



KOLENU

"Our Voice" The Newsletter of Congregation Anshei Israel

November - December 2019 — Heshvan - Kislev - Tevet 5780

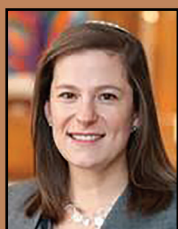
Volume 73 Number 2



*Join us on the
8th Night of
Hanukkah
for
Hanukkah
"Pajamakkah"*

See page 7.

**SAVE
December 13-14
for a special
weekend with:**



Scholar-in-Residence

**RABBI CANTOR
HILLARY CHORNY**

and



a Cantors' Concert with

**CANTORIAL SOLOIST
NICHOLE CHORNY**

See page 6.

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KOLENU • קולנו

"Our Voice"

The Newsletter for Congregation Anshei Israel

Congregation Anshei Israel

A Conservative Synagogue and
Proud Member of USCJ

5550 East Fifth Street • Tucson AZ 85711
(520) 745-5550 fax (520) 745-9058
caiaz.org

MISSION STATEMENT

Congregation Anshei Israel shall serve as a source of spiritual, educational, and social enrichment in order to encourage and ensure Judaic values in accordance with the Principles of Conservative Judaism.

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Instagram

Shalom!

Tot Shabbat Service and Dinner

For families with young children, Rabbi Robert Eisen holds a special service with stories and songs **the first Friday of most months at 5:45pm** on the Bimah in the sanctuary. A kid-friendly Shabbat dinner follows at **6:15pm**. Dinner: \$25 per family (two adults and up to four children); adults \$10 per person. RSVP needed for dinner only to Kim at 745-5550, ext. 224. Please plan to join us on **November 1** hosted by our 3-year-olds' classes Giborim & Maccabim & on **December 6** hosted by our 14-months to 2-year-olds' classes Par Par & Keshet.

Kiddie Corner

One of the most important values we can share is the importance of Shabbat worship, together as families. Should your little one(s) get restless, we offer a spot in Rabbi Breger Hall for them so parents can listen, see and participate in the service, as their children play with Shabbat-friendly toys and books.

Comfort for Babies & Moms

We have a designated room for moms who wish to nurse their babies in a quiet private space. The bride's changing room (at the back of the Epstein Chapel) will comfortably accommodate one or two moms at a time.

Shabbat Afternoon Torah Study

Torah discussions are held **every Saturday, one hour prior to the Mincha Service** and are a great opportunity to become more involved in "Living Judaism" and your congregation. Times of study are listed on the calendar in each issue of *Kolenu*. If you would like to lead a Torah discussion, call 745-5550.

Talmud on Tuesday

Learn about the law and lore in the "sea" of Talmud with Rabbi Robert Eisen as we dig deep into the "who, what, where, when, why and how" of living Judaism. Join us in the Epstein Chapel **immediately following 5:30pm Minyan**. (Not held December 24 & 31.)

Weekday Torah Study Group

Led by Rabbi Robert Eisen, this informal study group can lead to lively discussion. Held **Wednesdays** in the Library, **11:00am to 12noon**. (Not held December 25 & January 1, 2020.)

Family Shabbat Experience Service & Dinner

Please join us on **Fridays, November 15 & December 20, at 5:45pm** as we transition into the "Rhythm of Shabbat." We'll welcome Shabbat with rhythm — pick up a percussive instrument and get into the *ruach* (spirit) — movement and song, followed by Shabbat dinner, and Open Lounge in the Linda Roy Youth Center with games and fun! Dinner \$25 per family (two adults & up to 4 children) for CAI members; guest family \$30; adults (13+) \$10 per person. RSVP is needed for dinner only to Kim at 745-5550, ext. 224 or visit caiaz.org

"Zip Code" Kiddush

Mix and mingle with your CAI neighbors at a special "Zip Code" Kiddush after services on **Saturday, November 16**, (approximately 12noon). Tables will be arranged by Tucson Zip Code; find yours and discover who some of your neighbors are... let's mingle!

Shir Hadash Shabbat: A New Song

Join us on **Friday, November 22 at 5:45pm** for an uplifting service as we mix the traditional liturgy with new melodies from the modern Jewish world. While Rabbi Robert Eisen will help us explore the meaning of the words of our prayers, Cantorial Soloist Nichole Chorny will introduce some new melodies using *niggunim* (wordless melodies) and participatory singing. Together we will find our service enhanced with new music and joy, followed by a special Shabbat dinner. CAI members \$10; guests \$15. RSVP needed for dinner only by Nov. 18. Visit caiaz.org or call 745-5550.

Shalom!

CAI TZEDAKAH BOXES

From **November 24 thru December 31, 2019**, Rabbi Eisen will be accepting your CAI Tzedakah Boxes for donation toward our sister synagogue, Shevet Achim in Gilo, Israel. All donations received via these boxes will be matched!



Please bring your box to the administrative front desk during office hours. Let us know that you are donating the contents (however much they may be) to our **"Gilo Campaign"** and pick up a new box to continue your tzedakah efforts into the new secular year.

Don't have a CAI Tzedakah Box? We have plenty ... come in to get yours!

~ A MITZVAH MOMENT ~

Our congregation is once again volunteering to help Pantano Christian Church, 1755 S. Houghton (between 22nd St. & Golf Links) with its childcare on Christmas Eve, **Tuesday, December 24**. Along with family services, they provide "alternative programming" for children too young to participate in the services themselves. They need our volunteers to help their "lead teachers" who will be in each room. Our presence will allow that many more of their families to worship together at this, one of their most sacred seasons. Volunteers are needed to help with babies, toddlers, preschoolers and older preschoolers. There are five 1-1/2 hour shifts (10:45am, 12:45pm, 2:45pm, 4:45pm & 6:45pm). Please let us know you can help when requests go out in early December.

**Worship provides sanctuary
from everyday life.**



Please keep the outside world outside by refraining from
* talking
* texting
* video taping
from your phone or
smartphone during services
and on Shabbat or holidays.

THANK YOU TO THE JFSA

The Jewish Federation of Southern Arizona, as part of its allocation process, established a special committee called the "Synagogue Funding Group" with the purpose of supporting Synagogue activities/programming especially for families with children 18 years and younger. CAI is applying the funds that we received to enhance our Preschool, B'Yahad and Youth programming/engagement in a number of different areas. We appreciate and thank the Federation for this support.

The Tenth of Tevet Asarah B'Tevet

**Date of the fast in 5780:
January 17, 2020**

Coming as it does a week after the last day of Hanukkah, the fast on the 10th of the month of Tevet (Asarah B'Tevet) might easily be overlooked. It occupies, however, an important niche in the story of Israel and the history of our people.

The text in II Kings (25:1-4) tells us that on the 10th day of the 10th month, in the ninth year of his reign, (588 BCE), Nebuchadnezzar, the Babylonian king, began the siege of Jerusalem. Three years later, on the 17th of Tammuz, he broke through the city walls. The siege ended with the destruction of the Temple three weeks later, on the 9th of Av, the end of the first Kingdom and the exile of the Jewish people to Babylon. It can thus be considered part of the cycle of fasts connected with these events: Tzom Gedaliah (3rd of Tishrei); Shiva Asar B'Tammuz (17th of Tammuz) and Tisha B'Av (9th of Av).

The first mention of this fast appears in Zechariah (8:19) where it is called the "fast of the tenth month..." (counting from the month of Nisan, which was the first month in Biblical times). Other references to the fast and the affliction can be found in Ezekiel 24:1-2 (the siege); Jeremiah 52:4-6.

However, although the fast is historically tied in with events surrounding the destruction of the First Temple, the purpose of the fast is not the commemoration of an historical event, but the state of affliction of the Jewish people.

- As with all Jewish fasts, the prayers for Asarah B'Tevet include Selihot, marking the day as an occasion for each of us to devote time to Teshuvah (repentance), the introspection that motivates us to reexamine our actions and change our ways. As the Talmud in Brachot says, "one who is afflicted should examine his or her actions and do Teshuvah."

- Asarah B'Tevet is the day of mourning for people whose last resting place or date of death is unknown (the Kaddish Clali).

- Asarah B'Tevet is one of four public fasts which begin at dawn (alot hashachar - about an hour before sunrise), but do not carry additional restrictions, such as washing oneself or wearing leather shoes, etc. (while Yom Kippur and Tisha B'Av begin from dusk the night before). However, it is the only fast which is not brought forward or postponed if it falls on a Friday, a mark of its immense significance.



Daily Minyan Services & “Jewry” Duty

Our Minyan is expected to be there when someone needs to say *Kaddish*, but there are times when it is difficult to get a *Minyan*. Along with your “Jewry Duty,” please consider being part of the *Minyan* at least one morning or afternoon per month on a regular basis. Service times are on the calendar in each newsletter and on CAI’s website. Shown below is a combined list of *Minyan* attendees and those fulfilling their “Jewry” Duty during August and September. ***Todah rabah!***

MeMe Aguila	Madeline & Barry Friedman	Robert Mutterperl
Joshua Anbar	Manny Furst	Jessica Priester
Kathy Hays & Jerry Barkan	Jean & Marvin Glassberg	Alan Ravitz
Morris Barkan	Allen Gordon	Stephanie Roberts
David Ben-Asher	Margo Gray	Abby Rosen
Jon Ben-Asher	Lorraine Hellring	Esther Sherberg
Lois Bodin	Marty Johnston	Mike Schoenhals
Tova Braunstein	Dan Jurkowitz	Howard Schwartz
Michele Cassen	Chaya & Harvey Jurkowitz	Evelyn Sigafus
Jillian & Mark Cassius	Rosie Kahn	Tammy Strobel
Kevin Chess	Nedra Katz	Sandra Tobin
Terri Cohen	Aaron Leonard	Moshe Toister
Debby Eisen	Debra Lytle	Art Weinenger
L. Elliott Farber	Ziva Mason	Stephen Weinstein
Neneng Fassler	Levi Mendel	James Whitehill
Eric Flank	Pam & Stuart Mendel	Joanne Wolf
		Phyllis Wolf

Thank you to our “Yad Squad”

(Those who read Torah and Haftarah in August and September)

Malka Abraham	Aaron Green	Natalie Leonard	Helen Rib
Joshua Anbar	Richard Green	Ziva Mason	Eric Saffioti
Tamir Armoza	Marshall Heyman	Phillip Pepper	Leonard Schultz
Nichole Chorny	Mike Jacobson	Zachary Persellin	Steve Seltzer
Rabbi Robert Eisen	Lisa Jurkowitz	Jessica Priester	Sophia Temyanko
			Moshe Toister

Home Safety Repairs for Older Adults

Jewish Family & Children’s Services of Southern Arizona offers minor home and safety repairs for Jewish older adults with financial needs.

Stay Safe in Your Home

- Air Conditioning & Evaporative Cooler Repairs
- Plumbing Repairs
- Yard Work
- Installation of Grab Bars ... *and more!*



For more information call Jewish Elder Access
(520) 795-0300 ext. 2345 or ext. 2380



4301 E. 5th Street
Tucson, AZ 85711



Jewish Federation of Southern Arizona
STRONGER TOGETHER

JFCS of Southern Arizona is a nonprofit 501(c)(3) agency Tax ID# 86-0623896

~ Social Action ~

“Turkey & More” Drive

November 1 - 24

Every year, CAI collects food and money to purchase kosher turkeys and other food items for Jewish Family & Children’s Services to help enhance the Thanksgiving celebration of families in need. Food items may be dropped off in the marked box in the Lynne Falkow-Strauss Foyer. Monetary donations may be dropped off at the front desk or mailed in. *Please make checks payable to CAI and note “Turkey Drive” on it.* Thank you!



American Red Cross

SAVE THE DATE
Blood Drive
Sunday, January 5, 2020
9am-2pm

We welcome blood donors of all types, as well as volunteers to assist in making each drive a huge success. Please contact our Blood Drive Coordinator Fran Stoler at franstoler@gmail.com or 465-1720 for further information.

Being Part of our HEVRA KADISHA: A MITZVAH whose reward is found in its doing

For centuries, every Jewish community maintained its own HEVRA KADISHA—a sacred fellowship whose members lovingly cleanse, dress and lay out the bodies of the dead until burial. And, our congregational community is no different.

Our HEVRA KADISHA participants are called on to fulfill the imperatives of HESED SHEL EMET (true kindness, or kindness at the moment of truth) for CAI members and their immediate relatives ... and sometimes, when available to help out other congregations in their time of need. TAHARAH (cleansing and dressing) is performed by a small group of participants - women for women, and men for men—under the guidance of an experienced team leader.

Our HEVRA KADISHA needs YOU!

As our community grows, so does our need to stay connected. Our HEVRA KADISHA continues to welcome additional members to our ranks for TAHARAH ... in order to respectfully enable the decedent to transition through death and burial in a dignified manner.

Training is included in our orientation process. The only prerequisite is an open heart.

If you would like to learn more and/or find out how you can participate in this most important MITZVAH, please call Rabbi Robert Eisen at 745-5550, ext. 230.



From the President

As the Judaic music teacher at Anshei Israel for a couple of decades, I got to sing songs with our religious school children for all of the various holidays. By far, the holiday with the best variety of music was Hanukkah. This may have something to do with the nearness of Hanukkah to Christmas, as many musicians put out a Christmas album since they sell so well. Likewise, Jewish musicians would put out a Hanukkah album, although many of them put out Christmas albums as well; Mel Torme as one example. One of the most interesting flips on this was former Senator Orrin Hatch, a member of the LDS Church, who composed and published "Eight Days of Hanukkah" in 2009. There are traditional Hanukkah songs, Israeli Hanukkah songs, modern Hanukkah songs, and many other variations. It's a pretty impressive catalog for a minor Jewish holiday. Adam Sandler has had great success with his successive iterations of "The Chanukah Song," now I believe on Part IV. For background music, I like some of the jazz/swing albums from the likes of Jon Simon and Kenny Ellis.

More recently though, the tradition has become to put out an *a cappella* parody cover of popular songs. The Maccabeats really started this trend with "Candlelight," a parody cover of Taio Cruz's song "Dynamite" in 2010. Last year saw an extraordinary example with "Bohemian Chanukah" by Six13, a cover parody of Queen's "Bohemian Rhapsody." You can find all of these on YouTube, Spotify, Jewish Rock Radio, or the other innumerable online music sources. I would also recommend *oySongs.com* where not only can you find a huge amount of Jewish music for your own collection, but you can give an "oyGelt Gift Certificate" as a fun present. So this year as you are unwrapping presents after lighting the Hanukkah, throw on some good Hanukkah music and enjoy a *freilach* (happy) holiday of freedom. Also, please remember to join us for our Community Hanukkah Party on December 29.

Dan Jurkowitz
president@caiaz.org



*Do you like to sing?
 We want to hear
 from you!*

ADULT CHOIR RESUMES

Monday, Nov. 4 • 6:00pm
Cantor Falkow Lounge

This choir is open to all adults who have an interest in Jewish music and enjoy singing. The repertoire will include a full spectrum of Jewish music, both liturgical and secular. Rehearsal and performance dates will be given out at this rehearsal.

New singers welcome; please join us!
For more information, contact
Cantorial Soloist Nichole Chorny
at 745-5550, ext. 228 or
CantorialSoloist@caiaz.org

From the Executive Director



I want to begin with a big **TODAH RABAH** to our amazing group of lay leaders, clergy and staff who helped us execute an exceptional High Holy Days season! We started it with a meaningful inter-synagogue collaboration which allowed us to place two ads in the Arizona Jewish Post as a group to highlight **what we all share**, the importance and beauty of the season. Our Rosh Hashanah, Kol Nidre and Yom Kippur services went smoothly, our children enjoyed parallel youth services and we cleared the parking lot in less than 20 minutes after the blowing of the final shofar. We had over 100 community members listen to Richard Green in our sukkah and we enjoyed delicious food during our many Sukkot festivities. We partnered with Hillel and anonymous donors who were willing to underwrite transportation and dinner costs for college students so they could join us. We danced with our Torahs and blessed our pets; now we're moving forward with the rest of our calendar. Many of you may feel like the holiday rush is behind us; however, things do not slow down for the staff. We are diligently working on many projects behind the scenes.

We held Focus Groups, gathered information in our congregational survey, and now our Strategic Development/Rabbinic Transition Task Force has used that data to finalize our application through the Rabbinic Assembly, and we are eagerly awaiting our future candidates. We will continue to update the congregation. We have also been promoting "The Greatest Send-Off on Earth" to be held April 26, 2020. Make sure to add it to your calendar. (Hint: You won't want to miss it!)

Security remains a priority for me and CAI. We have continued to hold advanced security trainings and have been able to invite other Jewish agencies in our community to join us for them here at CAI. We have numerous advanced emergency kits placed around our building. We are constantly reevaluating our needs and reassessing what we can do to further protect our community and our building.

Homeland Security offers a Non-Profit Security Grant each year. Being outside the Phoenix metro-area, there are limited funds available for a large group of applicants. This year a cap of \$150,000 was available for all the non-profits in the state (outside the Phoenix metro-area) with a maximum request of \$75,000 per non-profit organization. At least once a year, we have a Threats and Vulnerability Assessment performed by Homeland Security, which provided me with the information I needed to write the grant. The grant process was long and arduous, but **I'm very pleased to announce that Congregation Anshei Israel was awarded the full \$75,000!** We are the only agency that was awarded this security grant in Southern Arizona, which will allow us to further secure our facility. Some of these upgrades you will notice and some you will not, which is exactly how we remain secure.

I continue to further my education so that I'm successful whenever and wherever I represent CAI. I am attending another conference in December in Chicago with a focus on "Navigating New Realities."

Looking forward to sharing delicious Le Cave's donuts with you at our "Hanukkah Pajamakkah" on December 29! (see page 7 for details). As always, feel free to contact me at any time.

Debra Lytle, Executive Director
745-5550, ext. 242, ExecDir@caiaz.org



**B'Yahad (Together) /
Mishpacha (Family) Program**

~ OPEN TO ALL YOUTH AND THEIR FAMILIES ~

Join us on **Saturday, November 23 at 6:30pm**, for a Havdallah program at which we will create our own spice boxes and enjoy a special "Havdallah Under the Stars" service outside on the Rabbi Arthur Oleisky Courtyard. Then the fun and community-building continues with a Jewish "Family Feud" and special service project making Hanukkah cards for Jewish military personnel away from home.

**It's all FREE, but RSVP a must by Nov. 20.
Contact to Nichole Chorny at 745-5550,
ext. 228 or cantorialsoloist@caiaz.org**

**Please help enhance our
preschool by
supporting us on
#GIVING
TUESDAY
December 3**



Watch your email and CAI's Facebook page for "Giving Tuesday" on December 3. This year we are hoping to raising money for a special addition to our preschool: an infant room for our youngest family members once they are 6-weeks-old. We need your help to raise funds to purchase cribs, feeding tables and other furnishings, along with mobiles and toys to make our room warm and welcoming.

**The very first donations on Facebook that
morning will be matched by Facebook and
PayPal, so donate early!**

(In-person donations also welcome.)

Thank you for supporting us on "Giving Tuesday."

facebook

**Join us for a special
dramatic and musical weekend
December 13 - 14!**

with
CAI's Scholar-in-Residence



**RABBI CANTOR
HILLARY CHORNY**
Temple Beth Am
Los Angeles, CA

FRIDAY, DEC. 13 • Rabbi Cantor Hillary Chorny's visit will include a Kabbalat Shabbat Service held in-the-round featuring melodies and special meditations, followed by Shabbat dinner and Jewish hymns and a discussion on "The Torah of Innovation."
SATURDAY, DEC. 14 • During our Shabbat Morning Service, Rabbi Cantor Chorny will present, "Targum and Torah" during a number of the *aliyot*, standing next to the Torah Reader, and translating each verse in a dramatic, story-focused way. For the D'var Torah, she will engage us in a live Bibliodrama, and introduce Musaf with a performance of spoken word poetry. (Fee and RSVP needed for Shabbat dinner only.)

and a
Cantors' Concert
**"Hadeish Yameinu K'kedem:
Renewing Our Days as of Old"**
with



**CANTORIAL SOLOIST
NICHOLE CHORNY**
Congregation Anshei Israel
Tucson, AZ

SATURDAY, DEC. 14 • Old meets new in this Saturday evening musical experience with our own Cantorial Soloist Nichole Chorny and her sister-in-law Rabbi Cantor Hillary Chorny. Immerse yourself in the nostalgia of your musical favorites interwoven with contemporary compositions that highlight the best of what's new in the Jewish music world. (RSVP requested for concert. Suggested donation \$18 per person.)

Watch your mail for further details!

~ ADULT STUDIES KOLLEL ~

WONDER OF WONDERS, MIRACLE OF MIRACLES



**Sunday, Dec. 15
9:15-10:15am
in the Library**

That is what HANUKKAH is about ... right? And yet, we are told that we are not supposed to rely on miracles. So ... what is the real miracle of this holiday? Is it faith? Or, is it "fate"?

Join us for this **Adult Studies Kollel** after which attendees are invited to stay and participate in our B'Yahad/Mishpacha Hanukkah Program (see page 9).

**No charge to attend.
Please RSVP by Dec. 11
to Tammy at 745-5550, x225.**

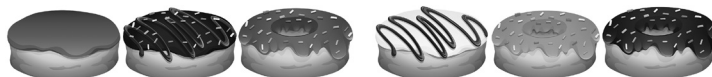
Ever been to a **Hanukkah** **"Pajamakkah"?**

**Join us on the
8th Night of
Hanukkah!**



Sunday, Dec. 29 at 6pm

- Wear your Hanukkah pajamas (or any PJs)
- "Breakfast for Dinner" buffet with pancakes, eggs, yogurt, fresh fruit, latkes and La Caves donuts
- Lighting of the hanukkiah (and bring your own if you'd like)
- Dreidel games and activity station for kids
- Sing-a-long led by our own Cantorial Soloist Nichole Chorny



**\$6.13 per person (all ages) with paid
RSVP thru Dec. 23; \$13 after & at the door.
To RSVP, visit caiaz.org or call 745-5550.**

**COME ONE, COME ALL
TO THE GREATEST
SEND-OFF
ON EARTH!!!**

**SUNDAY
April 26, 2020**

*Living your
Judaism
together*
Congregation Anshei Israel
5550 E. 5th St., Tucson, AZ 85711
745-5550 • caiaz.org

SAVE THE DATE

April 26, 2020

**★ Food★Fun★Festivities★
and More!**

AFFILIATE / SOCIAL GROUPS



Women's League

Open Mah Jongg Play will be held on **Mondays, 10:00am to 12:00pm** throughout November and December. All levels of experience are welcome. Join us: It's casual, it's social and it's fun.

Our **"Women's Study Group"** will be held on **Mondays, November 4 and December 2 at 12noon**. Rabbi Robert Eisen leads the monthly group session using *Pirkei Imahot: The Wisdom of Mothers, The Voices of Women* as the core for discussion. Each month we explore the depth of their teaching with an eye to seeing how we might apply their lessons to our lives. Volumes of the book are available at each class session. No charge to attend. Bring your own dairy lunch; beverages and dessert provided.

Gentle Chair Yoga will be held on **Wednesdays, 9:30 – 10:30am** (not held on December 25). Increased balance, strength and flexibility in a supportive group setting is the focus. Meditation and deep relaxation at the end of each class leaves participants with positive healing energy and uplifted spirits. Dress comfortably. Members of Women's League \$6 per class; non-members \$8 per class.

The **2019-20 Torah Fund** campaign continues with Debby Eisen as Torah Fund Pin Chair. Torah Fund ensures our legacy to future generations of Conservative Jews by providing rabbis, cantors and educators and more. Visit the Women's League page on our website or pick up a flyer at the Shalom Cart for more information and how you can receive this year's beautiful Torah Fund pin!



"Read It & Meet" Book Discussions

Please join us on **Saturday, November 2** when we'll discuss *Kaddish.com* by Nathan Englander, with moderator Eric Flank. On **Saturday, December 7**, we'll discuss *To the End of the Land* by David Grossman, with moderator Rabbi Robert Eisen.

Monthly book discussions are held on Shabbat (**approx. 12noon**) and everyone is welcome. Selected books by Jewish authors or with Jewish content are discussed and moderators facilitate discussions. For a complete reading list for the coming year, as well as moderators for each book, visit our website: <http://caiaz.org/getting-involved/affiliate-social-groups/read-it-meet/> For more information, call Helen Rib at 299-0340.

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EDUCATION

Celebrating Becoming Bar Mitzvah at CAI



Ryan Aaron Rudner Nov. 9

Ryan is the son of Monica & Eric Rudner; the grandson of Sara Mirta & Alberto Bien-Wilner, and Gail & Calman Rudner; the great-grandson of Lidia Esses; and brother to Rachel. Ryan's Bar Mitzvah project involves raising funds for the Boys & Girls Club of Tucson and Johns Hopkins Brain Cancer Research. A student at Esperero Canyon Middle School, Ryan's interests include basketball, friends, family and watching sports (especially UofA).



Liam Brendan Cohen Dec. 21

Liam is the son of Felicia & Ari Cohen; the grandson of Anita & Lyle Kaliser, and Rose & Brian Cohen; and brother to Katya and Ethan. Liam's Bar Mitzvah project involves preparing and serving food at Ronald McDonald House. A student at Orange Grove Middle School, Liam's interests include basketball, football and math.

TIKKUN OLAM Project for

**Ocotillo Early Learning Center
5702 S. Campbell**

CAI is committed to helping these children throughout the school year.

The Center serves children up to 7-years-old. With a campus of 500 children, 85% qualify for free or reduced lunch, 90% are Latino, and many families are single parents struggling with poverty and resources to support their children.

Please donate: (for children ages 3 through 7)

- Gently-used or NEW children's clothing
- NEW socks & underwear
- Gently-used or NEW children's books
- Gently-used or NEW children's games, puzzles & toys



Items may be dropped off in the marked box in the Lynne Falkow-Strauss Foyer outside the administrative office. Thank you!

B'Yahad / USY

A **Senior USY Encampment** will be held **November 8-10** at Camp Ramah. Experience a regional kinnus! Contact me for more information.

Shabbat's Cool will be held on **Saturday, November 9**, 9:00am-12:00pm. This service, led by and for kids of all ages, includes the reading and creative exploration of Torah. We take a break after we complete the first part of the service to have a relevant discussion about the Torah portion. After playing outside or in the Linda Roy Youth Center and a snack, we conclude with Torah reading and a creative presentation about it, followed by joining the congregation for the conclusion of the service on the bimah and lunch. All families are welcome. There is a parallel learning session for parents at 9:30-10:15am.

Junior & Senior USY Night Out will take place on **Saturday, November 23** at 7:45pm as 7th-12th Graders hang out and do fun things around the city. The Madrichim-in-Training will be planning these Saturday night events on a monthly basis throughout the year.

"Being Jewish in America: Dignity and Destiny" is the theme of our B'Yahad/Mishpacha Hanukkah Program to be held on **Sunday, December 15**, 9:00am-12:00pm. The program will equip our children with the tools to be proud of who they are as Jews through hands-on Hanukkah activities and a Maccabiah sporting competition. A parallel adult education program presented by Rabbi Robert Eisen will be held at 9:15am. (See page 7 for more information.) There is no charge to attend either portion of the program.

BOWLING & AMUSEMENT ROUND 1

SAVE THE DATE:
Wednesday, December 25
for a special family day out!

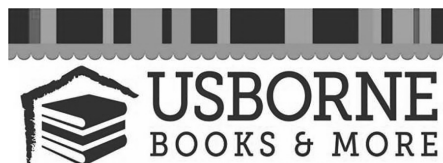
We will meet at the newly-opened Round 1 at Park Place Mall and be there 10:00am - 12:00pm. There's plenty for everyone to do: bowling, karaoke, billiards, arcade games, darts, ping pong and a Kids Play Zone for those 12-years-old and younger (with their parents). All attractions are pay-to-play. They also have food for sale and 99 cent ice cream. Watch your mail for more information soon. Hope to see you there!

Rabbi Ruven Barkan
Education & Youth Director
745-5550, ext. 227, EdDir@caiaz.org

Preschool/Kindergarten

The High Holy Days were a busy time for the children: learning about apples and honey; enjoying a bee demonstration and honey tasting provided by Josh Tennenbaum of Arizona Pest Control; hearing the shofar; making round challahs; reading "Jonah and the Whale"; having snacks in the Sukkah and marching with the Torah. Now we're back in the swing of 5-day weeks, and our weekly enrichment programs have kicked into high gear with Shabbat music with Cantorial Soloist Nichole Chorny, PE/Movement with Miss Kirby, Science and Spanish, plus Mr. Nature visits us once a month.

Every Monday our children have been enjoying learning about Israeli culture with one of our *shinshinim*, Shay Friedwald, and we look forward to learning with Danielle Levy beginning in January. These two amazing young people share their energy and love of Israel with our children, making learning Hebrew, games, music, and dance so much fun.



The **Usborne Book Fair** will once again behold **November 4 - 8** in the school hallways, 8:00am - 4:00pm. Shop a large selection of books for adults and children, including award-winning children's books that make reading

and learning fun, promoting literacy and the love of reading while raising funds and books for CAI's Preschool/Kindergarten. All books have sturdy bindings and durable, acid-free pages, and do not have TV or movie tie-ins. The fair includes books, educational activity kits and card packs; no toys, trinkets or video games. The school's teachers will have their "wish lists" for books they would like for their classrooms.

Do you like pizza? Who doesn't? We're holding a **Preschool FUN-raiser on Tuesday, November 12**. Enjoy a meal at **MOD PIZZA** 6351 E. Broadway (dine any time 10:30am - 10:00pm) and MOD will donate 20% of sales generated by CAI when diners present the special flyer inserted in this issue of *Kolenu*. **If you wish to participate, you MUST RSVP by Nov. 9 at <https://www.groupraise.com/events/111525>** Flyers are also available in CAI's administrative office, on the Shalom Cart and on our website caiaz.org. Each flyer is good for everyone in your party ... bring your friends and family! MOD also has salads and sides for those who do not want pizza. (Certain restrictions apply.)



In December, several families will be participating in the Pima County **"First Smiles Matter"** program. "First Smiles Matters" brings a dental hygienist to the school for a free dental screening and fluoride application. We're also participating in **"Healthy Way to Grow"** a joint wellness program of the American Heart Association and Nemours Health & Prevention Services which offers materials and presentations for parents, staff and children to learn how to create an environment for young children to develop healthy habits for life.



Feel free to contact me with your questions, compliments or concerns.

Nancy Auslander, Preschool/Kindergarten Director
745-5550, ext. 229, PKDirector@caiaz.org

MAZAL TOV

November Anniversaries

Date	Years
1 Joan & Barry Beroth	38
2 Judith & Ted Direnfeld	62
8 Heather & Michael Gordon	16
Joshua & Ashley Hurand	5
13 Raquel & Edward Gold	64
14 Bettie & Murray Baker	43
Joan & Irvin Belzer	54
Margie & Bob Douglas	49
15 Mindy & Fred Hirsh	38
17 Pamela & Stuart Mendel	40
18 Kathryn & Jerry Gerber	20
20 Anna & Myron Rottenstein	36
24 Vicki & Phillip Pepper	45
25 Nancy & Steve Lipson	32
28 Eve Scarborough & John Kaufmann	37
Michelle & David Ollanik	20
30 Shelley & Marshall Heyman	11

December Anniversaries

Date	Years
1 Peggy & Richard Langert	40
2 Susan & Rick Levy	46
6 Felicia & Ari Cohen	21
Rita & Martin Hall	46
7 Adrienne & Lawrence O'Hare	35
10 Norma & Stanley Feldman	41
Evonne & Alan Ravitz	55
19 Joan & Dennis Rosen	37
20 Rebecca & Richard Fink	50
22 Lois & Everett Broder	62
24 Sarah & Mortimer Segal	67
27 Ruth & Art Solomon	60
29 Sandra & Elliott Heiman	56
30 Sarah & Jeff Artzi	29
Joan & Robert Mutterperl	40

Birth Announcements

This column features children, grandchildren and great-grandchildren of CAI members. The announcement and photo (if available) will appear in the issue of Kolenu within appropriate print dates. Please notify the clergy assistant at 745-5550, ext. 225.



Hannah Lee Schneider
Born August 20
Hannah is the granddaughter of Elena & Valery

Temyanko. (Parents: Svetlana & Preston Schneider)

Aharon Mordechai Cohen **Born August 23**

Aharon is the great-grandson of Phyllis Broad. (Parents: Devorah & Simcha Cohen)

Tzippora Neuhaus **Born September 26**

Tzippora is the great-granddaughter of Phyllis Broad. (Parents: Chani & Yehuda Neuhaus)

ENGAGEMENTS

Brandon Hellman
son of Shawn & Aaron Hellman
to Elisabeth Friedman

Zev Rubin
son of Madeline & Barry Friedman
and Kathy & Norm Rubin
to Ashley White

WEDDING

Rebecca Rottenstein
daughter of Anna & Myron Rottenstein
to Jake Kinsley

MAZAL TOV to
Alayne & Bruce Greenberg
on their grandson, Zev Sachar Greenberg
becoming a Bar Mitzvah

Young Adult / College Outreach Program

During the High Holy Days, the absence of many of our young adults is readily apparent to the Synagogue and to you, the families whose children are away from home. All too often our college-age young adults feel cut off from the Synagogue which played such an important part in their younger years. We want to keep that Synagogue connection with your children. Please help us update our list of young adults who are in college or others who would enjoy hearing from us. We ask those who would like their children to receive both regular and e-mail communications to complete and return the form below to: **CAI Young Adult/College Outreach Program, 5550 E. 5th St., Tucson, AZ 85711**

Congregation Anshei Israel's Young Adult/College Outreach Program

Name(s) _____

Address _____

City _____ ST _____ Zip _____

E-mail _____

College Name _____

Interfaith Families Welcomed

CAI welcomes all who seek the spiritual comfort found within our sacred community. We warmly welcome interfaith families and encourage them to participate in as much synagogue life as they choose within the framework of Conservative Judaism. For more information, pick up a brochure at the Shalom Cart or access it at caiaz.org/resources as part of CAI's "Myths vs. Facts" program.

Honorable “Menschens”

TODAH RABAH TO:

Judith Schultz, Linda Silverman & Terry Williams
for proofing the September/October *Kolenu*

Jessica Priester
for proofing the Book of Remembrance

Jewish Community Foundation of Southern Arizona
for donating eight emergency kits

Esther Sherberg
for enhancing the Sukkot kiddushim
in honor of her birthday

Sandra Lictor
for donating new frying pans

Sara Mirta & Alberto Bien-Willner and Gail & Calman Rudner
for sponsoring the November 9 kiddush
in honor of their grandson, Ryan becoming a Bar Mitzvah

SHARE YOUR SIMCHA!

We welcome sponsorships — in whole or part — toward Kiddush and/or Seudah Shlesheet (Third Meal). All contributions are acknowledged in *Kolenu*. If you wish to honor someone or simply to help, please call Debra at 745-5550, ext. 242.

The wine, juice and challah at our
Kabbalat Shabbat Service are donated
In Memory of Moe and Roslyn Wolf by their family.



Know Someone New to Tucson?

If you know someone new to the Tucson community who you believe would be interested in finding out about CAI, please call Debra Lytle at 745-5550, ext. 242, so we can speak to them about all of the many religious, spiritual, educational and communal opportunities the synagogue has to offer!

Condolences

המקום ינחם אתכם

The congregation mourns the loss of our member:
Rayna Gellman

*Our condolences to these members who mourn
the loss of their loved ones:*

John Gellman - his wife, Rayna Gellman
Kenneth Jacowsky - his sister, Myra Steinberg
Brandon Matheson - his mother, Susan Matheson
Clayton, Jared & Melayna Matheson -
their grandmother, Susan Matheson

May the Author of Life Comfort the Mourners



~ Anshei Israel Memorial Hall ~

Installation of a memorial plaque is a beautiful way to perpetuate the memory of a loved one. Each year on the anniversary of your loved one's death, the synagogue will send you a reminder of the Yahrzeit and light the light adjacent to their memorial plaque. Call Debra at 745-5550, ext. 242 to make arrangements or if you wish to reserve a space for the future.

Dealing with Grief and Loss?

Are you having difficulty dealing with grief and loss? Perhaps it would be helpful to talk with a trained counselor. A synagogue volunteer would be happy to speak with you confidentially. Please call Norma Karp at 299-3382.



The Mitzvah of Bikur Holim

Federal healthcare privacy regulations make it difficult for us to know when a member of CAI has been admitted to a hospital.

Become a partner in the mitzvah of Bikur Holim — visiting the sick — by advising our clergy when you, a relative, or a friend is hospitalized. We can stay informed ONLY if a family member or friend provides the information to us.

PLEASE CALL 745-5550 to speak with:
Rabbi Robert Eisen, ext. 230 or Clergy Assistant, ext. 225

TRANSPORTATION FOR ALL JEWISH SENIORS and JEWISH ADULTS with DISABILITIES!

FREE door-to-door shared rides and safe secure transportation. JFSA provides rides to synagogue services, educational programs, and social events for Jewish seniors and Jewish adults with disabilities.

Call Beverly at 577-9393 to register!



CONGREGATION ANSHEI ISRAEL DONATIONS

Donations made to Anshei Israel Funds enable our Synagogue to continue to carry out its work, thereby better serving our members.

Please consider making a donation in honor of a relative or friend who may be celebrating a simcha or in memory of a loved one.

This list reflects those donations made after the last issue's publication date. Todah Rabah to all.

Our Donation Form
is at the Front Desk
in the administrative office
AND
at **caiaz.org**
Notification cards are
sent for donations of
\$12 or more.

ART FUND

In memory of:

Gabe Briggs

Janet & Stephen Seltzer

RUTH & STANLEY BARLIN BAR/ BAT MITZVAH ENRICHMENT FUND

In memory of:

Sister, Dawn Gould

Marvin Wolin

BIBLE FUND

In honor of:

Chaya & Harvey Jurkowitz's 50th
wedding anniversary

Phyllis & Burt Becker

RABBI MARCUS BREGER ADULT STUDIES MEMORIAL FUND

In memory of:

Mother, Dora Schneider

Berney Snyder

Father, Harold Goldstein

Rita Dreebin

Father, Charles

Craig Nochumson

Husband, David

Valentina Rubinstein

Rayna Gellman

Rhoda Wertheimer

Steve Wertheimer

CAMP RAMAH FUND

HONORING: BEA & JAMES COLE, SES & MAURICE COHEN, JOSEPH KALL AND MARJORIE & ARCHIE MENDELSON

In memory of:

Mother

Stuart Brodsky

Mother, Chana

Boris Kozolchik

Father, Irving Kesten

Lila Greisman

Wife, Shiffy

Son, Jeremy

Bob Cohen

Husband, Murray Gordon

Husband, Ilya Livney

Darlene Streicher

In memory of:

Rayna Gellman

Billie & Boris Kozolchik

Janet & Stephen Seltzer

Dorleen Mallis

Janet & Stephen Seltzer

In honor of:

Marjorie & George Cunningham's

50th wedding anniversary

Shelly Abell & Dan Weisz

CANTORIAL SOLOIST DISCRETIONARY FUND

In memory of:

Father, Ezra Paletz

Ziva Mason

Rayna Gellman

Barbara & Mel Brodie

Marsha Rosenblum

In honor of:

Nichole Chorny's brother,

Brandon's engagement

Tammy & Alan Strobel

In appreciation of:

Nichole Chorny

Arlene & Howard Brody

MAURICE COHEN CHILDREN'S LIBRARY FUND

In memory of:

Mother, Sylvia Smith

Susan Ellenberg

Rayna Gellman

Gittel Tova Braunstein

CONGREGATIONAL FUND

In memory of:

Father, Joseph Spector

Mindy & Allen Bergman

Rayna Gellman

Lisa & Dan Jurkowitz

Vicki & Phillip Pepper

Evelyn Sigafus

Susan Wortman & Jack Pinnas

Sidney Hellring

Marjorie & George Cunningham

Ken Jacowsky's sister

Lisa & Dan Jurkowitz

In honor of:

Phyllis Broad's new great-
grandson, Yisroel

Betsy & Michael Boxer

Nichole Chorny's brother,

Brandon's engagement

Madeline & Barry Friedman's son,

Zev's engagement

Shawn & Aaron Hellman's son,

Brandon's engagement

Adrienne & Larry O'Hare's

grandson, Brandon's engagement

Elena & Valery Temyanko's new

granddaughter, Hannah

Lisa & Dan Jurkowitz

In honor of:

Marjorie & George Cunningham's

50th wedding anniversary

Margo & Ron Gray's wedding

anniversary

Chaya & Harvey Jurkowitz's 50th

wedding anniversary

Evelyn Sigafus

Terri & David Polan's son, Daniel's

engagement

Vicki & Phillip Pepper

Helen Rib's 90th birthday

Vicki & Phillip Pepper

Susan Wortman & Jack Pinnas

Anna & Myron Rottenstein's

daughter, Rebecca's marriage

Lisa & Dan Jurkowitz

Vicki & Phillip Pepper

Speedy recovery of:

Marta Ketchel

Betsy & Michael Boxer

In appreciation of:

Receiving an honor

Rochelle Roth

RABBI ROBERT EISEN'S DISCRETIONARY FUND

In memory of:

Mother-in-law, Helen

Aunt, Gertie Meshel

Uncle, Arnold "Scotty" Meshel

Lois Bodin

Mother, Lillian

Howard Brody

Mother, Deborah

Jean & Marvin Glassberg

Mother, Irene

Lawrence Gordon

Mother, Ann

William Stein

Mother, Bryna Bat Yosef Gendel Stern

Father, Alexander Ben Ze'ev Stern

Tova Braunstein

Father, Jack

Lawrence Adler

Father, Carvel Wolfson

Jane Poliakov

In memory of:

Husband, Harris

Melanie Amhowitz

Brother, Ivan Kirschner

Sandra Ross

Marilyn Yampolsky

Brother-in-law, Harold Lipsitz

Paul Smelkinson

Fred Fruchthendler

Dvora Tager & Bob Dietz

Rayna Gellman

Jane Kivel

Sharon & Fred Klein

Jessica Priester

Ken Jacowsky's sister

Jean & Marvin Glassberg

Tammy & Alan Strobel

In honor of:

Margo & Ron Gray's wedding
anniversary

Yvonne Goldstein

Tammy & Alan Strobel

Chaya & Harvey Jurkowitz's 50th
wedding anniversary

Lisa & Dan Jurkowitz & Family's
participation in the service

Helen Rib's 90th birthday

Elena & Valery Temyanko's new
granddaughter

L. Elliott Farber

Bertie Levkowitz being recognized
by THA

Terri & David Polan's son, Daniel's
engagement

Margo & Ron Gray

Anna & Myron Rottenstein's
daughter, Rebecca's marriage

Carol & Norman Levine

Tammy & Alan Strobel's son,

Zachary's engagement

Shirley Goldberg

Speedy recovery of:

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Lorraine Hellring

In appreciation of:

Rabbi Robert Eisen

Phyllis Broad



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In memory of:

Mother, Selma Cohen
Anne Stein
 Mother, Frances
Gilbert Epstein
 Father-in-law, Rudolph
Essie Nadler
 Father-in-law, David
Susan Tobin

LYNNE FALKOW-STAUSS PRESCHOOL/KINDERGARTEN FUND

In memory of:

Mother, Helen Horowitz
Gail Offenhartz
 Mother, Sonia
Arnold Joffe
 Father, Alan
Adam Klein
 Sister-in-law, Myra (Mikey) Steinberg
Lois Jacowsky

In memory of:

Brother, Stuart
Alan Zehngut
 Ken Jacowsky's sister
Sara & Tom Borin
Ellen & Lionel Kier
 Rosie Kahn's cousin
Jane Poliakoff

In honor of:

Marjorie & George Cunningham's
 50th wedding anniversary
Ruth & Art Solomon
 Chaya & Harvey Jurkowitz's 50th
 wedding anniversary
Barbara Levkowitz
 Jacob Kaufman's graduation from
 Barrett, the Honors College at ASU
Dee Kaufman

BELLA FINGERETT ISRAEL SCHOLARSHIP FUND

In memory of:

Mother, Bella Fingerett
 Sister, Ruth Levine
Phyllis Broad

GENERAL ENDOWMENT FUND

In memory of:

Father, David
Fred Hirsh
 Father, S. Donald
Rick Levy
 Father, Meyer Neuman
Rosie Kahn
 Harold Hyams
 Ken Jacowsky's sister
Rosie & Paul Kahn

In honor of:

Marjorie & George Cunningham's
 50th wedding anniversary
 Margo & Ron Gray's wedding
 anniversary
 Tammy & Alan Strobel's son,
 Zachary's engagement
Rosie & Paul Kahn
 Madeline & Barry Friedman's son,
 Zev's engagement
Jami Gan
Bertie Levkowitz & Tom Herz

GILO B'NAI MITZVAH TWINNING FUND

In honor of:

Becoming a Bar Mitzvah
Liam Cohen

LOUISE HABER PRESCHOOL/KINDERGARTEN SCHOLARSHIP FUND

In honor of:

Marjorie & George Cunningham's
 50th wedding anniversary
Karen & William Goldberg
Jane Poliakoff

ISRAEL YOUTH TRAVEL FUND

In memory of:

Mother, Vera
Dorit Adler
 Father, Harry Epstein
Lee Lawson
 Father, David Goldman
Susan Chaikin

MAINTENANCE & MORTGAGE FUND

In memory of:

Mother, Stella Hershan
Lisa Grabell
 Grandmother, Toni Weiser
 Uncle, Leon Brahms
Barbara Stern Mannlein & Martin Mannlein
 Rayna Gellman
Marianne & Allen Langer

In honor of:

Helen Rib's 90th birthday
Gloria Hirsch

MUSIC & CHOIR FUND

In honor of:

Nichole & Joel Chorny's 10th
 wedding anniversary
Margo & Ron Gray

Speedy recovery of:

David Stoler

Dvora Tager & Bob Dietz RABBI ARTHUR OLEISKY'S DISCRETIONARY FUND

In memory of:

Mother, Esther Rosene
Paula Himmelstein
 Father, Jack Gilman
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 Wife, Fern
Edward Feder
 Husband, Robert
Nancy Lukacs
 Michael Oleisky
Bob Cohen

In honor of:

Stan Lehman's 90th birthday
Joan Kleinerman

RABBI ARTHUR OLEISKY ENDOWMENT FUND FOR EXCELLENCE IN JEWISH EDUCATION & YOUTH ACTIVITIES

In memory of:

Father, Sol Bialick
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 Father, Morris Goldstein
Sarah Segal
 Husband, Paul
Bridget Ash
 Husband, Larry
Neneng Fassler
 Rayna Gellman
Dee Kaufman

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In memory of:

Mother, Glenda Sobel
Jere Moskovitz
 Marshall Fealk
Dennis Dawson
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Terry Williams

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In appreciation of:

Dee & Jacob Kaufman
Ronnie Kaufman

RELIGIOUS SCHOOL STUDENT FUND

In memory of:

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Terri Cohen

ABNER SEGAL LANDSCAPE FUND

In memory of:

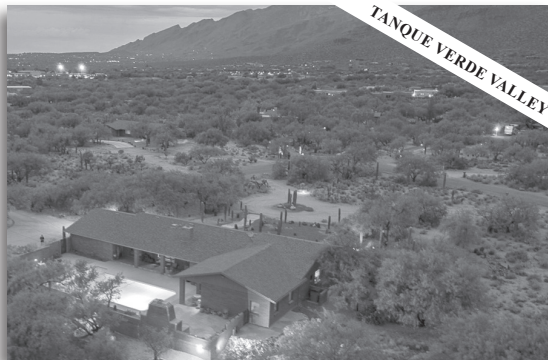
Rayna Gellman
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Marjorie & George Cunningham's
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In honor of:

Anna & Myron Rottenstein's daughter, Rebecca's marriage
Lee & Earl Surwit's 50th wedding anniversary

Barbara & Gerald Goldberg
**LOUISE & NORMAN SHAPIRO
RELIGIOUS SCHOOL
SCHOLARSHIP FUND**

In memory of:

Mother, Rose Levin
Phyllis Gold
Mother-in-law, Eva Cole Shapiro
Father, Eugene Spitzer
Elly Shapiro
Daughter, Grace Sanchez
Judith Schneider

**MOLLY & HYMAN SHENITZER
YOM TOV MEMORIAL FUND**

In memory of:

Mother, Bess
Deborah Oseran
Molly Shenitzer
Brenda & Bill Viner

In honor of:

Holly & Steve Shenitzer's new granddaughter, Mackinley
Marilyn Einstein & Steve Sim
JEAN SPIEGEL KIDDUSH FUND

In memory of:

Father, Israel Pakier
Lois Holtzman

In honor of:

Helen Rib's 90th birthday
Joan & Irvin Belzer

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In memory of:

Father, Sherman
Grandmother, Esther Klein
Zandra Goldstein
Father, Meyer
Paul Smelkinson
Fred Fruchthendler
Joan & Dennis Rosen and Family
Ken Jacobowsky's sister
Jackie & Paul Hoffman
Howard Skolnik
Marcia Winick

In memory of:

Adam Walton
Sue Burmeister
Myrna & Jim Frisch
The Kitay Family
Marisa & Adam Koven
Joan & Dennis Rosen and Family

In honor of:

Myra & Bob Lipson's 50th wedding anniversary

Arlene & Howard Brody
Anna & Myron Rottenstein's daughter, Rebecca's marriage
Nessa & Peter Beren

**YAHREIT/YIZKOR MEMORIAL
FUND**

In memory of:

Mother, Viola
Adeline Horst
Mother, Sarah Slotkin
Enid Zuckerman
Mother, Rose Strauss
Jane Klein
Father, Julius

In memory of:

Grandmother
Arlene Leaf
Father, Norman
Mel Zuckerman
Husband, Harvey Evenchik
Deanna Evenchik-Brav
Loved Ones
Marshall Heyman
YOUTH CENTER FUND
In memory of:
Adam Walton
Phyllis & Burt Becker
*Bonnie Sedlmayr-Emerson &
Randy Emerson*
The Kitay Family
Tish & Ladd Kleiman

**Todah Rabah
~
Thank You**

Stitching the Torah

Torah Stitch by Stitch is a project conceived by Toronto textile and Judaica artist Temma Gentles in 2013 after she was invited to take part in an exhibition on religious art by women at the Mishkan Museum of Art in Ein Harod, Israel. To address the staggering numbers involved in executing the project — the Torah has 5856 verses and 304,805 letters — Gentles devised a system where each participant receives a kit with four verses to stitch onto a panel. Individuals pay \$18 and commit to completing the panel within six months. The kit includes a paper cross-stitch pattern of the verses, typically assigned in order of appearance in the Torah; a needle; black embroidery floss; and the canvas panel. Once completed, the panels are mailed back to Gentles and sewn together. People from around the world are participating in the project. Once completed in 2020, the stitched Torah will include close to 2000 panels. While a regular Torah scroll fully unrolled can reach 115 to 150 feet, these panels when sewn together will be 300 feet — the length of a football field!

The project leaders are looking for a museum partner to exhibit the entire completed scroll and funding to make it possible.

To learn more about the project, visit: torahstitchbystitch.org

Congregant
Dvora Tager
with the panel
she embroidered
as part of the
**Torah Stitch by
Stitch** project.



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Box Tops earnings online.

Twice a year, CAI's Preschool will receive a check and
can use that cash to buy whatever it needs!



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Judaism
together*

Congregation Anshei Israel

Please feel free to call us with any
questions or concerns you may have
so that we can better serve you!

745-5550

HUNGER FACTS:

- **1 in 4 kids** and **1 in 5 adults** in Arizona are at risk for hunger
- Arizona has the **5th highest** rate of childhood hunger in our country
- **17%** of Community Food Bank clients are **seniors**



YOU help keep the community fed.
YOU bring together the most needed
foods for those who need them most.
The following non-perishable items
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neighbors in southern Arizona.

- **High protein items:**
Canned chicken or fish
Dry or canned beans
Peanut butter
- **Low sodium options:**
Canned vegetables w/o added salt
Soups or stews
- **Whole grain options:**
Whole grain pasta
Brown and wild rice
Oatmeal
High fiber cereals w/o added sugar
- **Other:**
Canned fruit in water or juice
Unsalted almonds
Dried fruit w/o added sugar
Natural applesauce
100% juice

**Items may be dropped off in the marked
box in the Lynne Falkow-Strauss Foyer
outside the administrative office.**

THANK YOU!



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