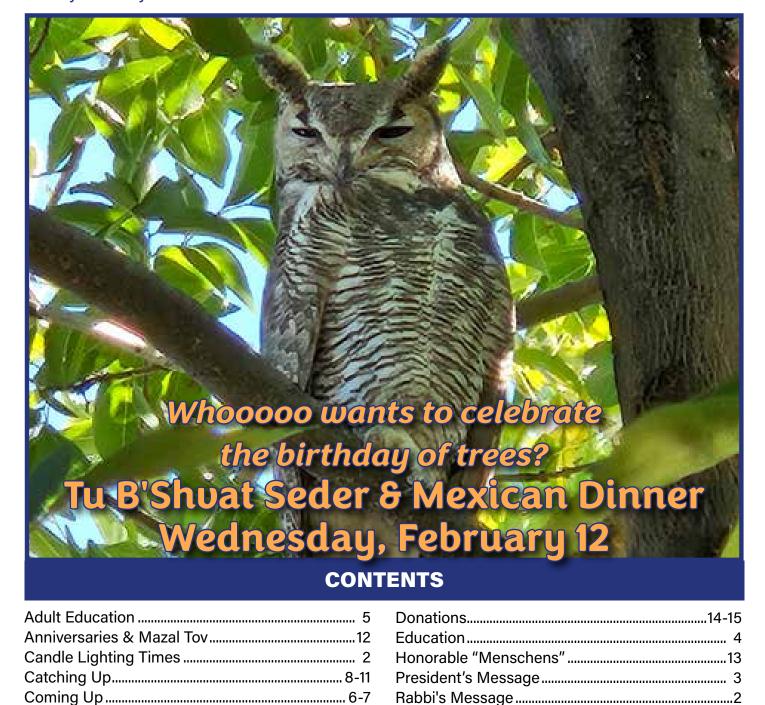


January/February 2025 - Tevet/Shvat 5785

Condolences ......13

Volume 77 Number 3



### **INSERTS**

Services Online & In-Person......6

Anshei Israel Adventure Group
5785 High Holy Days Appeal and Thank You
Parent-Tot Playgroup
Shalom Broadway: The Jewish Musical Legacy

## אקולנו • KOLENU קולנו

The Newsletter of Congregation Anshei Israel

### Congregation Anshei Israel



A Conservative Synagogue and Proud Member of USCJ

5550 East 5th Street • Tucson AZ 85711 (520) 745-5550 • fax (520) 745-9058 caiaz.org

### MISSION STATEMENT

Congregation Anshei Israel shall serve as a source of spiritual, educational, and social enrichment in order to encourage and ensure Judaic values in accordance with the Principles of Conservative Judaism.

### **CLERGY & STAFF INFORMATION**

Rabbi • Sara Metz Ext. 230 • RabbiMetz@caiaz.org

Rabbi Emeritus • Robert J. Eisen Rabbi.Eisen.AZ@gmail.com

Rabbi Emeritus - Arthur Oleisky, z"/

**Cantorial Soloist and Education & Youth Director** • Nichole Chorny
Ext. 227 • CantorialSoloist@caiaz.org

Executive Director - Debra Lytle Ext. 242 - ExecDir@caiaz.org

**Early Childhood Director** • Allison Wetzel Ext. 229 • *ECDirector@caiaz.org* 

Controller • Lanette Garnett Ext. 223 • Controller@caiaz.org

**Communications** • Nancy Auslander Ext. 228 • *Communications@caiaz.org* 

Education Assistant • Kim Miller Ext. 224 • EdAsst@caiaz.org

Executive Assistant • Amber Page Ext. 225 • ExecAssist@caiaz.org

Front Desk • Marty Johnston Ext. 200 • Receptionist@caiaz.org

Please visit our website <u>caiaz.org</u> and check your email for the most up-to-date information.





## Shalom!

### FROM RABBI METZ

In our beautiful Sonoran desert home, we get a little bit of some of the seasons and a lot of others. Our winter mornings can begin with frost, yet as the day continues the frost quickly melts to give way to a sunny and warm day. These mild winter days are perfect for enjoying our great outdoors.



Yet with the mild temperatures, come fewer daylight hours. Close to our winter solstice, we celebrated *Chanukkah*. We created and brought light into our dark nights for 8 days. Each day following, we increase our light on the *chanukkiah* as the daylight hours increase.

The days, once shrouded in early darkness, slowly stretch their light. Though the changes are subtle, they are unmistakable — a minute here, a few more there — reminding us that spring lies ahead.

This lengthening of days aligns beautifully with the celebration of *Tu B'Shvat*, the New Year for the Trees in Israel. Around *Tu B'Shvat*, the trees begin to awaken deep within their roots, preparing for the renewal of life, so too can we feel a a renewal of hope and growth.

Our celebration of *Tu B'Shvat* calls us to recognize the connection between our natural world and our spiritual journeys. Go outside, see God's creations. Lift your eyes to the mountains and take a moment to imagine God's creating and shaping of our land, our trees and plants.

As you move through thewinter months, embrace the promise of longer days, brighter skies, and the renewal they bring.

In honor of *Tu B'Shvat*, please join us on Wednesday, February 12, for a *Tu B'Shvat Seder* and vegetarian Mexican dinner. We will connect to our lands: Israel, Arizona, and the Sonoran Desert. Keep an eye out for more information.

May this season inspire us to plant seeds of kindness, growth, and gratitude in our own lives, as the world around us continues to bring more light and growth.

B'Shalom, Rabbi Sara Metz (520) 745-5550 ext. 230 RabbiMetz@caiaz.org

## **New Legacy Society Members**

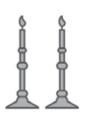
Sandra & Ronald J. Isaacs *z"l* established an endowment fund through the Foundation for Jewish Philanthropies, ensuring lasting support of CAI by providing annual contributions in perpetuity.

We appreciate that they made the commitment to ensure that CAI continues to meet the needs of our community for generations to come.

To find out more about Endowment and Legacy Gifts, please contact our Executvie Director Debra Lytle at *ExecDir@caiaz.org* 

## Candle Lighting Times

January		
January 3	5:13pm	
January 10	5:19pm	
January 17	5:25pm	
January 24	5:32pm	
January 31	5:38pm	



February	
February 7	5:45pm
February 14	5:51pm
February 21	5:57pm
February 28	6:02pm

### FROM THE PRESIDENT



Recently, I took a break from my normal Spy and Crime Thrillers to read another book. This book had been given to me by a lifelong friend, who also happens to have served his temple as President recently. The book, entitled "Uncomfortable Conversations with a Jew" is authored by Emmanuel Acho, a Texas Longhorn like both myself and the friend who loaned

me the book. The book follows an initial offering by Acho, entitled "Uncomfortable Conversations with a Black Man."

The premise of the book, which is co-authored by Noa Tishby, follows conversations between Noa and Emmanuel, who is truly trying to understand Jews and antisemitism in light of his own experience with being a Black Man in America. In fact, he states that the reason he sought to write the book was that he felt that "oppressed groups too often speak in silos. Black people fight for Black people, women fight for women, and Jewish people fight for Jewish people, but why don't we ever fight together?" I love this sentiment, but it seems that since Oct. 7th, oppressed groups seem to identify more with Palestinians than Jews. What I like most about the book is that it has reminded me that antisemitism can all too often be a function of ignorance. Noa spends a great deal of their conversational time educating Emmanuel, while he ranges from asking the most simplistic questions to really thought-provoking questions, which only result from his unique perspective.

This reminder, that through education can often come advocacy, is critically important as we continue to face increased antisemitism, locally and throughout the world. Though this antisemitism is hard to endure, it should continue to be our goal to educate and hope that, as in this book, education breeds understanding and caring.

B'Shalom, Jonathan Green JIGreen722@hotmail.com

## **SECURITY UPDATE**

Congregation Anshei Israel has received a grant to improve security at the perimeter of our property. A task force has been formed to develop and implement plans for this work. The work needed is based upon a security analysis performed by the Tucson Police Department.

More information will be forthcoming as the task force develops those plans. For further information, please contact Debra Lytle at *ExecDir@caiaz.org* 

## OFFICE CLOSURES

The Administrative office will be closed on January 1 in observance of the new secular year, and again on Monday, January 20 in honor of Martin Luther King Jr. Day.

## **Chesed "Caring" Committee**



Did you know that <u>every congregant</u> is a member of the *Chesed* "Caring" Committee, the largest committee at Congregation Anshei Israel?!

*Chesed* means loving-kindness, grace, helping each other. We exist to help our members in times of need.

Please feel free to contact me.
Jane Poliakoff, Chesed Committee Chair

JMPoliakoff@gmail.com

SAVE THE DATE

## Scholar-in-Residence Friday & Saturday February 21 & 22

Join us for this special Scholar-In-Residence Shabbat weekend with

### Gil Hoffman



Gil Hoffman is the executive director of *HonestReporting*, which fights for Israel in the international mainstream and social media; a lecturer on political strategy at Israel's College of Management; and served for 24 years

as chief political correspondent and analyst for *The Jerusalem Post*, where he is now a regular columnist.

Mr. Hoffman will be discussing the challenges facing Israel and the Jewish people on the Military, Media and Geopolitical battlefields and how we can help overcome them.

Watch your email for more details!

## Congregation Anshei Israel's

Women's League

# Mah Jongg Players Play for fun & help CA!!

Women's League is now selling Mah Jongg cards for 2025.

Cards are priced at \$14 each, or \$15 each for cards with large print. For each card ordered, CAI receives \$5.

Please make your check payable to Judy Fishman and mail to:

Judy Fishman
485 S. Edgeside Avenue
Tucson AZ 85748
Questions? Call (520) 722-8562

Order Deadline: |anuary 17, 2025

### **EDUCATION**

### **Preschool**



Recently, our preschool has been thriving with energy and excitement, with several wonderful developments to highlight!

Our playground has become even more engaging with the recent addition of **rainbow samba drums** and **calypso chimes**. These interactive instruments, made possible through the

generosity of the William and Doris Rubin Endowment Fund at the Jewish Community Foundation of Southern Arizona, provide opportunities for sensory exploration. By blending calming sounds with physical engagement, they foster creativity, social-emotional development, and sensory regulation in our young learners.

In December, we gathered with our preschool families to celebrate *Chanukkah*. The event began with a heartwarming performance by our preschoolers, showcasing their joy and holiday spirit. Afterward, families enjoyed a festive lunch provided by the Parent Action Committee, complete with crispy latkes and sugary *sufganiyot* (doughnuts) that delighted everyone. It was a joyous and meaningful way to celebrate the *Chanukkah* season and gather together as a community.

Looking ahead, we are excited to announce the relaunch of weekly **FREE Parent-Tot Playgroup**, beginning **January 16th and continuing through May 15th**. Held on Thursday mornings from 9:30 to 11:00am, these sessions are open to the public and provide a wonderful opportunity for parents and young children to connect, learn, and play together in a nurturing environment. Our goal is to create a welcoming space for both new and existing families, offering them the opportunity to experience the benefits of our outstanding program early on. Please help us spread the word about this exciting program!

B'Shalom, Allison Wetzel Early Childhood Director (520) 745-5550 ext. 229 ECDirector@caiaz.org





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## B'Yahad and USY

We had a wonderful end to our first semester of B'Yahad with our Mitzvah Fair in collaboration with Kol Ami, in which our students presented about different organizations to give *tzedakah* to in our own community, throughout our country, and in Israel. Organizations included



Congregation Anshei Israel フロッコ BYAHAD

Primavera Homeless Shelter, Stand Up to Jewish Hate,

Jewish National Fund, and Lone Soldiers. *Yasher Koach!* 

Please keep in mind that we have scholarship funds available for any Jewish child who wishes to attend Jewish Summer Camp! We want to

make sure that every family that wants to send a child to camp can, so please be in touch with us. Be sure to attend our **Jewish Camp Fair on February 2** to check out Camp Ramah and other Jewish camps on this side of the country.

Stay tuned for more information about our upcoming Kadima events on January 26 and February 16, Junior USY on January 12, Senior USY on January 11 and our Junior/Senior USY Movie Night on February 15. We are also looking forward to our USY Regional



**Convention coming up January 24-26** at Camp Ramah in Ojai for 8th-12th grade students!

Join us for our **Family Services and dinners coming up on January 17 & February 7** and **Tot Shabbat on January 31**. Look for RSVP information and come celebrate Shabbat together!

B'Shalom,
Nichole Chorny
Cantorial Soloist and Education & Youth Director
(520) 745-5550 ext. 227
CantorialSoloist@caiaz.org



## Shabbat Shirah Saturday, February 8 at 9:30am

in the Sanctuary & on Zoom

Join us for a special Shabbat Shirah service that will be filled with songs and melodies as we read the Song of the Sea, celebrating God splitting the sea for us to travel to freedom.



### ADULT EDUCATION



After Shabbat Morning Services

## January 11 & February 8

(approximately 12:30pm)

Join us at Congregation Anshei Israel for a monthly, Lunch-and-Learn on Shabbat following Kiddush on the second Shabbat of every month.

The idea is that each month we will have a community member teach about a subject they find interesting and would be of interest to others. Often this could be related to a special expertise or a passionate interest the person may have – professionally or otherwise.

To register to lead a Lunch & Learn session, please scan the QR Code or visit <u>caiaz.org</u>. You'll be able to choose a date, as well as specify the topic you'd like to discuss.

If you still have additional questions, please feel free to reach out to our Adult Education Committee Chair, Ole Thienhaus, **thienhaus@gmail.com** or Rabbi Metz, **RabbiMetz@caiaz.org** 

\* Watch your email for topics and leaders.



Nothing beats talking about good books!

Please join Women's League on Zoom for Read It and Meet to discuss a wide variety of books by Jewish authors and/or about Jewish themes.

### Schedule for 2024-2025:\*

DATE	TITLE	Author	
Jan. 19	The Little Liar	Mitch Albom	
Feb. 23	All the Broken Places	John Boyne	
March 30	Kantika	Elizabeth Graver	
April 27	The Wind Knows My Name	Isabel Allende	

\*Subject to change

Check your email for details and Zoom link!



# Learn to be a Minyan Master!

## Fridays, January 24 & 31

Immediately following morning minyan (approx. 8:30am) in the Rabbi Eisen Beit Midrash

"Everything you wanted to know about leading a *minyan* but were too afraid to ask." This is a great opportunity to get deeper knowledge of the *siddur* and build your confidence as you help others connect with prayer.

Join Ari Espinoza after morning minyan for this 2-part class. Each class will last approximately 45 minutes.

For more information, please contact Ari at **Yisrael@arizona.edu** 



## All Things Jewish Monthly Discussion Group

with Adrienne O'Hare

1st Wednesdays through July 2025! at 6:30pm on Zoom

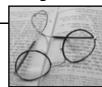
Join us for a *bissel* inspiration, a couple of jokes, and definitely FUN while we discuss All Things Jewish. In our time together, we will explore all aspects of Judaism and Jewish life — from food to history to beliefs and practices.

The group is geared toward people of all backgrounds and levels of knowledge.

Learn more about your Jewish heritage!

Check your email for details and link to register.

## Online Weekday Torah Study Group



Join this informal group to learn about the weekly Torah portion. Make sure to bring your curiosity and your good sense of humor!

### Resumes January 9 at 12:00pm

Study materials can be found at <u>caiaz.org/resources</u>

Check your email for details and Zoom link.

### **COMING UP**

## **Daily & Weekly Services**

Join us online for daily prayer services!

## Morning Minyan Service on Zoom

8:00am Sunday • 7:30am Monday-Thursday

### HYBRID Morning Minyan Fridays at 7:30am

In-person in the Rabbi Eisen Beit Midrash & on Zoom.

### **Evening Minyan Service on Zoom**

5:30pm Sunday-Thursday

Please check your email for any scheduling changes.

### **Shabbat Services**

### **Kabbalat Shabbat Service**

5:45pm Friday

**Zoom Only** -Jan. 10, & 24, Feb. 14 & 21 **Hybrid** -Jan. 3 & 17, Feb. 7 & 28

Subject to change - check your email for details

Join us for an in-person Friday night service on Friday, February 28 led by Tzippora Chorny in honor of her Bat Mitzvah (Please note: no community dinner this evening).

## **Hybrid Shabbat Morning Services**

9:30am Saturdays

## Tot Shabbat Service & Dinner Friday, January 31 at 5:45pm

in the Rabbi Eisen Beit Midrash

Dinner at approximately 6:15pm



Hosted by our Kochavim Class!

Join Rabbi Metz and Cantorial Soloist Nichole Chorny for this tot-friendly service, followed by a dairy dinner at approximately 6:15pm.

RSVP and payment for dinner required no later than **January 28.** 



Scan QR Code for pricing and RSVP for dinner or visit *caiaz.org* 



### Shabbat Sovev Friday, January 3 at 5:45pm

in the Rabbi Eisen Beit Midrash

Dinner at approximately 7:00pm

Join us for a spiritually-moving Kabbalat Shabbat Service full of community and melodies sung to traditional liturgy.

After the service, join us for a chicken dinner with vegetarian option.

RSVP and payment for dinner required no later than **December 31.** 

Scan QR Code for pricing & RSVP or visit <u>caiaz.org</u>



## Family Shabbat Service & Dinner

## Fridays, January 17 & February 7



With Rabbi Metz & Cantorial Soloist Nichole Chorny in the Rabbi Eisen Beit Midrash & on Zoom (approximately 1 hour)

Followed by a chicken dinner with vegetarian option.

Scan QR Codes for pricing and RSVP or visit <u>caiaz.org</u>

RSVP by Jan. 14



RSVP by Feb. 4



### **COMING UP**

### **Becoming a Bar Mitzvah**



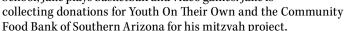
### Finn Alexander Williams January 11, 2025

Finn is the son of Brooke Rabe & Thomas Williams, and brother of Dashiell. His grandparents are Meryl Midler & Gregg Rabe, and Mary Barton and Michele & Tom Williams. Finn attends Khalsa Montessori School, and enjoys playing drums, Rubik's cubes and

writing comic books. For his mitzvah project, Finn is organizing a volunteer buffelgrass pull to protect our saguaros from wildfires.

### Jake Michael Slaughter January 25, 2025

Jake is the son of Nicole Yuan & Jerel Slaughter, and brother of Olivia. His grandparents are Ying-Ying Yuan, Robert Yuan & Yuan Lin, and Diane & Howard Slaughter. When not attending The Gregory School, Jake plays basketball and video games. Jake is



With great pride and joy, Nichole & Joel Chorny invite the congregation to join us as our daughter, Tzippora Chorny, is called to the Torah as a Bat Mitzvah on Saturday, March 1 (beginning at 9:30am). Please plan to join us for a Kiddush luncheon following services. Though no RSVP is required (as with all our services, which are open to everyone), to ensure we prepare appropriately, please let us know that you will be joining us by contacting Amber in the office. We look forward to sharing our *simcha* with the community!



Whether you're a Broadway aficionado or new to the world of musical theatre, join Cantorial Soloist Nichole Chorny & Pianist Chris Tackett for an evening of Broadway music by Jewish composers, dessert, drinks, and community.

Sunday, January 12 at 7:30pm (Doors open at 7:00pm - cocktail attire) Tickets: \$18 per member / \$25 per guest \$180 for reserved front table of 8

RSVP by January 8 Scan QR Code to register or visit <u>caiaz.org</u>



# Olive Days

# Olive Days Book Signing & Discussion Sunday, January 26 at 11:00am

Join us for a conversation with author and Congregation Anshei Israel member, Jessica Emerson McCormick and Rabbi Metz to discuss her debut novel, *Olive Days*.

Olive Days is a smoldering debut novel about a young mother in an Orthodox Jewish community of Los Angeles whose quest for authenticity erupts in a passionate affair following a night of wife swapping. Told in the fevered tenor common to both lust and religious devotion, Olive Days is an unforgettable story of the agonizing choices women make to balance duty against desire.

**PLEASE NOTE:** There will not be books available to purchase at this event. However, if you bring your own copy, Jessica will be happy to sign it. *Olive Days* is available for purchase at all major booksellers!".

To RSVP, please scan the QR Code or visit *caiaz.org* 

## Trope Class 12:30pm Sundays, January 26 & February 2

in Cantor Falkow Lounge

Have you ever wanted to learn to chant Torah or Haftorah? Now is your chance! Cantorial Soloist Nichole Chorny will teach the musical cantillation and symbols, or TROPE, used to read Torah or Haftorah, and how the music of our sacred texts has been a treasure trove of interpretations for generations.

Join us for a two-week class open to all adults who can read basic Hebrew (no comprehension needed). This course is part of the Adult B'nai Mitzvah Curriculum, and all are welcome!

## \$18 per member / \$36 per guest

(No charge for Adult B'nai Mtzvah class students)

Scan QR Code to register or visit <u>caiaz.org</u>





## Tu B'SHVAT SEDER WEDNESDAY, FEBRUARY 12

During our Seder, we will connect to Israel through various foods, wines and juices, followed by a celebration of our Sonoran Desert with an authentic vegetarian Mexican dinner.

### All Ages Welcome

**5:30pm** Evening Minyan in the Rabbi Eisen Beit Midrash & online

**6:00pm** Tu B'Shvat Seder followed by a vegetarian Mexican dinner

\$15 per member / \$20 per guest

Scan QR Code to **RSVP by February 10**, or visit **caiaz.org** 



Blessing of the Pets - October 27, 2024







## Todah Rabah!

We are pleased to announce that we have recently received an AED (Automated External Defibrillator) from the Gootter-Jensen Foundation.



Since 2009 the Foundation has donated and distributed hundreds of AEDs to schools, police and sheriff departments, places of worship, recreational and public places throughout Southern Arizona.

Should the need ever arise, this generous, lifesaving gift will be available for use in our preschool wing. For more information on the work of the Gootter-Jensen Foundation visit **www.gootterjensen.org** 



\$

Mitzvot Under the Stars - November 2, 2024 Participants created Donation Bags for Youth on Their Own















## "Box Tops for Education"



For every coupon from speciallymarked General Mills products, CAI's preschool receives 10¢! And now, no more clipping! Just scan your receipt.

Go to **boxtops4education.com** for more information.

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Hamsa Paint Night - November 14, 2024





Madeline is a five-time Long Realty Top Agent, representing both Buyers and Sellers. What she does isn't magic. It's the result of hard work and comprehensive marketing.



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tucsonhomefinder@aol.com











**Preschool Students - Growing, Grinning, and Giving** 















# MAZAL TOV

## **Engagement**

We are happy to announce the engagement of:

### Hillary Goldstein & Andrew Kippur

Hillary is the daughter of Lisa & Mitchell Goldstein

Andrew is the son of Steve Kippur z"l and Linda (Gary Ferguson) Kippur-Ferguson

### Marriage

We are happy to announce the marriage of:

Jonathan Gordon
&
Jazter Winijmongkolsin
On November 2, 2024

Jonathan is the son of: Allen Gordon &

Victoria Newman

## **January Anniversaries**

<u>Date</u>		<u>Years</u>
11	Sandra & Gerald Ross	66
12	Patricia Dumes-Zarin	
	& Ira Zarin	38
30	<b>Yael &amp; Shlomo Neuman</b>	60



# TODAH RABAH! TURKEY & MORE DRIVE 2024

Thank you to everyone who donated to our Turkey & More Drive. Your generosity ensured that 22 families were able to celebrate Thanksgiving!

## **February Anniversaries**

<u>Date</u>		<u>Years</u>
8	Sophie & Alexander Green	10
11	Janice Wezelman	
	& David Bartlett	46
13	<b>Ruth &amp; Marvin Hoffman</b>	70
	Rosie & Paul Kahn	31
16	Hyla & Gary Windham	22
17	Alla & Howard Steinberg	17
20	Madeline & Barry Friedman	42
23	Marcia & Paul Simon	11
25	Anita & Danny Levkowitz	47

## Know Someone New to Tucson?

If you know someone new to the Tucson community who



you believe would be interested in learning about CAI, please call Debra Lytle at (520) 745-5550, ext. 242, so we can speak to them about all

of the many spiritual, educational, and social opportunities our synagogue has to offer!

## It Matters Who You See



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Seanna V. From, O.D.



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## **Share your Simcha!**

Become a Kiddush sponsor!

Sponsorships will be acknowledged in eblasts, during services, and in the Kolenu.

If you are able to support us, please email Debra Lytle at *ExecDir@caiaz.org* 

## Interfaith Families Welcome

CAI welcomes all interfaith families and encourages them to participate in as much



synagogue life as they choose within the framework of Conservative Judaism. For more information, visit *caiaz.org/resources* as part of CAI's "Myths vs. Facts" program.

## Honorable "Menschens"

### **Todah Rabah to:**

### **Gabbaim**

Lois Bodin
Phil Bregman
Michele Cassen
Ron Gray
Rosie Kahn
Vicki Pepper
Joy Peskin
Steve Singer

### **Kolenu Proofreaders**

Donna Saffioti Judy Schultz Linda Silverman

### **AgeWell Day Table**

Dawn Steinberg

### **Gift Shop Volunteers**

Terri Cohen Mindy Hirsh Rosie Kahn Marianne Langer Evelyn Sigafus Dawn Steinberg

### Preschool Chanukkah

**Party** 

Rachel Black

If we missed you, we apologize. If you would like to be included in further announcements, please let us know.

## Thank You Sarah Artzi



for leading the High Holy Days review, **and** to all participants who shared their opinions to enhance and support our High Holy Days for years to come.

## Thank you to our Friday Morning Minyan Breakfast Sponsors:

Joyce Becker Irvin Belzer Adeline Horst Joy Peskin

Make sure to join us in person on Fridays at 7:30am in the Rabbi Eisen Beit Midrash!

## Thank you to the following congregants for sponsoring our Kiddushes

- Linda Silverman, for enhancing our kiddush in honor of husband Shelby's z"l birthday, and in memory of her mother, Florence Rachman
- Eliza Dray, Ian Kelly and David Dray, in honor of their daughter & granddauther Edith Kelly becoming a Bat Mitzvah
- Holly & Steve Shenitzer, in honor of their greatnephew, Evan Cher, becoming a Bar Mitzvah

Please contact Debra Lytle at *ExecDir@caiaz.org* to reserve a date to sponsor Kiddush.

### **Condolences**

## המקום ינחם אתכם

The congregation mourns the loss of our member:

Cary Fishman

Our condolences to this member who mourn the loss of their loved one:

Judy Fishman, husband Cary

May the Author of Life Comfort the Mourners

### **Anshei Israel Memorial Hall**

Installation of a memorial plaque is a beautiful way to perpetuate the memory of a loved one. Each year on the anniversary of your loved one's death, the synagogue will send you a reminder of the Yahrzeit and light the light adjacent to their memorial plaque. Call Debra at (520) 745-5550, ext. 242, to make arrangements or if you wish to reserve a space for the future.

### The Mitzvah of Bikur Holim (Visiting the Sick)

Federal healthcare privacy regulations make it difficult for us to know when a member of CAI has been admitted to a hospital.

Become a partner in the mitzvah of *Bikur Holim* — visiting the sick — by advising our clergy when you, a relative, or a friend is hospitalized. We can stay informed ONLY if a family member or friend provides the information to us.

Please call Rabbi Metz at (520) 745-5550, ext. 230

## Dealing with Grief and Loss?



Are you having difficulty dealing with grief and loss? Perhaps it would be helpful to talk with a trained counselor. A synagogue volunteer would be happy to speak with you confidentially.

Please call Norma Karp at (520) 299-3382.

## Ĵ

## Thank you to our "Yad Squad"

(Those who read Torah and Haftarah in Oct. & Nov.)

Charles Blitzer Evan Cher Ari Espinoza Hillary Goldstein Richard Green Adeline Horst Edith Kelly Adina Lytle

Ziva Mason Phillip Pepper

Hayden Peskin-Owens

Joy Peskin Gregg Pollack Leonard Schultz Steve Seltzer Teri Thienhaus

### **CONGREGATION ANSHEI ISRAEL DONATIONS**

Donations made to Anshei Israel Funds enable our Synagogue to continue to carry out its work, thereby better serving our members. Please consider making a donation in honor of a relative or friend who may be celebrating a simcha or in memory of a loved one.

This list reflects those donations made after the last issue's publication date. Todah Rabah to all.

### **Our Donation Form**

is at the Front Desk in the Administrative Office AND

at *caiaz.org* 

Notification cards are sent for donations of **\$18 or more**.

To make a secure donation online, please scan the QR Code:



### (FI) PHYLLIS BROAD & BELLA FINGERETT ISRAEL TRIPS/ SCHOLARSHIP FUND

#### <u>In Memory of:</u>

Mother and Grandmother, Vera Adler

Dorit Adler & Michelle Levine

Great Aunt, Rachel Loter
Emlee Silverman

#### (BR) RABBI MARCUS BREGER-ADULT STUDIES FUND

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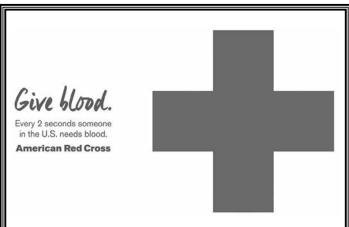
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