



# KOLENU

"Our Voice" The Newsletter of Congregation Anshei Israel

September/October 2024 • Av/Elul/Tishrei 5784/5785

Volume 77 Number 1

**Shana Tova!  
May you be  
sealed in the  
Book of Life!**



## CONTENTS

Adult Education .....	5	Education .....	4
Anniversaries & Mazal Tov .....	12	Executive Director's Message .....	3
Candle Lighting Times .....	2	Honorable "Menschens" .....	13
Catching Up.....	9-11	President's Message.....	3
Coming Up.....	6-8	Rabbi's Message .....	2
Condolences .....	13	Services Online & In-Person.....	6-7
Donations.....	14-15		

## INSERTS

**Project Isaiah  
Committee Volunteers Form  
Tree of Life - *Etz Chayim* Order Form**

# KOLENU • קולנו

"Our Voice"

The Newsletter of Congregation Anshei Israel

**Congregation  
Anshei Israel**

A Conservative Synagogue and  
Proud Member of USCJ



United Synagogue of  
Conservative Judaism

5550 East 5th Street • Tucson AZ 85711  
(520) 745-5550 • fax (520) 745-9058

[caiaz.org](http://caiaz.org)

### MISSION STATEMENT

Congregation Anshei Israel shall serve as a source of spiritual, educational, and social enrichment in order to encourage and ensure Judaic values in accordance with the Principles of Conservative Judaism.

## CLERGY & STAFF INFORMATION

**Rabbi** • Sara Metz

Ext. 230 • [RabbiMetz@caiaz.org](mailto:RabbiMetz@caiaz.org)

**Rabbi Emeritus** • Robert J. Eisen

[Rabbi.Eisen.AZ@gmail.com](mailto:Rabbi.Eisen.AZ@gmail.com)

**Rabbi Emeritus** • Arthur Oleisky, z"l

**Cantorial Soloist and Education & Youth Director** • Nichole Chorny

Ext. 227 • [CantorialSoloist@caiaz.org](mailto:CantorialSoloist@caiaz.org)

**Executive Director** • Debra Lytle

Ext. 242 • [ExecDir@caiaz.org](mailto:ExecDir@caiaz.org)

**Early Childhood Director** • Allison Wetzel

Ext. 229 • [ECDirector@caiaz.org](mailto:ECDirector@caiaz.org)

**Controller** • Lanette Garnett

Ext. 223 • [Controller@caiaz.org](mailto:Controller@caiaz.org)

**Communications** • Nancy Auslander

Ext. 228 • [Communications@caiaz.org](mailto:Communications@caiaz.org)

**Education Assistant** • Kim Miller

Ext. 224 • [EdAsst@caiaz.org](mailto:EdAsst@caiaz.org)

**Executive Assistant** • Amber Page

Ext. 225 • [ExecAssist@caiaz.org](mailto:ExecAssist@caiaz.org)

**Front Desk** • Marty Johnston

Ext. 200 • [Receptionist@caiaz.org](mailto:Receptionist@caiaz.org)

Please visit our website [caiaz.org](http://caiaz.org) and check your email for the most up-to-date information.



Instagram

# Shalom! FROM RABBI METZ

As we approach the High Holy Days and our Fall Festivals, we gather together with friends, family and our Anshei Israel family to celebrate the new year. During the High Holy Days, we have a number of different greetings we offer each other. Each has its own unique meaning and blessing.



Here's a guide to the different greetings you might hear or use during the High Holy Day Season. We wish them all to you!

**Shanah Tovah** (שנה טובה): "A good year." This is said throughout the High Holy days as a blessing that the person should have a "good year." Some also say, "Shanah Tovah Umetukah," meaning "A good and sweet year."

**L'Shanah Tovah Tikatevu** (לשנה טובה תכתבו): "May you be inscribed (in the Book of Life) for a good year." This greeting incorporates the theological belief that from Rosh Hashanah through Yom Kippur, God inscribes the fate of each person for the coming year in the Book of Life.

**Ketivah Vachatimah Tovah** (כתיבה וחתימה טובה): "A good inscription and sealing (in the Book of Life)." This greeting is also tied to the theme of being inscribed in the Book of Life. It is most often used during the Ten Days of Repentance, the period between Rosh Hashanah and Yom Kippur.

**G'mar Chatimah Tovah** (גמר חתימה טובה): "A good final sealing" is typically used closer to Yom Kippur. This greeting reflects further prayers that others will be sealed in the Book of Life for a good year.

**Anyada bueno, dulce, i alegre.** "May you have a good, sweet, and happy new year." This is a Ladino greeting used by Sephardic Jews.

**Tizku Leshanim Rabot** (תזכו לשנים רבות): "May you merit many years." This greeting is less common. It is used as a wish for longevity and continued health, expressing the hope that the recipient will enjoy many more years of life and celebrations.

**Gut Yontif** (גוט יום טוב): "A good holiday." This is a Yiddish greeting appropriate for all holidays include the High Holy days.

**Chag Sameach** (חג שמח): "Happy holiday." This is appropriate for all holidays.

Whichever greeting you choose, we would like to wish you and your family a Sweet and Happy New Year!

B'Shalom,

**Rabbi Sara Metz**

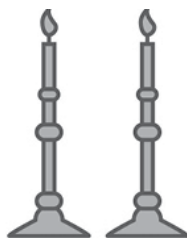
(520) 745-5550 ext. 230

[RabbiMetz@caiaz.org](mailto:RabbiMetz@caiaz.org)

## Candle Lighting Times

September	
Sept. 6	6:22pm
Sept. 13	6:13pm
Sept. 20	6:04pm
Sept. 27	5:54pm

October	
Oct. 2 (Erev Rosh Hashanah)	5:48pm
Oct. 3 (Rosh Hashanah I)	6:41pm
Oct. 4 (Rosh Hashanah II)	5:45pm
Oct. 11 (Yom Kippur)	5:36pm
Oct. 16 (Erev Sukkot)	5:31pm
Oct. 17 (Sukkot I)	6:25pm
Oct. 18 (Sukkot II)	5:28pm
Oct. 23 (Shemini Atzeret)	5:23pm
Oct. 24 (Simchat Torah)	6:17pm
Oct. 25	5:21pm



## FROM THE PRESIDENT



As I begin the second year of my term as president, I reflect back on the last year. The horrendous events of October 7th changed the nature of the world in which we live, including our world here at Anshei Israel. While we continue to deal with the rise in antisemitism and pray for the return of the hostages, we have all come to know that the best thing we can do as a community is proceed with and be present at our Judaic events. It is with this in mind that we have planned and held events throughout the year here at Anshei Israel. Through these events I have had the opportunity to meet so many new people and enjoy spending time with them while experiencing our wide variety of programs.

As we approach our High Holy Days season, the experiences of the last year shape my hopes for the coming year. Given the pleasure I have had joining in new programs and meeting new people, I wish the same for all of you.

I hope you join us for a program new to you and I know you will not be disappointed in either the event itself or the people involved. I am hopeful that we will soon be celebrating the return of all the hostages and an end to all the violence that has resulted from the October 7th attack. I also hope that we (the board, the clergy, and the staff) are successful in providing you, the community, all that you seek from your synagogue experience through both existing and new programming. Finally, I hope that we, as a community, will be successful in transforming the library into an updated communal space.

With all of these hopes in mind, in addition to all of our hopes not directly related to Anshei Israel, I wish you all a Happy and Sweet New Year.

*B'Shalom,*  
Jonathan Green  
[JIGreen722@hotmail.com](mailto:JIGreen722@hotmail.com)

## FROM THE EXECUTIVE DIRECTOR

Shana Tova,

As we finish preparing for our High Holy Days, I hope that you and your loved ones are in good health and high spirits. The start of a new year is a time for reflection, renewal, and recommitment to the values and community that bind us together.



Recently, I met with our Board of Trustees and clergy for a retreat to focus on the essential work of our committees. This retreat was an opportunity to align our goals and strengthen the foundation that supports our synagogue's mission. The dedication of our Board and committee members is truly inspiring, and I am confident that with your involvement, we can continue to build on this momentum.

To that end, I encourage you to consider joining one of our committees. Your unique talents and perspectives are invaluable, and your participation is crucial in shaping the future of our congregation. Please take a moment to fill out the PINK insert to express your interest in joining at least one of our committees.

I look forward to seeing your smiling faces and greeting you all at our upcoming services. **Thank you to all who have already renewed your membership. If you have not done so yet, please reach out so that I can assist you to ensure your tickets are printed in a timely manner.** All tickets will be conveniently located for pick up under the security tent at the first High Holy Days service you attend.

Finally, I need to recognize the importance of our collective support for Israel during these challenging times. Our connection to Israel remains a core part of our identity, and I urge you to keep Israel and the hostages in your prayers as we move forward into the New Year.

Wishing you a year filled with peace, health, and joy.

*B'Shalom,*  
Debra Lytle  
(520) 745-5550 ext. 242  
[ExecDir@caiaz.org](mailto:ExecDir@caiaz.org)



### Experience the THA difference.

Our premier education steeped in Jewish values amplifies learning and prepares our students for success in a complex world. Do you want more for your child? [Begin here.](#)

Contact THA for a personal tour. Generous financial aid available. Offering a leading-edge education from kindergarten - 8th grade.



3888 East River Road  
Tucson, Arizona 85718  
520.529.3888  
[www.thaaz.org](http://www.thaaz.org)



The Officers and Board of Trustees working hard at the Board Retreat on Sunday, August 11. And here's the whole gang!





# EDUCATION

## Preschool



As we settle into the new school year at the Esther B. Feldman Preschool, we are thrilled to share some highlights of our recent activities.

Our teachers kicked off the year with an intensive week of training, renewing their First Aid and CPR certifications, and practicing emergency drills to ensure our students' safety. Staff was also introduced to our new social-emotional curriculum, Conscious Discipline®, which will help our children develop strong, positive relationships in a nurturing environment. Conscious Discipline® is an adult-first approach that prioritizes the self-regulation and skill development of our teachers. This focus on adults empowers our educators to model, teach, and embody the behaviors and emotional management skills they wish to instill in our children. Our preschoolers will learn healthy ways to manage their thoughts, feelings, and behaviors, using tools they need to navigate conflicts and challenging situations.

Our preschool's Open House was a success, allowing families to explore our classrooms and meet the educators who will guide their children through this academic year. With the school year now in full swing, we are excited to see our students engaging in learning and growing each day.

Our Parent Action Committee (PAC) hosted a Welcome Back Party and Tot Shabbat, welcoming new families and students into our community. Tot Shabbat is a cherished tradition that brings our young families together in celebration of Shabbat. This was a time for our youngest members to experience the beauty of Jewish rituals, songs, and stories, while strengthening the bonds within our community. How happy we all are to be back together!

Finally, our students are now learning all about the High Holy Days – what a sweet way to start the year! Students are making *shofars*, trying different types of apples with honey, re-enacting the story of Jonah & the Whale, and so much more. We look forward to a busy year filled with growth, learning, and the blossoming of our little ones!

*B'Shalom,*

**Allison Wetzel**  
Early Childhood Director  
(520) 745-5550 ext. 229  
[ECDirector@caiaz.org](mailto:ECDirector@caiaz.org)

### PARKING LOT UPDATE



Thank you to Sunrise Asphalt Company, and a big *Todah Rabah* to Les & Eli Silberman for assisting with the installation of parking blocks throughout our northern lots. *Please use caution when using our lots!*

## B'Yahad and USY

B'Yahad and USY are off to a great start as we approach the holidays! We welcomed our families back on August 25 with a special assembly and Parent/Guardian meet and schmooze and look forward to a great year of learning and community building. With the holidays a little later this year, we have plenty of time for learning and preparing to celebrate the holidays together as a community! We look forward to welcoming our friends from Kol Ami for a special High Holy Day Workshop on September 29 here at CAI as our communities collaborate together once again.



Many of our post-Bar/Bat Mitzvah students will be participating in High Holy Day services again this year as Torah & Haftarah readers, shofar blowers, service leaders, and members of our High Holy Day Youth Choir. Be sure to join us for our High Holy Day Family Services on both days of **Rosh Hashanah and Yom Kippur**, as well as **Tashlich at Fort Lowell Park** on Sunday, October 6 at 10am. Our community celebrations continue with our **Community Shabbat & Sukkot Family Service and Dinner** on October 18 and **B'Yahad Family Breakfast** in the Sukkah on Sunday, October 20. Join us for dancing with the Torah on the evening of October 24 for **Simchat Torah** and then bring your pets for **Blessing of the Pets** on October 27! Stay tuned for more details on a wonderful month of celebrating together!

We had a great start to Kadima last month, and Junior and Senior USY each have their openings programs this month: **September 14 for Senior USY** and **September 15 for Junior USY!** Our 7th-12th grade students are thrilled to head to Disneyland over Labor Day weekend to meet up with other chapters from Arizona, California, and Nevada! Watch your inbox for details about our next Senior, Junior USY & Kadima Lounges: Junior & Senior USY will have their own **SATO (Social Action/Tikkun Olam) Sukkah Hop on October 19**. Kadima will have lounge right after B'Yahad on September 29 and October 27.



Wishing you and your family a healthy and happy New Year.

*Shanah Tovah!*  
Nichole Chorny  
Cantorial Soloist and Education & Youth Director  
(520) 745-5550 ext. 227  
[CantorialSoloist@caiaz.org](mailto:CantorialSoloist@caiaz.org)



*Do you like to sing? We want to hear from you!*

### High Holy Days Youth Choir

**Sunday, September 8 • 2:15pm • Classroom 2**

As in previous years, students who enjoy singing are invited to participate in High Holy Days services as our Youth Choir. All students between the ages of 13-18 are encouraged to join! Come and sing with us!

**To RSVP for the rehearsal or for more information, contact Cantorial Soloist Nichole Chorny at 745-5550, ext. 227 or [CantorialSoloist@caiaz.org](mailto:CantorialSoloist@caiaz.org)**

# ADULT EDUCATION

## Shabbat Lunch & Learn

2nd Saturdays  
After Shabbat Morning Services

**1st Session**  
**Saturday, September 14**  
(approximately 12:30pm)  
Led by Joy Peskin

Beginning this month, Congregation Anshei Israel introduces a new monthly, educational event as a Lunch-and-Learn on Shabbat following Kiddush on the second Shabbat of every month.

The idea is that each month we will have a community member teach about a subject they find interesting and will be of interest to others. Often this could be related to a special expertise or a passionate interest the person may have – professionally or otherwise.

**To register to lead a Lunch & Learn session, please scan the QR Code or visit [caiaz.org](http://caiaz.org).** You'll be able to choose a date, as well as specify the topic you'd like to discuss.

If you still have additional questions, please feel free to reach out to our Adult Education Committee Chair, Ole Thienhaus, [thienhaus@gmail.com](mailto:thienhaus@gmail.com) or Rabbi Metz, [RabbiMetz@caiaz.org](mailto:RabbiMetz@caiaz.org)



## All Things Jewish Monthly Discussion Group

with Adrienne O'Hare  
1st Wednesdays through July 2025!  
at 6:30pm on Zoom

Join us for a *bissel* inspiration, a couple of jokes, and definitely FUN while we discuss All Things Jewish. In our time together, we will explore all aspects of Judaism and Jewish life — from food to history to beliefs and practices.

The group is geared toward people of all backgrounds and levels of knowledge.  
Learn more about your Jewish heritage!

**Check your email for details and link to register.**

## Online Weekday Torah Study Group



Led by special guest teachers during the months of *Elul* and *Tishrei*, this informal study group can lead to lively discussion. Held Thursdays on Zoom, 12:00-1:00pm.

*Bring your Bible and desire to learn together.*

Study materials can be found at  
[caiaz.org/resources](http://caiaz.org/resources)  
**Check your email for details and Zoom link.**



## Read It and Meet

*Nothing beats talking about good books!*

Please join Women's League on Zoom for Read It and Meet to discuss a wide variety of books by Jewish authors and/or about Jewish themes.

### Schedule for 2024-2025:\*

DATE	TITLE	AUTHOR
Sept. 15	The Art Thief	Michael Finkel
Nov. 17	The Heaven and Earth Grocery Store	James McBride
Jan. 19	The Little Liar	Mitch Albom
Feb. 23	All the Broken Places	John Boyne
March 23	Kantika	Elizabeth Graver
April 27	The Wind Knows My Name	Isabel Allende

*\*Subject to change*

**Check your email for  
details and Zoom link!**

# COMING UP

## Daily & Weekly Services

Join us online for daily prayer services!

### Morning Minyan Service on Zoom

8:00am Sunday • 7:30am Monday-Thursday

### HYBRID Morning Minyan Fridays at 7:30am

In-person in the Rabbi Eisen Beit Midrash  
& on Zoom, followed by a light breakfast.

### Evening Minyan Service on Zoom

5:30pm Sunday-Thursday

Please check your email for any scheduling changes.

## Shabbat Services

### Kabbalat Shabbat Service\*

5:45pm Friday

**Zoom Only** -September 13 & 27, October 25

**Hybrid** -September 6 & 20, October 4, 11 & 18

*\*Subject to change - check your email for details*

### Hybrid Shabbat Morning Services

9:30am Saturdays



## Family Shabbat Service & Dinner

**Friday, September 20**

**Family Shabbat Service at 5:45pm**

With Rabbi Metz and Cantorial Soloist

Nichole Chorny in the Rabbi Eisen Beit Midrash &  
on Zoom

(approximately 1 hour)

Followed by a chicken dinner with  
vegetarian option.

RSVP and payment for dinner  
required no later than **September 17.**

Scan QR Code for pricing &  
RSVP or visit [caiaz.org](http://caiaz.org)



## Shabbat Sovev Friday, September 6 at 5:45pm

in the Rabbi Eisen Beit Midrash



**Dinner at approximately 7:00pm**

Join us for a spiritually moving Kabbalat Shabbat Service full of community and new  
melodies sung to traditional liturgy.

After the service, join us for a chicken dinner with vegetarian option.

RSVP and payment for dinner required  
no later than **September 3.**

Scan QR Code for pricing & RSVP  
or visit [caiaz.org](http://caiaz.org)



# COMING UP

## Sukkot

### First Day of Sukkot Services Thursday, October 17

9:30am in the Sanctuary & on Zoom

Followed by Kiddush in the Sukkah.

### Second Day of Sukkot

Friday, October 18

9:30am in the Sanctuary & on Zoom

Followed by Kiddush in the Sukkah.

### Community Shabbat Dinner in the Sukkah

Friday, October 18

Family Shabbat/Erev Sukkot Service 5:45pm  
Dinner 7:00pm

Join us for our Family Shabbat and Sukkot service, followed by dinner and dessert in the Sukkah with your congregational family.

Details & RSVP link at [caiaz.org/hhd](https://caiaz.org/hhd)

### Private Shomrei Torah Member Event Sunday, October 20

Shomrei Torah members are invited to a private Sukkot event at the Metz home.

Not a Shomrei Torah member? Please contact Debra Lytle at [ExecDir@caiaz.org](mailto:ExecDir@caiaz.org) for information about how to join!

### USY Sukkah Hop! Saturday Night, October 19

Check out Sukkot in our community as we “hop” to different Sukkot for a festive meal together!

More information to come!

### Preschool & B'Yahad Breakfast in the Sukkah 9:30am Sunday, October 20 in the Sukkah

Preschool families are invited to our Preschool & B'Yahad Breakfast in the Sukkah!

More information to come!



## Shemini Atzeret

### Yahrzeit Plaque Dedication

Thursday, October 24

9:30am in the Sanctuary & on Zoom

On *Shemini Atzeret*, all *yahrzeit* plaques installed in Congregation Anshei Israel's Memorial Hall during the past year will be dedicated; memorial *Yizkor* prayers will be said at approximately 11:00am. Please join us for this service and meaningful dedication.



## Simchat Torah

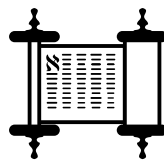
### Simchat Torah Service with Hakafot & Torah Roll-Out

*(Processions with the Torah Scrolls)  
& Israeli Dancing*

Thursday, October 24 in the Sanctuary

5:30pm Dairy Dinner

6:00pm Ma'ariv Service, Hakafot & Torah Roll-out, followed by dessert.



### Simchat Torah Morning Service

Friday, October 25

9:30am in the Rabbi Eisen Beit Midrish  
& on Zoom

Followed by a Kiddush Lunch.

Details & RSVP link at  
[caiaz.org/hhd/](https://caiaz.org/hhd/)

## Blessing of the Pets

Sunday, October 27

11:30am in the Sukkah area

Join us for a special Blessing of the Pets!

**For the safety of all participants, all animals must be leashed  
or in a pet carrier.**





## COMING UP



### USY HONEY

Send honey to your family & friends to sweeten the New Year!

8 oz. jar of delicious Kosher  
100% pure clover honey:

**\$15 Each Plus Shipping**

*(jar includes a printed keepsake blessing)*

Proceeds benefit CAI's United Synagogue Youth.

Delivery guaranteed in time for Rosh Hashanah when orders are placed by **September 12.**

#### TO ORDER:

Scan the QR Code to place your secure order online or visit [caiaz.org](http://caiaz.org)



**Get Shaking!**  
 Add meaning to your Jewish life and create special memories for your family by shaking a lulav in your home!

**We offer fully assembled Lulav & Etrog Sets for \$54.**

**Scan QR Code below to order by SEPTEMBER 16.**



### Becoming a Bat Mitzvah

**Eliza Lilly Friedman  
September 21, 2024**

Eliza is the daughter of Marcy & Jacob Friedman. Eliza's grandparents are Barbara & Larry Subrin, and Joani & Sanford Binder. Eliza attends Tucson Hebrew Academy. In her spare time, Eliza enjoys dance, tennis, crafts, and reading. For her mitzvah project, Eliza is collecting and donating books to the Reading Seed Program and Make Way for Books.



**Thank you to our Friday Morning Minyan  
Breakfast Sponsors:**

**Jim Whitehill  
Irvin Belzer**

**Make sure to join us in person on Fridays at  
7:30am in the Rabbi Eisen Beit Midrash!**

### Todah Rabah!

Congregation Anshei Israel has received a grant from the 2024 Jewish Federations of North America Emergency Fund. This is a national initiative funded by the Tepper Foundation aimed at addressing urgent increased security needs. The grant was approved to support short term additional security personnel needs for our preschool and preschool summer camp programs between June 1 and November 30, 2024. We deeply appreciate the assistance and commitment to safeguarding our Jewish community during such a challenging time.

In addition, CAI's Esther B. Feldman Preschool received a grant from Jewish Philanthropies of Southern Arizona to support the Sensory and Emotional Regulation Space project (our CARES Center). Funds for this grant were generously provided by the William and Doris Rubin Endowment Fund held at the Jewish Community Foundation of Southern Arizona.

### Order your High Holy Days Tickets TODAY!

All members in good standing\* will receive our High Holy Days virtual link and password.

General admission seating in Rabbi Breger Hall is available at no additional cost for each ticket requested. Shomrei Torah members can receive reserved seating in the Sanctuary at no additional cost for each ticket requested.

\*To receive tickets, your account with CAI must be current with a minimum of 25% of your 2024-25 membership commitment and Safety & Security fee paid. Being current means that all past charges must be paid or on a payment plan. If you have questions or concerns about your account status, please contact Lanette at (520) 745-5550, ext. 223 or [Controller@caiaz.org](mailto:Controller@caiaz.org)





# CATCHING UP

Camp Ramahniks



## Calendar of Major Jewish Holidays 5785 (2024-25)

Holidays begin *the evening before* the day noted. Holidays noted in *italics* are holy days on which no work is permitted and absences from school or work should be excused.

*Rosh Hashanah*..... *Thur. & Fri., Oct. 3 & 4, 2024*  
*Yom Kippur*..... *Sat., Oct. 12, 2024*  
*Sukkot (start)* ..... *Thur. & Fri., Oct. 17 & 18, 2024*  
*Shemini Atzeret*..... *Thur., Oct. 24, 2024*  
*Simhat Torah* ..... *Fri., Oct. 25, 2024*  
Chanukkah ..... Thur., Dec. 26, 2024  
Tu B'Shvat ..... Thur., Feb. 13, 2025  
Purim ..... Fri., March 14, 2025

*Passover (start)*... *Sun. & Mon., Apr. 13 & 14, 2025*  
*Passover (end)*..... *Sat. & Sun., Apr. 19 & 20, 2025*  
Yom HaShoah ..... Thur., Apr. 24, 2025  
Yom Ha'Atzmaut..... Thur., May 1, 2025  
Lag B'Omer ..... Fri., May 16, 2025  
*Shavuot* ..... *Mon. & Tue., June 2 & 3, 2025*  
Tisha B'Av ..... Sun., Aug. 3, 2025



# CATCHING UP

Summer Family Bowling and Skating Events



THE ONLY NAME FOR REAL ESTATE

*Madeline*






**1822 N CRAYCROFT ROAD**

**\$325,000**

Crisp 3 bedroom home with excellent "Street Presence." Spacious ¼ acre lot with lots of potential, new roof, tile floors, ceiling fans throughout, updated kitchen, and bath. Bonus dog run on side of home. Lots of possibilities for additional structures on this generously sized lot.

MADELINE FRIEDMAN  
VICE PRESIDENT, ABR, CRS, GRI  
520.907.4141  
WWW.TUCSONAZHOMES.COM  
TUCSONHOMEFINDER@AOL.COM

## Chesed "Caring" Committee



Did you know that every congregant is a member of the *Chesed* "Caring" Committee, the largest committee at Congregation Anshei Israel?!

*Chesed* means loving-kindness, grace, helping each other. We exist to help our members in times of need.

Please feel free to contact me.  
Jane Poliakoff, Chesed Committee Chair  
[JMPoliakoff@gmail.com](mailto:JMPoliakoff@gmail.com)



# CATCHING UP

## 1st Day of Preschool



During the 2023-2024 school year, the preschool students grew carrots, strawberries, peas, sunflowers and more, plus quite a number of pumpkins. They donated the pumpkins to the Reid Park Zoo as "browse" to feed to the animals.

The zoo's newest baby elephant, Meru, seemed to enjoy the pumpkins that her mother shared with her!



### "Box Tops for Education"



For every coupon from specially-marked General Mills products, CAI's preschool receives 10¢! And now, no more clipping! Just scan your receipt. Go to [boxtops4education.com](http://boxtops4education.com) for more information.

### MY CARE

BY SHARON



### SUPER ASSISTANT

- Drive & Accompany You to Appointments
- Help Busy Moms with Pickup & Drop Off
- Run Errands WITH or FOR you
- Meal Preparation
- Home / Office Organization



203-984-5846

[gemsandthreads@comcast.net](mailto:gemsandthreads@comcast.net)



# MAZAL TOV

## Engagement


**Adina Artzi**  
 &  
**Joe Cooper**


*Adina is the daughter of  
Sarah & Jeff Artzi*

*Joe is the son of  
Madonna & Andy Cooper*




## September Anniversaries

Date	Years
<b>1 Robin &amp; Michael Kaiserman</b>	<b>56</b>
M. Elizabeth Uriarte & Raziel Levidis	3
<b>3 Lois &amp; Ken Jacowsky</b>	<b>60</b>
<b>Alene &amp; Bryan Schwartz</b>	<b>58</b>
4 Hedy & Michael Feuer	18
<b>5 Sandra &amp; William Yalen</b>	<b>59</b>
Rochelle Abell & Dan Weisz	48
<b>8 Lynne Falkow-Strauss &amp; Jack Strauss</b>	<b>56</b>
12 Victoria Newman & Allen Gordon	8
16 Debby & Rabbi Robert Eisen	40
<b>17 Carole &amp; Art Glass</b>	<b>64</b>
<b>20 Judy &amp; Michael Dorf</b>	<b>55</b>
<b>21 Carol &amp; Charles Sumner</b>	<b>62</b>
Sandi & Lawrence Adler	33

## October Anniversaries

Date	Years
9 Teresa & Ole Thienhaus	43
Stacy & Adam Klein	30
10 Annette & Len Hamm	20
12 Katherine & Aaron Leonard	28
15 Marci & Allen Davis	13
19 Dvora Tager & Bob Dietz	35
Julia & Daniel Elitzer	10
23 Shelley & Steven Singer	41
25 Daniel & Brenda Fredman	5
26 Judith & Charles Schultz	44
Michele & Lawrence Cassen	21
Ilona Wolfman & Matthew Rothman	15
29 Mindy & Allen Bergman	24
30 Lexy and Jeremy Sharpe	8



## Know Someone New to Tucson?

If you know someone new to the Tucson community who you believe would be interested in learning about CAI, please call Debra Lytle at (520) 745-5550, ext. 242, so we can speak to them about all of the many spiritual, educational, and social opportunities oursynagogue has to offer!

## It Matters Who You See



Offering complete eye care, outpatient and laser vision correction surgery, and quality optical service.

Brock K. Bakewell, M.D., FACS  
 Jeff S. Maltzman, M.D., FACS  
 Brian A. Hunter, M.D., FACS  
 Michael D. Henry, M.D.  
 Richard Lewis, M.D.  
 Tatyana Sherman, D.O.  
 Andrew A. Huttenhoff, O.D.  
 Seanna V. From, O.D.



**Fishkind, Bakewell,  
Maltzman, Hunter**  
 & Associates  
*Eye Care & Surgery Center*

5599 N. Oracle Rd. / 10425 N. Oracle Rd., Suite 135

eyestucson.com **520-293-6740**

## Share your Simcha!

### Become a Kiddush sponsor!

Sponsorships will be acknowledged in eblasts, during services, and in the Kolenu.

If you are able to support us, please email Debra Lytle at [ExecDir@caiaz.org](mailto:ExecDir@caiaz.org)

## Interfaith Families Welcome



CAI welcomes all interfaith families and encourages them to participate in as much synagogue life as they choose within the framework of Conservative Judaism. For more information, visit [caiaz.org/resources](http://caiaz.org/resources) as part of CAI's "Myths vs. Facts" program.

## Honorable "Menschens"

### Todah Rabah to:

#### Gabbaim

Lois Bodin  
Phil Bregman  
Ron Gray  
Joy Peskin  
Steve Singer

#### Kolenu Proofreaders

Donna Saffioti  
Judy Schultz  
Evelyn Sigafus  
Teri Thienhaus

*If we missed you, we apologize. If you would like to be included in further announcements, please let us know.*



### Thank you to our "Yad Squad"

*(Those who read Torah and Haftarah in June & July)*

Charles Blitzer  
Cantor Sarah Bolt  
Ari Espinoza  
Hillary Goldstein  
Jonathan Green  
Richard Green  
Adeline Horst  
David Jurkowitz  
Lisa Jurkowitz

Lilliana Kalish  
Ziva Mason  
Phillip Pepper  
Hayden Peskin-Owens  
Joy Peskin  
Steve Seltzer  
Cantor Debbie Tanzer-Cohen  
Teri Thienhaus



### Thank you to the following congregants for sponsoring our Kiddushes

- Janet & Steve Seltzer, in honor of their anniversary
- Elaine & Howard Fagan, in honor of their anniversary
- Kathy Hays & Jerry Barkan, in honor of their anniversary
- Brina, Marty & Glenn Grusin, in memory of their beloved husband & father, Butch

Please contact Debra Lytle at [ExecDir@caiaz.org](mailto:ExecDir@caiaz.org) to reserve a date to sponsor Kiddush.

## Condolences

### המקום ינחם אתכם

The congregation mourns the loss of our members:

*William "Bill" Becker  
Shirley Elpern Goldberg*

### Our condolences to these members who mourn the loss of their loved ones:

Jeff (Sarah) Artzi, father Daniel  
David, Adina & Michael Artzi, grandfather Daniel  
Joyce Becker, husband "Bill" Becker  
Sorale Fortman, sister Shirley Goldberg  
Abby Rosen, sister Debra Merlino

*May the Author of Life Comfort the Mourners*

### Memorial Plaques have been installed for

*Barbara Levkowitz*

*Milton Levkowitz*

### Anshei Israel Memorial Hall

Installation of a memorial plaque is a beautiful way to perpetuate the memory of a loved one. Each year on the anniversary of your loved one's death, the synagogue will send you a reminder of the Yahrzeit and light the light adjacent to their memorial plaque. Call Debra at (520) 745-5550, ext. 242, to make arrangements or if you wish to reserve a space for the future.

### The Mitzvah of Bikur Holim (Visiting the Sick)

Federal healthcare privacy regulations make it difficult for us to know when a member of CAI has been admitted to a hospital.

Become a partner in the mitzvah of *Bikur Holim* — visiting the sick — by advising our clergy when you, a relative, or a friend is hospitalized. We can stay informed ONLY if a family member or friend provides the information to us.

**Please call Rabbi Metz at (520) 745-5550, ext. 230**



### Dealing with Grief and Loss?

Are you having difficulty dealing with grief and loss? Perhaps it would be helpful to talk with a trained counselor. A synagogue volunteer would be happy to speak with you confidentially.

*Please call Norma Karp at (520) 299-3382.*



### A FREE Senior Placement Service

Assisted Living, Memory Care, Independent Living



**SERENITY** (520) 520-991-0151  
SENIOR SERVICES OR (520) 301-4455



Over 40 years healthcare industry experience!  
info@serenityss.com • www.serenityss.com

YVONNE ACINA • DANNY KLEIN

# CONGREGATION ANSHEI ISRAEL DONATIONS

Donations made to Anshei Israel Funds enable our Synagogue to continue to carry out its work, thereby better serving our members. Please consider making a donation in honor of a relative or friend who may be celebrating a simcha or in memory of a loved one. This list reflects those donations made after the last issue's publication date. Todah Rabah to all.

**Our Donation Form**  
is at the Front Desk  
in the Administrative Office  
AND  
at [caiaz.org](http://caiaz.org)  
Notification cards are  
sent for donations of  
**\$18 or more.**

## **(RB) RUTH & STANLEY BARLIN BAR/BAT MITZVAH**

### **In Memory of:**

Mother-in-Law, Judith  
Mother, Ida Gittelman  
Father, David Gittelman  
*Florence Feldman*

## **(FI) PHYLLIS BROAD & BELLA FINGERETT ISRAEL TRIPS/ SCHOLARSHIP FUND**

### **In Memory of:**

Mother, Phyllis Broad  
*Sherri Bloch*  
*Amy & Robert Direnfeld*  
*Judy & Phillip Sanfield*

Father, Harry  
*Ted Direnfeld*

Sister, Sherril Sussman  
*Sue Ross*

Phyllis Broad  
*Marty Johnston*  
*Arlene Tuller*

### **In Honor of:**

Rabbi Simcha Cohen's Educator  
Award from Epstein Hebrew  
Academy

*Amy & Robert Direnfeld*

Adina Artzi's Engagement  
*Amy & Robert Direnfeld*

Sherri & Rabbi Ari Bloch's Recent  
Grandchildren  
*Arlene Tuller*

## **(BR) RABBI MARCUS BREGER- ADULT STUDIES FUND**

### **In Memory of:**

Grandfather, Isaac  
*Arlene Leaf*

## **(CR) CAMP RAMAH FUND HONORING: BEA & JAMES COLE,**

## **SES & MAURICE COHEN, JOSEPH KALL AND MARJORIE & ARCHIE MENDELSON**

### **In Memory of:**

Father, Harry Rachman  
*Linda Silverman*

Joni Belzer  
*Rochelle Pozner*

### **In Honor of:**

Adina Artzi's Engagement  
*Billie & Boris Kozolchyk*

## **(CD) CANTORIAL SOLOIST NICHOLE CHORNY DISCRETIONARY FUND**

### **In Memory of:**

Mother, Phyllis Becker  
Father, Burt Becker  
*Amy & Adam Platizky*

Mother, Lillian Goldwyn  
*Joyce Becker*

Father-in-Law, Lou Pacifici  
*Lois Bodin*

Mother, Charlotte  
Father, Kurt Henry Weisz  
*Dan Weisz*

Phil Tygiel  
*Sandra Rothschild*

### **In Honor of:**

Our 60th Wedding Anniversary  
*Barbara & Mel Brodie*

Adina Artzi's Engagement  
*Judy & Chuck Schultz*

### **In Appreciation of:**

Lois Bodin  
Terri Cohen  
Marsha Rosenblum  
Lisa Ungar & Bob Fridrich  
*Margo & Ron Gray*

## **(CG) CONGREGATIONAL FUND**

### **In Memory of:**

Mother, Clara Blody  
*Trudy Schwartz*

Mother, Frieda  
*Hedy Feuer*

Mother, Dorothy Hinds  
*Adrienne Enzer*

Mother, Sally Julian  
*Peggy & Richard Langert*

Father, Robert

*Allen Bergman*

Father, Sam  
*Gloria Hirsch*  
Father, Elmer Goldwyn  
*Joyce Becker*

Father, David Larrabee  
*Adeline Horst*

Father, Charles Segall  
*Sandra Rothschild*

Father, Gerhart  
*Ole Thienhaus*

Our Parents & Grandparents  
*Mindy & Fred Hirsh*

Father-in-Law, Harry  
*Lois Bodin*

Wife, Marsha  
*Allen Gordon*

Husband, Allan  
*Lisa Grabell*

Husband, Charles Whitehill  
*Benita Silvyn*

Aunt, June Bennett  
*Adrienne Reilly*

Aunt, Ina Lichtenstein Brahms  
*Barbara Stern Mannlein*

William "Bill" Becker  
Dr. Norman "Jim" Gould  
*Rachel & Jonathan Green*  
*Barbara Stern Mannlein*

Shirley Elpern Goldberg  
Debra Merlino, Sister of  
Abby Rosen  
*Rachel & Jonathan Green*

Harvey Jurkowitz  
*Marjorie & George  
Cunningham*

Jerry Lapin  
*Johanna & Bob Barr*

Ethel Silverman  
*Emlee Silverman*

Phil Tygiel  
*Nancy & Michael Apsell*  
*Michael Boxer*  
*Rachel & Jonathan Green*  
*Marcelle & Leonard Joffe*

### **In Honor of:**

Lilliana Rose Kalish's Bat Mitzvah  
*Rachel & Jonathan Green*  
Adina Artzi's Engagement

*Rachel & Jonathan Green*  
*Ron Kolker*

Phyllis Lapin's Birthday  
*Lynn & Leonard Snyder*

### **In Appreciation of:**

In Appreciation of Mi Sheberach  
*Robyn Schwager*

All who helped me this past year  
*Evelyn Sigafus*

### **General Contributions:**

*Diane Dubose*

## **(RN) RABBI ROBERT EISEN DISCRETIONARY FUND**

### **In Memory of:**

Mother, Barbara Greenspan  
*Adrienne Reilly*

Mother, Yetta Lerner  
*Sandra Ross*

Husband, Sidney  
*Lorraine Helling*

Husband, Sidney  
*Sandra Lachter*

## **(LP) LYNNE FALKOW-STRAUSS PRESCHOOL FUND**

### **In Memory of:**

Mother, Jane Goldsmith  
*Barbara Schoenhals*

Mother, Charlotte Koff  
*Rowena Snyder*

Mother, Norma Jean Schoenhals  
*Dr. Michael Schoenhals*

Mother, Blanch Rubinstein  
Father, Louis Rubinstein

Husband, Jerry  
Brother, Mark Rubinstein  
*Beverly Pearl*

Father, Myers (Mike) Rosenbloom  
*Nessa Beren*

Father, Moe  
*Peter Beren*

Father, Samuel  
Brother, Joseph  
*Dr. Michael Cohen*

Father, David Stern  
*Ronnie Sebold*

Husband, Jon Owens  
*Joy Peskin*

## **(EO) GENERAL ENDOWMENT FUND**



# CONGREGATION ANSHEI ISRAEL DONATIONS

**In Memory of:**

Phil Tygiel  
Marta & Steve Ketchel

**(GT) GILO B'NAI MITZVAH TWINNING FUND**

**General Contributions:**

Jane Poliakoff  
Brina Grusin

**(KD) KIDDUSH FUND**

**In Memory of:**

Mother, Sarah bat Nachum v'Sima  
Ziva Mason

Grandmother, Anna Goldin  
Grandfather, William Goldin  
Barbara Snyder

**(ED) EXECUTIVE DIRECTOR DEBRA LYTLE DISCRETIONARY FUND**

**In Memory of:**

Mother, Sarah bat Nachum v'Sima  
Ziva Mason

Mother, Natalie  
Thomas Newman

**(RM) RABBI SARA METZ DISCRETIONARY FUND**

**In Memory of:**

Mother, Sara Koff  
Sharon Klein  
Mother, Kitty  
Gila Saks

Mother, Lorainne  
James Whitehill

Husband, Dr. Terrence Moriarty  
Dawn Steinberg

Bill Becker  
Sharon & Fred Klein

Deanna Massey  
Judy Fishman

**In Honor of:**

The People of Israel  
Caroline & Jonathan Bass

**In Appreciation of:**

Rabbi Metz  
Agron & Graninger Families

**(OE) RABBI ARTHUR OLEISKY EDUCATION & YOUTH FUND**

**In Memory of:**

Mother, Shirley Goodman  
Elaine Fagan

Father, Charles  
James Whitehill

Grandmother, Regina Wilf  
Philis Gold

Wife, Frieda  
Hon. Stanley Feldman

Husband, Paul  
Bridget Ash

**(CGPK) PRESCHOOL FUND**

**In Memory of:**

Mother, Roselyn Dumes  
Patricia Zarin

Husband, Gideon  
Florence Feldman

**General Contributions:**

Tara Rathner

**(PB) PRAYER BOOK & RITUAL OBJECTS FUND**

**In Memory of:**

Mother, Marilyn Roth  
Bettie Baker

Mother, Tessie  
Father, Israel  
Murray Baker

**(SG) ABNER SEGAL LANDSCAPE FUND**

**In Memory of:**

Father, Abner Segal  
Barbara Goldberg

**(SR) NORMAN SHAPIRO RELIGIOUS SCHOOL FUND**

**In Memory of:**

Grandfather, Abe Rickles  
Philis Gold

Brother, Barry  
Gloria Hirsch

Deanna Massey  
Deanna's Mahjongg Group  
- Judy Silverman, Lila Tevik,  
Felicia Ettinger, Sandi  
Rabrich, Molly Hardman,  
Bronwyn Turner, Cathy  
Bukovic

**(TO) TORAH READERS FUND**

**In Memory of:**

Father, Samuel  
Dr. William Pearlman

**(CGUY) U.S.Y. TEEN FUND**

**In Memory of:**

Mother, Joan Kleinman  
Monique Mensch

Father, Jacob  
Howard Brody

Phil Tygiel  
Sarah & Leonard Schultz

**(CGRS) B'YAHAD-RELIGIOUS SCHOOL FUND**

**In Memory of:**

Mother, Rose  
Cynthia Ann Schiesel  
Phil Tygiel  
Chaya Jurkowitz

**General Contributions:**

Almas Yusufova

**(UE) USY SHAOL POZEZ FUND**

**In Memory of:**

Step-Mother, Marilyn  
Thomas Reilly

**In Honor of:**

Adina Artzi's Engagement  
Robin & Mitch Pozez

**(UY) LINDA ROY USY FUND**

**In Memory of:**

Mother, Annette Elpern  
Husband, Marvin  
Sorale Fortman

Father, Isidore  
Judith Sonkin

Father-in-Law, Daniel Vertlieb  
Alan Zehngut

Sister, Rita Bleich  
Hon. Paul Smelkinson

Phil Tygiel  
Amy & Robert Direnfeld

**General Contributions:**

Amy & Robert Direnfeld

**Stay connected with us!**

- **Email Updates** (Sign up on our website Home page: [caiaz.org](http://caiaz.org))
- **Facebook** (CAI, Preschool, B'Yahad Religious School & USY)



**Some tips:**

- Sharing our Facebook posts allows more people to learn about us.
- When you comment on or like our Facebook posts, it puts our page on your friends' radars, expanding our audience.

**Congregation Anshei Israel is participating in the**



This raffle is unique because we sell tickets, and CAI keeps 100% of the money! By purchasing ticket(s), **YOU** can help raise much-needed funds for CAI and **YOU** could **win** a 2024 Jeep Wrangler Rubicon 4xe Plug-In Hybrid, airline tickets or cash!

**TICKETS: \$25 each or 5 for \$100**

at the Administrative Office Front Desk or [caiaz.org](http://caiaz.org) through November 29, 2024. (Drawing will be held Dec. 12, 2024.)

*Good luck, and thank you for supporting Congregation Anshei Israel!*



**Congregation Anshei Israel**  
**5550 East 5th Street**  
**Tucson, AZ 85711**  
**caiaz.org**

Nonprofit  
 Organization  
 U.S. POSTAGE  
**PAID**  
 Permit No. 333  
 Tucson, Arizona

**Address Service Requested**

**BOARD PRESIDENT**  
Jonathan Green

**PRESIDENT ELECT**  
Donna Saffioti

**VICE PRESIDENT**  
David Jeck

**SECRETARY/TREASURER**  
Joel Black

**IMMEDIATE PAST PRESIDENT**  
Evelyn Sigafus

**TRUSTEES**  
Sarah Artzi  
Michele Cassen  
Andy Douglas  
Ari Espinoza  
Richard Green  
Fred Hirsh  
Danielle Larcom  
Nancy Ozeri  
Joy Peskin  
Kala Phelps  
Teri Thienhaus

**LIFE TRUSTEES**  
David Ben-Asher  
Jane Kivel  
Steve Shenitzer  
Steve Spitzer

**HONORARY TRUSTEES**  
Alice & Paul Baker  
Vicki & Phillip Pepper  
Enid Zuckerman

**PAST PRESIDENTS COUNCIL CHAIR**  
Vicki Pepper

**PAST PRESIDENTS\***  
Dan Asia  
David Ben-Asher  
Phil Bregman  
Richard Fink  
Madeline Friedman  
Ron Gray  
Leonard Joffe  
Ronald Kolker  
Dan Jurkowitz  
Sandi Levkowitz  
Phillip Pepper  
Vicki Pepper  
David Polan  
Bobby Present  
Stephanie Roberts  
Steven Shenitzer  
Evelyn Sigafus  
Steve Spitzer

**\*A complete list of all Past Presidents can be found on our website.**

*Kolenu* is published bi-monthly September–August. The deadline for all submissions is the first day of the month prior to the publication month. Ad placement & editing of submissions at CAI's discretion. For more information, contact Nancy Auslander at (520) 745-5550, ext. 228, or [Communications@caiaz.org](mailto:Communications@caiaz.org)

## Women's League Gift Shop

*We have all your Judaica needs covered for the High Holy Days!*

Check out our selection of Shabbat, holiday & festival ritual items, mezuzzahs & kosher scrolls, jewelry, candles & candleholders, tallitot, kippot, and a huge variety of gifts for family & friends of all ages!

**Monday-Friday, 11am until 1pm**

**OR**

Shop securely online using your phone, tablet or computer.

Visit us online at [JudaicaTucson.com](http://JudaicaTucson.com)

**Sign up to volunteer in our gift shop!**

**Contact Evelyn at (520) 235-4826**

