to bring your curiosity and your good sense of humor!

**Thursdays at 10:00am**

Study materials can be found at  
[caiaz.org/resources](http://caiaz.org/resources)

**Check your email for details  
and Zoom link.**

### Read It & Meet

*Nothing beats talking about good books!*



**Read It & Meet will reconvene  
after the High Holy Days.**



## Summer Shul continues through August 2!

Join us in the Rabbi Eisen Beit Midrash  
every Saturday morning for a more  
intimate Shabbat Morning service,  
followed by Kiddush.

**Services begin at 9:30am**

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**Ron Gray!**



**Saturday, August 16 at 9:30am**  
**Shabbat Morning Services**  
*Kiddush to follow.*

**MAZAL TOV TO OUR  
HIGH SCHOOL GRADUATES!**

*We tried to contact all our families with graduating high school seniors. If we missed you, we apologize.*

*If you would like to be included in further announcements, please let us know. Contact Nichole Chorny at [CantorialSoloist@caiaz.org](mailto:CantorialSoloist@caiaz.org)*

**JAKOB GONZALES**

Jakob graduated from Marana High School and next year will be going to Pima Community College to take care of his pre-requisites, and plans to join the Pride of Arizona marching band!

**AARON RATHNER**

Aaron graduated from Rincon High School and next year he will be going to the University of Arizona to study Cyber Security and Computer Science or joining the Air Force.

**ELENA WINDHAM**

Elena graduated from Marana High School and next year will be going to the University of Arizona where she plans to major in Biochemistry and Molecular & Cellular Biology, with a minor in American Sign Language (ASL).

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**Have you joined a  
Chavurah yet?  
Groups are forming now!**

Congregation Anshei Israel's Chavurah program offers members a chance to connect with one another both inside and outside the synagogue, creating opportunities for meaningful Jewish and social experiences. Through this program, we celebrate Jewish life together.

By participating in social events, life cycle celebrations, learning, Shabbat and holiday observances, you will enhance your life and deepen your Jewish journey. Our chavurot also engage in activities inside and outside of the synagogue building, further enriching your membership experience.

Scan the QR Code to  
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## COMING UP

### SHIV'A ASAR B'TAMMUZ

The 17<sup>th</sup> of Tammuz is observed as a fast commemorating the breaking down of the wall of Jerusalem.

This year, the 17<sup>th</sup> of Tammuz is observed on Sunday, July 13 with *minyanim* at 8:00am and 12:30pm on Zoom.

### SHABBAT HAZON AND SHABBAT NAHAMU

The Sabbath immediately preceding the Ninth of Av is known as the Sabbath of Vision (*Hazon*).

*Shabbat Nahamu* provides words of consolation.

This year, *Shabbat Hazon* falls on August 1 & 2;  
*Shabbat Nahamu* falls on August 8 & 9.

### TISHA B'AV A TIME TO MOURN

The ninth day of Av, mentioned in Zechariah 8:19 as the "Fast of the Fifth" month, commemorates such national calamities as the destruction of both Temples, the fall of Bar Kokhba's fortress, Bethar, and the expulsion from Spain in 1492.

### TISHA B'AV SERVICE TIMES

#### Saturday, August 2

*Ma'ariv*/Lamentations.....8:00pm (Hybrid)

#### Sunday, August 3

*Shacharit*.....8:00am on Zoom

*Mincha*.....12:30pm on Zoom

### ROSH HODESH ELUL

The month of *Elul* (which immediately precedes *Rosh Hashanah*) is the time to prepare for the High Holy Days.

*Rosh Hodesh Elul* falls on August 24 & 25.

Join us as we sound the *shofar* following services  
on Sunday, August 24.



## Welcome Back Pajama Tot Shabbat Service & Dinner

Friday, August 15  
5:45pm Service • 6:15 Dinner

Join Rabbi Metz and Cantorial Soloist Nichole Chorny in the Rabbi Eisen Beit Midrash for this tot-friendly service, followed by a dairy dinner at approximately 6:15pm.

RSVP & payment for dinner required  
no later than **August 12**

Scan QR Code for pricing & RSVP for  
dinner or visit [caiaz.org](http://caiaz.org)



## Welcome Back Family Shabbat Service & Dinner

Friday, Aug. 8

Service at 5:45pm • Dinner at approx. 7:00pm

With Rabbi Metz and Cantorial Soloist Nichole Chorny in the Rabbi Eisen Beit Midrash and on Zoom  
(approximately 1 hour)

Followed by a chicken dinner with vegetarian option.

RSVP and payment for dinner required  
no later than **August 5**.

Scan QR Code for pricing & RSVP for dinner or  
visit [caiaz.org](http://caiaz.org)

RSVP by Aug. 5



Shabbat Sovev  
שבת סובב

## Welcome Back Shabbat Sovev Fridays, August 22

at 5:45pm

in the Rabbi Eisen Beit Midrash

Dinner at approximately 7:00pm

Join us for a spiritually moving Kabbalat Shabbat Service full of community and new melodies sung to traditional liturgy.

After the service, join us for a chicken dinner with  
vegetarian option.

RSVP and payment for dinner required  
no later than **August 19**.

Pricing & RSVP at [caiaz.org](http://caiaz.org)



## COMING UP



### USY HONEY

**Send honey to your family & friends to sweeten the New Year!**

8 oz. jar of delicious Kosher 100% pure clover honey:

**\$18 Each (jar includes a printed keepsake blessing)**

Proceeds benefit CAI's United Synagogue Youth.

**FREE** shipping with orders placed by August 28.

After August 28, shipping fees apply.

Delivery guaranteed in time for Rosh Hashanah when orders are placed by **September 19.**

#### TO ORDER:

Scan the QR Code to place your secure order online or visit [caiaz.org](http://caiaz.org)



### Yahrzeit Plaques

Yahrzeit plaques placed in the Congregation Anshei Israel Memorial Hall during the past year will be dedicated on *Shemini Atzeret*, Thursday, October 14.

To ensure their timely arrival for this year's dedication, orders for yahrzeit plaques must be placed **no later than JULY 26.**

Scan the QR Code to place your secure order online or visit [caiaz.org](http://caiaz.org)

*Plaques ordered after July 26, 2025 will be dedicated on Shemini Atzeret 5786 (October 14, 2025)*



### Get Shaking!

Add meaning to your Jewish life and create special memories for your family by shaking a lulav in your home!

**We offer fully assembled Lulav & Etrog Sets for \$54.**

**Scan QR Code to order by August 29.**



### 1st of Elul Service

9:30am in the Rabbi Eisen Beit Midrash

### Breakfast

10:30am in the Sukkah area

### Shofar-Making Workshop

Sunday, August 24 at 11:00am in the Sukkah area

*Join Lev Metz and the CAI Men's Club to make your own shofar & learn to sound it.*

**Watch your email for details & pricing!  
Open to All!**

## Book of Remembrance

*A Book of Readings and Memorial Prayers*



The High Holy Days are a time for reflection, a time when we remember with fondness the relatives and friends who had a significant role in shaping our lives. We publish a **Book of Remembrance** to be used at all Yizkor Services throughout the year.

The **Book of Remembrance** includes special readings, psalms and prayers, as well as listings of those being remembered, their relationship to, and the name(s) of those who are remembering them.

**Scan QR Code to fill out & submit your form no later than Friday, September 5.**



**You will also find the form online at [caiaz.org](http://caiaz.org), and in the Administrative Office, Monday-Friday, 8am-4pm**

# CATCHING UP

B'Yahad's Last Day & Day of Kindness - May 4, 2025



(Above) Baking cookies for our preschool teachers and CAI staff for Teacher Appreciation Week



(Above) Fixing up the gaga pit!



(Right) We love our *madrichim*!



(Left & below) Fixing up the preschool playground & garden



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# CATCHING UP

Annual Meeting - May 19, 2025



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# CATCHING UP

Is Anti-Zionism Antisemitism Workshop, Part 1 - May 22, 2025



## Preschool Closing Program - May 23, 2025



# MAZAL TOV

## Announcements

This column features the children, grandchildren & great-grandchildren of CAI members. The announcement and photo (if available) will appear in the issue of Kolenu within appropriate print dates. Please notify Amber at (520) 745-5550, ext. 225 or [ExecAssist@caiaz.org](mailto:ExecAssist@caiaz.org)



### Births

We are happy to announce the birth of:

**Imrie Richard Crawford**  
March 14, 2025

**Grandmother**  
Beth King

**Parents**  
Mahalah King-Slutsky  
&  
Ryan Crawford

**Beatrice Ellie Polan**  
May 28, 2025

**Grandparents**  
Terri & David Polan  
Angela Jones & Rob Jones

**Big sister**  
Penelope Polan

**Parents**  
Ashley & Daniel Polan

**Baby Boy Friedman**

**Grandparents**  
Shawn & Aaron Hellman

**Great- Grandparents**  
Adrienne & Larry O'Hare

**Aunt**  
Nichole Chorny

## July Anniversaries

Date		Years
2	<b>Phyllis &amp; Don Cohen</b>	72
	Nancy & Tidhar Ozeri	36
	Stephanie & Spencer Roberts	36
3	Kathy Hays & Gerald Barkan	34
	<b>Janet &amp; Stephen Seltzer</b>	65
4	Elaine & Howard Fagan	54
5	<b>Suzanne &amp; Elliott Goldstein</b>	62
9	Barbara & Sanford Selznick	25
14	<b>Alayne &amp; Bruce Greenberg</b>	52
22	Sharon & Morris Barkan	42

## MAZEL TOV to Zoe Gordon



who received the

**USY Hillary Moss  
G'milut Chasadim  
Award**

at the USY Convention  
at Camp Ramah  
in May!

## August Anniversaries

Date		Years
2	Joel & Nichole Chorny	16
2	Rachel & Jonathan Green	33
2	<b>Barbara &amp; Michael Schoenhals</b>	55
3	<b>Myrna &amp; James Frisch</b>	50
3	Terri & David Polan	45
5	Susan & Steven Weisman	46
7	Rebecca & Ronald Mann	37
7	<b>Carole &amp; Sylvain Sidi</b>	54
10	<b>Jackie and Paul Hoffman</b>	56
11	<b>Ina &amp; Gerson Goldberg</b>	57
11	<b>Terry &amp; Jerry Neuman</b>	57
12	<b>Margo &amp; Ron Gray</b>	52
14	<b>Sara &amp; Chuck Block</b>	70
18	<b>Felisa &amp; Ruben Bien-Willner</b>	52
18	Eva Kvaloesund & Warren Sarid	7
20	<b>Arlene &amp; Richard Bluth</b>	58
21	Brooke Rabe & Tom Williams	15
25	Lyudmila Rytzlina & Ilya Tepelboym	36
30	<b>Mirta &amp; Alberto Bien-Willner</b>	50
30	<b>Eleanor &amp; Don Jeck</b>	61
31	<b>Holly &amp; Steven Shenitzer</b>	50
31	<b>Alice &amp; Joel Steinfeld</b>	50

**Thank you to our Friday  
Morning Minyan Breakfast  
Sponsors:**

Joyce Becker

Joanne Wolf

*Make sure to join us in person on  
Fridays at 7:30am in the Rabbi Eisen  
Beit Midrash!*

## Share your Simcha!

*Become a Kiddush sponsor!*

Sponsorships will be acknowledged in eblasts, during services, and in the Kolenu.

If you are able to support us, please email Debra Lytle at [ExecDir@caiaz.org](mailto:ExecDir@caiaz.org)

## Interfaith Families Welcome

CAI welcomes all interfaith families and encourages them to participate in as much synagogue life as they choose within the framework of Conservative Judaism. For more information, visit [caiaz.org/resources](http://caiaz.org/resources) as part of CAI's "Myths vs. Facts" program.



## Honorable "Menschen"

### Todah Rabah to:

#### B'Yahad Day of Kindness Volunteers

Sarah Artzi	Beth McGinnis
Rachel Black	James McGinnis
Andy Douglas	Lev Metz
Valorie Douglas	Nancy Ozeri
Marcy Friedman	Vicki Pepper
Jeff Goldstein	Kala Phelps
Jonathan Green	Scott Phelps
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#### Gift Shop Volunteers

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Phil Bregman  
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Vicki Pepper  
Joy Peskin  
Steve Singer

#### Kolenu Proofreaders

Donna Saffioti  
Judy Schultz  
Dawn Steinberg

*If we missed you, we apologize. If you would like to be included in further announcements, please let us know.*

## Thank you to the following congregants for sponsoring our Kiddushes

- Sarah & Leonard Schultz, in honor of their 56th wedding anniversary
- Robert Neuman, in memory of his beloved mother, Estrella E. Neuman z"l
- Barbara & Jerry Goldberg, in honor of their daughter Julia's 40th birthday
- Joyce Becker, in honor of her birthday
- Adult B'nai Mitzvah class, in celebration of their B'nai Mitzvot
- Joy Peskin, in memory of her beloved husband, Jon
- The Metz Family, in honor of Doron becoming a Bar Mitzvah

## Condolences

### המקום ינחם אתכם

The congregation mourns the loss of our members:

*Roslyn Blumberg  
George Cunningham  
Jean Glassberg  
Judith Mussman  
Moshe Toister*

#### **Our condolences to these members who mourn the loss of their loved ones:**

Marjorie Cunningham, husband George  
Cynthia (Dan) Feig, mother Sharon Kasle  
Kala (Scott) Phelps, uncle Douglas Weinstein  
Spencer (Stephanie) Roberts, father Donald

*May the Author of Life Comfort the Mourners*

#### **A Memorial Plaque has been installed for Naomi Spitzer**

#### **Anshei Israel Memorial Hall**

Installation of a memorial plaque is a beautiful way to perpetuate the memory of a loved one. Each year on the anniversary of your loved one's death, the synagogue will send you a reminder of the Yahrzeit and light the light adjacent to their memorial plaque. Call Debra at (520) 745-5550, ext. 242, to make arrangements or if you wish to reserve a space for the future.

### *Dealing with Grief and Loss?*



Are you having difficulty dealing with grief and loss? Perhaps it would be helpful to talk with a trained counselor. A synagogue volunteer would be happy to speak with you confidentially.

**Please call Norma Karp at (520) 299-3382.**



### **Thank you to our "Yad Squad"**

*(Those who read Torah and Haftarah in Apr. & May.)*

Charles Blitzer	Mike Jacobson	Joy Peskin
Michele Cassen	David Jurkowitz	Gregg Pollack
Judy Fishman	Michael Jurkowitz	Brooke Rabe
Hillary Goldstein	Eva Kvaloesund	Anna Rottenstein
Jonathan Green	Ziva Mason	Leonard Schultz
Richard Green	MJ Matthews	Sue Shack
Kerri Haeflinger	Ginny Mrizek	Veronica Stirnitzke
Adeline Horst	Phillip Pepper	Ole Thienhaus

# CONGREGATION ANSHEI ISRAEL DONATIONS

Donations made to Anshei Israel Funds enable our Synagogue to continue to carry out its work, thereby better serving our members. Please consider making a donation in honor of a relative or friend who may be celebrating a simcha or in memory of a loved one. This list reflects those donations made after the last issue's publication date. Todah Rabah to all.

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### In Memory of:

Mother, Pearl  
*Dr. Steven Strober*  
Mother, Mildred Wolfson  
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*Sandy & Jim Rothschild*

### In Appreciation of:

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### In Honor of:

Doron Metz's Bar Mitzvah  
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### In Honor of:

The birth of Marilyn Einstein & Steve Sim's new grandson, Milo  
*Terri & David Polan*  
Tzipora Chorny's Bat Mitzvah  
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### In Appreciation of:

Nichole Chorny  
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*Joan & Richard Green*  
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### In Honor of:

The birth of Imrie Richard Crawford, grandson of Beth King  
*Rachel & Jonathan Green*  
*Brooke Rabe*  
The Wedding of Neil Hirsh, son of Mindy & Fred Hirsh  
*Congregation Anshei Israel Board of Trustees*  
Evelyn Sigafus' 80th Birthday  
*Mindy & Fred Hirsh*  
*Susan Wortman*  
The birth of Marilyn Einstein & Steve Sim's new grandson, Milo  
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Judy Fishman's Bat Mitzvah  
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*Judy Silverman*

Doron Metz becoming Bar  
Mitzvah

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Evelyn Sigafus' 80th Birthday  
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Federal healthcare privacy regulations make it difficult for us to know when a member of CAI has been admitted to a hospital.

Become a partner in the mitzvah of *Bikur Holim* – visiting the sick – by advising our clergy when you, a relative, or a friend is hospitalized. We can stay informed ONLY if a family member or friend provides the information to us.

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