



KOLENU

"Our Voice" The Newsletter of Congregation Anshei Israel

July/August 2020 • Tammuz/Av/Elul 5780

Volume 73 Number 4



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Inserts:

- Book of Remembrance Form
- Honey Order Form
- Rabbi Metz Engagement Opportunities
- Women's League Membership Application

**Look for our schedule of upcoming
Zoom & Facebook LIVE services on page 6!**



Your CAI leadership hard at work!

KOLENU • קולנו

"Our Voice"

The Newsletter for Congregation Anshei Israel

**Congregation
Anshei Israel**



A Conservative Synagogue and
Proud Member of USCJ

5550 East Fifth Street • Tucson AZ 85711
(520) 745-5550 fax (520) 745-9058
caiaz.org

MISSION STATEMENT

Congregation Anshei Israel shall serve as a source of spiritual, educational, and social enrichment in order to encourage and ensure Judaic values in accordance with the Principles of Conservative Judaism.

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Shalom!



These past few months have turned us all upside-down and I am so incredibly proud of how our staff and community have responded. We've been able to turn our 42 physical doors (that Rabbi Eisen always reminded us about) into *virtual* doors. Our Hesed Committee has been delivering prayerbooks, cleaning supplies, meals, masks and other essential items across Tucson. Our amazing volunteers have proven to have such a dedication to our community I often get text messages late at night or early in the morning when they think of additional ways to lend a helping hand. Their commitment to our mission, vision and values have come shining through.

Thank you to all our members who have already returned their 2020-2021 membership renewals. **Your support ensures that no one is ever turned away from our congregation because of an inability to pay.**

July is much different than expected. Long gone are the days of our "Summer Shul" in Rabbi Breger Hall, our winter visitors haven't all left us yet and we aren't able to formally welcome our new rabbi as we hoped and anticipated. We've listened to your feedback and this past month Nichole has led us in Zoom services and we are excited to continue to expand our offerings and once again be bursting with events to keep you all deeply engaged with our community.

Our COVID-19 Response Task Force made up of medical and public health professionals as well as some of our ritual members have been meeting and finalizing our protocols that we need in place to safely phase into reopening. They will make recommendations to the Board of Trustees on all matters -regarding reopening our building, the gift shop, services, the preschool and of course our High Holy Days. In June we brought in Bio-One to train our staff in proper COVID-19 cleaning protocols.

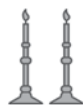
I appreciate everyone's patience as Rabbi Metz continues to settle in. She just completed a cross-country move and it can take some time to get in the swing of things. Rabbi Metz has been a great partner thus far and I'm excited for her to be part of our team!

Debra Lytle, Executive Director

ExecDir@caiaz.org

Online Weekday Torah Study Group

This informal study group can lead to lively discussion. Held **Wednesdays on Zoom, 11:00am to 12noon.**



Candle Lighting Times - July/August 2020

July 3	7:16pm
July 10	7:14pm
July 17	7:11pm
July 24	7:08pm
July 31	7:02pm

August 7	6:56pm
August 14	6:49pm
August 21	6:41pm
August 28	6:33pm

Due to the suspension of all in-person events and activities, there are no calendar inserts in this edition of Kolenu. Please visit our website caiaz.org for up-to-date information.

Shalom!

Please
warmly

Welcome

our new
members:



*Ben Allis • Yossi Ilan • Jay Krauser
Caroline & David Scott*

SHIV'A ASAR B'TAMMUZ

The 17th of Tammuz is observed as a fast commemorating the breaking down of the wall of Jerusalem by Nebuchadnezzar and the cessation of Temple worship during the siege of Titus. It ushers in the three weeks of mourning which end with Tisha B'Av, the fast of the ninth day of Av. The three weeks between Shiv'a Asar B'Tammuz and Tisha B'Av are referred to as "between the straits," a phrase borrowed from Lamentations 1:3. The Mishnah mentions five misfortunes that befell the Jewish people on the 17th of Tammuz and five on the ninth of Av (Ta'Anit 4:6). The three weeks are concluded with the so-called Nine Days, from the first to the ninth of Av, during which the mourning is intensified until Tisha B'Av itself — the saddest day of the Jewish year.

This year, the 17th of Tammuz is observed on Thursday, July 9.

SHABBAT HAZON & SHABBAT NAHAMU

The Sabbaths surrounding the Ninth of Av carry a clear message relating to the holiday. The prophetic readings for the three weeks preceding the holiday — the first two from Jeremiah and the third from Isaiah — are full of admonitions in preparation for this mournful time. Following Tisha B'Av, there are seven prophetic readings of consolation — all from Isaiah — providing comfort after this somber occasion and preparing the individual emotionally and spiritually for the upcoming High Holy Days. The Sabbaths that immediately precede and follow Tisha B'Av each have a special name reflecting the message of the respective Haftarah (prophetic reading).

The Sabbath immediately preceding the Ninth of Av is known as the Sabbath of Vision (Hazon) for the prophetic reading Isaiah 1:1-27. After recounting heinous transgressions, it offers the hope of reconciliation, which will come when the people "cease to do evil, learn to do good." The Sabbath of Vision and Shabbat Nahamu, which provides words of consolation a week later, embrace Tisha B'Av from opposite sides, cushioning the blow of the day of destruction, allowing the mourners to go into it knowing there is salvation and emerge from it reassured that redemption will come. The entire portion [of Shabbat Hazon] may be chanted to the melody of Eicha (Lamentations); more appropriately, only the verses of admonition are rendered in the subdued chant.

The upswing of hope begun on the afternoon of Tisha B'Av continues on the following Shabbat. Called Shabbat Nahamu (Console) after the first line of the day's prophetic reading (Nahamu, Nahamu Ami, "Console, console my people ...") (Isaiah 40:1-26), it is also the first of seven Haftarot of consolation, all drawn from the book of Isaiah, that deliver a message of comfort in the seven weeks following Tisha B'Av and lead us to the period of Rosh Hashanah (49:14-51:3; 54:11-55:5; 51:12-52:12; 54:1-10; 60:1-22; 61:10-63:9).

*This year, Shabbat Hazon falls on July 24-25;
Shabbat Nahamu falls on July 31-August 1.*

TISHA B'AV A Time to Mourn

The ninth day of Av, mentioned in Zechariah 8:19 as the "Fast of the Fifth" month, commemorates such national calamities as the destruction of both Temples, the fall of Bar Kokhba's fortress, Bethar, and the expulsion from Spain in 1492. According to tradition, both the First and Second Temples were destroyed on the ninth of Av, the day referred to as predestined to misfortune. Tisha B'Av resembles Yom Kippur in its restrictions upon eating and bathing, maintained from sunset to sunset.

The three weeks between the 17th of Tammuz and the ninth of Av are observed by abstaining from all festivities and joyous celebrations. But when the month of Av has begun, all enjoyment should be reduced. It has long been the custom in Israel to eat no meat (except on the Sabbath) from the first day of Av until after the fast.

On the ninth of Av, when the Book of Lamentations and other dirges (kinot) are recited before congregations, seated on low stools as a sign of mourning, the curtain (Parokhet) is removed from the Ark (Aron Ha-Kodesh), and visits are made to cemeteries, in order to stress the sense of mourning. The morning service is recited without tallit or tefillin; these are worn during the Mincha service. The elegies known as kinot are descriptive, not only of the calamities connected with the destruction of Jerusalem, but also of the Jewish catastrophes that occurred in various lands of persecution.

This year, the Ninth of Av observance/fast begins on the evening of July 29 and continues through July 30.

*Watch your email for special service times
for Tisha B'Av.*

THE MONTH OF ELUL

The month of Elul (which immediately precedes Rosh Hashanah) is the time to prepare for the High Holy Days. Because these days are filled with so much meaning and potency, they require a special measure of readiness. We greet the new month of Elul with anticipation of the beginning of a New Year, seeing it as an opportunity to begin to build our resolve to make the upcoming year of 5781 what we want and need it to be. As is our custom, we sound the Shofar every weekday of Elul at the conclusion of the services.

Watch your email for Elul service schedule.

Yahrzeit Plaques

Yahrzeit plaques placed in the Congregation Anshei Israel Memorial Hall during the year 5780 will be dedicated on Shemini Atzeret, Saturday, October 10.

To ensure their timely arrival for this year's dedication, orders for yahrzeit plaques must be placed NO LATER THAN AUGUST 1. We will make every effort to place your order; however, this is the manufacturer's deadline.

**Please contact Debra at 745-5550, ext. 242
or ExecDir@caiaz.org**



FROM THE PRESIDENT



Bruchim Habaim! We extend a warm (literally) welcome to Rabbi Metz and her entire family. It is time to learn a few new Tucson vocabulary words. Monsoon (also sometimes referred to as *haboob* or *chubasco*), dry heat, creosote, cicadas (like locusts, but not kosher), swamp cooler, splash pad, stravenue, adobe, ganga, wash (noun, not verb), javelina (not a pig, but also not kosher), caliche, and cactus (including but not limited to

saguaro, cholla, ocotillo, palo verde, prickly pear, barrel – there will be a visual test on these later). Also, one phrase to forget: daylight saving time. We are so glad to have you as part of our community.

Given that circumstances during the COVID-19 pandemic change on a daily basis, Congregation Anshei Israel is taking the appropriate steps to minimize risks and maximize safety. We will continue to review guidance from the CDC, the Arizona Department of Health Services, and the Pima County Health Department while taking into account the *halachic* principle of *pikuach nefesh*. We have convened a COVID-19 task force comprised of staff, medical and public health professionals, and other members to review our operations and make appropriate recommendations. In the meantime, we are streaming services and planning to open up for in-person services when it is safe to do so. When we reopen, we strongly encourage any member who is in a vulnerable category to avoid any unnecessary risks and continue to exercise extreme caution. G-d willing, a vaccine will be here in the coming months. Any member who is feeling unwell or has knowingly been exposed should certainly refrain from coming to shul. We appreciate your patience and cooperation as we navigate these difficult waters.

B'Shalom,

Dan Jurkowitz, President@caiaz.org



Women's League

Although the closure of the building due to Coronavirus/COVID-19 has directly impacted most activities here at CAI, there are still many congregants who need to purchase and stock up on Judaica, books, candles, mah jongg cards, and other gifts for friends and family. To meet these needs, our Women's League volunteers are still hard at work corresponding with customers, picking out purchases and delivering them to buyers in the synagogue parking lot.

Todah rabah to Marianne Langer and the Women's League for heading up these heroic efforts to support our Education programs. You can reach Marianne at 349-3347 or marilang@comcast.net.

In addition, when the building reopens for in-person events, we will resume our weekly Mah Jongg open play on Mondays, and Gentle Chair Yoga will resume on Wednesdays. Please watch your email and our website for details as they become available.

Until then, Women's League has resumed the monthly *Read It and Meet* on Zoom. Save the dates July 26 and August 30. Look for book titles and details in your email.

FROM RABBI METZ



I am thrilled to share my first article as rabbi of Congregation Anshei Israel which comes as we continue to live in times without precedent. My husband Lev and children Doron, Eitan and Dina and I look forward to the coming occasions when we can all gather together safely, in groups both large and small. We look forward to hosting an open house and small group meals in our desert home soon. We look forward to taking the next steps forward in developing personal relationships between one another and building the sense of fellowship, with our congregation uniting over shared values and goals.

Todah rabah to so many of you who have offered and extended a helping hand to us during this transition. My family and I are so grateful for this incredible and ongoing welcome as we continue to adjust to the climate and community.

In Hebrew, the words that we say when welcoming a group of people are: *bruchim haba'im*, בְּרוּכִים הַבָּאִים. This can be translated as, "Blessed are those who are coming." Hebrew is remarkable in that the ancient language of blessings and prayers echo throughout the language, even in this common modern phrase. Hebrew belongs to a history and people who see each other's company as a blessing and an opportunity to fulfill a *mitzvah* – a commandment. When guests arrive, we invoke G-d's blessing upon them, and upon us through the act of welcoming them.

Hebrew isn't the only language with roots, however. The English word "welcome" comes from an Old English word, *wilcuma*, which means "a person's entering that is pleasant." The meaning of the word is a lovely sentiment, yet I cannot help but to feel that it is missing something. For me, what's missing is the essence of Hebrew - a connection to our sacred text, to our shared heritage, to G-d. G-d is the source of blessing and we invoke that when we welcome guests into our personal homes and the synagogue, our communal home.

The *mitzvah* of *hachnasat orchim* (הַכְנַסַּת אֹרְחִים), welcoming guests, requires a relationship with others outside of family and the willingness to share space with those whom we don't yet fully know. We welcome others with gratitude, and in turn strive to be gracious when we ourselves are guests. My family is so grateful for the reception we have received, and will pay it forward in kind.

May we all soon enjoy many opportunities to fulfill this *mitzvah*, as hosts and as guests, together building community.

Rabbi Metz

RabbiMetz@caiaz.org



Calendar of Major Jewish Holidays 5781

Holidays begin the evening before the day noted. Holidays noted *in italic* are holy days on which no work is permitted and absences from school or work should be excused.

Rosh Hashanah Sat & Sun, Sept. 19-20, 2020
 Yom Kippur Mon, Sept. 28, 2020
 Sukkot (start) Sat & Sun, Oct. 3-4, 2020
 Shemini Atzeret Sat, Oct. 10, 2020
 Simhat Torah Sun, Oct. 11, 2020
 Hanukkah Fri, Dec. 11-Fri, Dec. 18, 2020
 Tu B'Shevat Thur, Jan. 28, 2021
 Purim Fri, Feb. 26, 2021

Passover (start) Sun & Mon, Mar. 28-29, 2021
 Passover (end) Sat & Sun, Apr. 3-4, 2021
 Yom Hashoah Fri, Apr 9, 2021
 Yom Ha'atzmaut Sat, Apr. 17, 2021
 Lag B'Omer Fri, Apr. 30, 2021
 Shavuot Mon & Tue, May 17-18, 2021
 Tisha B'Av Sun, Jul 18, 2021

Yom Hashoah is Holocaust Remembrance Day. • Yom Ha'atzmaut is Israel Independence Day.

Young Adult/College Outreach Program

During the High Holy Days, the absence of many of our young adults is readily apparent to the Synagogue and to you, the families whose children are away from home. All too often our college-age young adults feel cut off from the Synagogue which played such an important part in their younger years. We want to keep that Synagogue connection with your children.

Please help us update our list of young adults who are in college or others who would enjoy hearing from us. We ask those who would like their children to receive both regular and e-mail communications to complete and return the form below to:

CAI Young Adult/College Outreach Program
 5550 E. 5th St., Tucson, AZ 85711

Congregation Anshei Israel's Young Adult/College Outreach Program

Name(s) _____

Address _____

City _____

State _____

Zip _____

E-mail _____

College Name _____

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placed by August 21.**

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**Visit caiaz.org & click on the jar of honey.
(Local honey is also available for purchase
at the Front Desk while supplies last.)**

LET'S CONNECT ONLINE!



VIRTUAL MINYANIM ON ZOOM

Join us online for daily prayer services!

Morning Minyan

8:00am Sunday • 7:30am Monday-Friday

Mincha/Ma'ariv (Afternoon/Evening)

5:30pm Sunday-Thursday

(Join us early at 5:20pm for a daily check-in and schmooze!)

Kabbalat Shabbat

5:45pm Friday

Shabbat Morning Service

9:30am Saturday

(Virtual kiddush & schmooze follows at approximately 11:00am)

Virtual Kiddush & Schmooze

approximately 11:00am Saturday

HAVDALLAH ON FACEBOOK LIVE

Make the transition from Shabbat to the week!

Approx. 8:15pm Saturday*

[facebook.com/congregationansheisrael](https://www.facebook.com/congregationansheisrael)

No Facebook account is necessary.

*Times vary. Check caiaz.org for times.

WEEKLY ZOOM TORAH STUDY WITH RABBI METZ - STARTS JULY 8

Bring your Bible and your desire to learn together.

Wednesdays, 11:00am - noon

Study materials for be found at caiaz.org/resources

MONTHLY READ IT & MEET

11:00am on Zoom

Save the Dates - July 26 & August 30

Book titles and details to follow.

Service materials are online at caiaz.org/resources or call 745-5550 (M-F 8am-3pm) for pickup or delivery of prayerbooks.

Zoom links are also available in your e-mail. Call 745-5550 for more information or to be added to our email list.

Times may vary. Please check our website caiaz.org for up-to-date details.

EDUCATION

Preschool/Kindergarten



Summer is my favorite time of year, and this summer would have marked my first year overseeing summer camp for the preschool, but as we know by now, the pandemic had other plans in mind.

Wanting to do the absolute best for our preschool program, we made the decision to remain closed during the summer months. By doing so, this has

allowed us time to properly prepare for when we do reopen with our fall classes. Teachers have been busy cleaning out and disinfecting classrooms and closets, scrubbing tables and chairs and even touching up our playground and garden. We've all missed the children so much, but know we're taking the appropriate measures and safety precautions to ensure a safe teaching and learning environment for everyone.

Under the new CDC and Arizona state child care guidelines, we're finalizing class lists, hiring new staff and getting ready to welcome our students back.

I'd like to personally thank two of our long-standing teachers who will not be returning next year, Leslee Conecoff-Gluck and Leasa Seagraves. Both of these amazing ladies have touched the lives of so many children over the years. Their dedication and commitment to their students and to our preschool program is unmatched and a testament to who they are and their love for teaching. We wish Leslee and Leasa only the best as they begin a new chapter in their lives, and hope they know they are always welcome back to teach us something new. Thank you Leslee and Leasa and *Yasher Koach* to you both!

For more information regarding open enrollment, please contact the preschool office.

Wishing you all a wonderful summer, stay healthy and looking forward to seeing everyone very soon.

Kimmie Spitzer, Early Childhood Director
745-5550, ext. 229 ECDirector@caiaz.org

Do you know anyone who has a great attitude and loves working with young children? We're looking to add full and part time team members to our preschool staff. Please email resume to Kimmie Spitzer at ECDirector@caiaz.org

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B'Yahad and USY

Plans for our fall semester of B'Yahad are underway!

We are excited to offer new programming, more experiential learning opportunities, and continued teen leadership from our madrichim. We are in the process of exploring digital, in-person, and hybrid options for learning and will keep you informed as our plans are finalized. In the meantime, the learning must go on! Be sure to REGISTER your child(ren) for the

2020-2021 school year by visiting our website. caiaz.org/lifelong-learning/byahad-together/ Registration fees are due August 1.

We are thrilled to welcome back USY Coordinator Adina Karp, who will be working closely with our USY and Madrichim Programs. As in past years, USY membership is included in B'Yahad tuition fees for 4-6th grades (Kadima) and 7-8th grades (Jr. USY). For high school students and students who are not in our B'Yahad program, be sure to register for USY at caiaz.org/lifelong-learning/usy/

We are looking forward to a wonderful year together!

Nichole Chorny, Cantorial Soloist
745-5550 ext. 227 CantorialSoloist@caiaz.org



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MAZAL TOV

Birth Announcements

This column features children, grandchildren and great-grandchildren of CAI members. The announcement and photo (if available) will appear in the issue of Kolenu within appropriate print dates. Please notify us at 745-5550, ext. 225.

Walter Wilcox-Gray

Born May 2



Walter is the grandson of Margo & Ron Gray and Diana & Joe Wilcox.

(Parents: Erin Wilcox & William Gray)

Nora Bea Smith

Born May 4

Nora is the granddaughter of Joyce & Michael Smith, and sister to Theo Smith. (Parents: Faith & Eric Smith)



CORRECTION

Stav Singer Hurvitz

Born February 21

Stav is the granddaughter of Shelley & Steven Singer, and niece of Stacey & Zach Singer. (Parents: Emily & Yaron Hurvitz)

Mazel tov to Sue & Sonny Ross on the Bar Mitzvah of their grandson, Shane Glesinger on March 7, 2020.

July Anniversaries

Date	Years
1 Trudy & Howard Schwartz	58
2 Phyllis & Don Cohen	67
Nancy & Tidhar Ozeri	31
Stephanie & Spencer Roberts	31
3 Kathy Hays & Gerald Barkan	29
4 Janet & Stephen Seltzer	60
Elaine & Howard Fagan	49
Judy & Cary Fishman	59
Kathryn & David Unger	55
5 Maria & Josh Katz	7
Laura & David Tick	29
9 Barbara & Sanford Selznick	20
14 Alayne & Bruce Greenberg	47
19 Gail & Alan Cohn	27
22 Sharon & Morris Barkan	37
23 Linda & Shelby Silverman	48
27 Maya & Josef Gonzales	22
29 Stephanie & Oren Buchler	9

Celebrating Becoming a Bar Mitzvah

Jakob Evan Gonzales

August 22



Jakob is the son of Maya & Josef Gonzales; the grandson of Elke & Calvin Jackson, Charles Gonzales, Diane Liebel, and Hans and Doris Liebel; and

brother to Markus. Jakob's Bar Mitzvah project involves donating toys, and spending time with children at St. Jude's Hospital. A student at Marana Middle School, Jakob's interests include music, playing the trumpet and aerospace.

August Anniversaries

Date	Years
1 Gail & Ron Isaacs	10
2 Nichole & Joel Chorny	11
Rachel & Jonathan Green	28
Barbara & Michael Schoenhals	50
3 Pat & Dennis Citron	45
Myrna & James Frisch	45
Terri & David Polan	40
5 Susan & Steven Weisman	41
6 Karen & Gilbert Sokal	14
7 Rebecca & Ronald Mann	22
Carole & Sylvain Sidi	49
9 Deanna Evenchick-Brav & Gary Brav	4
10 Jackie & Paul Hoffman	51
11 Terry & Jerry Neuman	51
Joann & Steven Weinstein	25
12 Jennifer & Mark Cassius	30
Margo & Ron Gray	47
14 Bertie Levkowitz & Thomas Herz	15
15 Robin & Mitchell Pozez	30
Marilyn & Ira Prenskey	55
16 Joyce & Bill Becker	61
18 Felisa & Ruben Bien-Willner	47
Ruth & Ronald Kolker	57
19 Gail & Marc Offenhart	36
Renee & Michael Rhyner	12
20 Arlene & Richard Bluth	53
21 Arlene & Howard Brody	60
23 Marjorie & George Cunningham	51
24 Suzanne & Ross Freund	28
Chaya & Harvey Jurkowitz	51
25 Lyudmila Rytslina & Ilya Tepelboym	31
26 Jennifer & Jason Bailey	13
27 Miriam & Athol Cline	49
Lila & Bernard Greisman	70
30 Mirta & Alberto Bien-Willner	45
Susan & Richard Glass	50
Eleanor & Don Jeck	56
31 Amy & Chad Miltenberger	17
Holly & Steven Shenitzer	45
Alice & Joel Steinfeld	45

MAZAL TOV TO OUR HIGH SCHOOL GRADUATES!

Emily Bregman

Graduated from: Catalina Foothills High School
Planning to attend NAU in the fall to study Elementary Education.

Katya Cohen

Graduated from: Catalina Foothills High School
Planning to attend Barrett Honors College at Arizona State University to pursue a major in Psychology.

Rebecca Freund

Graduated from: University High School
Planning to attend the University of Arizona to study Marketing and English.

David Jurkowitz

Graduated from: BASIS Tucson North
Planning to attend the University of Arizona to study biochemistry.

We tried to contact all of our seniors. If we missed you, we apologize. If you would like to be included in further announcements, please let us know.

USY AWARDS

Mazal Tov to **Lily Selznick**, our USY President this past year, who was presented with the USY Jackie Saltz Ruach Award at Spring Convention!

Mazal Tov to our **CAI USY chapter**, who received an award at Spring Convention for their "Leap into Leap Year" program.

Honorable "Menschens"

Todah Rabah to:

Mending Souls Face Mask Volunteers

Lois Bodin
Mindy & Fred Hirsh
Sandra Lachter
Tammy Strobel
Terry Williams

Congregational Check-in Callers

Board of Trustees
Administrative Staff
Clergy
Hesed Committee
Marilyn Einstein
Malka Abraham
Abby Rosen
Lily Selznick
Ellis Selznick

Kolenu Proofreading

Judy Schultz
Terry Williams

Prayerbook Delivery

Marianne Langer

If we missed you, we apologize. If you would like to be included in further announcements, please let us know.



Thank you everybody who came for the drive-by and dropped off gifts for me. I will treasure them, and appreciate all the love and support you all have given me. — **Phyllis Becker**



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When you shop with AmazonSmile Foundation, they will donate 0.5% of the price of eligible purchases to Congregation Anshei Israel.

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By clipping "Box Tops for Education" coupons from specially-marked General Mills products, CAI's Preschool/Kindergarten receives 10 cents for each coupon!



Please drop your clipped coupons in the marked container in the
Lynne Falkow-Strauss Foyer.

Condolences

המקום ינחם אתכם

The congregation mourns the loss of our members:

Sandra Licter
Natalie Migdal
David Stoler

Our condolences to these members who mourn the loss of their loved ones:

Neneng Fassler - her brother-in-law, Joel Fassler
Marilyn (Craig) Sternberg - her mother, Natalie Migdal
Nancy Stoler - her husband, David Stoler

May the Author of Life Comfort the Mourners



Anshei Israel Memorial Hall

Installation of a memorial plaque is a beautiful way to perpetuate the memory of a loved one. Each year on the anniversary of your loved one's death, the synagogue will send you a reminder of the Yahrzeit and light the light adjacent to their memorial plaque. Call Debra at 745-5550, ext. 242 to make arrangements or if you wish to reserve a space for the future.

Dealing with Grief and Loss?

Are you having difficulty dealing with grief and loss? Perhaps it would be helpful to talk with a trained counselor. A synagogue volunteer would be happy to speak with you confidentially. Please call Norma Karp at 299-3382.



The Mitzvah of Bikur Holim (Visiting the Sick)

Federal healthcare privacy regulations make it difficult for us to know when a member of CAI has been admitted to a hospital.

Become a partner in the mitzvah of Bikur Holim — visiting the sick — by advising our clergy when you, a relative, or a friend is hospitalized. We can stay informed ONLY if a family member or friend provides the information to us.

**PLEASE CALL 745-5550 to speak with
Rabbi Metz, ext. 230.**

The wine, juice and challah at our
Kabbalat Shabbat Service are donated
In Memory of Moe and Roslyn Wolf
by their family.

CONGREGATION ANSHEI ISRAEL DONATIONS

Donations made to Anshei Israel Funds enable our Synagogue to continue to carry out its work, thereby better serving our members.
Please consider making a donation in honor of a relative or friend who may be celebrating a simcha or in memory of a loved one.
This list reflects those donations made after the last issue's publication date. Todah Rabah to all.

Our Donation Form

is at the Front Desk
in the administrative office

AND

at caiaz.org

Notification cards are
sent for donations of
\$18 or more.

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In memory of:

Aunt, Reva Greenspan
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RUTH & STANLEY BARLIN BAR/BAT MITZVAH

In memory of:

Mother, Ida Gittelman
Florence Feldman

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Marcie Sutland

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In honor of:

The birth of our grandson, Teddy

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In honor of:

Margo & Ron Gray's new
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Phyllis Broad

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Joan & Barry Beroth

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In memory of:

Aunt, Ray Shuklansky
Cheryl Sober

ZUCKERMAN PRESCHOOL PLAYGROUND

In memory of:

David Stoler
Paula Abulafia

~ Hesed Committee ~

Welcome to the Hesed Committee, the largest committee at Congregation Anshei Israel. Did you know that you are a member of this committee? Every congregant is a member. Hesed means lovingkindness, grace, helping each other. We exist to help in times of need.



Please feel free to contact me.

Evelyn Sigafus

Hesed Committee Chair
esigafus@aol.com



Know Someone New to Tucson?



If you know someone new to the Tucson community, who you believe would be interested in finding out about CAI, please call Debra Lytle at 745-5550, ext. 242, so we can speak to them about all of the many religious, spiritual, educational and communal opportunities the synagogue has to offer!

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Join us on Zoom

Digital Minyanim

Help us make a minyan!

Morning Minyan

8:00am Sundays

7:30am Mondays-Fridays

Mincha/Ma'ariv

5:30pm Sundays-Thursdays

(Join us early at 5:20pm for a daily check-in and schmooze!)

Kabbalat Shabbat

5:45pm Fridays

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Password: 5550

JOIN BY TELEPHONE:

(669) 900-6833

Password: 5550

Shabbat Morning Service

9:30am Saturdays

(Virtual kiddush & schmooze follows at approximately 11:30am)

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Digitized versions of the materials for our Zoom services can be found at caiaz.org/resources or call during our office hours

(M-F 8am-3pm) to make arrangements for pickup or delivery.

Virtual Kiddush & Schmooze approximately 11:30am Saturdays

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Save the Dates - July 26 & August 30

Book titles and details to follow.

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Check us out on Facebook LIVE

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Havdallah

8:15pm Saturdays*

*Times vary. Check caiaz.org for times.

Materials for Havdallah can be found at caiaz.org/resources

No Facebook account necessary

