

Passover Guide 5783

**Congregation Anshei Israel's Clergy,
Staff, Officers, and Board of Trustees
wish you a happy, healthy, kosher Pesach.**



Community Second Night Seder with Rabbi Metz

Thursday, April 6 at 6:30pm at JCC
(Doors open at 6:00pm)

Why is this night different from all



other nights?

Plan to join CAI, Congregation Chaverim, and the greater Jewish community for a family-friendly traditional Seder on the Second Night of Passover, Thursday, April 6 at 6:30pm at the **Jewish Community Center**.

Join us to celebrate the Jewish people's Exodus from slavery in Egypt, along with all the trappings of a Passover Seder - stories, song, symbolic foods and, lest we forget, four cups of wine! Followed by a delicious Passover meal.

RSVP DEADLINE: March 20.

Space is very limited; reservations are first-come, first-served.

Details and RSVP at caiaz.org and on the grey insert.

Pesach Schedule of Services

Tuesday, April 4 (on Zoom)

Morning Minyan with *Siyum* for First-Borns.....7:00am

Those who conclude study of a significant portion of Rabbinic literature must participate in a celebratory meal after learning. Rabbi Metz will teach from the Talmud tractate *Gittin*.

Wednesday, April 5 – Erev Passover (First Seder)

Thursday, April 6 – 1st Day Passover

*Morning Service (Hybrid)9:00am

Second Night Seder6:30pm

(In-person at JCC. RSVP required.)

Friday, April 7 – 2nd Day Passover

*Morning Service (Hybrid)9:00am

Mincha/Ma'ariv Service (on Zoom).....5:45pm

Saturday, April 8 – 3rd Day Passover

*Shabbat Morning Service (Hybrid) 9:00am

Sunday, April 9 – 4th Day Passover

Morning Minyan (on Zoom).....8:00am

Mincha/Ma'ariv Shabbat Service (on Zoom)5:30pm

Monday, April 10 – 5th Day Passover

Morning Minyan (on Zoom).....7:30am

Mincha/Ma'ariv Service (on Zoom).....5:30pm

Tuesday, April 11 – 6th Day Passover

Morning Minyan (on Zoom).....7:30am

Mincha/Ma'ariv Service (on Zoom).....5:30pm

Wednesday, April 12 - 7th Day Passover

*Morning Service (Hybrid)9:00am

Mincha/Ma'ariv Service (on Zoom).....5:30pm

Thursday, April 13 – 8th Day Passover

*Morning Service /Yizkor Service (Hybrid)..... 9:00am

Mincha/Ma'ariv Service (on Zoom).....7:20pm

***Plan to join us for Kiddush in Rabbi Breger Hall
following these morning services:**

April 6, 7, 8, 12 and 13.

Passover Food and Food Preparation Guidelines

The following is a summary of the Rabbinical Assembly of Conservative Judaism's Committee on Jewish Law and Standards for Passover food and food preparation.

Prohibited Foods

Leavened breads, cakes, biscuits, crackers, cereals, coffee substances derived from cereals, wheat, barley, oats, spelt, rye, rice, dry peas, beans, and all liquids which contain ingredients or flavors made from grain alcohol. Baking soda may not be used.

Permitted Foods

- Requiring no Kosher for Passover label:

כשר לפסח

The following are permitted in unopened packages: coffee with NO added flavors (No decaffeinated), sugar, salt, pepper, fresh fruits and vegetables, except for legumes (such as beans and peas). String beans are permitted.

- If bought BEFORE Passover starts: milk may be purchased WITHOUT a *Kosher for Passover* label.
- If certified *Kosher for Passover* by a Rabbinical Authority: *Matzot*, *matzah* flour, Passover noodles, candies, cakes, beverages, canned and processed foods, milk, butter, jams, cheese, jelly, relishes, dried fruits, dried spices, nuts, salad oils, gelatin, shortening, vinegar, and liquors.

Utensils

- **China** - Fine translucent chinaware, which has not been used for Passover, may be used if thoroughly scoured and cleaned in hot water.
- **Dishwasher** - may be kashered for Passover by running a full wash cycle with soap after not using the machine for twenty-four hours.
- **Earthenware** - Cannot be kashered
- **Glassware** - May be kashered for Passover by means of washing thoroughly in hot water.
- **Gas Stove** - The stove as well as the burners should be thoroughly scrubbed, cleaned and then turned on until red-hot.
- **Metal Dishes and Utensils** - Utensils used in a fire (i.e., spit or broiler) should be thoroughly scrubbed, cleaned, and heated until red-hot. Silverware should be thoroughly scrubbed, cleansed and then dipped in boiling water. In both cases, the utensil should not be used for a period of twenty-four hours between the cleansing and the kashering. The above procedures apply only to utensils made wholly of metal, with no cracks, that are used for cooking but NOT baking.

Women's League Gift Shop

We carry a huge variety of Judaica and other gifts for Passover, and so much more!

Monday-Friday, 10am until 4pm.

Contact Marianne Langer at (520) 349-3347 or MariLang@comcast.net to set up a private shopping appointment.

OR

Shop securely online using your phone, tablet, or computer.

Visit us online at
JudaicaTucson.com



The Rabbinical Assembly Pesach Guide

Every year the Rabbinical Assembly Committee on Jewish Law and Standards publishes a Passover Guide which includes instructions for how to kasher one's home for Passover, as well as a list/overview of permitted and forbidden foods.

For this year's Guide, visit rabbinicalassembly.org and click the link on the home page.

Ta'Anit Bechorim - Fast of the First-Born

It is customary that all first-borns fast on the eve of *Pesach* (or on the preceding Thursday when *Erev Pesach* falls on Saturday night like it does this year) commemorating the plague of the first-born before the Exodus from Egypt.

First-borns are excused from fasting if they attend a *Siyum*, celebrating the conclusion of studying a significant portion of Rabbinic literature. Rabbi Metz will conduct our annual *Siyum* after a special morning service on **Wednesday, April 5 at 7:00am**. We invite all "first-borns" to participate in our *Siyum*.

Kosher Symbols

Processed foods should bear the legend "Kosher for Passover" or an equivalent symbol on the label to be suitable for Passover. The letter "U" inside the letter "O" is the mark of the Union of Orthodox congregations, but does not by itself mean that the product can be eaten during Passover. "Kosher for Passover" or the letter "P" must accompany the letter "U" in the circle.

The word "*Pareve*" (sometimes spelled *Parve*) appears on many labels and packages and means that the

food is neutral — made of neither dairy nor meat ingredients. *Pareve* foods can be eaten with either dairy products or meat and poultry. Fish is *pareve*.

Bedikat Hametz



One of the pre-holiday ceremonies is *Bedikat Hametz*, searching for leaven, when we conduct a candle-lit search through our homes to ensure that no *hametz* is still present. It is a brief ceremony in which the entire family can and should participate.

Make sure that all *hametz* has been removed or locked away, with the exception of what will be needed for the morning. Carefully hide some crumbs of bread. This is to ensure that the blessing and the ceremony will not be performed in vain. Take a candle, a feather or brush, and a box or cloth for the crumbs, and recite this blessing:



ברוך אתה ה' אלהינו מלך העולם,
אשר קדשנו במצותיו,
וצונו על בעור חמץ.

Baruch ata Adonai, Eloheynu melek ha'olam asher kid'shanu b'mitzvotav v'tsivanu al bi'ar hametz.

Praised are You Adonai our God, who rules the universe, instilling in us the holiness of mitzvot by commanding us to remove all hametz.

Perform the search and gather up all the crumbs; this is a family project. Tie the crumbs in a bundle, which will be burned the next morning. Recite the following: "All manner of leaven, which is in my possession, that I have not seen or removed, shall be annulled and considered as the dust of the earth."

The search should take place on the evening of **Tuesday, April 4**. On **Wednesday, April 5** at or before 11:15am, burn the leaven and recite the blessing above.

Ma'ot Hittim

We do *tzedakah* (charity) when we help the poor and those who cannot help themselves. Right after the holiday of *Purim*, synagogues begin collecting *tzedakah* for the holiday of *Pesach*. This special *tzedakah* donation is called *Ma'ot Hittim*, (money for wheat). Years ago, *Ma'ot Hittim* was used to buy wheat, and this wheat was baked into *matzah* for poor people. Jews preparing to celebrate *Pesach* have always been concerned that everyone in the Jewish community be able to do so. *Ma'ot Hittim* are the special funds used to buy Passover supplies for those

who need them, so that no one is deprived of a Seder because of economic difficulty.

You can make a contribution to CAI's *Ma'ot Hittim Fund* for this purpose, and help people here and in Israel. Please make your check payable to: **Congregation Anshei Israel, ATTN: Ma'ot Hittim Fund and mail it to 5550 E. 5th St., Tucson, AZ 85711**. You can also find the donation form at caiaz.org

Mechirat Hametz: Selling of Hametz

According to the Torah, Jews may neither eat nor own *hametz* (leavened foods) during the week of Passover.

Many *hametz* foods can be disposed of prior to *Pesach*, but some cannot without significant loss. This problem can be resolved by selling, according to an ancient formula, any *hametz* foods to a non-Jewish person, who is not obliged to observe the holiday.

The *hametz* is sold with the understanding that the seller will not partake of it during the week of *Pesach*. The *hametz* technically becomes the property of the

non-Jewish person. However, it remains on the seller's property, usually in a designated corner of the house or garage, "rented" to the non-Jewish person. The *hametz* is repurchased immediately after *Pesach* for your continued use.

Rabbi Metz will accept responsibility for instituting the transaction and for repurchasing the *hametz*. Please complete the Ma'ot Hittim Fund donation form and return it to the synagogue BEFORE Friday, March 31. Form is also available online at caiaz.org

Congregation Anshei Israel's B'Yahad Religious School

MATZAH AND MORE PASSEOVER DRIVE

March 1 - March 17, 2023

CAI's B'Yahad Religious School is coordinating this community collection for Jewish Family & Children's Services (JFCS) of Southern Arizona to provide Passover foods for families in need. Please help with this cause to enhance the Passover celebration for these families.

Only monetary donations can be accepted. JFCS will use donated funds to purchase gift cards to distribute.

Drop off or mail your check made payable to CAI and note "Matzah & More" on it or make a secure donation online at caiaz.org.

Todah Rabah and Chag Pesach Sameach to all!



Congregation Anshei Israel

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