



KOLENU

"Our Voice" The Newsletter of Congregation Anshei Israel

November/December 2022 • Cheshvan/Kislev/Tevet 5783

Volume 76 Number 2

Chanukkah Festival of Lights

**1st Candle
December 18**

**8th Candle
December 25**

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**Community Chanukkah Party
Tree of Life Order Form**

KOLENU • קולנו

"Our Voice"

The Newsletter of Congregation Anshei Israel

Congregation Anshei Israel

A Conservative Synagogue and
Proud Member of USCJ



5550 East 5th Street • Tucson AZ 85711
(520) 745-5550 • fax (520) 745-9058
caiaz.org

MISSION STATEMENT

Congregation Anshei Israel shall serve as a source of spiritual, educational, and social enrichment in order to encourage and ensure Judaic values in accordance with the Principles of Conservative Judaism.

CLERGY & STAFF INFORMATION

Rabbi • Sara Metz
Ext. 230 • RabbiMetz@caiaz.org

Rabbi Emeritus • Robert J. Eisen
Rabbi.Eisen.AZ@gmail.com

Rabbi Emeritus • Arthur Oleisky, z"l

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Please visit our website
caiaz.org and check your email
for the most
up-to-date information.

Shalom!

Please
warmly

Welcome

Our new
& rejoined
members:

Maria Bartlett & Justin Bullock, and children Zev & Ayla Bullock
Miriam Emerson, and children London & Sasha Emerson
Ariel Kotkin
Jennie Gubner & Maximiliano Larrea, and child Fiorella Larrea
Katherine & Aaron Leonard
Jerrold Lyons
Jennifer Miller
Alex Mount
Cynthia & Robert Neuman
Hollie & Bradley Rotenberg, and children
Phoebe Sandock & Gabrielle Rotenberg
Kristi Dutton & Michael Salomon, and child Aaron Salomon
Stephanie Hartwick & Shukri Thomashefski, and children
Adira & Elan Thomashefski
Moshe Toister
Gila Saks & Carl Weinstein
Rusty Pearl Wilder
Keren & Jeffrey Winkelman, and children
Zev & Janna Winkelman

FROM RABBI METZ

It is hard to believe that we are almost at Thanksgiving, and soon enough it will be Chanukkah. With gratitude for our miracles, I can't help but look back to our High Holy Days, Sukkot, and Simchat Torah. There sure are a lot of holidays packed into a short amount of time! Despite that, the number of holidays did not diminish the quality of our celebration and joy. It was wonderful to look out from the *Bimah* to see so many smiling faces, and so many rows with four generations of members. We were thrilled to open our doors to University students, young adults, new members, and especially our members who have been with us for generations.



We loved hearing the joyous sounds of our kids in their respective services, standing together under the giant *tallit* to end Yom Kippur, shaking the *lulav* & *etrog* during Sukkot, and dancing with the Torah on Simchat Torah.

Truly, as we join with family and friends for Thanksgiving, our congregational family has so much for which to be thankful. As we move onto Chanukkah, we also have many miracles to celebrate as well. A great big thank you to all among us who work as partners with God to create these incredible moments of joy and celebration.

B'Shalom,

Rabbi Sara Metz
(520) 745-5550 ext. 230
RabbiMetz@caiaz.org



For every "Box Tops for Education" coupon
from specially-marked General Mills products,
CAI's preschool receives 10 cents!

And now, no more clipping! Just scan your receipt.
Go to boxtops4education.com for more information.

FROM THE PRESIDENT



It is winter in Tucson, which means we get out our UA sweatshirts for our cool mornings, and we pull out a jacket for the evening chill. As we enjoy this time of year with Thanksgiving and Chanukkah, we remember those commitments we made on the High Holy Days to do one more *mitzvah*, to attend one more *minyan*, to light *Shabbos* candles, or to attend a Shabbat service.

The secular New Year is right around the corner, and many people like to make resolutions for the coming year. If you do this, remember your covenantal relationship with God. At Chanukkah, we rededicate ourselves to Judaism, to our heritage. As you light the candles adding one more each night, reflect on more than latkes, dreidels, and gifts, remember the greatest gifts we have is in our relationships with our families, each other, Israel, the environment, and most importantly with God.

At your Thanksgiving table, you might remind those in attendance, not only about what they are thankful for but also about those commitments that they made.

I want to wish you, our congregation, a Happy Thanksgiving, Happy Chanukkah, and a Happy Secular New Year.

B'Shalom,

Evelyn Sigafus, ESigafus@aol.com

Know Someone New to Tucson?

If you know someone new to the Tucson community who you believe would be interested in finding out about CAI, please call Debra Lytle at (520) 745-5550, ext. 242, so we can speak to them about all of the many religious, spiritual, educational, and communal opportunities the synagogue has to offer!

*Congregation Anshei
Israel's
Women's League*

Mah Jongg Players!

Women's League is now selling Mah Jongg cards for 2023. Cards are priced at \$14 each, or \$15 each for cards with large print.

Please make your check payable to Judy Fishman and mail to:

Judy Fishman
485 S. Edgeside Avenue
Tucson AZ 85748

Photo by Mick Haupt on Unsplash

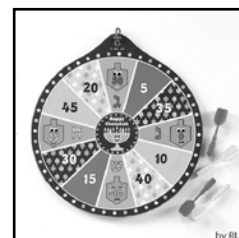
Women's League Gift Shop

Chanukkah is just around the corner!
Shop with us for all of your holiday needs,
as well as year-round Judaica.

Monday-Friday, 10am until 4pm.

Call (520) 745-5550
for gift shop hours and questions
OR

Shop securely online using your phone, tablet or computer.
Visit us online at JudaicaTucson.com



EDUCATION

Preschool



It has been wonderful getting to know everyone! I want to thank you all so much for your thoughtful, caring messages of condolences after the loss of my father. It has made the grieving process much easier to get through here at Congregation Anshei Israel sharing my days with you and your children.

We have been enjoying our Shabbat singing on Fridays with Nichole Chorny, in the Rabbi Eisen Beit Midrash. It's absolutely lovely hearing the sound of the children coming from the room. It is a wonderful way to welcome the Sabbath each week. It is also where we hold our Shabbat Family Services. Another opportunity for us to spend time together.

I had a lovely time sharing the High Holy Day services with many of you and your children. It was so fun seeing the children participating in the service as well as enjoying the holiday crafts.

I loved watching the classes during their visits to our Sukkah as they hung fruit and decorations and celebrated Shabbat in the Sukkah with our first Oneg Shabbat.

With Chanukkah right around the corner, I'm looking forward to the Bake Sale, the smell of latkes and jelly doughnuts, as well as the sound of the children's singing filling the hallway.

Tania Spivak
Early Childhood Director
(520) 745-5550 ext. 229
ECDirector@caiaz.org

family shabbat workshop
Sunday, November 13, 9:30 AM - 12:00 PM @ CAI
JOIN US FOR CHALLAH MAKING & A SHABBAT KIT AND CREATE A MEANINGFUL EXPERIENCE FOR YOUR OWN FAMILY. THIS

Family Shabbat Workshop
Sunday, November 13
9:30am-12:00pm
In the Sanctuary

Open to all families with children in kindergarten through 8th grade. FREE for members of CAI & Kol Ami. Guests are invited to attend for \$10/person or \$30 for a family of 4.

RSVP required by November 8 at caiaz.org

This program is generously sponsored by the Jewish Philanthropies of Southern Arizona.

B'Yahad and USY



We enjoyed a wonderful start to 5783 with holiday programming for B'Yahad, USY, and families! Some highlights included our first collaborative program of the year with Kol Ami for a High Holy Day workshop, High Holy Day Family Services, Tashlich at the Park, a meaningful Ne'ilah to end Yom Kippur together, USY Progressive Sukkot Dinner, and our B'Yahad Family Breakfast in the Sukkah.



MAZEL TOV and YASHER KOACH to Adina Karp, whose title has now officially been changed to Assistant Youth Director by the Board of Trustees! We are so grateful to Adina for all she does for our USY program, Madrichim, and B'Yahad students, and we are blessed to have her as a part of our team.

Watch your email for some exciting upcoming events: All 6th & 7th grade families are strongly encouraged to attend the **B'nai Mitzvah Kallah (Orientation) on November 6** immediately following B'Yahad. ALL families, Pre-K through 8th grade, are invited to join us for our **Shabbat Family Workshop with Kol Ami on Sunday, November 13 at 9:30am** as we make challah and a Shabbat kit together. We continue our collaboration on **Sunday, December 11 at Kol Ami for the Mitzvah Fair** as we learn about local Jewish organizations and how to support them. And we will end our first semester of learning with our annual **Chanukkah Maccabiah on Sunday, December 18** during B'Yahad!

Join us for our Shabbat Family Services on November 11 & December 2, as well as some wonderful events coming up planned by our Youth Committee, including **Sock Hop Havdalah on November 19** & our **Family Hike on December 11**. In B'Yahad, we also look forward to collaborating with the East Valley Jewish Community Center in Chandler for the Lone Soldiers Project, as our older students send Chanukkah cards to Israel for Lone Soldiers.



Watch your inbox for details about our next USY & Kadima Lounges: USY will be on the evening of November 17 and our Chanukkah White Elephant Gift Exchange on December 17. Kadima will be right after B'Yahad on November 20 & December 18.

Feel free to reach out with any questions, and we look forward to seeing you soon!

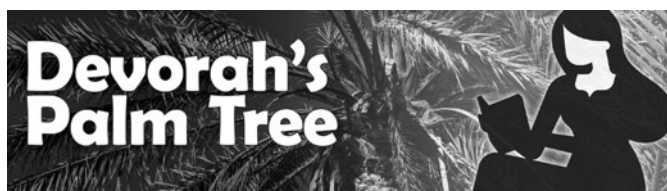
B'Shalom
Nichole Chorny
Cantorial Soloist and Education & Youth Director
(520) 745-5550 ext. 227 CantorialSoloist@caiaz.org

Coronavirus (COVID-19) Update

Effective October 31, 2022, the Board of Trustees has approved masks being optional throughout the campus including the Administrative common areas and the Preschool. Administrative Staff can still require masks for in-person meetings within their offices. If you'd like to meet in person with one of our staff members, please be prepared to wear a mask, or contact them in advance for their preferences. Online and telephonic meetings are still available.

If you are feeling sick, please remain at home and join us virtually.

ADULT EDUCATION



Devorah's Palm Tree



Classes are held at 12:00pm on Zoom the second Monday of every month

Join Rabbi Metz and Women's League the second Monday of every month. We will be studying *The Path of Blessing* by Rabbi Marcia Prager. It is not necessary to have the book in order to participate in the class. Your perspective makes for a lively discussion.

Monday, November 14, 12:00pm

Monday, December 12, 12:00pm

Our next Devorah's Palm Tree will be held on Monday, February 13 at 12:00pm.

Call (520) 745-5550 for more information, to be added to our email list, or go to caiaz.org to sign-up online.

Read It and Meet



Please join Women's League on Zoom for Read It and Meet to discuss a wide variety of books by Jewish authors and/or about Jewish themes.

Sundays, November 20 and December 18 at 11:00am on Zoom

Schedule for 2022-2023:*

DATE	TITLE	AUTHOR
11/20/22	Lilac Girls	Martha Hall Kelly
12/18/22	Jews Don't Count	David Baddiel
1/22/23	The Light of Days: The Untold Stories of Women Resistance Fighters in Hitler's Ghettos	Judy Batalion
2/26/23	The Hidden Palace	Helene Wecker
3/26/23	The Kill Artist	Daniel Silva
4/23/23	Have You Seen Luis Velez	Catherine Ryan Hyde

**Subject to change.*

Watch your email for details and links.

Online Weekday Torah Study Group



Led by Rabbi Metz, this informal study group can lead to lively discussion. Held Thursdays on Zoom, 12:00pm until 1:00pm.

Bring your Bible and your desire to learn together.

Study materials can be found at caiaz.org/resources

Check your email for details and Zoom link.



Classes & Events You Won't Want to Miss!

Let's Talk About Kabbalah

with Adrienne O'Hare

Tuesday, December 6 at 7:00pm on Zoom

Chanukkah Kollel - It's a Miracle!

with Rabbi Metz

Tuesday, December 13 at 7:00pm on Zoom

Check your email for details and Zoom link.

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COMING UP

Family Sock Hop Havdalah

Saturday, November 19 at 6:00pm
In Cantor Falkow Lounge & in the Sukkah area



Wear your best 50s outfit,
and join us for a fun evening
with a pizza dinner, ice cream,
Shirley Temples for the kids
& Dirty Shirley Temples for
adults!



Other activities include

Minute-to-Win-It, family games,
bubblegum blowing contest, limbo,
and so much more!

Please bring packages of new
socks to donate to
Primavera Men's Shelter &
Myers/Ganoug Elementary
School.



\$10 per family

RSVP by Nov 16 at caiaz.org



Jews in the Desert

Mishpacha Family Hike

Sunday, December 11 • 2:00pm

Mica View Trail from the Broadway Trailhead

Join us for an easy family-friendly hike at
the beautiful Mica View Trail. Hike is stroller
and wheelchair friendly, approximately 0.7
miles each way.

Directions:

Take Broadway East as far as it goes, just
past Freeman Road
until you see the sign
for the trail. There is
free parking in the
provided spaces or
on the street. We will
meet at "Broadway
Trailhead" at 2:00pm (see picture).



Be sure to bring water and sunscreen.

RSVP at caiaz.org

MAZAL TOV

Please congratulate Adina Karp, whom the Board
of Trustees recently named Assistant Youth
Director for Congregation Anshei Israel. Adina
will continue her work with USY, Madrichim, and
B'Yahad in this capacity.



Did you know?

When you shop with AmazonSmile Foundation,
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purchases to Congregation Anshei Israel.

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products, same prices, same service!

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SAVE THE DATE!

Community Chanukkah Party
Sunday, December 18 at 6:00pm

Join us for a dairy dinner with latkes
& donuts, a Chanukkah singalong,
dreidel games, and candlelighting.

Check your email for details and Zoom link.

COMING UP



FAMILY & TOT SHABBAT SERVICES & DINNER

FRIDAY, NOV. 11 & DEC. 2
DINNER APPROXIMATELY 7:00PM

Family Shabbat Service at 5:45pm
In the Rabbi Eisen Beit Midrash & on Zoom
(approximately 1 hour)

Tot Shabbat Service at 6:15pm
with Amanda Steinberg
(approximately 30 minutes)

In the Rabbi Eisen Beit Midrash & on Zoom,
followed by a chicken dinner with vegetarian
option at approximately 7:00pm.

RSVP & payment for dinner required
no later than **Nov. 8 & Nov. 29.**
RSVP at caiaz.org



Shabbat Sovev

Friday, Dec. 16 at 5:45pm
in the Rabbi Eisen Beit Midrash

Dinner approximately 7:00pm

(No Shabbat Sovev in November due to Thanksgiving)

Join us for a spiritually moving Kabbalat Shabbat Service full of community and new melodies sung to traditional liturgy. *Shabbat Sovev* will help enhance our connection to our prayers through new melodies and *kavanot* (intentions), and allow us to connect to our community in a new way. During *Sovev* (surrounding), we will experience *davening* in concentric circles, close enough to hear one another's melodies and in relationship with one another across the room for beautiful spiritual enhancement.

After the service, join us for a chicken dinner with vegetarian option.

RSVP & payment for dinner required no later than
December 13.

RSVP at caiaz.org



*New - For students 2nd
through 6th grades!*

KIDS' MINYAN

Saturday, November 5 at 10:15am
In the Rabbi Eisen Beit Midrash

Kids in 2nd through 6th grades are invited to join Lev Metz in the Beit Midrash for a fun and engaging Shabbat morning service starting at 10:15am, while parents attend the main service. Younger kids (1st grade & under) are welcome to stay alongside their parents. Or babysitting will be provided for children 1st grade and younger starting at 10:00am in the Linda Roy Youth Lounge.

The Kids' Minyan will join the main service for the closing prayers, followed by a kid-friendly "Kid-dush."

Please RSVP for service & babysitting at caiaz.org by
Thursday, November 3.

Candle Lighting Times November/December 2022

November		December	
November 4	5:13pm	December 2	5:00pm
November 11	5:07pm	December 9	5:00pm
November 18	5:03pm	December 17	5:02pm
November 25	5:01pm	December 23	5:06pm
		December 30	5:10pm

Daily & Weekly Services

Join us online for daily prayer services!

Morning Minyan Service on Zoom

8:00am Sunday • 7:30am Monday-Friday

Evening Minyan Service on Zoom

5:30pm Sunday-Thursdays

Please check your email for any scheduling changes.

Shabbat Services Kabbalat Shabbat Service

5:45pm Friday

***1st & 3rd Fridays - Zoom only**

***2nd Fridays - Hybrid Family Shabbat and dinner**

***4th Fridays - Hybrid Shabbat Sovev and dinner**

***Subject to change - check your email for details**

Shabbat Morning Service

In-person & online on Zoom

9:00am Saturday

CATCHING UP

First Shofar Blasts of the High Holy Days - August 28, 2022



THE ONLY NAME FOR REAL ESTATE

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MADELINE FRIEDMAN

VICE PRESIDENT, ABR, CRS, GRI

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TUCSONHOMEFINDER@AOL.COM



CATCHING UP

Tashlich at the Park - October 2, 2022



Social Action

Project Isaiah 2022

This year, your food donations over the High Holy Days filled 2 pallets, and cash contributions totaled \$240.

Yasher koach and todah rabbah!



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CATCHING UP

B'Yahad, Kadima & USY - Opening Days, Progressive Sukkot Dinner and more!



CATCHING UP

Does Mars Speak Hebrew? - October 9, 2022



Preschool



MAZAL TOV

Birth Announcements

This column features the children, grandchildren and great-grandchildren of CAI members. The announcement and photo (if available) will appear in the issue of Kolenu within appropriate print dates. Please notify Amber at (520) 745-5550, ext. 225 or ExecAssist@caiaz.org

Faiga Sonnenblick

August 4, 2022

Faiga is the granddaughter of Judy & Philip Sanfield, and great-niece to Amy & Robert Drenfeld. (Parents: Sarah & Ariel Sonnenblick)

Cleo Hazel Tor

August 18, 2022

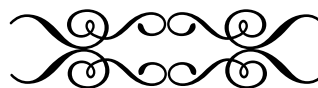
Cleo is the granddaughter of Deborah Oseran & Bobby Present, and Rabbi Stephanie & Jack Aaron, sister of Josephine & Violet Tor. (Parents: Naomi & Josh Tor)

November Anniversaries

Date	Years
1 Joan & Barry Beroth	41
2 Judith & Ted Drenfeld	65
8 Heather & Michael Gordon	19
14 Bettie & Murray Baker	46
Joan & Irvin Belzer	57
Margie & Robert Douglas	52
15 Mindy & Fred Hirsh	41
20 Anna & Myron Rottenstein	39
23 Sue & Ernie Shack	50
24 Vicki & Phillip Pepper	48
25 Nancy & Stephen Lipson	35
28 Eve Scarborough & John Kaufmann	40

December Anniversaries

Date	Years
1 Peggy & Richard Langert	43
2 Susan & Rick Levy	49
6 Felicia & Ari Cohen	24
Rita & Martin Hall	49
7 Adrienne & Lawrence O'Hare	38
10 Evonne & Alan Ravitz	58
16 Marcelle & Leonard Joffe	58
19 Joan & Dennis Rosen	40
27 Maytal & Alejandro Bien-Willner	7
Ruth & Art Solomon	63
29 Sandra & Elliott Heiman	59
Mr. & Mrs. Ben Zarin	6
30 Sarah & Jeff Artzi	32
Joan & Robert Mutterperl	43



Celebrating Becoming a Bar Mitzvah

William Earl Douglas
December 3, 2022



Will (his preferred name) is the son of Valorie & Andy Douglas, grandson of Donner & Earl Burkholder, and Bill & Gayle Douglas. Will has two siblings, sister Aliyah and brother Robert. Will attends The Gregory School, and his hobbies include playing Dungeons & Dragons, and working with Adobe's Photoshop software. As his mitzvah project, Will is volunteering with the Community Food Bank of Southern Arizona.



Calling all cooks!

Volunteers needed to assist with preparing & serving our delicious Shabbat, Festival and other meals. If interested, please contact Nancy Auslander at Communications@caiaz.org



A huge *Todah Rabbah* goes out to **Jim Bergman** of **Arizona Electric Motor Service** for repairing the motor on the HVAC unit for the Sanctuary and Rabbi Breger Hall in time for our Erev Rosh Hashanah service.

Chesed Committee



Did you know that you are a member of the *Chesed* Committee, the largest committee at Congregation Anshei Israel? Every congregant is a member!

Chesed means loving-kindness, grace, helping each other. We exist to help our members in times of need.

Please feel free to contact me.

Ron Gray, Chesed Committee Chair, RonPsych@yahoo.com

Interfaith Families Welcome

CAI welcomes all interfaith families and encourages them to participate in as much synagogue life as they choose within the framework of Conservative Judaism. For more information, go to caiaz.org/resources as part of CAI's "Myths vs. Facts" program.

Honorable "Menschens"

Todah Rabah to:

Family & Shabbat Sovev Sanctuary HVAC Repair

Kitchen Crew

Scott Phelps
Abby Rosen
Karen Skolnik
Carol Sumner
Fran Stoler
Nancy Stoler

Gabbaim

Lois Bodin
Phil Bregman
Ron Gray
Rosie Kahn
Vicki Pepper
Joy Peskin
Donna Saffioti
Steve Singer

Face Masks Donation

Rachel & Joel Black

School Supplies

Melanie Amhowitz

Kolenu Proofreaders

Donna Saffioti
Judy Schultz
Evelyn Sigafus
Teri Thienhaus

Jim Bergman, Arizona Electric

Motor Service

High Holy Days Ushers

Jerry Barkan
Andy Douglas
Ari Espinoza
Marty Grusin
Marty Johnston
Nancy Ozeri
David Polan
Bobby Present
Steve Seltzer
Evelyn Sigafus
Ole Thienhaus

Rosh Hashanah Young Children's Service

Shoshi Persillin

High Holy Days Prayer

Leaders

Ari Espinoza
Jenna Langert Friedman
Zoe Gordon
Richard Green
Michael Jurkowitz
Phillip Pepper

If we missed you, we apologize. If you would like to be included in further announcements, please let us know.

Thank you to our "Yad Squad"

(Those who read Torah and Haftarah in August & September)

Zachary Bailey	Dan Jurkowitz	Stephanie Roberts
Rabbi Ruven Barkan	David Jurkowitz	Donna Saffioti
Charles Blitzer	Lisa Jurkowitz	Leonard Schultz
Derek Cassen	Michael Jurkowitz	Steve Seltzer
Jenna Friedman	Sharon Klein	Linda Silverman
Hillary Goldstein	Ziva Mason	Jerel Slaughter
Zoe Gordon	Jerry Neuman	Olivia Slaughter
Margo Gray	Nancy Ozeri	Teri Thienhaus
Richard Green	Phillip Pepper	Elena Windham
Mike Jacobson	Joy Peskin	Gary Windham
Coby Jeck	David Polan	

Share your Simcha! Become a Kiddush sponsor!

Sponsorships will be acknowledged in eblasts, during services, and in the Kolenu.

If you are able to support us, please email Debra Lytle at
ExecDir@caiaz.org

Condolences

המקום ינחם אתכם

The congregation mourns the loss of our members:

Phyllis Fassler
Frances June Simmons
Terry Williams

Anshei Israel Memorial Hall

Installation of a memorial plaque is a beautiful way to perpetuate the memory of a loved one. Each year on the anniversary of your loved one's death, the synagogue will send you a reminder of the Yahrzeit and light the light adjacent to their memorial plaque. Call Debra at (520) 745-5550, ext. 242, to make arrangements or if you wish to reserve a space for the future.

Thank you to the following congregants for sponsoring our Kiddushes

- Margo & Ron Gray, in honor of their 49th wedding anniversary
- Jack Pinnas, in honor of Susan Wortman's birthday
- Jennifer & Jason Bailey, in honor of son Zach becoming a Bar Mitzvah
- Ari Espinoza in appreciation of joining the CAI community
- Adeline Horst, in honor of her birthday
- Karen Skolnik, in honor of her 80th birthday

Dealing with Grief and Loss?



Are you having difficulty dealing with grief and loss? Perhaps it would be helpful to talk with a trained counselor. A synagogue volunteer would be happy to speak with you confidentially.

Please call Norma Karp at (520) 299-3382.

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CONGREGATION ANSHEI ISRAEL DONATIONS

Donations made to Anshei Israel Funds enable our Synagogue to continue to carry out its work, thereby better serving our members.
Please consider making a donation in honor of a relative or friend who may be celebrating a simcha or in memory of a loved one.
This list reflects those donations made after the last issue's publication date. Todah Rabah to all.

Our Donation Form

is at the Front Desk
in the administrative office
AND
at caiaz.org

Notification cards are
sent for donations of
\$18 or more.

Tributes

(AF) ART FUND

In Memory of:

Allen Langer
Dvora Tager & Bob Dietz
Frances June Simmons
Janet & Steven Seltzer

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