



KOLENU

"Our Voice" The Newsletter of Congregation Anshei Israel

January - February 2020 — Tevet - Shevat - Adar 5780

Volume 73 Number 3



Vecteezy.com

Tu B'Shevat: The "New Year" for trees

Judaism teaches that trees are special gifts from God and are symbols of goodness and nobility.

CONTENTS

Affiliate / Social Groups	pg 7
Anniversaries & Mazal Tov	pg 8
Condolences.....	pg 8
Coming Up	pg 6
Donations	pgs 9-11
Education.....	pg 7
Honorable "Menschens"	pg 8
President	pg 5
Shabbat Services, Dinners & Torah Study.....	pgs 2-3
Social Action.....	pg 4

INSERTS

- January / February Calendars
- Mah Jongg Tournament
- The Greatest Send-Off on Earth Journal Form

~ SAVE THE DATES ~



March 1

Star Wars Purim Party



Vecteezy.com

March 9

KOLENU • קולנו

"Our Voice"

The Newsletter for Congregation Anshei Israel

**Congregation
Anshei Israel** 
*A Conservative Synagogue and
Proud Member of USCJ*

5550 East Fifth Street • Tucson AZ 85711
(520) 745-5550 fax (520) 745-9058
caiaz.org

MISSION STATEMENT

Congregation Anshei Israel shall serve as a source of spiritual, educational, and social enrichment in order to encourage and ensure Judaic values in accordance with the Principles of Conservative Judaism.

CONTACT INFORMATION

Rabbi • Robert J. Eisen
Ext. 230 • Rabbi@caiaz.org

Rabbi Emeritus • Arthur Oleisky
Rabbi.Oleisky@caiaz.org

Cantorial Soloist • Nichole Chorny
Ext. 228 • CantorialSoloist@caiaz.org

Executive Director • Debra Lytle
Ext. 242 • ExecDir@caiaz.org

Education & Youth Director
Rabbi Ruven Barkan
Ext. 227 • EdDir@caiaz.org

Preschool / Kindergarten Director
Nancy Auslander
Ext. 229 • PKDDirector@caiaz.org

Finance Director • Susan Kirschner
Ext. 223 • FinanceDirector@caiaz.org

Communications & Marketing Director
Yvonne Ethier
Ext. 231 • Yvonne@caiaz.org

Executive Assistant • Tamara Artz
Ext. 225 • ExecAssist@caiaz.org

Education Assistant • Kim Miller
Ext. 224 • EdAsst@caiaz.org

Finance Assistant • Lynn Walsh
Ext. 244 • FinanceAsst@caiaz.org

Receptionist • Tammy Westra
Ext. 200 • Receptionist@caiaz.org



Instagram

Shalom!

Kiddie Corner

One of the most important values we can share is the importance of Shabbat worship, together as families. Should your little one(s) get restless, we offer a spot in Rabbi Breger Hall for them so parents can listen, see and participate in the service, as their children play with Shabbat-friendly toys and books.

Comfort for Babies & Moms

We have a designated room for moms who wish to nurse their babies in a quiet private space. The bride's changing room (at the back of the Epstein Chapel) will comfortably accommodate one or two moms at a time.

Worship provides sanctuary
from everyday life.



Please keep the outside world
outside by refraining from
* talking
* texting
* video taping
from your phone or
smartphone during services
and on Shabbat or holidays.

Shabbat Afternoon Torah Study

Torah discussions are held **every Saturday, one hour prior to the Mincha Service** and are a great opportunity to become more involved in "Living Judaism" and your congregation. Times of study are listed on the calendar in each issue of *Kolenu*. If you would like to lead a Torah discussion, call 745-5550.

Talmud on Tuesday

Learn about the law and lore in the "sea" of Talmud with Rabbi Robert Eisen as we dig deep into the "who, what, where, when, why and how" of living Judaism. Join us in the Epstein Chapel **immediately following 5:30pm Minyan**. (Not held January 7.)

Weekday Torah Study Group

Led by Rabbi Robert Eisen, this informal study group can lead to lively discussion. Held **Wednesdays** in the Library, **11:00am to 12noon**. (Not held January 1.)

"Origins" Kiddush

Try something a little different with us on **Saturday, January 11**, approximately **12:00noon** in the Rabbi Breger Hall. Tables will be arranged so people can sit with fellow congregants from the same areas of the US (and beyond!) while they enjoy kiddush. You never know who else is from "your neck of the woods"!

Family Shabbat Experience Service & Dinner

Please join us on **Fridays, January 17 & February 21**, at **5:45pm** as we transition into the "Rhythm of Shabbat." We'll welcome Shabbat with rhythm — pick up a percussive instrument and get into the *ruach* (spirit) — movement and song, followed by Shabbat dinner, and Open Lounge in the Linda Roy Youth Center with games and fun! Dinner \$25 per family (two adults & up to 4 children) for CAI members; guest family \$30; adults (13+) \$10 per person. RSVP is needed for dinner only to Kim at 745-5550, ext. 224 or visit caiaz.org

Tot Shabbat Service and Dinner

For families with young children, Rabbi Robert Eisen holds a special service with stories and songs **the first Friday of most months** at **5:45pm** on the Bimah in the sanctuary. A kid-friendly Shabbat dinner follows at **6:15pm**. Dinner: \$25 per family (two adults and up to four children); adults \$10 per person. RSVP needed for dinner only to Kim at 745-5550, ext. 224. Please plan to join us on **February 7** hosted by our 4-year-olds' class Shomrim (not held in January.)

Shalom!

Shabbat Shira: The Sabbath of Song

Come learn new melodies and join us in song for the “Sabbath of Song” on **February 8 at 9:00am**. This musical Shabbat will feature the CAI Adult Choir directed by Cantorial Soloist Nichole Chorny during a special “Sermon-in-Song.” Throughout the service you will hear some new melodies to familiar prayers, and will explore some of the varied repertoire of our heritage.

Shir Hadash Shabbat: A New Song

Join us on **Friday, February 28 at 5:45pm** for an uplifting service as we mix the traditional liturgy with new melodies from the modern Jewish world. While Rabbi Robert Eisen will help us explore the meaning of the words of our prayers, Cantorial Soloist Nichole Chorny will introduce some new melodies using *niggunim* (wordless melodies) and participatory singing. Together we will find our service enhanced with new music and joy, followed by a special Shabbat dinner. CAI members \$15; guests \$20. RSVP needed for dinner only. Visit caiaz.org or call 745-5550.

The Tenth of Tevet • Asarah B'Tevet

~ Date of the fast in 5780: January 7 ~

Coming as it does a week after the last day of Hanukkah, the fast on the 10th of the month of Tevet (Asarah B'Tevet) might easily be overlooked. It occupies, however, an important niche in the story of Israel and the history of our people.

The text in II Kings (25:1-4) tells us that on the 10th day of the 10th month, in the ninth year of his reign, (588 BCE), Nebuchadnezzar, the Babylonian king, began the siege of Jerusalem. Three years later, on the 17th of Tammuz, he broke through the city walls. The siege ended with the destruction of the Temple three weeks later, on the 9th of Av, the end of the first Kingdom and the exile of the Jewish people to Babylon. It can thus be considered part of the cycle of fasts connected with these events: Tzom Gedaliah (3rd of Tishrei); Shiva Asar B'Tammuz (17th of Tammuz) and Tisha B'Av (9th of Av).

The first mention of this fast appears in Zechariah (8:19) where it is called the “fast of the tenth month...” (counting from the month of Nisan, which was the first month in Biblical times). Other references to the fast and the affliction can be found in Ezekiel 24:1-2 (the siege); Jeremiah 52:4-6.

However, although the fast is historically tied in with events surrounding the destruction of the First Temple, the purpose of the fast is not the commemoration of an historical event, but the state of affliction of the Jewish people.

- As with all Jewish fasts, the prayers for Asarah B'Tevet include Selihot, marking the day as an occasion for each of us to devote time to Teshuvah (repentance), the introspection that motivates us to reexamine our actions and change our ways. As the Talmud in Brachot says, “one who is afflicted should examine his or her actions and do Teshuvah.”

- Asarah B'Tevet is the day of mourning for people whose last resting place or date of death is unknown (the Kaddish Clali).

- Asarah B'Tevet is one of four public fasts which begin at dawn (alot hashachar - about an hour before sunrise), but does not carry additional restrictions, such as washing oneself or wearing leather shoes, etc. (while Yom Kippur and Tisha B'Av begin from dusk the night before). However, it is the only fast which is not brought forward or postponed if it falls on a Friday, a mark of its immense significance.

Tu B'Shevat The semi-holiday, Chamishah Asar B'Shevat (15th day of Shevat) marks the first day of spring in Israel. It occurs six weeks after Hanukkah. The Mishnah refers to it as Rosh Hashanah L'Ilanot (New Year of the Trees). Since ancient times, the Jewish people have observed it by eating fruit grown in Israel. With the rise of the Zionist movement and the re-establishment of the land of Israel, Tu B'Shevat has gained new significance as Arbor Day, observed by the planting of trees in Israel.

Trees were regarded as special gifts from God. There are many symbolic allusions to trees in the Bible, especially the olive, which sends up new shoots to continue the life of the old tree that dies. Trees are represented as symbols of goodness and nobility. The upright person is compared to “a tree planted near a stream, that bears fruit in due season, with leaves that never fade” (Psalm 1:3). “The righteous will flourish like the palm tree; they will grow like a cedar in Lebanon” (Psalm 92: 13-14).

Not too long ago, it was customary among many of our people to plant a tree when a child was born — a cedar for a boy and a cypress for a girl. Branches from these trees were then used for the poles of the wedding canopy (chuppah) on the day of their marriage.

In our day, many people purchase trees in Israel through the Jewish National Fund (JNF). If interested in purchasing a tree or making a donation to the JNF for reclamation of the land of Israel, please contact the JNF at 800-542-TREE (8733).

This year Tu B'Shevat falls on Monday, February 10 (it begins at sundown Feb. 9). For more information about CAI's “TU B'SHEVAT IN THE PARK,” see page 6.

ARBA PARSHIOT Special Sabbaths

During the month or so before Passover, four Shabbatot are characterized by special Maftir readings, called the Arba Parshiot [four Torah portions], which relate thematically to Passover or Purim: Shabbat Shekalim, Shabbat Zakhon, Shabbat Parah, and Shabbat Hahodesh.

SHABBAT SHEKALIM (February 21/22)

SHABBAT SHEKALIM — which takes place the SHABBAT prior to ROSH HODESH for the month of ADAR or on SHABBAT ROSH HODESH ADAR itself — is named for the MAFTIR reading, Exodus 30:11. The MAFTIR describes a census requiring every Israelite man to contribute a half-SHEKEL to support communal sacrifices in the portable Tent Of Meeting and later at the Temple. The egalitarian nature of this contribution is emphasized — “the rich shall not pay more, and the poor shall not pay less than half a SHEKEL.” The requirement that all individuals contribute equally to the community helped develop a sense of unity crucial to the new nation created by the Exodus.

In the special Haftarah, 2 Kings 11:17-12:17, King Yehoash commanded that all money brought to the Temple be used for its repairs and renovations — both the required contributions and the free-will offerings. SHABBAT SHEKALIM occurs about a month before Passover as a reminder that the due date for the half-shekel contributions was approaching, on 1 NISAN, a month later. Some people contribute to an institution of Jewish learning in remembrance of the half-SHEKEL.

Adar I and Adar II

The Hebrew/Jewish calendar is a luni-solar calendar based on the phases of the moon, but adjusted for the cycle of the earth's revolution around the sun. Because the solar year is about 11 days longer than 12 lunar months — though the Bible does not directly mention the addition of “an extra month here or there,” without the insertion of an extra month now and then — Jewish festivals would gradually shift outside of the seasons required by the Torah.

And so, according to our tradition the Jewish calendar is based on a cycle of 19 years, of which 12 are common years (12 months) and seven leap years (13 months). The leap years are years 3, 6, 8, 11, 14, 17, and 19.

During a leap year ADAR I (or ADAR ALEPH — “first ADAR”) is added before the regular ADAR. ADAR I is actually considered to be the extra month, and has 30 days. ADAR II (or ADAR BET — “second ADAR”) is the “real” ADAR, and has the usual 29 days. For this reason, holidays such as PURIM, and according to many authorities, Yahrzeits that fall in a regular ADAR are observed in ADAR II, not ADAR I.

Why are we telling you all of this? Because this year, 5780, is a “regular” year. Yahrzeits that occur in ADAR I or Adar II are observed in the “only Adar we will have this year.”



Daily Minyan Services & “Jewry” Duty

Our Minyan is expected to be there when someone needs to say *Kaddish*, but there are times when it is difficult to get a *Minyan*. Along with your “Jewry Duty,” please consider being part of the *Minyan* at least one morning or afternoon per month on a regular basis. Service times are on the calendar in each newsletter and on CAI’s website. Shown below is a combined list of Minyan attendees and those fulfilling their “Jewry” Duty during October and November. *Todah rabah!*

Dorit Adler	Lorraine Hellring	Mike Schoenhals
Austin Agron	Fred Hirsh	Judith & Charles
MeMe Aguila	Chaya & Harvey Jurkowitz	Schultz
Joshua Anbar	Aaron Leonard	Evelyn Sigafus
Mo Barkan	Richard Levy	Michelle Sigafus
David Ben-Asher	Debra Lytle	Steve Singer
Lois Bodin	Ziva Mason	Karen Skolnik
Tova Braunstein	Levi Mendel	Moshe Toister
Mark Cassius	Pamela & Stuart Mendel	Art Weinenger
Eleanor Cherkis	Bob Moskovitz	Jim Whitehill
Debby Eisen	Joy Peskin	Jerry Wolf
Roberta Feig	Jessica Preister	Joanne Wolf
Brenda Frye	Alan Ravitz	Phyllis Wolf
Elizabeth Goisman	Abby Rosen	Robert Wolk
Shirley Goldberg	Judith Schneider	

Thank you to our “Yad Squad”

(Those who read Torah and Haftarah in October and November)

Malka Abraham	Marshall Heyman	Ziva Mason	Monica Rudner
Joshua Anbar	Mike Jacobson	Levi Mendel	Eric Saffioti
David Ben-Asher	David Jurkowitz	Pamela Mendel	Steve Seltzer
Nichole Chorny	Lisa Jurkowitz	Phillip Pepper	Leonard Schultz
Rabbi Robert Eisen	Aaron Leonard	Jessica Priester	Sophia Temyanko
Richard Green	Katherine Leonard	Eric Rudner	Moshe Toister

NOTICE REGARDING Daily Minyan Services

Please be aware that the Chapel is being remodeled. Morning and evening Minyan will be moved until further notice. We apologize for any inconvenience.

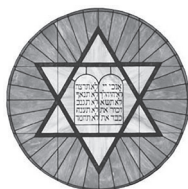
When Minyan is held in Room 4, please enter through the Administrative Office doors on the East side of the building. When Minyan is held in the Sanctuary, please enter through the Sanctuary doors.

Sunday - Thursday morning and evening Services:
Room 4

Friday morning Services:
Room 4

Friday evening Shabbat services:
Sanctuary

Saturday morning and evening Shabbat services:
Sanctuary



~ Social Action ~

PROJECT ISAIAH UPDATE



Every year, CAI participates in Tucson’s annual High Holy Days Hunger Project benefiting the Community Food Bank. Through your generosity, we collected 940 pounds of food and \$265.00 which will provide nutritious meals for those in need. Thank you!

Blood Drive
Sunday, January 5
9am-2pm



**American
Red Cross**

Every two seconds someone in the U.S. needs blood. Give a gift, get a gift. Receive a long-sleeved Red Cross t-shirt when you donate (while supplies last). We welcome donors ages 16+ and, of course, volunteers. Call 1-800-733-2767 for eligibility questions. To reserve a time slot or to volunteer, contact our Blood Drive Coordinator Fran Stoler at franstoler@gmail.com or 465-1720.



*“Nine saints do not make
a MINYAN,
but one ordinary man or
woman can ...
by joining them.”*

One of the things that sets Congregation Anshei Israel apart is our twice daily MINYANIM. Unfortunately, we sometimes struggle to maintain a proper quorum (especially on Sunday morning).

As such, we are asking that you set aside 30 minutes once or twice a week, if you can, to join us for MINYAN. This is not only a CAI commitment, but a ritual utilized by many members of our Jewish community. It is a minor sacrifice of your time to help those around you in times of need. In the end, however, we are really helping ourselves!

Daily Minyan

Monday - Thursday 7:30am & 5:30pm

Friday 7:30am

Sunday and legal holidays 8:00am & 5:30pm



From the President

It's 2020. It's the start of a contentious presidential election year that promises to be important for the country and the Jewish community. It also promises to be a year filled with incessant political mail, incessant political radio ads, incessant political television commercials, incessant political Tweets and other social media communications, and incessant political conversations and arguments. For me, it will also be lots of political litigation. In all of that noise, bother, and aggravation, where can one go to escape? Let me suggest coming to *shul*. Whether it is Shabbat services, minyan, or classes, Congregation Anshei Israel can be the calm in the storm. Take refuge with us as we find a little Shabbat Shalom or find a diversion with our Mah Jongg Tournament on January 12 (see insert). Certainly, join us as we destress and connect with nature with our celebration of Tu B'Shevat on February 9 (see page 6). Even better, bring a friend to *shul* with you. They will thank you for the respite from the talking heads and senseless shouting.

On the subject of Tu B'Shevat, my children want to pass along some tree planting tidbits. My oldest suggests that you check out Ecosia (www.ecosia.org), as a search engine alternative to Google. Ecosia advertises that after about 45 searches, a user will have earned a tree to be planted. Ecosia reportedly provides 80% of its profits to local non-profits that plant trees in biodiversity hotspots. The search results are provided by Microsoft's Bing search engine, so it should be a fairly similar experience.

My youngest wanted to share that YouTube star MrBeast is currently working on a program called #TeamTrees with the Arbor Day Foundation. They hope to plant 20 million trees to celebrate MrBeast reaching 20 million subscribers. For every dollar contributed, one tree will be planted. Tesla CEO Elon Musk recently donated \$1 million to the cause. You can find more information on YouTube or www.teamtrees.org

Of course, don't forget that you can plant trees in Israel with the Jewish National Fund. If you buy your trees through the JNF button on our website (www.caiaz.org), 20% of your purchase will be donated back to CAI.

Dan Jurkowitz, president@caiaz.org



Know Someone New to Tucson?

If you know someone new to the Tucson community who you believe would be interested in finding out about CAI, please call Debra Lytle at 745-5550, ext. 242, so we can speak to them about all of the many religious, spiritual, educational and communal opportunities the synagogue has to offer!

Assisted Living, Memory Care, Independent Living



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TOM POTHOFF DANNY KLEIN

www.serenityss.com
info@serenityss.com

Being Part of our HEVRA KADISHA: A MITZVAH whose reward is found in its doing

For centuries, every Jewish community maintained its own HEVRA KADISHA—a sacred fellowship whose members lovingly cleanse, dress and lay out the bodies of the dead until burial. And, our congregational community is no different.

Our HEVRA KADISHA participants are called on to fulfill the imperatives of HESED SHEL EMET (true kindness, or kindness at the moment of truth) for CAI members and their immediate relatives ... and sometimes, when available to help out other congregations in their time of need. TAHARAH (cleansing and dressing) is performed by a small group of participants - women for women, and men for men—under the guidance of an experienced team leader.

Our HEVRA KADISHA needs YOU!

As our community grows, so does our need to stay connected. Our HEVRA KADISHA continues to welcome additional members to our ranks for TAHARAH ... in order to respectfully enable the decedent to transition through death and burial in a dignified manner.

**Training is included in our orientation process.
The only prerequisite
is an open heart.**

**If you would like to learn more and/or find out how you
can participate in this most
important MITZVAH, please call
Rabbi Robert Eisen at 745-5550, ext. 230.**

~ Hesed Committee ~



Welcome to the Hesed Committee, the largest committee at Congregation Anshei Israel. Did you know that you are a member of this committee? Every congregant is a member. Hesed means lovingkindness, grace, helping each other. We exist to help in times of need.

Maybe you need help to make a minyan, set-up a meal of condolence, need temporary help where we can advise you as to where you can receive the needed assistance. As concerns are given to the clergy, I am then contacted to discuss this need and to help find a solution. That is where you come in, my fellow congregants. I then call upon you for your assistance. If you are able to help, fantastic. If not, maybe another time.

Please feel free to contact me.

Evelyn Sigafus, Hesed Committee Chair
esigafus@aol.com

C O M I N G U P . . .



**14TH ANNUAL Mah Jongg
Tournament**
Sunday, Jan. 12

SEE INSERT for DETAILS.



**"THE TRIAL of
KING DAVID"**
Wednesdays, Feb. 5 & 12
7:00pm

Join us for a mock grand jury and trial of King David, accused of all sorts of nefarious things. Attendees will act as jury. Educational and fun, this event will be a wonderful discussion of the Talmud. \$18 per person.

**WATCH FOR YOUR JURY
SUMMONS IN THE MAIL!**

Tu B'Shevat in the Park
Sunday, Feb. 9 • 9:30am
McDonald Park

Celebrate the "new year" for trees with us as we enjoy fresh & dried fruits, seeds & juices, & a short nature walk. Each attendee will take home a parsley seedling for use on Passover. No charge to attend.



Watch your mail for further details!

**SAVE THE DATE FOR
THESE PROGRAMS!**

4th Annual



**Sunday,
Mar. 1**

Join us for an
experience
designed to satisfy
both the body
and the soul!

Feel the MITZVAH ... DO the MITZVAH!

**STAR
WARS**
PURIM PARTY
Monday, Mar. 9



Vecteezy.com

**COME ONE, COME ALL
TO THE GREATEST
SEND-OFF
ON EARTH!!!**

SUNDAY
April 26, 2020



*Living (y)our
Judaism
together*
Congregation Anshei Israel
5550 E. 5th St., Tucson, AZ 85711
745-5550 • caiaz.org

SAVE THE DATE

April 26, 2020

**★ Food★Fun★Festivities★
and More!**

AFFILIATE / SOCIAL GROUPS



Women's League

Gentle Chair Yoga classes will continue on **Wednesdays, 9:30 – 10:30am** (not held on January 1). Increased balance, strength and flexibility in a supportive group setting is the focus. Meditation and deep relaxation at the end of each class leaves participants with positive healing energy and uplifted spirits. Dress comfortably. Members of Women's League \$6 per class; non-members \$8 per class.

Open Mah Jongg Play continues on **Mondays, 10:00am to 12:00pm** (not held on January 20). All levels of experience are welcome. Join us: It's free, it's casual, it's social and it's fun!

Women's Study Group will continue on **Mondays, January 6 and February 3 at 12noon**. Rabbi Robert Eisen leads the monthly group session using *Pirkei Imahot: The Wisdom of Mothers, The Voices of Women* as the core for discussion. Each month we explore the depth of their teaching with an eye to seeing how we might apply their lessons to our lives. Volumes of the book are available at each class session. No charge to attend. Bring your own dairy lunch; beverages and dessert provided.

The **2019-20 Torah Fund Campaign** continues with Debby Eisen as Torah Fund Pin Chair. Torah Fund ensures our legacy to future generations of Conservative Jews by providing rabbis, cantors and educators and more. Visit the Women's League page on our website (caiaz.org) or pick up a flyer at the Shalom Cart for more information and how you can receive this year's beautiful Torah Fund pin!



"Read It & Meet" Book Discussions

Please join us on **Saturday, January 4** when we'll discuss *Forest Dark* by Nichole Krauss, with moderator Sara Ross. On **Saturday, February 1**, we'll discuss *Gateway to the Moon* by Mary Morris, with moderator Joan Belzer.

Monthly book discussions are held on Shabbat (**approx. 12noon**) and everyone is welcome. Selected books by Jewish authors or with Jewish content are discussed and moderators facilitate discussions. For a complete reading list for the coming year, as well as moderators for each book, visit our website: <http://caiaz.org/getting-involved/affiliate-social-groups/read-it-meet/> For more information, call Helen Rib at 299-0340.

Pick up complimentary "RIM" bookmark with a list of all the books at the front desk in the administrative office or on the Shalom Cart in Rabbi Breger Hall.



Men's Club
of Congregation Anshei Israel

Men's Club

All are welcome to join us on **Sunday, January 5 at 9:30am** in **Rabbi Breger Hall** as we welcome guest speaker Dr. Richard Green, astronomer at the UA Steward Observatory as he presents "Cosmology & Jewish Thought." Cosmology is the science of the origin and development of the universe. Dr. Green will discuss the scientific aspects of the theory of evolution and a Judaic approach to these aspects. Brunch is free for Men's Club members; guests \$4 per person. Please RSVP to Eric Flank at 256-7575 or eflank45@gmail.com

E D U C A T I O N

Preschool/Kindergarten

While the Jewish High Holy Days season wound down, our learning about Thanksgiving and Hanukkah jumped into high gear. Giving thanks for family, friends and the miracle of Hanukkah – such a great way to end the first half of the school year!

On November 12, 2019, PAC held a FUN-raiser at MOD Pizza who donated 20% of sales generated by those who ate there that day. We raised \$120. Thank you all!

On December 4, several of our families participated in the free dental screening and fluoride application provided by "First Smiles Matter," a service provided by Pima County Health Department. On December 18, we sang Hanukkah songs for our families at the "Hanukkah Celebration and 2nd Annual Bake Sale." The children also made the table decorations, cookies, fruit salad, veggie crudites and applesauce to enjoy with latkes after the performance. Our preschool staff had an in-service and training where we learned the power of using our SmartBoard to further enhance classroom learning. Then it was time for our winter break.

When students return on January 6 for more fun, learning, songs and all the enrichment we offered during the first half of the year — Mr. Nature, PE/Movement with Miss Kirby, and Spanish with Viviana — they will enjoy Science with our new instructor, Bri Tennenbaum.

Our Tot Shabbat services and dinners are now "hosted" by each class or age-group two times during the school year. We also have two all-school Tot Shabbats, one in August, and one in May. These events have been well-attended, and we look forward to them every month. Rabbi Robert Eisen and Cantorial Soloist Nichole Chorny lead a brief kid-friendly service, and the children enjoy singing the songs they learned with Nichole and the stories that Rabbi reads. Thank you, Rabbi and Nichole for passing on our traditions to the next generation.

Rather than separate "Mom..." and "Dad & Me" breakfast events, we will now offer a "**Family Breakfast**" on **Friday, February 28**. Sure hope all our families can join us! Watch your mail and Shabbat bags for further details.

Nancy Auslander
Preschool/Kindergarten Director
745-5550, ext. 229
PKDirector@caiaz.org

MAZAL TOV

Birth Announcements

This column features children, grandchildren and great-grandchildren of CAI members. The announcement and photo (if available) will appear in the issue of Kolenu within appropriate print dates. Please notify the Executive Assistant at 745-5550, ext. 225.

Elchanan Tzvi Lipman • Born November 26, 2019

Elchanan is the great-grandson of Phyllis Broad.

(Parents: Abby & Baruch Lipman)

Anniversaries

<u>Date</u>	January	<u>Years</u>
11	Sandra & Gerald Ross	61
12	Patricia Dumes-Zarin & Ira Zarin	33
13	Debbie & Irving Rosenberg	18
15	Marianne & Allen Langer	36
21	Sallie & Morton Kranitz	57
23	Jane & Jonathan Klein	49
30	Yael & Shlomo Neuman	55

<u>Date</u>	February	<u>Years</u>
11	Janice Wezelman & David Bartlett	41
	Enid & Irwin Freedman	70
13	Ruth & Marvin Hoffman	65
	Rosie & Paul Kahn	26
16	Hyla & Gary Windham	17
17	Janis & Daniel Gasch	35
	Alla & Howard Steinberg	12
19	Betty & Stanley Scott	59
20	Madeline & Barry Friedman	37
23	Marcia & Paul Simon	6
25	Anita & Danny Levkowitz	42
28	Dawn & Leonard Steinberg	4

Honorable "Menschens"

TODAH RABAH TO:

Judith Schultz & Terry Williams

for proofing the November/December Kolenu

Phyllis & Burt Becker

for donating kitchen & office supplies

SHARE YOUR SIMCHA!

We welcome sponsorships — in whole or part — toward Kiddush and/or Seudah Shlesheet (Third Meal). All contributions are acknowledged in *Kolenu*. If you wish to honor someone or simply to help, please call Debra at 745-5550, ext. 242.

The wine, juice and challah at our
Kabbalat Shabbat Service are donated
In Memory of Moe and Roslyn Wolf by their family.

Condolences

המקום ינחם אתכם

The congregation mourns the loss of our member:

Leroy Feig

*Our condolences to these members who mourn
the loss of their loved ones:*

Bobbie Feig - her husband, Leroy Feig

Eileen Barkan-Riley - her mother, Gertrude Sternberg

Mary Marcus - her brother, David Goldstein

Jessica Priester - her grandmother, Louise Donnan Priester

Esther Sherberg - her sister-in-law,

Beatrice Sander Sherberg

May the Author of Life Comfort the Mourners



~ Anshei Israel Memorial Hall ~

Installation of a memorial plaque is a beautiful way to perpetuate the memory of a loved one. Each year on the anniversary of your loved one's death, the synagogue will send you a reminder of the Yahrzeit and light the light adjacent to their memorial plaque. Call Debra at 745-5550, ext. 242 to make arrangements or if you wish to reserve a space for the future.

Dealing with Grief and Loss?

Are you having difficulty dealing with grief and loss? Perhaps it would be helpful to talk with a trained counselor. A synagogue volunteer would be happy to speak with you confidentially. Please call Norma Karp at 299-3382.



The Mitzvah of Bikur Holim

Federal healthcare privacy regulations make it difficult for us to know when a member of CAI has been admitted to a hospital.

Become a partner in the mitzvah of Bikur Holim — visiting the sick — by advising our clergy when you, a relative, or a friend is hospitalized. We can stay informed ONLY if a family member or friend provides the information to us.

PLEASE CALL 745-5550 to speak with:

Rabbi Robert Eisen, ext. 230 or

Executive Assistant, ext. 225

Interfaith Families Welcomed

CAI welcomes all who seek the spiritual comfort found within our sacred community. We warmly welcome interfaith families and encourage them to participate in as much synagogue life as they choose within the framework of Conservative Judaism. For more information, pick up a brochure at the Shalom Cart or access it at caiaz.org/resources as part of CAI's "Myths vs. Facts" program.

CONGREGATION ANSHEI ISRAEL DONATIONS

Donations made to Anshe Israel Funds enable our Synagogue to continue to carry out its work, thereby better serving our members. Please consider making a donation in honor of a relative or friend who may be celebrating a simcha or in memory of a loved one. This list reflects those donations made after the last issue's publication date. Todah Rabah to all.

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