



KOLENU

"Our Voice" The Newsletter of Congregation Anshei Israel

July/August 2024 • Sivan/Tammuz/Av 5784

Volume 76 Number 6

Keep calm and stay cool!



CONTENTS

Adult Education	5	Education	4
Anniversaries & Mazal Tov	16	Honorable "Menschens"	17
Candle Lighting Times	2	President's Message	3
Catching Up	10-15	Rabbi's Message	2
Coming Up	7-9	Services Online & In-Person	7
Condolences	17	Social Action	6
Donations	18-19		

INSERTS

Adult B'nai Mitzvah Class
 Book of Remembrance Submission Form
 Honey Order Form

Lulav/Etrog Set Order Form
 Red Cross Blood Drive
 Tree of Life - *Etz Chayim* Order Form

KOLENU • קולנו

"Our Voice"

The Newsletter of Congregation Anshei Israel

Congregation Anshei Israel

A Conservative Synagogue and Proud Member of USCJ



5550 East 5th Street • Tucson AZ 85711
(520) 745-5550 • fax (520) 745-9058

caiaz.org

MISSION STATEMENT

Congregation Anshei Israel shall serve as a source of spiritual, educational, and social enrichment in order to encourage and ensure Judaic values in accordance with the Principles of Conservative Judaism.

CLERGY & STAFF INFORMATION

Rabbi • Sara Metz

Ext. 230 • RabbiMetz@caiaz.org

Rabbi Emeritus • Robert J. Eisen

Rabbi.Eisen.AZ@gmail.com

Rabbi Emeritus • Arthur Oleisky, z"l

Cantorial Soloist, and Education & Youth

Director • Nichole Chorny

Ext. 227 • CantorialSoloist@caiaz.org

Executive Director • Debra Lytle

Ext. 242 • ExecDir@caiaz.org

Early Childhood Director • Allison Wetzel

Ext. 229 • ECDirector@caiaz.org

Controller • Lanette Garnett

Ext. 223 • Controller@caiaz.org

Communications • Nancy Auslander

Ext. 228 • Communications@caiaz.org

Education Assistant • Kim Miller

Ext. 224 • EdAsst@caiaz.org

Executive Assistant • Amber Page

Ext. 225 • ExecAssist@caiaz.org

Front Desk • Marty Johnston

Ext. 200 • Receptionist@caiaz.org

Please visit our website caiaz.org and check your email for the most up-to-date information.



Instagram

Shalom!

FROM RABBI METZ

The rabbis of the Talmud (*Kiddushin 40*) debate whether study or practice is more important. Jewish tradition holds learning as an extremely high value, yet in Jewish tradition, it is our actions, rather than beliefs that hold greater consequence. So, the rabbis debate: Is study greater, or practice? Rabbi Tarfon answered, saying: "Practice is greater." Rabbi Akiva answered saying: "Study is great, for it leads to practice." Then they all agreed and said: "Study is greater, for it leads to action."



The rabbis understand that it is not inherent that learning is better than doing. Rather, it is when the learning leads to doing that the learning is greater.

With this lesson in mind, we are very excited to invite you to participate in our Adult Learning B'nai Mitzvah program. This is a class for those who did not have a Bar or Bat Mitzvah as a child, as well as those who would like to learn more to do more! The class will culminate with a Shabbat service led by the class participants. Class topics will include the meanings of prayers, how to say them, Hebrew reading, tropes, and Torah study.

Please let us know you are interested in joining this cohort by emailing me at RabbiMetz@caiaz.org. Let your learning lead to action!

In addition, beginning on Saturday, September 14, 2024, we will hold our inaugural Lunch and Learn on the second Shabbat of every month. These learning sessions will center on YOU – we all have something to offer – you get to pick what you'd like to share!

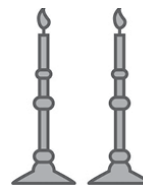
Here's how Lunch and Learn works: The second Saturday of each month we will have a community member teach about any subject they find interesting, and will be of interest to others. Often this could be related to a special expertise or a passionate interest the person may have – professionally or otherwise. Please feel free to reach out to our Adult Education chair, Ole Thienhaus, thienhaus@gmail.com or Rabbi Metz, RabbiMetz@caiaz.org with any questions. You can also sign up online – watch your email for the link.

B'Shalom,

Rabbi Sara Metz
(520) 745-5550 ext. 230
RabbiMetz@caiaz.org

Candle Lighting Times July/August 2024

July	
July 5	7:16pm
July 12	7:14pm
July 19	7:11pm
July 26	7:07pm



August	
August 2	7:01pm
August 9	6:55pm
August 16	6:48pm
August 23	6:40pm
August 30	6:31pm



Know Someone New to Tucson?

If you know someone new to the Tucson community who you believe would be interested in learning about CAI, please call Debra Lytle at (520) 745-5550, ext. 242, so we can speak to them about all of the many religious, spiritual, educational, and communal opportunities the synagogue has to offer!

FROM THE PRESIDENT



As I lead into my second year as president of Anshei Israel, I had the pleasure of celebrating the 45th anniversary of my Bar Mitzvah on the first weekend of June. I did so by reciting my *haftorah* for the first time at Anshei Israel. My original Bar Mitzvah was celebrated in Tyler, Texas where I grew up in a small Jewish community. While these communities differ in many ways, they are the same in the most important way: they are both warm, welcoming congregations. I certainly felt that following my *haftorah* and I feel it often as I serve as the President of this organization.

This second year provides me the opportunity to continue to share this warm atmosphere with all of our existing members as well as the new ones who will join us. My wishes for this second year are that as many of you as possible engage with the synagogue in some new way, as I did with my *haftorah* reading. For those of you that do, I feel certain that you will feel a gratification that is greater than your "normal" shul feeling.

May you all survive the summer heat, whether that is here in Tucson or wherever you spend the summer. Don't forget your membership renewal so that we can all continue to be integral parts of the Congregation Anshei Israel atmosphere.

B'Shalom,
Jonathan Green
JIGreen722@hotmail.com

Tree of Life - Etz Chayim

Todah Rabah to the following for purchasing leaves for our Tree of Life!



- Sue Roe, in loving memory of Abraham & Yetta Barr
- April Glatt & Family, in honor of the BEST Mom & Nana, Naomi Spitzer.

Congregation Anshei Israel is participating in the



This raffle is unique because we sell tickets, and CAI keeps 100% of the money! By purchasing ticket(s), **YOU** can help raise much-needed funds for CAI and **YOU** could **win** a 2024 Jeep Wrangler Rubicon 4xe Plug-In Hybrid, airline tickets or cash!

TICKETS: \$25 each or 5 for \$100

at the Administrative Office Front Desk or caiaz.org through November 29, 2024. (Drawing will be held Dec. 12, 2024.)

Good luck, and thank you for supporting Congregation Anshei Israel!

Renew Your Membership for High Holy Day Tickets

Our synagogue is more than just a building. We are a spiritual, educational and social community, and we were excited to bring most of these programs and services back onto our campus this year while maintaining a hybrid atmosphere to be as inclusive as possible to all of our members. We've gotten rave reviews after bringing back our beloved Shabbat dinners, and programs like *Shabbat Sovev*, which we embrace in the Rabbi Eisen Beit Midrash.

Now is the time that we must continue to plan for our future. Our new fiscal year began July 1, 2024. We are anticipating a great year with even more programming to bring meaningful spiritual services, social activities and learning opportunities to our community in the coming year.

We thank all our wonderful members & volunteers who enable everything we do, and want to remind you to **return your membership renewal materials**. Thank you again for your continued commitment to and support of Congregation Anshei Israel! **Your generosity assures that no one is ever turned away from our congregation due to an inability to pay.**

TUCSON
HEBREW
ACADEMY



Enriching experiences. A lifetime of value.

Now
Enrolling!

PROUD TO BE
TUCSON'S
PREMIER
JEWISH DAY
SCHOOL

SCHEDULE YOUR TOUR TODAY!

3888 E RIVER RD TUCSON AZ

520-529-3888

WWW.THAAZ.ORG



EDUCATION

Preschool



On June 1st, I celebrated my first full year as the Early Childhood Director at the preschool, and what a wonderful journey it has been! I feel incredibly fortunate for this opportunity and am grateful for how much I have learned and grown along the way. This year has been filled with memorable highlights, including, but definitely not limited to: our preschool Welcome Back party, replanting and harvesting the school garden, Pjs and Pizza in the Sukkah event for Sukkot, the Chanukkah and Purim celebrations, Family Breakfast with zoo guests, Tot Shabbat services, the More than a Bed Drive, and the Model Seder. It has been a busy and exciting year.

Our Summer STEAM Camp (Science, Technology, Engineering, Arts & Math) is off to a fantastic start and the children have really been enjoying their STEM learning and challenges, along with art class with Miss Julie! Check out our Facebook page to see pictures of all the fun!

In other exciting news, the Congregation recently received a generous grant award from Jewish Philanthropies of Southern Arizona for the advancement of our social and emotional education. This grant will provide funding for our preschool and religious school staff to be trained in a new social-emotional curriculum, add new multi-sensory musical instruments to our playground, and create a new C.A.R.E.S. Room. C.A.R.E.S. stands for Calm Atmosphere for Regulating Emotions and Sensory needs. It will be a serene space for those students who may need a safe, quiet place to meet their sensory and/or emotional needs. This program and sensory regulation space will be an incredible asset for our community!

Reflecting on this incredible first year, I am filled with gratitude and excitement for the wonderful moments we've shared and eagerly look forward to the adventures that lie ahead. I am committed to continuing our journey of growth and creating even more enriching experiences for our children and their families.

B'Shalom,

Allison Wetzel

Early Childhood Director

(520) 745-5550 ext. 229

ECDirector@caiaz.org

PARKING LOT UPDATE

Thank you to Sunrise Asphalt Company, and a big *Todah Rabah* to Les & Eli Silberman for assisting with installation of parking blocks throughout our northern lots. Please use caution when using our lots!



B'Yahad and USY

We are busy with preparations for a wonderful Fall for B'Yahad and USY as we prepare curriculum & materials for the year and exciting opening programs! If you have not yet registered for B'Yahad or USY for the 2024-25 school year, be sure to do so now. Registration forms can be found on our website.



B'Yahad classes resume on **August 25**, followed immediately by the first day of **Kadima** (4th-6th grades). This year we will once again be separating our Junior USY (7th-8th grades) and our Senior USY (9th-12th grades) to meet for separate lounges/programs each month. **Junior USY** will meet once a month on Sundays after B'Yahad, starting on **September 15**. **Senior USY** will continue to meet on Saturday evenings, starting on **September 14**.



We are thrilled to announce our Annual Midbar Turnaround Trip for 7th-12th grade Junior & Senior USYers over Labor Day weekend: this year we will be meeting up with USYers from Phoenix, Nevada, and California in DISNEYLAND! **We are offering a special \$200 scholarship to all USYers who register for 2024-25 USY by JULY 31.** After that, we will continue to offer a \$100 scholarship for ALL USYers for this kick-off program. You can find registration for USY on our website, and sign-up for Disneyland will be sent out via email. As a reminder, Junior USY registration is included in B'Yahad registration for 7th & 8th grade students, so there is no need to do the extra registration.

Be sure to also join us for our **Welcome Back Tot Shabbat Service & Dinner** on **Friday, August 9** and our **Welcome Back Family Service & Dinner** on **Friday, August 16!** Watch your email for details about the start of the 2024-25 school year. We look forward to a wonderful year of learning and being together!

B'Shalom,

Nichole Chorny

Cantorial Soloist and Education & Youth Director

(520) 745-5550 ext. 227

CantorialSoloist@caiaz.org

Do you like to sing? We want to hear from you!



High Holy Days Youth Choir

Sunday, September 8

12:15pm • Classroom 2

As in previous years, students who enjoy singing will be participating in High Holy Days services as our Youth Choir. All students between the ages of 13-18 are encouraged to participate! Come and sing with us!

To RSVP for the rehearsal or for more information, contact Cantorial Soloist Nichole Chorny at 745-5550, ext. 227 or CantorialSoloist@caiaz.org

ADULT EDUCATION



Adult B'nai Mitzvah Class 1st Session August 4, 9:45am

Join our Adult B'nai Mitzvah Cohort starting in August 2024 for a journey of Jewish self-exploration and a deeper understanding of your religion.

Did you miss out on celebrating becoming Bar/Bat Mitzvah as a child? Have you chosen to become Jewish and are looking for your next learning opportunity? Are you interested in studying Judaism's basic tenets and gaining skills to participate in services? It is never too late to own your Judaism!

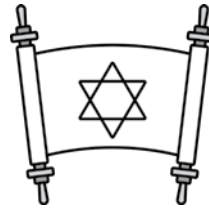
In this year-long course, we will engage in a wide variety of Jewish topics including: prayer (both meaning and how to participate in services), Hebrew, Torah, theology and more. No previous knowledge required - come as you are, and we will all move forward together!

Our experience will conclude in the spring with a B'nai Mitzvah ceremony on Saturday, May 17, 2025, where each person will participate in a Shabbat morning service in a way that is meaningful to them, reaffirming their commitment to the Jewish people, and celebrating with our community.

The course will begin on August 4, 2024 and will meet each week on Sundays with Rabbi Metz or Nichole Chorny (times will vary between morning and afternoon). Class syllabus and schedule will be given out at the first class session.

\$180/person*
Scan QR code to register
or visit caiaz.org

*Contact Rabbi Metz for scholarship Info



All Things Jewish Monthly Discussion Group with Adrienne O'Hare

1st Wednesdays through July 2025!
at 6:30pm on Zoom

Join us for a *bissel* inspiration, a couple of jokes, and definitely FUN while we discuss All Things Jewish. In our time together, we will explore all aspects of Judaism and Jewish life — from food to history to beliefs and practices.

The group is geared toward people of all backgrounds and levels of knowledge. Learn more about your Jewish heritage!

Check your email for details and link to register.

Online Weekday Torah Study Group



Led by Rabbi Metz, this informal study group can lead to lively discussion. Held Thursdays on Zoom, 12:00-1:00pm.

Bring your Bible and desire to learn together.

Study materials can be found at caiaz.org/resources

Check your email for details and Zoom link.

Lunch is on us each month at Shabbat Lunch & Learn

Join us for a delicious lunch,
learn about a variety of topics related to aging,
and take home a Shabbat dinner!

Once a month on Fridays at Handmaker, beginning at 11:30am

- **Friday, July 12, 2024** - Computer and Mobile Phone Basics with Waylon Reinhard and MeMe Aguila of We Care Tucson.
- **Friday, September 13, 2024** - Aging and Sage-ing, with Rabbi Stephanie Aaron of Congregation Chaverim.

There is no cost to attend, but reservations are required.

For more information or to RSVP contact Nanci Levy at 520-322-3632.

This program was funded by a grant from the Jewish Community Foundation of Southern Arizona.



SOCIAL ACTION

Preschool's More Than A Bed Drive - April 12, 2024



THE ONLY NAME FOR REAL ESTATE

Madeline



MULTI-GENERATION HOUSE

\$515,000

4 bedroom, 4 bath home with 2 master bedroom suites! One is on main floor. Gated foothills community minutes from Sabino Canyon. Light and bright kitchen with all new appliances.

MADELINE FRIEDMAN
VICE PRESIDENT, ABR, CRS, GRI
520.907.4141
WWW.TUCSONAZHOMES.COM
TUCSONHOMEFINDER@AOL.COM



American Red Cross

Red Cross Blood Drive

Sunday, August 18, 2024

9:00am-2:00pm

Cantor Falkow Lounge

By appointment only

For more information
or to schedule an appointment,
please contact Fran Stoler at
FranStoler@gmail.com
or call the American Red Cross at
1-800-733-2767
or visit redcrossblood.org and use
Sponsor Code: **Anshei**

See insert for details.

Chesed "Caring" Committee



Did you know that every congregant is a member of the *Chesed* "Caring" Committee, the largest committee at Congregation Anshei Israel?!

Chesed means loving-kindness, grace, helping each other. We exist to help our members in times of need.

Please feel free to contact me.
Jane Poliakoff, Chesed Committee Chair,
JMPoliakoff@gmail.com

COMING UP

Daily & Weekly Services

Join us online for daily prayer services!

Morning Minyan Service on Zoom

8:00am Sunday • 7:30am Monday-Thursday

HYBRID Morning Minyan Fridays at 7:30am

In-person in the Rabbi Eisen Beit Midrash
& on Zoom, followed by a light breakfast

Evening Minyan Service on Zoom

5:30pm Sunday-Thursday

Please check your email for any scheduling changes.

Shabbat Services

Kabbalat Shabbat Service*

5:45pm Friday

Zoom Only - July 5, 12, 19, 26; August 9, 23, 30

Hybrid (*Shabbat Sovev & Family Shabbat*)
August 2 & 16

Tot Shabbat - August 9 (*in-person only*)

***Subject to change - check your email for details**

Shabbat Morning Services

9:30am Saturdays

Summer Shul

in the Rabbi Eisen Beit Midrash

June 22-August 3

In-person & online on Zoom

Shabbat Sovev
שבת סובב

Welcome Back Shabbat Sovev

**Fridays, August 2 & September 6
at 5:45pm**

in the Rabbi Eisen Beit Midrash

Dinner at approximately 7:00pm

Join us for a spiritually moving Kabbalat Shabbat Service full
of community and new melodies sung to traditional liturgy.

After the service, join us for a chicken dinner with
vegetarian option.

RSVP and payment for dinner required
no later than **July 30 & September 3.**

Pricing & RSVP at caiaz.org



Welcome Back Family Shabbat Service & Dinner

Friday, August 16

Family Shabbat Service at 5:45pm

With Rabbi Metz and Cantorial Soloist Nichole
Chorny in the Rabbi Eisen Beit Midrash and on Zoom
(approximately 1 hour)

Followed by a chicken dinner with vegetarian option.

RSVP and payment for dinner required
no later than **August 13**

Scan QR Code for pricing & RSVP
for dinner or visit caiaz.org



Welcome Back Tot Shabbat Service & Dinner

Friday, August 9 at 5:45pm

Join Rabbi Metz and Cantorial Soloist Nichole
Chorny in the Rabbi Eisen Beit Midrash for this
tot-friendly service, followed by a dairy dinner
at approximately 6:15pm.

RSVP & payment for dinner required
no later than **August 6**

Scan QR Code for pricing & RSVP
for dinner or visit caiaz.org



COMING UP

SHIV'A ASAR B'TAMMUZ

The 17th of *Tammuz* is observed as a fast commemorating the breaking down of the wall of Jerusalem by Nebuchadnezzar and the cessation of Temple worship during the siege of Titus. It ushers in the three weeks of mourning which end with *Tisha B'Av*, the fast of the ninth day of *Av*. The three weeks between *Shiv'a Asar B'Tammuz* and *Tisha B'Av* are referred to as “between the straits,” a phrase borrowed from Lamentations 1:3. The Mishnah mentions five misfortunes that befell the Jewish people on the 17th of *Tammuz* and five on the ninth of *Av* (*Ta'Anit* 4:6). The three weeks are concluded with the so-called Nine Days, from the first to the ninth of *Av*, during which the mourning is intensified until *Tisha B'Av* itself — the saddest day of the Jewish year.

This year, the 17th of *Tammuz* is observed on Tuesday, July 23 with minyan at 7:30am and 12:30pm.

SHABBAT HAZON AND SHABBAT NAHAMU

The Sabbaths surrounding the Ninth of *Av* carry a clear message relating to the holiday. The prophetic readings for the three weeks preceding the holiday — the first two from Jeremiah and the third from Isaiah — are full of admonitions in preparation for this mournful time. Following *Tisha B'Av*, there are seven prophetic readings of consolation — all from Isaiah — providing comfort after this somber occasion and preparing the individual emotionally and spiritually for the upcoming High Holy Days. The Sabbaths that immediately precede and follow *Tisha B'Av* each have a special name reflecting the message of the respective *Haftarah* (prophetic reading).

The Sabbath immediately preceding the Ninth of *Av* is known as the Sabbath of Vision (*Hazon*) for the prophetic reading Isaiah 1:1-27. After recounting heinous transgressions, it offers the hope of reconciliation, which will come when the people “cease to do evil, learn to do good.” The Sabbath of Vision and *Shabbat Nahamu*, which provides words of consolation a week later, embrace *Tisha B'Av* from opposite sides, cushioning the blow of the day of destruction, allowing the mourners to go into it knowing there is salvation and emerge from it reassured that redemption will come. The entire portion [of *Shabbat Hazon*] may be chanted to the melody of *Eicha* (Lamentations); more appropriately, only the verses of admonition are rendered in the subdued chant.

The upswing of hope begun on the afternoon of *Tisha B'Av* continues on the following *Shabbat*. Called *Shabbat Nahamu* (Console) after the first line of the day's prophetic reading (*Nahamu, Nahamu Ami*, “Console, console my people ...”) (Isaiah 40:1-26), it is also the first of seven *Haftarot* of consolation, all drawn from the book of Isaiah, that deliver a message of comfort in the seven weeks following *Tisha B'Av* and lead us to the period of *Rosh Hashanah*.

This year, *Shabbat Hazon* falls on August 9 & 10;

***Shabbat Nahamu* falls on August 16 & 17.**

TISHA B'AV

A TIME TO MOURN

The ninth day of *Av*, mentioned in Zechariah 8:19 as the “Fast of the Fifth” month, commemorates such national calamities as the destruction of both Temples, the fall of Bar Kokhba's fortress, Bethar, and the expulsion from Spain in 1492. According to tradition, both the First and Second Temples were destroyed on the ninth of *Av*, the day referred to as predestined to misfortune. *Tisha B'Av* resembles *Yom Kippur* in its restrictions upon eating and bathing, maintained from sunset to sunset.

The three weeks between the 17th of *Tammuz* and the ninth of *Av* are observed by abstaining from all festivities and joyous celebrations. But when the month of *Av* has begun, all enjoyment should be reduced. It has long been the custom in Israel to eat no meat (except on the Sabbath) from the first day of *Av* until after the fast.

On the ninth of *Av*, when the Book of Lamentations and other dirges (*kinot*) are recited, before congregations seated on low stools as a sign of mourning, the curtain (*Parokhet*) is removed from the Ark (*Aron Ha-Kodesh*), and visits are made to cemeteries, in order to stress the sense of mourning. The morning service is recited without *tallit* or *tefillin*; these are worn during the *Mincha* service. The elegies known as *kinot* are descriptive, not only of the calamities connected with the destruction of Jerusalem, but also of the Jewish catastrophes that occurred in various lands of persecution.

This year, the Ninth of *Av* observance/fast begins on the evening of August 12 and continues through August 13.

TISHA B'AV SERVICE TIMES

Monday, August 12

Ma'ariv/Lamentations 7:15pm on Zoom

Tuesday, August 13

Shacharit..... 7:30am on Zoom

Mincha..... 12:30pm on Zoom

ROSH HODESH ELUL

The month of *Elul* (which immediately precedes *Rosh Hashanah*) is the time to prepare for the High Holy Days. Because these days are filled with so much meaning and potency, they require a special measure of readiness. At this service, we will greet the new month of *Elul* with anticipation of the beginning of a New Year, seeing it as an opportunity to begin to build our resolve to make the upcoming year of 5785 what we want and need it to be.

As is our custom, we will sound the Shofar (as is done on every weekday of *Elul*) for the first time at the conclusion of the service.

***Rosh Hodesh Elul* falls on September 3 & 4.**

Join us as we sound the *shofar* following services on Wednesday, September 4 at 7:30am.

Watch your email for details and links.

COMING UP



USY HONEY

Send honey to your family & friends to sweeten the New Year!

8 oz. jar of delicious Kosher 100% pure clover honey:

\$15 Each (jar includes a printed keepsake blessing)

Proceeds benefit CAI's United Synagogue Youth.

FREE shipping with orders placed by August 8. After August 8, shipping fees apply.

Delivery guaranteed in time for Rosh Hashanah when orders are placed by **September 12.**

TO ORDER:

Scan the QR Code to place your secure order online or visit caiaz.org



Yahrzeit Plaques

Yahrzeit plaques placed in the Congregation Anshei Israel Memorial Hall during the past year will be dedicated on *Shemini Atzeret*, Thursday, October 24.

To ensure their timely arrival for this year's dedication, orders for yahrzeit plaques must be placed **no later than JULY 26.**

Scan the QR Code to place your secure order online or visit caiaz.org



Plaques ordered after July 26, 2024 will be dedicated on Shemini Atzeret 5786 (October 14, 2025)

Shabbat Lunch & Learn

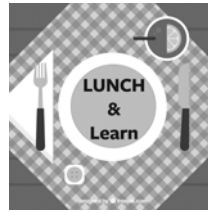
2nd Saturdays

After Shabbat Morning Services

1st Session

Saturday, September 14

(approximately 12:30pm)



Beginning this coming September, Congregation Anshei Israel will introduce a new monthly, educational event as a Lunch-and-Learn on Shabbat following Kiddush on the second Shabbat of every month.

The idea is that each month we will have a community member teach on a subject they find interesting and will be of interest to others. Often this could be related to a special expertise or a passionate interest the person may have – professionally or otherwise.

To register to lead a Lunch & Learn session, please scan the QR Code or visit caiaz.org. You'll be able to choose a date, as well as specify the topic you'd like to discuss.



If you still have additional questions, please feel free to reach out to our Adult Education chair, Ole Thienhaus, thienhaus@gmail.com or Rabbi Metz, RabbiMetz@caiaz.org

Calendar of Major Jewish Holidays 5785 (2024-25)

Holidays begin *the evening before* the day noted. Holidays noted in *italics* are holy days on which no work is permitted and absences from school or work should be excused.

Rosh Hashanah..... *Thur. & Fri., Oct. 3 & 4, 2024*
Yom Kippur..... *Sat., Oct. 12, 2024*
Sukkot (start)*Thur. & Fri., Oct. 17 & 18, 2024*
Shemini Atzeret..... *Thur., Oct. 24, 2024*
Simhat Torah*Fri., Oct. 25, 2024*
 Chanukkah *Thur., Dec. 26, 2024*
 Tu B'Shvat *Thur., Feb. 13, 2025*
 Purim*Fri., March 14, 2025*

Passover (start)... *Sun. & Mon., Apr. 13 & 14, 2025*
Passover (end)..... *Sat., & Sun., Apr. 19 & 20, 2025*
 Yom HaShoah *Thur., Apr. 24, 2025*
 Yom Ha'Atzmaut..... *Thur., May 1, 2025*
 Lag B'Omer..... *Fri., May 16, 2025*
Shavuot*Mon. & Tue., June 2 & 3, 2025*
 Tisha B'Av *Sun., Aug. 3, 2025*

CATCHING UP

MAZAL TOV TO OUR HIGH SCHOOL GRADUATES!

ABIGAIL CHERKIS

Abigail graduated from University High School and will be attending the University of Arizona in the Fall.

MARKUS GONZALES

Markus graduated from Marana High School. He will be going to The University of Idaho to study electrical engineering.

MICHAEL JURKOWITZ

Michael graduated from Rincon High School, and will be attending Pima Community College, after which he plans to transfer to the University of Arizona to major in mining engineering with a minor in music.

JARED MATHESON

Jared graduated from University High School as a Flinn Scholar and will be attending the University of Arizona as a biochemistry major next year in the Accelerated Pathway to Medical Education Program.

RYAN RUDNER

Ryan graduated from Catalina Foothills High School. He will be attending Syracuse University in the Honors Program, where he will be studying sports management.

JARROD SAFFIOTI

Jarrold graduated from Empire High School. He will be going to Northern Arizona University to get a BS in Electrical Engineering with a Minor in Computer Science. Next, he plans to join the Peace Corps, and then continue his higher education in electrical engineering.



We tried to contact all our families with graduating high school seniors. If we missed you, we apologize. If you would like to be included in further announcements, please let us know. Contact Nichole Chorny at CantorialSoloist@caiaz.org

Becoming a Bar/Bat Mitzvah

Milo Garrett Smith August 3, 2024



Milo is the son of Cori Moriarty Smith & Garrett Lloyd Smith, and is brother of Taryn Rose Smith. Milo's grandparents are Dawn Steinberg, Terrence Moriarty z"l, and Lenny Steinberg z"l, and Carol Smith and Lloyd A.W. Smith z"l. When Milo isn't attending Esperero Canyon Middle School, he enjoys playing basketball, playing the drums and video games, and cuddling his dog. For his Mitzvah project, Milo is collecting food and monetary donations for the Community Food Bank of Southern Arizona.

Zarek Miles Phelps August 17, 2024



Zarek is the son of Kala & Scott Phelps, and brother to Zaida Phelps. Zarek's grandparents are Lee Ann Keniston & Don Clause, and John Phelps. Zarek attends Rincon Vista Middle School, and enjoys playing viola, hiking, and history in his spare time. For his Mitzvah project, Zarek is collecting supplies for the Southern Arizona Humane Society.

Austin Jace Pendleton August 31, 2024



Austin is the son of Emily & Dustin Pendleton, and brother to Brayden, Caleb, and Kylie Pendleton. His grandparents are Sue & Ernie Shack, and Bonnie & Ed Pendleton. Austin attends Emily Gray Junior High, and enjoys track & field, playing video games, and games with family & friends. For his Mitzvah project, Austin will be providing children that are less fortunate an opportunity to be kids for a few hours by throwing them a free AZ Game Truck and pizza party.



Women's League needs your help!

Volunteering in our gift shop ensures that Women's League will have the proceeds to provide scholarships for our preschool and B'Yahad Religious School students in need.

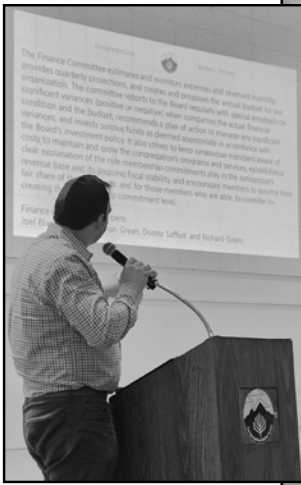
Please consider donating time to help run the best Judaica gift shop in Southern Arizona!

Please contact Evelyn Sigafus at ESigafus@aol.com for details.



CATCHING UP

Annual Meeting - May 20, 2024



CATCHING UP

B'Yahad Religious School - Chocolate Seder & Matzah Bake, April 14, 2024



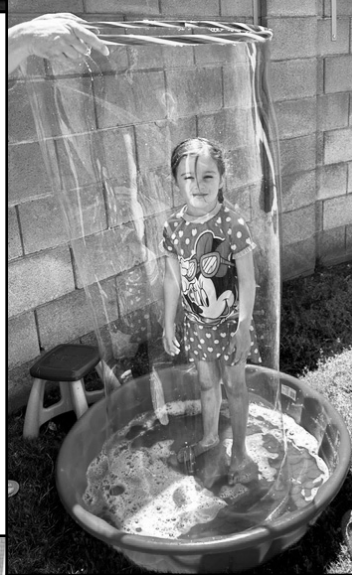
CATCHING UP

B'Yahad Religious School - Last Day, May 5, 2024



CATCHING UP

Preschool Water Play Day - May 8, 2024



CATCHING UP

Preschool Closing Program and Last Day - May 23, 2024



MAZAL TOV

Engagement



**Abigail Auslander
&
Stephen Walton
April 17, 2024**

*Abigail is the daughter of
Nancy & Steven Auslander*

*Stephen is the son of
Jane Jacobs*



July Anniversaries

Date	Years
2 Phyllis & Don Cohen	71
Nancy & Tidhar Ozeri	35
Stephanie & Spencer Roberts	35
3 Kathy Hays & Gerald Barkan	33
Janet & Stephen Seltzer	64
4 Judy & Cary Fishman	63
Elaine & Howard Fagan	53
7 Suzanne & Elliott Goldstein	61
9 Barbara & Sanford Selznick	24
14 Alayne & Bruce Greenberg	51
22 Sharon & Morris Barkan	41

August Anniversaries

Date	Years
2 Barbara & Michael Schoenhals	54
Rachel & Jonathan Green	32
Nichole & Joel Chorny	15
3 Myrna & James Frisch	49
Terri & David Polan	44
5 Susan & Steven Weisman	45
6 Karen Lazarow & Gilbert Sokal	18
7 Carole & Sylvain Sidi	53
Rebecca & Ronald Mann	36
9 Deanna Evenchik-Brav & Gary Brav	8
10 Jackie & Paul Hoffman	55
11 Ina & Gerson Goldberg Terry & Jerry Neuman	56
12 Margo & Ron Gray	51
14 Sara & Chuck Block	69
16 Joyce & Bill Becker	65
18 Felisa & Ruben Bien-Willner	51
20 Arlene & Richard Bluth	57
21 Brooke Rabe & Thomas Williams	14
23 Marjorie & George Cunningham	55
24 Bertie Levkowitz & Thomas Herz	19
25 Lyudmila Rytulina & Ilya Tepelboym	35
30 Eleanor & Don Jeck Susan & Richard Glass	60
Mirta & Alberto Bien-Willner	49
31 Holly & Steven Shenitzer	49
Alice & Joel Steinfeld	49

It Matters Who You See



Offering complete eye care, outpatient and laser vision correction surgery, and quality optical service.

Brock K. Bakewell, M.D., FACS
Jeff S. Maltzman, M.D., FACS
Brian A. Hunter, M.D., FACS
Michael D. Henry, M.D.
Richard Lewis, M.D.
Tatyana Sherman, D.O.
Andrew A. Huttenhoff, O.D.
Seanna V. From, O.D.



**Fishkind, Bakewell,
Maltzman, Hunter
& Associates**
Eye Care & Surgery Center

5599 N. Oracle Rd. / 10425 N. Oracle Rd., Suite 135

eyestucson.com **520-293-6740**

**Thank you to our
Friday Morning
Minyan Breakfast
Sponsors:**

**Irvin Belzer
Ari Espinoza
Joy Peskin**

*Make sure to join us
in person on Fridays
at 7:30am in the
Rabbi Eisen Beit
Midrash!*

A FREE Senior Placement Service

Assisted Living, Memory Care, Independent Living



SERENITY (520) 520-991-0151
SENIOR SERVICES OR (520) 301-4455



YVONNE ACUNA • DANNY KLEIN

Over 40 years healthcare industry experience!
info@serenityss.com • www.serenityss.com

Interfaith Families Welcome



Image: vecteezy.com

CAI welcomes all interfaith families and encourages them to participate in as much synagogue life as they choose within the framework of Conservative Judaism. For more information, visit caiaz.org/resources as part of CAI's "Myths vs. Facts" program.

Honorable "Menschens"

Todah Rabah to:

B'Yahad Chocolate Seder Volunteers

Marcy Friedman
Miriam Geoffrey
Heather & Mike Gordon
Beth McGinnis
Emily & Dustin Pendleton
Brooke Rabe
Hollie Rotenberg
Jerel Slaughter
Tom Williams
Nadia & Brett Zanger

B'Yahad Matzah Bake

Fay Green
Gabbaim
Lois Bodin
Michele Cassen
Phil Bregman
Ari Espinoza
Ron Gray
Rosie Kahn
Vicki Pepper
Steve Singer

Kolenu Proofreaders

Donna Saffioti
Judy Schultz
Evelyn Sigafus
Teri Thienhaus

If we missed you, we apologize. If you would like to be included in further announcements, please let us know.



Thank you to our "Yad Squad"

(Those who read Torah and Haftarah in April & May)

Charles Blitzer
Ari Espinoza
Hillary Goldstein
Jonathan Green
Richard Green
Adeline Horst
Mike Jacobson

Ziva Mason
Phillip Pepper
Joy Peskin
Gregg Pollack
Leonard Schultz
Steve Seltzer
Teri Thienhaus



Thank you to the following congregants for sponsoring our Kiddushes

- Sharon & Mo Barkan, in honor of Sharon's special birthday
- Hyla & Gary Windham, in honor of Hyla's 40th Bat Mitzvah anniversary
- Fay Green in honor of Jonathan's 45th Bar Mitzvah anniversary
- Alene & Bryan Schwartz and Marci & Allen Davis, in honor of Lilliana becoming a Bat Mitzvah
- Linda Silverman, in memory of beloved husband, Shelby

Please contact Debra Lytle at ExecDir@caiaz.org to reserve a date to sponsor Kiddush.

Condolences

המקום ינחם אתכם

The congregation mourns the loss of our members:

Philip Tygiel

Our condolences to these members who mourn the loss of their loved ones:

Susan Wortman (Jack Pinnas), brother-in-law
Dr. Norman "Jim" Gould

May the Author of Life Comfort the Mourners

Memorial Plaques have been installed for

Arthur Solomon

William Edmund Douglas

Leonard Steinberg

Anshei Israel Memorial Hall

Installation of a memorial plaque is a beautiful way to perpetuate the memory of a loved one. Each year on the anniversary of your loved one's death, the synagogue will send you a reminder of the Yahrzeit and light the light adjacent to their memorial plaque. Call Debra at (520) 745-5550, ext. 242, to make arrangements or if you wish to reserve a space for the future.

Dealing with Grief and Loss?



Are you having difficulty dealing with grief and loss? Perhaps it would be helpful to talk with a trained counselor. A synagogue volunteer would be happy to speak with you confidentially.

Please call Norma Karp at (520) 299-3382.

Share your Simcha! Become a Kiddush sponsor!

Sponsorships will be acknowledged in eblasts, during services, and in the Kolenu.

If you are able to support us, please email Debra Lytle at ExecDir@caiaz.org

CONGREGATION ANSHEI ISRAEL DONATIONS

Donations made to Anshei Israel Funds enable our Synagogue to continue to carry out its work, thereby better serving our members. Please consider making a donation in honor of a relative or friend who may be celebrating a simcha or in memory of a loved one. This list reflects those donations made after the last issue's publication date. Todah Rabah to all.

Our Donation Form

is at the Front Desk
in the Administrative Office

AND

at caiaz.org

Notification cards are
sent for donations of
\$18 or more.

(FI) PHYLLIS BROAD & BELLA FINGERETT ISRAEL TRIPS/ SCHOLARSHIP FUND

In Memory of:

Grandmother, Laura Faudman
Emlee Silverman

Dolores Blumen
Sharon & Richard Walton

Tzadik Greenberg
Cynthia Silverberg
Amy & Robert Direnfeld

(BR) RABBI MARCUS BREGER-ADULT STUDIES FUND

In Memory of:

Mother, Anna
Charles Block

Mother, Jeannette
Arlene Leaf

(CR) CAMP RAMAH FUND HONORING: BEA & JAMES COLE, SES & MAURICE COHEN, JOSEPH KALL AND MARJORIE & ARCHIE MENDELSON

In Memory of:

Mother, Marcia
Barbara Burstein

Tzadik Greenberg
Billie & Boris Kozolchyk

(CD) CANTORIAL SOLOIST NICHOLE CHORNY DISCRETIONARY FUND

In Memory of:

Father, Stanley Rosen
Robin & Scott Rudin

Harvey Jurkowitz
Hedy Feuer
Shawn & Aaron Hellman
Sandy & Jim Rothschild

Tzadik Greenberg
Sandy & Jim Rothschild

Cynthia Silverberg
Joyce & Bill Becker

In Honor of:

Nichole Chorny
Anonymous

Alice & Paul Baker's 59th
Wedding Anniversary

Rachel & Joel Black's 10th
Wedding Anniversary

Tracy & David Jeck's 17th
Wedding Anniversary

Sharon & Fred Klein's 53rd
Wedding Anniversary

Debra Oseran & Bobby Present's
33rd Wedding Anniversary

Naomi & Steve Spitzer's 60th
Wedding Anniversary
Joyce & Bill Becker

In Appreciation of:

Nichole Chorny
Chaya Jurkowitz

(CG) CONGREGATIONAL FUND

In Memory of:

Mother, Rae Canterman

Father, Samuel Canterman

Sister, Ann Mallinger

Sister-in-Law, Dorothy Herman

Brother-in-Law, Isadore Simon
Sandra Simon

Mother, Ann Gilman
Jane Kivel

Mother, Rita Kusman
Marcelle Joffe

Mother, Sophie

Father, Samuel
Stan Lehman

Mother, Rose Lichter
Louise Solomon

Mother-in-Law, Lillian Weich

Father-in-Law, Aaron Weich
Ron Kolker

Father, Albert Baker
Sandra Adler

Father, Charles
Peter Monheit

Aunt, Hayah Moskovitz
Rosie Kahn

Dolores Blumen
Rachel & Jonathan Green

Tzadik Greenberg
Rachel & Jonathan Green

Lorraine Hellring
Marcelle & Leonard Joffe

Lisa & Dan Jurkowitz

Ronald Kolker

Evelyn Sigafus

Harvey Jurkowitz

Anonymous

Nancy Ben-Asher Ozeri

Lois & David Goldman

Linda & Jay Gorsky

Rachel & Jonathan Green

Mindy & Fred Hirsh

Sherri Kamensky

Joan & Andre Klein

Carmel &

Rabbi Morton Levine

Jane Poliakoff

Lori & Jon Taniguchi

Jerry Lapin

Rachel & Jonathan Green

Linda Lefton

Elliott Heiman

Rachel & Jonathan Green

Cyla Rottenstein

Anonymous

Cynthia Silverberg

Judy, Kim, and Kelly Cooper

Cynthia & Dan Feig

Rachel & Jonathan Green

Ron Kolker

Evelyn Sigafus

Philip Tygiel

Rachel & Jonathan Green

In Honor of:

Abigail Auslander's Engagement

Linda Gorsky

Marsha Rosenblum

Marsha & Charles Blitzer

Evelyn Sigafus' Birthday

Gloria Hirsch

In honor of Purim

Almas Yusufova

Speedy Recovery of:

Margo Gray

Diane & Ed Kach

In Appreciation of:

Rachel & Jonathan Green

Rochelle & Seymour Frydrych

General Contributions:

Diane Dubose

Lorraine Hellring

Stephen Pozez

Lois & Leon Thikoll

Almas Yusufova

(RN) RABBI ROBERT EISEN DISCRETIONARY FUND

In Memory of:

Father, Murf

Hirsch Handmaker

Father-in-Law, Merle Supowitz

Ed Koven

Jerry Lapin

Lorraine Hellring

(LP) LYNNE FALKOW-STRAUSS PRESCHOOL FUND

In Memory of:

Mother, Bernice Goldberg

Leatrice Cohen

Mother, Mildred Rosenbloom

Nessa Beren

Father, Rabbi Joseph Katz

Sara Borin

Grandfather, Morris

Arlene Leaf

Brother, Mark

Dr. Michael Schoenhals

Harvey Jurkowitz

Lois & Ken Jacowsky

(EO) GENERAL ENDOWMENT FUND

In Appreciation of:

Support from her friends

Margo Gray

Rosie Kahn's Board Service

Steve Singer's Board Service

Congregation Anshei Israel

(GT) GILO B'NAI MITZVAH TWINNING FUND

In Memory of:

Father, Grandfather, and Great-Grandfather, Herbert Sim

Father, Grandfather, and Great-Grandfather, Seymour Epstein

Cynthia Silveberg

Marilyn Einstein & Steve Sim

General Contributions:

Brina Grusin

(KD) KIDDUSH FUND

In Memory of:

Joni Belzer

Linda Silverman

CONGREGATION ANSHEI ISRAEL DONATIONS

(ED) EXECUTIVE DIRECTOR DEBRA LYTLE DISCRETIONARY FUND

In Memory of:

Harvey Jurkowitz
Evelyn Sigafus
 Bill Kugelman
Marty Johnston

(RM) RABBI SARA METZ DISCRETIONARY FUND

In Memory of:

Mother, Rae
David Canterman
 Mother, Elaine
Scott Gan
 Mother, Sybil Etta Koven
 Sister, Joyce Koven Smith
Ed Koven
 Father, Rabbi Lee Kivel
Harvey Kivel & Nolan Dwinell
 Mother, Esfira Lazareva
 Father, Aaron Nutels
Margarita Lazareva
 Husband, Morton
Arlene Tuller
 Tzadik Greenberg
 Elliott Heiman
 Jane Sedlmayr
Sharon & Fred Klein
 Harvey Jurkowitz
Naomi & Steve Spitzer
 Cynthia Silverberg
Arlene Tuller

In Honor of:

Rabbi Metz
Anonymous
 Rabbi Metz's courage, standing up to antisemitism
Marsha & Charles Blitzer

In Appreciation of:

Rabbi Sara Metz
Enid, Jay & Amy Zuckerman

(MC) MUSIC & CHOIR FUND

In Memory of:

Mother, Trudi Monti
 Mother-in-Law, Rose
Lorraine Hellring
 Father, Cantor Charles Julian
Peggy & Richard Langert
 Elliott Heiman
 Harvey Jurkowitz
Judy & Chuck Schultz

(OE) RABBI ARTHUR OLEISKY EDUCATION & YOUTH FUND

In Memory of:

Mother, Pauline
 Father, Joseph
Howard Adams
 Mother, Jeannie Pachter
 Father, Max Pachter
Bess Hoffman
 Jerry Lapin
Linda Silverman

(CGPK) PRESCHOOL FUND

In Memory of:

Mother, Manya
Ilya Tepelboym
 Mother, Mildred Wolfson
 Tzadik Greenberg
Jane Poliakoff
General Contributions:
CAI Preschool

(PB) PRAYER BOOK & RITUAL OBJECTS FUND

In Memory of:

Grandmother, Lena
 Grandfather, Benjamin Deitchman
 Grandfather, Benjamin
 Aunt, Faye Ginsberg
Lisa Ungar

(SG) ABNER SEGAL LANDSCAPE FUND

In Memory of:

Mother, Bertha Segal
Barbara Goldberg

(SR) NORMAN SHAPIRO RELIGIOUS SCHOOL FUND

In Memory of:

Father, Stanley
Al Zehngut
 Harvey Jurkowitz
Terri Cohen

(SY) MOLLY & HYMAN SHENITZER YOM TOV FUND

In Memory of:

Tzadik Greenberg
 Harvey Jurkowitz
Holly & Steve Shenitzer
 Tzadik Greenberg
 Elliott Heiman
Terri & David Polan
 Harvey Jurkowitz
Arlene & Richard Bluth

(BMR) BEIT MIDRASH RESTRICTED FUND

In Memory of:

Tzadik Greenberg
 Harvey Jurkowitz
Vicki & Phillip Pepper

(CGUY) U.S.Y. TEEN FUND

In Memory of:

Jerry Lapin
Jay, David & Patti Clevenson and Jon & Dina Katz
 Linda Roy
Rosie & Paul Kahn
 Nelly Sosa
Adrienne Reilly

(CGRS) B'YAHAD-RELIGIOUS SCHOOL FUND

In Memory of:

Father, Julius Kleinman
Monique Mensch
General Contributions:
Jane Poliakoff

(UY) LINDA ROY USY FUND

In Memory of:

Mother, Marsha
Michael Gordon
 Wife, Elaine Judith Smelkinson
 Uncle, Frank Udoff
Paul Smelkinson
 Brother-in-Law, Leonard Goldberg
Sorale Fortman
 Dolores Blumen
Zandi Goldstein
 Tzadik Greenberg
Lois & Ken Jacowsky
General Contributions:
Paul Smelkinson

(PP) ZUCKERMAN PRESCHOOL PLAYGROUND FUND

In Memory of:

Father, Mel
Jay Zuckerman
 Husband, Mel
Enid Zuckerman

MA'OT HITTIM DONATIONS

Mo & Sharon Barkan
Vickey Cook
Dvora Tager & Bob Dietz
Amy & Robert Direnfeld
Elaine & Howard Fagan
Hedy Feuer & Michael Perlman
Zandra Goldstein
Allen Gordon
Rachel & Jonathan Green
Lorraine Hellring
Marty Johnston
Ron Kolker
Bertie Levkowitz
Debra Lytle
Barbara Mannlein
Vicki & Phillip Pepper
Todd Rockoff/Tucson JCC
Joan & Dennis Rosen
Marsha Rosenblum
Donna Saffioti
Barbara Selznick
Evelyn Sigafus
Linda Silverman
Harriet Silverman & Paul Smelkinson
Evelyn Stier
Sandra Tobin
Jim Whitehill
Ricki Weinstein-Wolf & Jerry Wolf

Stay connected with us!

- **Email Updates** (Sign up on our website Home page: caiaz.org)
- **Facebook** (CAI, Preschool, B'Yahad Religious School & USY)



Some tips:

- Sharing our Facebook posts allows more people to learn about us.
- When you comment on or like our Facebook posts, it puts our page on your friends' radars, expanding our audience.



Congregation Anshei Israel
5550 East 5th Street
Tucson, AZ 85711
caiaz.org

Nonprofit
 Organization
 U.S. POSTAGE
PAID
 Permit No. 333
 Tucson, Arizona

Address Service Requested

BOARD PRESIDENT
Jonathan Green

PRESIDENT ELECT
Donna Saffioti

VICE PRESIDENT
David Jeck

SECRETARY/TREASURER
Joel Black

IMMEDIATE PAST PRESIDENT
Evelyn Sigafus

TRUSTEES
Sarah Artz
Michele Cassen
Andy Douglas
Ari Espinoza
Richard Green
Fred Hirsh
Danielle Larcom
Nancy Ozeri
Joy Peskin
Kala Phelps
Teri Thienhaus

LIFE TRUSTEES
David Ben-Asher
Jane Kivel
Steve Shenitzer
Steve Spitzer

HONORARY TRUSTEES
Alice & Paul Baker
Vicki & Phillip Pepper
Enid Zuckerman

PAST PRESIDENTS COUNCIL CHAIR
Vicki Pepper

PAST PRESIDENTS*
Dan Asia
David Ben-Asher
Phil Bregman
Richard Fink
Madeline Friedman
Ron Gray
Leonard Joffe
Ronald Kolker
Dan Jurkowitz
Sandi Levkowitz
Phillip Pepper
Vicki Pepper
David Polan
Bobby Present
Stephanie Roberts
Steven Shenitzer
Evelyn Sigafus
Steve Spitzer

***A complete list of all Past Presidents can be found on our website.**

Kolenu is published bi-monthly September–August. The deadline for all submissions is the first day of the month prior to the publication month. Ad placement & editing of submissions at CAI's discretion. For more information, contact Nancy Auslander at (520) 745-5550, ext. 228, or Communications@caiaz.org

Women's League Gift Shop

We have all your Judaica needs covered!

Check out our selection of Shabbat, holiday & festival ritual items, mezuzzahs & kosher scrolls, jewelry, candles & candleholders, tallitot, kippot, and a huge variety of gifts for family & friends of all ages!

Monday-Friday, 11am until 1pm

OR

Shop securely online using your phone, tablet or computer.

Visit us online at JudaicaTucson.com

