



KOLENU

"Our Voice" The Newsletter of Congregation Anshei Israel

July - August 2019 — Sivan - Tammuz - Av 5779

Volume 72 Number 6



The Dog Days
of Summer in
Tucson...
Don't worry,
our A/C works
fine!

Join us for:

- Summer Film Series
- Traditional Shabbat Dinner
- Family Shabbat Experience
- Shir Hadash/Welcome Back Shabbat
- And our continuing services, Torah Study, classes and volunteer opportunities

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KOLENU • קולנו

"Our Voice"

The Newsletter for Congregation Anshei Israel

**Congregation
Anshei Israel** 
*A Conservative Synagogue and
Proud Member of USCJ*

5550 East Fifth Street • Tucson AZ 85711
(520) 745-5550 fax (520) 745-9058
caiaz.org

MISSION STATEMENT

Congregation Anshei Israel shall serve as a source of spiritual, educational, and social enrichment in order to encourage and ensure Judaic values in accordance with the Principles of Conservative Judaism.

CONTACT INFORMATION

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Instagram

Shalom!

Talmud on Tuesday

Learn about the law and lore in the "sea" of Talmud with Rabbi Robert Eisen as we dig deep into the "who, what, where, when, why and how" of living Judaism. Join us in the Epstein Chapel **immediately following 5:30pm Minyan**. (Not held July 9 or 16.)

Weekday Torah Study Group

Led by Rabbi Robert Eisen, this informal study group can lead to lively discussion. (Occasionally lay-led.) Held **Wednesdays** in the Library, **11:00am to 12noon**.

**Worship provides sanctuary
from everyday life.**



Please keep the outside world
outside by refraining from
* *talking*
* *texting*
* *video taping*
from your phone or
smartphone during services
and on Shabbat or holidays.

Summer Shul

For several weeks each summer, we move our **9:00am Saturday service** from the sanctuary to enable us to set a different mood. We will set up Rabbi Breger Hall as a Sanctuary: the chairs are placed in concentric semi-circles around a Reader's Stand, and the Aron Kodesh is placed against the Eastern Wall. This enables us to see and hear each other during the course of the service, and to find our worship strengthened by our sense of togetherness. Please plan to join us **through August 10**.

Shabbat Afternoon Torah Study

Torah discussions are held **every Saturday, one hour prior to the Mincha Service** and are a great opportunity to become more involved in "Living Judaism" and your congregation. Times of study are listed on the calendar in each issue of *Kolenu*. If you would like to lead a Torah discussion, call 745-5550.

SHIV'A ASAR B'TAMMUZ

The 17th of *Tammuz* is observed as a fast commemorating the breaking down of the wall of Jerusalem by Nebuchadnezzar and the cessation of Temple worship during the siege of Titus. It ushers in the three weeks of mourning which end with *Tisha B'Av*, the fast of the ninth day of Av. The three weeks between *Shiv'a Asar B'Tammuz* and *Tisha B'Av* are referred to as "between the straits," a phrase borrowed from Lamentations 1:3. The *Mishnah* mentions five misfortunes that befell the Jewish people on the 17th of *Tammuz* and five on the ninth of Av (*Ta'Anit* 4:6). The three weeks are concluded with the so-called Nine Days, from the first to the ninth of Av, during which the mourning is intensified until *Tisha B'Av* itself — the saddest day of the Jewish year.

This year, because of Shabbat, the 17th of Tammuz is observed on Sunday, July 21. Shacharit will be at 8:00am; Mincha at 12:30pm.

Traditional Community Shabbat Service & Dinner

Enjoy a traditional Shabbat service at 5:45pm, followed at 7:00pm by dinner with family and friends at CAI (with linens, china plates and silverware!) on **Friday, July 26**. Served family-style: roast chicken (vegetarian option upon request), vegetables, potatoes, salad and dessert. CAI members: adults (ages 13+) \$18; children \$10; guests: adults \$22, children \$14. To RSVP, visit caiaz.org or call 745-5550. (NOTE: Price increases \$5 per person after July 19.)

Shalom!

Tot Shabbat Service and Dinner

For families with young children, Rabbi Robert Eisen holds a special Tot Shabbat Service with stories and songs **the first Friday of most months** at **5:45pm** on the Bimah in the sanctuary. A kid-friendly Shabbat dinner follows at **6:15pm**. Dinner: \$25 per family (two adults and up to four children); additional adults \$10 per person. RSVP needed for dinner only to Kim at 745-5550, ext. 224. Please plan to join us on **August 2**.

SHABBAT HAZON and SHABBAT NAHAMU

The Sabbaths surrounding the Ninth of Av carry a clear message relating to the holiday. The prophetic readings for the three weeks preceding the holiday — the first two from Jeremiah and the third from Isaiah — are full of admonitions in preparation for this mournful time. Following *Tisha B'Av*, there are seven prophetic readings of consolation — all from Isaiah — providing comfort after this somber occasion and preparing the individual emotionally and spiritually for the upcoming High Holy Days. The Sabbaths that immediately precede and follow *Tisha B'Av* each have a special name reflecting the message of the respective *Haftarah* (prophetic reading).

The Sabbath immediately preceding the Ninth of Av is known as the Sabbath of Vision (*Hazon*) for the prophetic reading Isaiah 1:1-27. After recounting heinous transgressions, it offers the hope of reconciliation, which will come when the people “cease to do evil, learn to do good.” The Sabbath of Vision and *Shabbat Nahamu*, which provides words of consolation a week later, embrace *Tisha B'Av* from opposite sides, cushioning the blow of the day of destruction, allowing the mourners to go into it knowing there is salvation and emerge from it reassured that redemption will come. The entire portion [of *Shabbat Hazon*] may be chanted to the melody of *Eicha* (Lamentations); more appropriately, only the verses of admonition are rendered in the subdued chant.

The upswing of hope begun on the afternoon of *Tisha B'Av* continues on the following *Shabbat*. Called *Shabbat Nahamu* (Console) after the first line of the day's prophetic reading (*Nahamu, Nahamu Ami*, “Console, console my people ...”) (Isaiah 40:1-26), it is also the first of seven *Haftarot* of consolation, all drawn from the book of Isaiah, that deliver a message of comfort in the seven weeks following *Tisha B'Av* and lead us to the period of *Rosh Hashanah* (49:14-51:3; 54:11-55:5; 51:12-52:12; 54:1-10; 60:1-22; 61:10-63:9).

**This year, Shabbat Hazon falls on
August 9-10; Shabbat Nahamu
falls on August 16-17.**

TISHA B'AV A Time to Mourn

The ninth day of Av, mentioned in Zechariah 8:19 as the “Fast of the Fifth” month, commemorates such national calamities as the destruction of both Temples, the fall of Bar Kokhba's fortress, Bethar, and the expulsion from Spain in 1492. According to tradition, both the First and Second Temples were destroyed on the ninth of Av, the day referred to as predestined to misfortune. *Tisha B'Av* resembles *Yom Kippur* in its restrictions upon eating and bathing, maintained from sunset to sunset.

The three weeks between the 17th of *Tammuz* and the ninth of Av are observed by abstaining from all festivities and joyous celebrations. But when the month of Av has begun, all enjoyment should be reduced. It has long been the custom in Israel to eat no meat (except on the Sabbath) from the first day of Av until after the fast.

On the ninth of Av, when the Book of Lamentations and other dirges (*kinot*) are recited, before congregations seated on low stools as a sign of mourning, the curtain (*Parokhet*) is removed from the Ark (*Aron Ha-Kodesh*), and visits are made to cemeteries, in order to stress the sense of mourning. The morning service is recited without *tallit* or *tefillin*; these are worn during the *Mincha* service. The elegies known as *kinot* are descriptive, not only of the calamities connected with the destruction of Jerusalem, but also of the Jewish catastrophes that occurred in various lands of persecution.

**This year, the Ninth of Av
observance/fast begins on
the evening of August 10 and
continues through August 11.**

PLEASE NOTE SPECIAL SERVICE TIMES FOR:

TISHA B'AV
**August 10: Ma'ariv/
Lamentations 7:40pm**
August 11: Shacharit 8:00am
Mincha 12:30pm

Family Shabbat Experience Service & Dinner

Please join us on **Friday, August 16**, at **5:45pm** as we transition into the “Rhythm of Shabbat.” With our families, we'll welcome Shabbat with rhythm, movement, *ruach* (spirit) and song. Then we'll share Shabbat dinner, followed by Open Lounge in the Linda Roy Youth Center with games and fun. Dinner \$25 per family (two adults & up to 4 children) for CAI members; guest family \$30; adults (13+) \$10 per person. RSVP is needed for dinner only by August 12 to Kim at 745-5550, ext. 224 or visit caiaz.org

Shir Hadash Shabbat: A New Song

Join us on **Friday, August 23** at **5:45pm** for an uplifting service as we mix the traditional liturgy with new melodies from the modern Jewish world. While Rabbi Robert Eisen will help us explore the meaning of the words of our prayers, Cantorial Soloist Nichole Chorny will introduce some new melodies using *niggunim* (wordless melodies) and participatory singing. Together we will find our service enhanced with new music and joy.

Followed by...



Welcome Back Shabbat Dinner Friday, August 23

Plan to join us for this special Shabbat (with a New York theme!) to welcome everyone back from their summer vacations, school breaks, etc. See page 7 for more information.

Shalom!
~ continued on next page ~

Shalom!

ROSH HODESH ELUL "SUNRISE" SERVICE

The month of *Elul* (which immediately precedes Rosh Hashanah) is the time to prepare for the High Holy Days. Because these days are filled with so much meaning and potency, they require a special measure of readiness. At this service, we will greet the new month of Elul with anticipation of the beginning of a New Year, seeing it as an opportunity to begin to build our resolve to make the upcoming year of 5780 what we want and need it to be.

We'll include a number of readings in our regular liturgy in order to increase our awareness and resolve. And, as is our custom, we will sound the Shofar (as it is on every weekday of Elul) for the first time at the conclusion of the service.

Please plan to join us on **Sunday, September 1 at 7:00am** for this special moment, and bring your Shofar if you wish. Light refreshments will be offered following the service. (Note: There will be no later Minyan at 8:00am.)

Remember to
complete the online
Congregational Survey
by July 12!

Thank you to our "Yad Squad"

(Those who read Torah and
Haftarah in April and May)

| | |
|--------------------|-------------------|
| Malka Abraham | Pamela Mendel |
| Joshua Anbar | Gianna |
| David Ben-Asher | Miltenberger |
| Katie Bluth | Phillip Pepper |
| Nichole Chorny | Ira Prenskey |
| Rabbi Robert Eisen | Larry Prenskey |
| L. Elliott Farber | Marilyn Prenskey |
| Marshall Heyman | Jessica Priestner |
| Mike Jacobson | Helen Rib |
| Lisa Jurkowitz | Donna Saffioti |
| Michael Jurkowitz | Eric Saffioti |
| Logan Lazarus | Jarrod Saffioti |
| Scott Lewis | Leonard Schultz |
| Samuel Lonabaugh | Eri Svenson |
| Ziva Mason | Sophia Temyanko |
| Levi Mendel | Moshe Toister |

Being Part of our HEVRA KADISHA: A MITZVAH whose reward is found in its doing

For centuries, every Jewish community maintained its own HEVRA KADISHA—a sacred fellowship whose members lovingly cleanse, dress and lay out the bodies of the dead until burial. And, our congregational community is no different.

Our HEVRA KADISHA participants are called on to fulfill the imperatives of HESED SHEL EMET (true kindness, or kindness at the moment of truth) for CAI members and their immediate relatives ... and sometimes, when available to help out other congregations in their time of need. TAHARAH (cleansing and dressing) is performed by a small group of participants - women for women, and men for men—under the guidance of an experienced team leader.

Our HEVRA KADISHA needs YOU!

As our community grows, so does our need to stay connected. Our HEVRA KADISHA continues to welcome additional members to our ranks for TAHARAH ... in order to respectfully enable the decedent to transition through death and burial in a dignified manner.

Training is included in our orientation process.

The only prerequisite is an open heart.

**If you would like to learn more and/or find out how you can participate
in this most important MITZVAH, please contact
Rabbi Robert Eisen or call 745-5550, ext. 230.**

Daily Minyan Services & "Jewry" Duty



Our Minyan is expected to be there when someone needs to say *Kaddish*, but there are times when it is difficult to get a *Minyan*. Along with your "Jewry Duty," please consider being part of the *Minyan* at least one morning or afternoon per month on a regular basis. Service times are on the calendar in each newsletter and on CAI's website. Shown below is a combined list of Minyan attendees and those fulfilling their "Jewry" Duty during April and May. *Todah rabah!*

Dorit Adler
Austin Agron
MeMe Aguila
Joshua Anbar
Morris Barkan
David Ben-Asher
Lois Bodin
Phyllis Broad
Jennifer & Mark Cassius
Kevin Chess
Pat & Dennis Citron
Terri Cohen
Ted Dierenfeld
L. Elliott Farber
Sorale Fortman
Emanuel Furst
Barbara & Jerry Goldberg
Shirley Goldberg
Victoria Newman &
Allen Gordon
Robert Harris
Fred Hirsh

Marty Johnston
Sally Julian
Ruth & Ron Kolker
Aurora Kellogg
Sandra Lachter
Peggy & Richard Langert
Katherine & Aaron Leonard
Sandra Licter
Debra Lytle
Ziva Mason
Levi Mendel
Michael Mendel
Pamela & Stuart Mendel
Arnold Merin
Jere & Bob Moskovitz
Bob Mutterperl
Tidi Ozeri
Rina Paz
Jane Poliakoff
Jessica Priestner
Alan Ravitz
Abby Rosen

Marsha Rosenblum
Judith Schneider
Michael Schoenhals
Charles Schultz
Trudy & Howard Schwartz
Phyllis Schwartz
Evelyn Sigafus
Linda & Shelby Silverman
Steve Sim
Shelly & Steve Singer
Karen Skolnik
Nancy & David Stoler
Tammy & Alan Strobel
Ariel Strobel
Eri Svenson
Sandra Tobin
Moshe Toister
Art Weinenger
Stephen Weinstein
James Whitehill
Jerry Wolf
Joanne Wolf
Robert Wolk

From the President



It's summertime in Tucson. The ice has cracked on the Gila River and the temperatures are hovering around 110 degrees. Clearly, the only sane thing to do is to decamp to San Diego and hang out on the beach, go on a cruise to Alaska, or visit relatives far from the desert Southwest. For those of us who somehow manage by finding a fleeting bit of shade somewhere in the parking lot, we may be thinking we can somehow persevere and come up with a prayer for rain as effective as the one made by

Eliyahu.

If you are one of the individuals who will be in town this summer, then remember Anshei Israel does not close up shop. We will still have services every Shabbat (Yay! Summer Shul), a daily minyan (Please come. You might be lucky #10.), and ongoing programming. Of note, check out our returning Summer Film Series continuing on Sundays, July 7 & 14.

Also, our Strategic Development & Rabbinic Transition Task Force will continue to conduct focus groups over the next few weeks to get your input on who we are as a congregation and what we are looking for in our next rabbi. They've also sent out a Congregational Survey. Please complete it by July 12! It's important that everyone has a voice in the process, so please provide your perspective.

If you are one of the sensible people who has found refuge in cooler climes, you may miss out on our virtual bimah, but remember you can stay virtually up-to-date with Anshei Israel on our website, Facebook, Instagram, and by email. (See page 15 to connect with us.)

We look forward to seeing everyone again at our Welcome Back Shabbat dinner with a New York theme, preceded by our Shir Hadash Service led by Cantorial Soloist Nichole Chorny on August 23. (See page 7 for details.)

Dan Jurkowitz
president@caiaz.org

Yahrzeit Plaques

Yahrzeit plaques placed in the Congregation Anshei Israel Memorial Hall during the year 5779 will be dedicated on Shemini Atzeret, **Monday, October 21.**

To ensure their timely arrival for this year's dedication, orders for yahrzeit plaques must be placed **NO LATER THAN AUGUST 6.** *We will make every effort to place your order; however, this is the manufacturer's deadline.*

Please contact Debra at 745-5550, ext. 242
or ExecDir@caiaz.org



HUNGER FACTS:

- **1 in 4 kids** and **1 in 5 adults** in Arizona are at risk for hunger
- Arizona has the **5th highest** rate of childhood hunger in our country
- **17%** of Community Food Bank clients are **seniors**



YOU help keep the community fed.
YOU bring together the most needed foods for those who need them most.
The following non-perishable items **you** donate go directly to helping our neighbors in southern Arizona.

- **High protein items:**
Canned chicken or fish
Dry or canned beans
Peanut butter
- **Low sodium options:**
Canned vegetables w/o added salt
Soups or stews
- **Whole grain options:**
Whole grain pasta
Brown and wild rice
Oatmeal
High fiber cereals w/o added sugar
- **Other:**
Canned fruit in water or juice
Unsalted almonds
Dried fruit w/o added sugar
Natural applesauce
100% juice

Items may be dropped off in the marked box in the Lynne Falkow-Strauss Foyer outside the administrative office.

THANK YOU!



**COMMUNITY
FOOD BANK**
OF SOUTHERN ARIZONA

Sweet Tomatoes. DISCOVER FRESH™

Thank you to all those who enjoyed their last bit of *hametz* before Passover on April 18 at our Sweet Tomatoes fun-raiser. We received a check for \$149.50!

Remember to
complete the online
Congregational Survey
by July 12!

88th Annual Meeting • May 13, 2019

More than 150 congregants attended “Come, Sit & Stay,” our annual meeting with a social action aspect in that attendees were asked to bring pet food/treats, beds, toys, &/or monetary donations to be given to the Humane Society. Everyone enjoyed dinner while watching a slide show of photos from the past year, followed by the meeting with reports from Board of Trustees, and the election and installation of officers and Board of Trustees.



Pet item centerpiece baskets & “kibble” to nibble (popcorn, pretzels, licorice & chocolate chips)



Incoming president Dan Jurkowitz (left) & Rabbi Robert Eisen presented outgoing president Stephanie Roberts with a *tallis*.



CAI's Board of Trustees (l. to r.) Monica Rudner, Evelyn Sigafus, Susan Levy, Barbara Selznick, Danielle Larcom, Marty Johnston, Andy Douglas, Joel Black, Jonathan Green, Katherine Leonard & Dan Jurkowitz (not pictured: David Jeck, Marianne Langer, Steve Singer & Tammy Strobel)

Thank you to: Tammy Strobel & Marty Johnston (event co-chairs), MeMe Aguila, Fred Hirsh, Mindy Hirsh, Aaron Leonard, Katherine Leonard, Jarrod Saffioti, Evelyn Sigafus & Ariel Strobel (who drew the fantastic dog cut-out centerpieces!)

TRANSPORTATION FOR ALL JEWISH SENIORS and JEWISH ADULTS with DISABILITIES!

FREE door-to-door shared rides and safe secure transportation. JFSA provides rides to synagogue services, educational programs, and social events for Jewish seniors and Jewish adults with disabilities.



Call Beverly at 577-9393 to register!

C O M I N G U P . . .

~ SUMMER FILM SERIES ~
SUNDAYS CONTINUING THRU JULY 14



Movies, popcorn & lemonade all FREE • Open to all ~ See you there!

Visit caiaz.org or pick up a flyer at the Shalom Cart for more information.

USY HONEY

Send honey to your family and friends
to sweeten the New Year!



8 oz. jar of delicious Kosher
100% pure clover honey: **\$12**

Each jar includes a printed
keepsake blessing.

Proceeds benefit CAI's United
Synagogue Youth.

FREE shipping with orders
placed **by August 5**; thereafter
\$5 per jar shipping is added.

Delivery guaranteed in time for Rosh Hashanah
when orders placed by Sept. 4.

TO ORDER:

Visit caiaz.org & click on the jar of honey.

(Bottles available for purchase at Front Desk
while supplies last.)

Shir Hadash Shabbat: A New Song and

Welcome Back Shabbat Dinner
Friday, August 23 • 5:45pm



Join us for an uplifting service as we mix the traditional
liturgy with new melodies from the modern Jewish world,
followed by a special Shabbat dinner with a New York
theme to welcome everyone back from summer.

Deli Dinner • Soft Pretzels • Black & White Cookies
Fun Activities for All!

RSVP needed by Aug. 19

Members \$10pp • Guests \$15pp

Visit caiaz.org or call 745-5550.

Calendar of Major Jewish Holidays 5780

Holidays begin the evening before the day noted. Holidays noted *in italic* are holy days
on which no work is permitted and absences from school or work should be excused.

Rosh Hashanah Mon & Tue, Sept. 30-Oct. 1, 2019
Yom Kippur Wed, Oct. 9, 2019
Sukkot (start) Mon & Tue, Oct. 14-15, 2019
Shemini Atzeret Mon, Oct. 21, 2019
Simhat Torah Tue, Oct. 22, 2019
Hanukkah Mon, Dec. 23 - Mon, Dec. 30, 2019
Tu B'Shevat Mon, Feb. 10, 2020
Purim Tue, Mar. 10, 2020

Passover (start) Thur & Fri, Apr. 9-10, 2020
Passover (end) Wed & Thur, Apr. 15-16, 2020
Yom Hashoah Tue, Apr. 21, 2020
Yom Ha'atzmaut Wed, Apr. 29, 2020
Lag B'Omer Tue, May 12, 2020
Shavuot Fri & Sat, May 29-30, 2020
Tisha B'Av Thur, July 30, 2020

Yom Hashoah is Holocaust Remembrance Day. • Yom Ha'atzmaut is Israel Independence Day.

AFFILIATE/SOCIAL GROUPS



Women's League

Open Mah Jongg Play continues to be held **Mondays, 10:00am to 12:00pm**. All levels of experience are welcome. Join us: It's casual, it's social and it's fun. Just see below!



Our **"Women's Study Group"** will be held on **Mondays, July 1 and August 5 at 12noon**.

Rabbi Robert Eisen leads the monthly group session using *Pirkei Imahot: The Wisdom of Mothers, The Voices of Women* as the core for discussion. Each month we explore the depth of their teaching with an eye to seeing how we might apply their lessons to our lives. Volumes of the book are available at each class session. No charge to attend. Bring your own dairy lunch; beverages and dessert provided.

"Gentle Chair Yoga" continues to be held on **Wednesdays, 9:30 – 10:30am**. Increased balance, strength and flexibility in a supportive group setting is the focus. Meditation and deep relaxation at the end of each class leaves participants with positive healing energy and uplifted spirits. Dress comfortably. Members of Women's League \$6 per class; non-members \$8 per class.

Like to volunteer? We can use your help in the Judaica Gift Shop. If you have a talent for retail and great customer service, this is for you! Training is provided. Contact Marianne Langer at 780-0496 or marilang@comcast.net to learn more.

Young Adult / College Outreach Program

During the High Holy Days, the absence of many of our young adults is readily apparent to the Synagogue and to you, the families whose children are away from home. All too often our college-age young adults feel cut off from the Synagogue which played such an important part in their younger years. We want to keep that Synagogue connection with your children. Please help us update our list of young adults who are in college or others who would enjoy hearing from us. We ask those who would like their children to receive both regular and e-mail communications to complete and return the form below to: **CAI Young Adult/College Outreach Program, 5550 E. 5th St., Tucson, AZ 85711**

Congregation Anshei Israel's Young Adult/College Outreach Program

Name(s) _____

 Address _____

 City _____ ST _____ Zip _____
 E-mail _____
 College Name _____



"Read It & Meet" Book Discussions

"RIM" will resume on **Saturday, October 5**. Monthly book discussions are held on Shabbat (**approx. 12 noon**) and everyone is welcome. Selected books by Jewish authors or with Jewish content are discussed and moderators facilitate discussions.

Should you wish to suggest a book for the group OR want to get involved in any way, please contact Helen Rib at 299-0340 or helenrib@yahoo.com

EDUCATION



MAZAL TOV TO OUR GRADUATES from area High Schools this past May!

Lauren Grabell

Graduated from: BASIS Tucson North
Planning to attend Washington University, looking to pursue a career in a health-related field.

Corey Karp

Graduated from: University High School
Planning to attend University of Southern California, looking to pursue a career in medicine.

Geva Ozeri

Graduated from: University High School
Spending next year on NATIV in Israel, after which he will return to the University of Rochester, looking to pursue a career in engineering.

Hayden Peskin-Owens

Graduated from: Tucson High
Planning to attend Pima Community College, looking to pursue a career in the Fine Arts.

We tried to contact all of our seniors. If we missed you, we apologize. If you would like to be included in further announcements, please let us know!

Preschool/Kindergarten

We wrapped up the school year in style on May 23, then kicked off our Summer Camp program just 10 days later. At our closing program, the children showed off what they learned all year: singing songs about Shabbat, Hanukkah, Passover, friendships, the wheels on the bus, and even colors and the alphabet in Spanish! We bid goodbye to our Pre-K class, Shomrim, as well as our Maccabim Teacher Assistant Elke Jackson. Our music teacher, Susan Kravitz, is taking a one-year sabbatical, but our new teacher will begin our musical journey in August.



Summer camp is rolling along. Miss Kirby teaches our PE/Movement class, Mr. Nature (Anthony Marc Aldinger) visits once a week, Nichole Chorny sings with us every Friday, and oh my, how the children love their water play! Each camp week has a theme, from "America the Beautiful" with our July 4th parade and BBQ lunch, to sports, art, music and even a surprise theme.

All children ages 2 to 6 are welcome to join us through July 26.

And then, poof! Teachers return on July 31 to prepare for the **first day of preschool on August 7**. There are still spots



available for preschoolers 14-months to 4-years-old. Just contact me at PKDirector@caiaz.org for information about enrollment or visit caiaz.org

We're going to have a great 2019-2020!



Nancy Auslander, Preschool/Kindergarten Director
745-5550, ext. 229, PKDirector@caiaz.org

Thank you!

A special thank you ~ *todah rabah* ~ to the following congregants who participated as "substitute grandparents" on L'dor V'dor (Generation to Generation) Day in Religious School:
Jerry Barkan • Lois Bodin • Sara Ross • Evelyn Sigafus

INTRODUCING our new Youth Education Program!

B'Yahad (Together)

teaches our youth how to live their Judaism while building skills, meaning and joy.

**All Youth (preschool thru teens)
are invited to join us for the
B'Yahad Water Day KICK-OFF
Sunday, August 18 at 9:00am**

- Fun activities for all!
- Hear about our new program for the coming year.
- Meet our Madrichim (teen leaders), teachers and shinshinim (young Israelis doing a year of service here in Tucson on behalf of Israel through the Jewish Federation), Shay Friedwald and Danielle Levy. Shay will work with children at CAI for the first half of the year, while Danielle will work at other local Jewish organizations. They will then trade places for the second half of the year. (see more below)
- Kids: Come wearing swim garb, 'cuz you're probably gonna get wet! (Bring a towel, hats, sunblock and water shoes.) We'll play water games outside led by the Madrichim. Snacks and beverages will be provided.
- Parents/Guardians: Enjoy brunch and mimosas while learning about our new program. You may join the children after brunch or choose to run some errands while the kids continue having fun. We will conclude at 12:00 noon.

**Want to attend? RSVP to Kim
at 745-5550, ext. 224 or EdAsst@caiaz.org**

Have you REGISTERED your child(ren) for B'Yahad 2019-2020 yet? Both the Registration Form and the Permission Slip/Medical Form must be completed and submitted with Registration Fee (\$150) to hold student's place. Visit <https://caiaz.org/lifelong-learning/byahad-together/> Looking forward to a great year... together!

Rabbi Ruven Barkan, Education & Youth Director
745-5550, ext. 227, EdDir@caiaz.org

MAZAL

TOV

Birth Announcements

This column features children, grandchildren and great-grandchildren of CAI members. The announcement and photo (if available) will appear in the issue of Kolenu within appropriate print dates. Please notify the clergy assistant at 745-5550, ext. 225.



Jude Valentine Hall

Born March 1

Jude is the grandson of Rita & Martin Hall. (Parents: Andrea & Jacob Hall)

Maya Klari Neuman

Born April 8

Maya is the granddaughter of Yael & Shlomo Neuman. (Parents: Eszter & Ariel Neuman)

Violet Monroe Tor

Born May 15

Violet is the granddaughter of Deborah Oseran & Bobby Present, and the great-granddaughter of Nancy Present. (Parents: Naomi & Joshua Tor)



Ezra Stephan Langert

Born May 29

Ezra is the grandson of Peggy & Richard Langert, and the great-grandson of Sally Julian. (Parents: Leah & Joshua Langert)

Mackinley Remy Rothstein

Born June 8

Mackinley is the granddaughter of Holly & Steve Shenitzer. (Parents: Ilana & Jeremy Rothstein)

Romi Henia Hellman

Born June 9

Romi is the granddaughter of Shawn & Aaron Hellman, and the great-granddaughter of Adrienne & Larry O'Hare. (Parents: Shira Aitchison & Justin Hellman)

July Anniversaries

| Date | Years |
|---|-----------|
| 1 Trudy & Howard Schwartz | 57 |
| 2 Phyllis & Donald Cohen | 66 |
| Barbara Stern Mannlein & Martin Mannlein | 53 |
| Nancy & Tidhar Ozeri | 30 |
| Stephanie & Spencer Roberts | 30 |
| 3 Kathy Hays & Gerald Barkan | 28 |
| Janet & Stephen Seltzer | 59 |
| 4 Elaine & Howard Fagan | 48 |
| Judy & Cary Fishman | 58 |
| Rhea & Arnold Merin | 45 |
| Kathryn & David Unger | 54 |
| 5 Maria & Josh Katz | 6 |
| Laura & David Tick | 28 |
| 9 Barbara & Sanford Selznick | 19 |
| 14 Alayne & Bruce Greenberg | 46 |
| 19 Gail & Alan Cohn | 26 |
| 22 Sharon & Morris Barkan | 36 |
| 23 Linda & Shelby Silverman | 47 |
| 27 Maya & Josef Gonzales | 21 |
| Stephanie & Oren Buchler | 8 |
| Bobbie & Leroy Feig | 63 |

ENGAGEMENT

Devin Hulsey

son of Renee & Howard Hulsey and
grandson of Sandy & Bill Yalen
to Sarah Sullivan

GRADUATION

Jacob Kaufman

son of Dee Kaufman & Ron Kaufman
magna cum laude from the
Honors College at ASU
with a degree in Film Production

Know Someone New to Tucson?

If you know someone new to the Tucson community who you believe would be interested in finding out about CAI, please call Debra Lytle at 745-5550, ext. 242, so we can speak to them about all of the many religious, spiritual, educational and communal opportunities the synagogue has to offer!

August Anniversaries

| Date | Years |
|--|-----------|
| 1 Gail & Ron Isaacs | 9 |
| 2 Nichole & Joel Chorny | 10 |
| Rachel & Jonathan Green | 27 |
| Barbara & Michael Schoenhals | 49 |
| 3 Pat & Dennis Citron | 44 |
| Myrna & James Frisch | 44 |
| Terri & David Polan | 39 |
| 5 Trenty & Michael Mendel | 40 |
| Susan & Steven Weisman | 40 |
| 6 Karen & Gilbert Sokal | 13 |
| 7 Rebecca & Ronald Mann | 31 |
| Carole & Sylvain Sidi | 48 |
| 9 Deanna Evenchik-Brav & Garry Brav | 3 |
| Jackie and Paul Hoffman | 50 |
| Terry & Jerry Neuman | 51 |
| Joann & Steven Weinstein | 24 |
| 12 Jennifer & Mark Cassius | 29 |
| Margo & Ron Gray | 46 |
| 14 Bertie Levkowitz & Thomas Herz | 14 |
| 15 Robin & Mitchell Pozez | 38 |
| Marilyn & Ira Prenskey | 54 |
| Nancy & David Stoler | 48 |
| 16 Joyce & Bill Becker | 60 |
| 18 Felisa & Ruben Bien-Willner | 46 |
| Ruth & Ronald Kolker | 56 |
| 19 Gail & Marc Offenhartz | 35 |
| Renee & Michael Rhyner | 11 |
| 20 Arlene & Richard Bluth | 52 |
| 21 Arlene & Howard Brody | 59 |
| Rayna & John Gellman | 64 |
| 23 Marjorie & George Cunningham | 50 |
| 24 Suzanne & Ross Freund | 27 |
| Chaya & Harvey Jurkowitz | 50 |
| 25 Lyudmila Rytslina & Ilya Tepelboym | 30 |
| 26 Jennifer & Jason Bailey | 12 |
| 27 Miriam & Athol Cline | 48 |
| Lila & Bernard Greisman | 69 |
| 30 Mirta & Alberto Bien-Willner | 44 |
| Susan & Richard Glass | 49 |
| Eleanor & Don Jeck | 55 |
| Helene & Fred Mittleman | 53 |
| 31 Amy & Chad Miltenberger | 16 |
| Holly & Steven Shenitzer | 44 |
| Alice & Joel Steinfeld | 44 |

Interfaith Families Welcomed

CAI welcomes all who seek the spiritual comfort found within our sacred community. We warmly welcome interfaith families and encourage them to participate in as much synagogue life as they choose within the framework of Conservative Judaism. For more information, pick up a brochure at the Shalom Cart or access it at caiaz.org/resources as part of CAI's "Myths vs. Facts" program.

Honorable "Menschens"

TODAH RABAH TO:

Judith Schultz & Terry Williams
for proofing the May/June Kolenu

The Saffioti Family
for sponsoring the May 5 kiddush in honor of
Jarrod becoming a Bar Mitzvah

Golleet & Craig Lonabaugh
for sponsoring the May 11 kiddush in honor of
their son, Samuel, becoming a Bar Mitzvah

Arlene & Richard Bluth and Holly & Steve Shenitzer
for sponsoring the May 18 kiddush in honor of
Katie becoming a Bat Mitzvah


Marianne & Allen Langer
and **PAC (Parent Action Committee)**
for donating additional emergency kits

SHARE YOUR SIMCHA!

We welcome sponsorships — in whole or part — toward Kiddush and/or Seudah Shlesheet (Third Meal). All contributions are acknowledged in *Kolenu*. If you wish to honor someone or simply to help, please call Debra at 745-5550, ext. 242.

The wine, juice and challah at our
Kabbalat Shabbat Service are donated
In Memory of Moe and Roslyn Wolf by their family.

**Remember to complete the
online Congregational Survey
by July 12!**



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Condolences

המקום ינחם אתכם

The congregation mourns the loss of our members:

Arlene Epstein
Marvin Fortman
Fred Fruchthandler
Berthold (Bert) Lippel
Martha Sampson
Jeffrey Stern

*Our condolences to these members who mourn
the loss of their loved ones:*

Tom Borin - his mother, Adele Borin
Sorale Fortman - her husband, Marvin Fortman
Carol Levine - her sister, Tamra Stoller
Sonny Ross - his sister, Martha Sampson
William (Bill) Sampson - his wife, Martha Sampson
Ellie & Maddie Singer -
their great-grandmother, Adele Borin
Stacey Singer - her grandmother, Adele Borin
Cathy Stern - her husband, Jeffrey Stern

May the Author of Life Comfort the Mourners



~ Anshei Israel Memorial Hall ~

Installation of a memorial plaque is a beautiful way to perpetuate the memory of a loved one. Each year on the anniversary of your loved one's death, the synagogue will send you a reminder of the Yahrzeit and light the light adjacent to their memorial plaque. Call Debra at 745-5550, ext. 242 to make arrangements or if you wish to reserve a space for the future.

Dealing with Grief and Loss?

Are you having difficulty dealing with grief and loss? Perhaps it would be helpful to talk with a trained counselor. A synagogue volunteer would be happy to speak with you confidentially. Please call Norma Karp at 299-3382.



The Mitzvah of Bikur Holim

Federal healthcare privacy regulations make it difficult for us to know when a member of CAI has been admitted to a hospital.

Become a partner in the mitzvah of Bikur Holim — visiting the sick — by advising our clergy when you, a relative, or a friend is hospitalized. We can stay informed **ONLY** if a family member or friend provides the information to us.

PLEASE CALL 745-5550 to speak with

Rabbi Robert Eisen, ext. 230

CONGREGATION ANSHEI ISRAEL DONATIONS

Donations made to Anshe Israel Funds enable our Synagogue to continue to carry out its work, thereby better serving our members. Please consider making a donation in honor of a relative or friend who may be celebrating a simcha or in memory of a loved one. This list reflects those donations made after the last issue's publication date. Todah Rabah to all.

Our Donation Form
is at the Front Desk
in the administrative office
AND
at **caiaz.org**
Notification cards are
sent for donations of
\$12 or more.

ART FUND

In memory of:

Father, Bertram
Steven Ketchel

RABBI MARCUS BREGER ADULT STUDIES MEMORIAL FUND

In memory of:

Mother, Evelyn
Marcie Sutland

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Bert Lippel
Sue & Sonny Ross

In honor of:

Margo & Ron Gray's son, William's marriage
Robert Cohen
Deborah Oseran & Bobby Present

CANTORIAL SOLOIST DISCRETIONARY FUND

In memory of:

Husband, Robert
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In appreciation of:

Nichole Chorny
L. Elliott Farber
Ellen Yasmer

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Father, David
Fred Hirsh
Mother, Rose
Grandmother, Libby Bashefkin
Fred Mittleman
Grandmother, Margot Eva
Limmer Fuld
Grandfather, Eric Martin Fuld
Rachel Green

In memory of:

Tom Borin's mother
Lisa & Dan Jurkowitz
Vicki & Phil Pepper
Stacey Singer's grandmother
Lisa & Dan Jurkowitz
Marvin Fortman
Stephanie & Spencer Roberts
Carol Levine's sister
Vicki & Phillip Pepper
Stephanie & Spencer Roberts
Wally Marcus's sister, Flora Berkun
Susan Wortman & Jack Pinnas

In honor of:

Phil Bregman receiving the JFSA's "Man of the Year" Award
Helen Rib receiving the JFSA's "Special Recognition" Award
Vicki & Phillip Pepper
Jillian Cassius's graduation from Hebrew High
Rebecca Dubin's graduation from Hebrew High
Aaron Green's graduation from Hebrew High
Rita & Martin Hall's new grandson, Jude
Mallory Hulsey's graduation from Hebrew High
Geva Ozeri's graduation from Hebrew High
Erika Spivack's graduation from Hebrew High
Stephanie & Spencer Roberts
Rabbi Robert Eisen, Rabbi Ruven Barkan, Nichole Chorny & Tutors
Marilyn & Ira Prensky
Steve Lipson's special birthday
Mary & Walter Marcus
Yael & Shlomo Neuman's new granddaughter, Maya
Deborah Oseran & Bobby Present's new granddaughter, Violet
Nancy Present's new great-granddaughter, Violet
Lisa & Dan Jurkowitz
Sarah & Leonard Schultz's 50th wedding anniversary
Lois & Leon Thikoll

General contributions:

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RABBI ROBERT EISEN'S DISCRETIONARY FUND
In memory of:
Mother, Teddi Barlin
Stepfather, Stanley Barlin
Father, Stanley
Patti Salonic
Mother, Gladys Cohen
Father, Manny Cohen
Mindy Hirsh

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Terri & David Polan
Marvin Fortman
Judy & Cary Fishman
Sharon & Fred Klein

In honor of:

Austin Agron's birthday
Elise Graninger & family
MeMe Aguila
Madeline & Barry Friedman
Phil Bregman receiving the JFSA's "Man of the Year" Award
Dawn & Leonard Steinberg
Howard Brody's birthday
Norma & Ron Karp
Rabbi Robert Eisen
Rayna & John Gellman
Margo & Ron Gray's son, William's marriage
Marsha Rosenblum
Tammy & Alan Strobel & family
Marilyn & Ira Prensky's granddaughter, Gianna becoming a Bat Mitzvah
Sherri Kamensky

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Gerald & Anne Lapin
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Cathy & Jeffrey Stern

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 Sister, Teddi Barlin
 Brother, Larry Fishman
Ruth Goldin
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In memory of:

Mother, Norma Jean
 Brother, Mark
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 Father, Rabbi Joseph Katz
Sara Borin
 Aunt, Carolyn Berman
Lois Jacowsky
 Tom Borin's mother
Lois & Ken Jacowsky
Anna & Myron Rottenstein
 Harlin Capin
Paula & Danny Singer

In honor of:

Emiliya Arakelova's daughter,
 Linda's college graduation
 Nancy Auslander's daughter,
 Abigail's college graduation
 Valerie Deitch's daughter, Ariana's
 high school graduation
CAI Preschool Teachers
 Margo & Ron Gray's son, William's
 marriage
Marcia & Paul Simon

In honor of:

Ben Pozez receiving the JFSA's
 "Young Man of the Year" Award
Sara & Tom Borin
 Deborah Oseran & Bobby Present's
 new granddaughter, Violet
Vicki & Phil Pepper

Speedy recovery of:

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Sara & Tom Borin
Stacey, Zach, Ellie &
Maddie Singer

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Par Par 2019 Class
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Brenda & Bill Viner

In honor of:

Margo & Ron Gray's son, William's
 marriage
Vicki & Phillip Pepper
GILO B'NAI MITZVAH TWINNING
FUND

In honor of:

Gianna Miltenberger becoming a
 Bat Mitzvah
Gianna Miltenberger & family
LOUISE HABER PRESCHOOL/
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 Grandfather, Abe Rickles
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In honor of:

Enid Freedman's birthday
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In honor of:

Breanna Bregman's graduation
 Phil Bregman receiving the JFSA's
 "Man of the Year" Award
Marcia & Paul Simon
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MEMORIAL FUND

In memory of:

Tom Borin's mother
 Carol Levine's sister
Holly & Steve Shenitzer

In honor of:

Phil Bregman receiving the JFSA's
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 Sister, Rita Bleich
Paul Smelkinson & Harriet Silverman
 Friend, Linda Roy
Rosie & Paul Kahn

In honor of:

Adina Barkan's birthday
Sara Ross
 Yael & Shlomo Neuman's new granddaughter, Maya
 Deborah Oseran & Bobby Present's new granddaughter, Violet
Sorale Fortman
 Receiving an Aliyah
Norma & Ron Karp

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Tom Borin's mother
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There are many targeted lists from which to choose, and you may be on as many lists as you like. If we send an email to multiple lists you're on, you will NOT receive duplicates. The software removes any redundancies.

Since you are in control, you can change your preferences at any time. The lists are self-explanatory. You can opt out, or on, any list(s). **NOTE:** If you select “SAFEunsubscribe” from the bottom of any email you receive from us, the software removes you from ALL lists.

Instead, select “Update Profile” to change your preferences. (FYI: The list “Synagogue-wide Event Flyers” is for those CAI members who wish to receive emails instead of hard copy flyers in the mail for most congregational events.)

If you want the most current information for the week ahead, select “Word of Mouse.” It provides service times, details about classes and meetings, as well as upcoming events and how to RSVP.

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Facebook

We have four pages
to serve different
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1. Congregation Anshei Israel
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Preschool/Kindergarten
3. Congregation Anshei Israel
B'Yahad
4. CAI United Synagogue
Youth

Some tips:

- Sharing our posts allows more people to learn about us.
- When you comment on or like our posts, it puts our page on your friends' radars, expanding our audience.
- Tagging your friends in our photos gives someone else the chance to take action on the photo.



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The Instagram community
is constantly growing and
CAI is a part of it!

We are sharing images, photos and videos on one of users' favorite social media networks. Users can browse content, “like” photos, and follow other users to add their content to a feed.

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Kolenu is published bi-monthly September - August. The deadline for all submissions is the first day of the month prior to the publication month. Ad placement & editing of submissions at CAI's discretion. For more information, contact Yvonne Ethier at 745-5550, ext. 231 or yvonne@caiaz.org



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