



KOLENU

"Our Voice" The Newsletter of Congregation Anshei Israel

September - October 2018 — Elul 5778-Tishrei-Heshvan 5779

Volume 72 Number 1

L'Shanah Tovah Have a sweet year!

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**Wish your family and friends a
Happy New Year with
Congregation Anshei Israel**

USY HONEY

**8-oz. bottles of delicious LOCAL
honey from the surrounding
desert are being sold at the
Front Desk for \$12.
(while supplies last!)**



All proceeds benefit CAI's United Synagogue Youth Program.

KOLENU • קולנו

"Our Voice"

The Newsletter for Congregation Anshei Israel

**Congregation
Anshei Israel** 
*A Conservative Synagogue and
Proud Member of USCJ*

5550 East Fifth Street • Tucson AZ 85711
(520) 745-5550 fax (520) 745-9058
caiaz.org

MISSION STATEMENT

Congregation Anshei Israel shall serve as a source of spiritual, educational, and social enrichment in order to encourage and ensure Judaic values in accordance with the Principles of Conservative Judaism.

CONTACT INFORMATION

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Shalom!

Please warmly

Welcome

our new members:

Stephanie & Oren Buchler
& their children, Brooklyn, Zev,
Nitai, Anisa & Liora

Marcia Ephraim

Ruthie & Mark Friefeld

Marc Lieb

Jere & Bob Moskovitz

Joan & Robert Mutterperl

Phyllis Schwartz

YOUR MEMBERSHIP MATTERS

**Thank you for renewing
your membership with
Congregation Anshei Israel.**

Knowing that you're here for us
enables us to be here for you!

~

Should you have questions
about membership, please call
Debra at 745-5550, ext. 242.

**Worship provides sanctuary
from everyday life.**



Please keep the outside world
outside by refraining from
* *talking*
* *texting*
* *video taping*
from your phone or
smartphone during services
and on Shabbat or holidays.

For information about
THE HIGH HOLY DAYS
AT CAI, see pages 6-10.

Kiddie Corner

One of the most important values we can share is the importance of Shabbat worship, together as families. Should your little one(s) get restless, we offer a spot in Rabbi Breger Hall for them so parents can listen, see and participate in the service, as their children play with Shabbat-friendly toys and books.

Comfort for Babies & Moms

We have a designated room for moms who wish to nurse their babies in a quiet private space. The bride's changing room (at the back of the Epstein Chapel) will comfortably accommodate one or two moms at a time.

Shabbat Afternoon Torah Study

Torah discussions are held **every Saturday, one hour prior to the Mincha Service** and are a great opportunity to become more involved in "Living Judaism" and your congregation. Times of study are listed on the calendar in each issue of *Kolenu*. If you would like to lead a Torah discussion or for more information, call Emilia at 745-5550, ext. 225.

Talmud on Tuesday

Learn about the law and lore in the "sea" of Talmud with Rabbi Robert Eisen as we dig deep into the "who, what, where, when, why and how" of living Judaism. Held in the Epstein Chapel **September 4 immediately following 5:30pm Minyan. (Not held Sept. 11, 18, 25 & Oct. 2).**

Weekday Torah Study Group

Led by Rabbi Robert Eisen, this informal study group can lead to lively discussion. Held **Wednesday, September 5 in the Library, 11:00am to 12noon. (Not held Sept. 12, 19 & 26).**

Shalom!

Tot Shabbat Service and Dinner

For families with young children, Rabbi Robert Eisen holds a special Tot Shabbat Service with stories and songs **the first Friday of most months at 5:45pm** on the Bimah in the sanctuary. A kid-friendly Shabbat dinner follows at **6:15pm**. Dinner: \$25 per family (two adults and up to four children); additional adults \$10 per person. RSVP needed for dinner only to Kim at 745-5550, ext. 224. Please plan to join us on **September 7 & October 5**.

Family Shabbat Experience Service & Dinner

Please join us on **Friday, September 21, at 5:45pm** as we transition into the "Rhythm of Shabbat." With our families, we'll welcome Shabbat with rhythm, movement, *ruach* (spirit) and song. Then we'll share Shabbat dinner, followed by Open Lounge in the Linda Roy Youth Center with games and fun. Dinner \$25 per family (two adults & up to 4 children) for CAI members; guest family \$30; adults (13+) \$10 per person. RSVP is needed by Sept. 17 for dinner only to Kim at 745-5550, ext. 224 or visit caiaz.org

Junior Congregation

Join us on **Saturdays, September 22, October 13 & 27 at 10:30am** for this teen-led Shabbat service for kids of all ages that includes the Torah service so the youth can take ownership of the service. For more information, contact Rabbi Barkan at 745-5550, ext. 227 or EdDir@caiaz.org

Blessing of Our Pets

Our lives would not be the same without our pets! They are such a part of our lives: a presence in our homes and in our hearts; companions in times of joy and comfort in times of pain. Bring your pet(s) on **Sunday, October 7 at 11:35am** – after reading the Torah portion describing how God created the world (filled it with life!) and then the story of Noah (how, when the world was restored, that life was renewed as well – two by two!) – we will pause to recognize just how important our pets are to us. Meet us on the basketball court near the sukkah for a short "service" to include a blessing of our pets. We encourage everyone to come for this very special moment. **NOTE:** Kindly transport your pet(s) safely and please control them. All dogs must be on leashes. For the safety of all, no aggressive animals.

Shabbat Under the Stars Service/Family Shabbat Dinner

Our Family Shabbat service on **Friday, October 19 at 5:45pm** will be held on the Rabbi Arthur Oleisky Courtyard (in lieu of the Epstein Chapel). The opportunity to worship outside enables us to better encounter nature, and to remind ourselves that any space can become sacred through the manner in which we use it. With our families, we will welcome Shabbat with rhythm, movement, *ruach* (spirit) and song, followed by Shabbat dinner and Open Lounge in the Linda Roy Youth Center with games and fun. Dinner is \$25 per family (two adults & up to 4 children) for CAI members; guest family \$30; adults (13+) \$10 per person. RSVP is needed by Oct. 15 for dinner only to Kim at 745-5550, ext. 224 or visit caiaz.org

TZOM GEDALIAH Fast of Gedaliah

TZOM GEDALIAH (Fast of Gedaliah) is an annual fast day instituted by our tradition to mark the assassination of Gedaliah Ben Achikam, the Governor of Israel during the days of Nebuchadnezzar, the King of Babylonia.

In the time immediately after the destruction of the Temple and of Jerusalem itself by the armies of Nebuchadnezzar, most of the Jewish people who lived in the land of Judah were exiled. There were a few that remained. Nebuchadnezzar appointed a man named Gedaliah as governor.

Gedaliah advised the people not to accept the Babylonian rule and instead to work towards reestablishing normal life in the country. Unfortunately, there were people who disagreed with him. A man named Yishmael ben Netaniah, a descendant of the royal family, murdered Gedaliah and many other Jews. This murder was the final blow that completely destroyed the last remnant of organized Jewish community in the land of Israel until the Jews returned to build the Second Temple.

The story of Gedaliah is told to us in two places: in the TaNaCh in Kings II chapter 25 and in the book of Jeremiah, chapters 40 and 41.

The "Fast" itself is considered a "Minor Fast" as it begins at daylight and not on the evening before. This year TZOM GEDALIAH falls on **Wednesday, September 12**.

*Debby and Rabbi Robert Eisen are proud to announce
the forthcoming marriage of their son, Alex to Carly Glickstein.*

*On Saturday, October 27, 2018, at our Shabbat morning service (beginning at 9:00am),
they will be called to the Torah for an Aliyah and a special blessing (Aufruf).*

Please plan to join us for a Kiddush lunch following services.

*Though no RSVP is required (as with all of our services, they are open to everybody), to ensure that we
are prepared appropriately, please let us know that you will be joining us by calling 745-5550.*

Thank you for allowing us to share our simcha.



*Do you like to sing?
We want to hear
from you!*

ADULT CHOIR REHEARSAL

**Monday, Oct. 15 • 6:00pm
Cantor Falkow Lounge**

This choir is open to all adults who have an interest in Jewish music and enjoy singing. The repertoire will include a full spectrum of Jewish music, both liturgical and secular. Rehearsal and performance dates will be given out at this rehearsal. New singers welcome; please join us!

**For more information, contact
Cantorial Soloist Nichole Chorny
at 745-5550, ext. 228 or
CantorialSoloist@caiaz.org**

Social Action



**American
Red Cross**

Thank you to all the blood donors and volunteers who made the July 29 Blood Drive a tremendous success.

Save the date: Sunday, January 6, 2019 for our next drive!

Fran Stoler
franstoler@gmail.com

Thank you to our "Yad Squad"

*(Those who read Torah and Haftarah
in June and July)*

Malka Abraham	Ziva Mason
Joshua Anbar	Levi Mendel
Murray Baker	Phillip Pepper
Rabbi Ruven Barkan	Jessica Priester
Nichole Chorny	Helen Rib
Rabbi Robert Eisen	Sandra Rothschild
Margo Gray	Eric Saffioti
Marshall Heyman	Steve Seltzer
Mike Jacobson	Leonard Schultz
Dan Jurkowitz	Sophia Temyanko
David Jurkowitz	Moshe Toister
Lisa Jurkowitz	Hyla Windham
Scott Lewis	Seth Windham



Daily Minyan Services & "Jewry" Duty

Our Minyan is expected to be there when someone needs to say *Kaddish*, but there are times when it is difficult to get a *Minyan*. Along with your "Jewry Duty," please consider being part of the *Minyan* at least one morning or afternoon per month on a regular basis. Service times are on the calendar in each newsletter and on CAI's web site. Shown below is a combined list of Minyan attendees and those fulfilling their "Jewry" Duty during June and July. ***Todah rabah!***

MeMe Aguila	Dan Jurkowitz	Ira & Marilyn Prensky
Josh Anbar	David Jurkowitz	Jessica Priester
Morris Barkan	Harvey Jurkowitz	Abby Rosen
Burt Becker	Rosie Eilat-Kahn	Elana-Beth Rosen
Irvin Belzer	Aurora Kellogg	Patti Salonic
David Ben-Asher	Ed Koven	Judith Schneider
Lois Bodin	Marianne Langer	Trudy & Howard Schwartz
Barbara Brodie	Jerry Lapin	Ronnie Sebold
Kevin Chess	Katherine & Aaron Leonard	Esther Sherberg
Pat & Dennis Citron	Debra Lytle	Evelyn Sigafus
Miriam Cline	Ziva Mason	Linda & Shelby Silverman
Leatrice Cohen	Levi Mendel	Steve Sim
Terri Cohen	Michael Mendel	Karen Skolnik
L. Elliott Farber	Pamela & Stuart Mendel	Jake Strobel
Eric Flank	Arnold B. Merin	Tammy Strobel
Lisa Ungar & Robert Fridrich	Rabbi Arthur Oleisky	Sandra Tobin
Myrna & James Frisch	Geva Ozeri	Moshe Toister
Rayna Gellman	Eshed Ozeri	Art Weinenger
Jean & Marvin Glassberg	Nancy Ozeri	Joanne Wolf
Margo & Ron Gray	Rina Paz	Phyllis Wolf
Ori Green	Joy Peskin	Robert Wolk

Young Adult/College Outreach Program

During the High Holy Days, the absence of many of our young adults is readily apparent to the Synagogue and to you, the families whose children are away from home. All too often, our college-age young adults feel cut off from the Synagogue which played such an important part in their younger years. We want to keep that Synagogue connection with your children.

Please help us update our list of young adults who are in college or others who would enjoy hearing from us. We ask those who would like their children to receive both regular and e-mail communications to complete and return the form below to:

Congregation Anshei Israel, Young Adult/College Outreach Program
5550 E. 5th St., Tucson, AZ 85711

Congregation Anshei Israel's Young Adult/College Outreach Program	
Name(s)	_____
Address	_____
City	_____ ST _____ Zip _____
E-mail	_____
College Name	_____

Israeli Food Technology: Feeding the World

In the book of Genesis, Joseph instructs the Egyptians to stockpile sufficient produce to help ensure survival during an impending famine. According to the biblical commentator Rashi, Joseph urges the Egyptians to put some of the earth's soil in their crops to prevent them from rotting. The produce treated with this technique remains fresh and doesn't go to waste. Joseph's food preservation strategy helps him save the Egyptians from starvation, and even results in enough extra food to feed people from surrounding areas who did not adequately prepare for the famine.

In the modern world, more sustainable practices could further help alleviate food shortages around the world. At the same time, an estimated 1.3 billion tons of food is wasted annually around the world. Food production also contributes to environmental pollution, accounting for around 30 percent of greenhouse gas emissions globally.

To combat these challenges, Israel is sharing its food-sustainability technologies with farmers and companies around the world. These technologies are helping the food industry dramatically increase agricultural productivity and reduce waste.

In the field of food packaging, Israeli startup TIPA is producing compostable bio-plastic packaging that decomposes quicker than normal plastic, resulting in fewer plastic particles entering the air we breathe. As an added benefit, the packaging composts in a way that acts as fertilizer for plant growth.

Sderot-based startup Bram Industries has developed biodegradable industrial packaging for food. Their innovative technology allows for waste like food wrappers to naturally break down. Bram Industries' line of plastic housewares and storage items, including disposable cutlery, can be found at global U.S.-based retail giants such as Walmart, Target, Amazon, Home Depot and The Container Store.

SuperMeat, a Tel-Aviv based startup, takes an ethical and sustainable approach to meat production by producing clean and kosher meat that comes straight from animal cells, rather than relying on the slaughtering of live animals.

Another Israeli startup, Aclar Tech, has developed a mobile app that helps companies monitor the freshness and quality of produce—revolutionizing food markets by preventing wasted products. Aclar Tech CEO Avi Schwartzner says that "Our vision is to improve the efficiency and quality of fresh agricultural produce along the food chain, from the farmer in the field to the table of the consumer."

In April, Israeli food oven tech company, Genie Enterprise, tapped into the U.S. market with their innovative "kitchen-in-a-box," which quickly cooks appetizing, restaurant-quality meals from fresh ingredients in freeze-dried capsules. The product promises to reduce food waste and pollution, while giving people access to healthier options.

Modern Israel is building on the legacy of biblical Joseph, whose agricultural expertise proved invaluable in warding off starvation. The "startup nation" is making headway in both food technology and sustainability, as it shares its technical know-how with farmers, companies and consumers around the world.



*Living (y)our
Judaism
together*

Congregation Anshei Israel

Please feel free to call us with any questions or concerns you may have so that we can better serve you!

745-5550

Jewish Elder Access

has excess funds from a grant for in-home safety upgrades for seniors (e.g. A/C, hand rails, plumbing, etc.).

\$300/individual • \$600/family

No application is required;

however, intake is conducted via phone.

Contact Elaine Mami at 795-0300, ext. 2345.



**Jewish Family &
Children's Services
OF SOUTHERN ARIZONA**

Senior Transportation for all Jewish seniors!

FREE door-to-door shared rides & safe secure transportation.

JFSA provides rides to synagogue services, educational programs, and social events for Jewish seniors and Jewish adults with disabilities.

Call Beverly at 577-9393 to register!



**Jewish Federation
OF SOUTHERN ARIZONA**



CAI's Clergy,
Board of Trustees
and Staff
wish each and
every member
a Happy New Year!

THE HIGH HOLY DAYS AT CAI

5779 • 2018 High Holy Days, Festival Services and Events

(Items in **bold** require **advance reservations**.)

Saturday, Sept. 1	Selihot Program	8:00 pm
	Selihot Service.....	10:00 pm
Sunday, Sept. 2	Kever Avot Memorial Service (at Evergreen Cemetery).....	10:30 am
Sunday, Sept. 9	Erev Rosh Hashanah Service.....	5:45 pm
Monday, Sept. 10	First Day Rosh Hashanah Service	8:00 am
	Family Service	10:30 am
	A High Holy Days Experience with Jordan Hill	10:30 am
	Young Children's Family Service	10:30 am
	Mincha & Evening Service	5:30 pm
Tuesday, Sept. 11	Second Day Rosh Hashanah Service.....	8:00 am
	All Family/Youth Program	10:30 am
	A High Holy Days Experience with Jordan Hill	10:30 am
	Mincha & Evening Service	7:00 pm
Wednesday, Sept. 12	Fast of Gedaliah - Mincha Service	12:30 pm
Saturday, Sept. 15	Shabbat Shuvah Service	9:00 am
Sunday, Sept. 16	Tashlich at the Park (Ft. Lowell Park, Ramada 6).....	4:00 pm
Tuesday, Sept. 18	Mincha Service	12:30 pm
	Kol Nidre	5:45 pm
Wednesday, Sept. 19	Yom Kippur	8:30 am
	Holocaust Service & Yizkor	approx. 10:40 am
	Family Service	10:30 am
	A High Holy Days Experience with Jordan Hill	10:30 am
	Young Children's Family Service	10:30 am
	Mincha & Ne'ilah Service.....	4:00 pm
Sunday, Sept. 23	Erev Sukkot Service	5:30 pm
	Community Sukkot Dinner	6:00 pm
Monday, Sept. 24	First Day Sukkot Service.....	9:00 am
	Mincha & Evening Service	5:30 pm
Tuesday, Sept. 25	Second Day Sukkot Service	9:00 am
	Mincha & Evening Service	6:45 pm
Sunday, Sept. 30	Hoshanah Rabbah Service.....	7:30 am
	Erev Yom Tov Service	5:30 pm
Monday, Oct. 1	Shemini Atzeret Service	9:00 am
	Yizkor & Yahrzeit Plaque Dedication	10:30 am
	Community Simhat Torah Dinner	5:30 pm
	Mincha & Evening Service, Hakafot, Torah Roll & Simhat Torah Celebration.....	6:13 pm
Tuesday, Oct. 2	Simhat Torah Service, Family Celebration, Hakafot, Creative Torah Presentation & Lunch	9:00 am
	Mincha & Shabbat Evening Service.....	6:30 pm

Babysitting

We welcome families with children of all ages, but to accommodate our youngest congregants, we also offer babysitting for children **18-months- through 5-years-old on First and Second Days of Rosh Hashanah, 9:30am to 12:00noon, and on Yom Kippur, 9:30am to 1:00pm.** The rate is \$10 per child, per day.

Please note: No child can be admitted without a reservation.

RSVP deadline: Sept. 4. Please use the green inserted form.



THE HIGH HOLY DAYS AT CAI

**Please join us for the opening service
to the 5779 High Holy Days**



Selihot Program & Service

**Saturday,
September 1**

beginning in Rabbi Breger Hall

8:00PM Wine, Cheese and Dessert Reception

8:45PM Havdallah Program: "The Aura of Torah" -
A look at — and listen to — the Rosh Hashannah
Torah Readings

9:40PM Changing of the Torah Covers; Honoring
our Adult Choir

10:00PM Selihot Service

**There is NO CHARGE to attend; however,
reservations are requested. Please call 745-5550.**

Kever Avot Memorial Service

Sunday, September 2 • 10:30am

Evergreen Cemetery, Anshei Israel Section

The Kever Avot Memorial Service, held annually by our congregation and almost every congregation throughout the country, is a time to come to the cemetery to pay our respects to our dearly departed. Even if your loved ones are not buried in CAI's Cemetery, you are encouraged to participate in the service and express your feelings of love and loss.

The service lasts no more than 30 minutes. A special booklet of prayers is used that provides spiritual connection with those who are no longer among the living.

Services for Children and Families



**1st Day Rosh Hashanah • Monday, September 10
and
Yom Kippur • Wednesday, September 19**

- **Young Children's Family Service**

For Preschool/Kindergarten children and their parents, with exciting activities, crafts and learning opportunities led by Ori Green.

Cantor Falkow Lounge • 10:30am - 12:00noon

- **Family Service**

For 1st thru 6th Graders and their parents, an interactive service led by Rabbi Ruven Barkan to explore themes of the holidays through prayer, stories and educational activities.

Epstein Chapel • 10:30am - 12:00noon

2nd Day Rosh Hashanah • Tuesday, September 11

- **All Family/Youth Program**

A unique High Holy Day program led by Rabbi Ruven Barkan in which families explore key concepts of the holidays through creative activities, and then apply these lessons to everyday life.

Cantor Falkow Lounge • 10:30am – 12 noon

**Reservations are needed by Sept. 4
to attend these services.**

Please use the green inserted form.

#DoYou10Q

Reflect. React. Renew.

September 9 → 19

RH → YK

www.doyou10Q.com

REBOOTED

10Q is a platform for people to rethink the significance of the time period between Rosh Hashanah and Yom Kippur and its relevance to their lives today, by generating a space for annual reflection.

10 Days. 10 Questions. Answer one question per day in your own secret online 10Q space. Make your answers serious. Silly. Salacious. However you like. It's your 10Q. At the end of the 10 days, you have a day or so post-Yom Kippur to reflect on your answers. You will then be invited to hit the magic button and send your answers to a locked online vault. Next year, on the eve of Rosh Hashanah, your answers will magically appear in your inbox, full of revelations.

It's time to 10Q. Sign up at www.doyou10Q.com

THE HIGH HOLY DAYS AT CAI

FUN - Day at Golf N' Stuff

Sunday, Sept. 9

10:00am – 12:00pm

6503 E. Tanque Verde



Watch your mail...
details coming!

A High Holy Days EXPERIENCE with Jordan Hill



First Day Rosh Hashanah,
Monday, September 10,
Second Day Rosh Hashanah,
Tuesday, September 11

AND

Yom Kippur, Wednesday, September 19

For 7th thru 12th Graders, through drama games and all sorts of wild and wonderful activities, this experiential “service” will allow participants to have a good time while taking the High Holy Days (and themselves) to a higher level.

Linda Roy Youth Center • 10:30am – 12 noon

Tashlich at the Park

Sunday, September 16 • 4:00pm at Ft. Lowell Park, Ramada 6



We invite everyone to join us as we symbolically “cast away” our sins as the New Year begins. Traditionally, bread crumbs are cast upon a body of water as an act of self purification and to fulfill the words of the Prophet Micah (7:19): “And Thou wilt cast (*vetashlich*) all their sins into the depths of the sea.”

Enjoy an educational program for learners of all ages to reflect upon the themes of the season. CAI will provide refreshments. Bring the whole family and participate in this meaningful experience at Ft. Lowell Park.

**There is no charge to attend; however,
reservations are needed by Sept. 7.
Call Kim at 745-5550, ext. 224.**

Kol Nidre Candles

If you wish to light Yom Tov candles before Kol Nidre Services, please go to the Synagogue's kitchen.

We will provide
them for you.



Yom Kippur Lunch for Children Ages 3 to 12

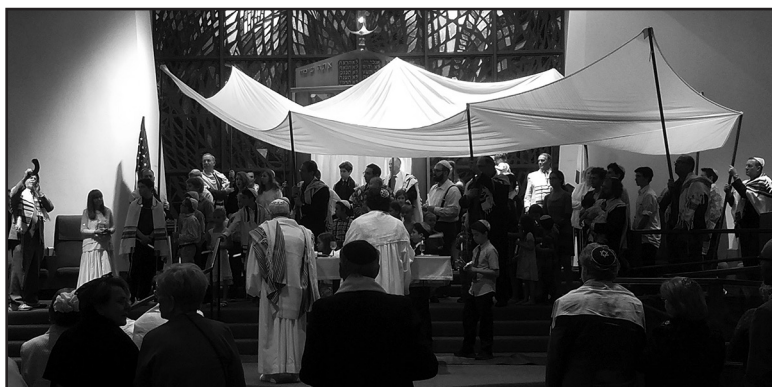
Wednesday, September 19 • 12:15pm



**There is NO CHARGE; however,
reservations are required by Sept. 12.
Please use the green inserted form.**

THE HIGH HOLY DAYS AT CAI

Mincha & Ne'ilah Service
Wednesday, September 19 • 4:00pm



Jerry Goldberg blowing the final Shofar at last year's beautiful Ne'ilah Service.

Ne'ilah Traditions

Independent of our particular levels of observance, *Yom Kippur* has an appeal which draws us back to the Synagogue year after year after year. The need to pause and get in touch with the way we are living our lives is universal and eternal. And especially as the day begins to draw to an end ... as the Gates of Heaven begin to close ... our passion for finding atonement ("at-one-ment") can be overwhelming. We pray, even as the Gates are closing: *Open for us the gates – at the hour of the closing of the gates. The day is nearly done. The sun is low; the day is growing late. O, let us come into Your gates at last.*

Though there are many "first steps" which can enable us to cross the threshold into the New Year — many different ways in which we can find the Gates of Heaven open to our hopes and dreams and prayers — we will again be continuing our "new tradition" which has given so many of us new meaning to the day we know as *Yom Kippur*; new meaning to our hopes and dreams and prayers; new meaning to what life can still be.

For the entire repetition of *Ne'ilah*, as we stand before the open *Aron Kodesh*, symbolizing the Gates of Heaven which remain open to our heartfelt supplication, as our *Hazzan* lifts our prayer on the wings of her own, you will be invited (individually, or with your family) to come up to the *bimah*, approach the *Aron Kodesh* and stand before it to offer the prayers you feel deep in your heart. Some may feel a bit self-conscious, but if you allow yourself to open your heart, your soul, and your mind, you may find the intimacy of the moment (the intimacy which we can achieve between ourselves and God) to be the most meaningful moment of the entire High Holy Days season.

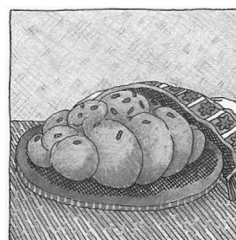
Rabbi Robert Eisen



All teens are invited to join USY in the Linda Roy Youth Center during the break on Yom Kippur afternoon for games, rest and conversation.

Yom Kippur Break-the-Fast

Congregation Anshei Israel provides a symbolic Break-the-Fast after the Yom Kippur evening service. Our USYers will serve juice and challah just outside the exit doors on the west and north sides of the building. In the event of inclement weather, the Break-the-Fast will be held in the west hallway. This will reduce congestion at the Sanctuary doors for those who wish to leave the



Synagogue immediately after the blowing of the shofar.



Join us for our
Community Sukkot Dinner
Sunday, September 23
Service 5:30pm • Dinner 6:00pm

It's a *mitzvah* to eat in a sukkah...

Share a dinner of honey mustard chicken, potatoes, seasonal vegetable, salad, fruit and dessert in CAI's sukkah with your congregational family.

CAI Members:
adults \$15; child (2+) \$10
Guests:
adults \$20; child (2+) \$15

Includes
special program:
"Life is Sweet"
presented by
Josh Tennenbaum.
Learn all about honey
and enjoy
honey tastings!



Please RSVP by Sept. 14
Visit caiaz.org or call 745-5550

**Shemini
Atzeret**
Monday,
October 1
9:00am



On Shemini Atzeret, all yahrzeit plaques installed in Congregation Anshei Israel's Memorial Hall during the past year will be dedicated; Yizkor approx. 10:30am.

Please join us for this service and meaningful dedication.



Join us ...

Monday, October 1

Community Dinner, 5:30pm, Sukkah

Deli dinner (vegetarian option available), "Simcha" Sangria, lemonade for the kids

Traditional Hakafot, 6:13pm, Sanctuary

Joyous Hakafot with Israeli singing and dancing with the Torah. Get a guided tour from Creation to Mt. Sinai as the Torah is completely unrolled to encircle all who attend, followed with delicious dessert, coffee and tea.

The celebration is free;

Dinner including alcohol

CAI Members: adults \$10; kids (2+) \$5

Guests: adults \$15; kids (2+) \$10

Please RSVP by Sept. 21

Visit caiaz.org

or call 745-5550

... and

Tuesday, October 2

Service, 9:00am, Epstein Chapel

Family Celebration, 9:30am, Cantor Falkow Lounge

Singing and dancing for children

Hakafot, 10:00am, Epstein Chapel

The Sifrey Torah are taken out of the Ark, and the children parade behind, then go up on the Bimah and are blessed

Creative Torah Presentation, 10:30am, Rabbi Breger Hall

Our new *shinshiniyot* will join us, followed by "Triple Bar" lunch: salad, potato and ice cream "bars" with all the fixin's

The celebration and lunch are free;

however, we ask that you RSVP

for LUNCH by Sept. 21

Visit caiaz.org

or call 745-5550

THE FALL FESTIVALS AT CAI

SUKKOT is one of the three major pilgrimage festivals of the Jewish year. At the time of the Temple in Jerusalem, Jews would come from all over Israel to Jerusalem to celebrate the festival. Sukkot is known by a number of different names, each signifying a different aspect of the holiday.



THE FEAST OF BOOTHS

Sukkot reminds us of the 40 years of wandering in the wilderness after our freedom from Egypt. During those years, the Jews could not live in a permanent home so they lived in huts and booths. Remembering that wandering of our ancestors, the Torah commands us by saying, "Ye shall dwell in booths seven days — that your generations may know that I made the children of Israel to dwell in booths when I brought them out of the land of Egypt."

Thus, the first aspect of the holiday relates to the Sukkah, so we are commanded to build and live in a hut or tabernacle. The first two days of Sukkot are each a Yom Tov, festival days, with many of the laws similar to those of the Sabbath. Next there are five intermediate days called Hol Hamoed, which, while still the holiday, are much like weekdays in that we can go to work and resume most usual activities. Then there begins a new holiday, which in the Diaspora is celebrated on two days. The first is called Shemini Atzeret, followed the next day by Simhat Torah. These two days are also each a Yom Tov, full holy days, in which we are not permitted to work.

THE FESTIVAL OF INGATHERING

Sukkot also has a strong agricultural component. Our ancestors completed the fall harvest and thanked God for the bounty they had received. Sukkot is really the first recorded celebration of Thanksgiving.

THE SEASON OF REJOICING

Because of the great joy with which the festival was celebrated, Sukkot is referred to as the most joyous of all festivals, and thus is called in the Prayer Book, "The Season of Our Rejoicing."

SUKKOT OBSERVANCES

The two main ritual observances of the festival are eating in the Sukkah and fulfilling the obligation of making the prayer with the Lulav and Etrog during each of the days of Sukkot, except for the Sabbath.

A Sukkah is a building consisting of a minimum of two walls and the beginning of a third, supporting a temporary roof holding the Sechah, which is anything that grew in the ground and is no longer attached.

LULAV AND ETROG

The other significant and unique ritual for Sukkot is the taking together of the four species. In one hand we hold the Lulav, which is a palm frond attached to willows and myrtle twigs. In the other hand we hold the Etrog, the citron. Holding all four together, each day we make the blessing, and at services we have a procession called Hoshanot at which time all of the people who have the set of four species parade in a circle around the sanctuary while chanting special prayers.

HOSHANAH RABBAH

The seventh day of Sukkot is known as Hoshanah Rabbah. During the morning service, the procession with the Etrog and Lulav is repeated seven times while the Hazzan chants the Hoshanot hymns asking for God's help. Towards the end of the service, branches of willows are beaten so that our sins, symbolically, fall just as the willow leaves drop off.

SHEMINI ATZERET

Shemini Atzeret, the eighth day of Sukkot, is in effect, a separate holiday. We are no longer obligated to remain in the Sukkah. During the service, we pray for rain in Israel to nourish the crops.



DANCE WITH US ON SIMHAT TORAH

For generations, our people have closed our observance of the Fall Festivals (Sukkot and Shemini Atzeret) with the celebration of Simhat Torah (rejoicing with the Torah). It is on Simhat Torah that we complete the reading of the Torah and immediately return to the beginning of the Book of Genesis to start the cycle of reading again. During both the evening and the morning services, the Torah scrolls are removed from the Aron Kodesh and paraded around the Sanctuary in festive processions of song and dance. Everyone in attendance is encouraged to carry a scroll and share the joy of Torah. An effort is also made to ensure that everyone in attendance is called to the Torah for an Aliyah. Here at CAI, Simhat Torah has always been a fun time for all. The children watch in awe as their parents teach them love of Torah, and the parents glow as their children extend that love into the next generation.

AFFILIATE/SOCIAL GROUPS



Women's League

Our ongoing activities will be a bit curtailed due to Labor Day, as well as observance of the High Holy Days:

Open Mah Jongg play will NOT be held on **Mondays**, Sept. 3, 10, 24

& Oct. 1, **but WILL be held on Sept. 17, 10:00am to 12:00pm.** All levels of experience are welcome.

Our **"Women's Study Group"** will NOT be held in September, **but WILL be held Monday, October 8 at 12noon.** Rabbi Robert Eisen will lead the monthly group session using *Pirkei Imahot: The Wisdom of Mothers, The Voices of Women* as the core for discussion. Each month we explore the depth of their teaching with an eye to seeing how we might apply their lessons to our lives. Volumes of the book will be available at each class session. No charge to attend. Bring your own dairy lunch; beverages and dessert provided.

"Gentle Chair Yoga" WILL be held on Wednesdays in September and October, 9:30 – 10:30am, but NOT on September 19. Increased balance, strength and flexibility in a supportive group setting is the focus. Meditation and deep relaxation at the end of each class leaves participants with positive healing energy and uplifted spirits. Dress comfortably. Members of Women's League \$6 per class; non-members \$8 per class.

The **2018-19 Torah Fund** campaign is under way once again with Debby Eisen as Torah Fund Pin Chair. Torah Fund ensures our legacy to future generations of Conservative Jews by providing rabbis, cantors and educators and more. See the insert for more information and how you can receive this year's beautiful Torah Fund pin!

Evelyn Sigafus



"Read It & Meet" Book Discussions

We have a reading list for the coming year, as well as moderators for each book! You can find them on our website: <http://caiaz.org/getting-involved/affiliate-social-groups/read-it-meet/>

Please join us on **Saturday, October 6** for our first "RIM" when we'll discuss *The Lost Letter* by Jillian Cantor, with moderator Rachel Green. On **Saturday, November 3**, we'll discuss *The Patriots* by Sana Krasikov, with moderator Eric Flank.

For the **December 1** "RIM," moderator Joan Belzer, is providing 10 copies of *The Wanting of Levine* by Michael Halberstam to "check out" on loan October 3 – November 30. (The book was written in 1978 and is out of print). Books will be available at the Front Desk in the administrative office on a first-come, first-served basis. Please be kind: Treat the book as your own, read it as quickly as possible, and return it so others may enjoy it. Questions or comments? Call Joan at 298-6324.

October – May monthly book discussions are held on Shabbat (**approx. 12noon**) and everyone is welcome. Selected books by Jewish authors or with Jewish content are discussed and moderators facilitate discussions. For more information, contact Helen Rib at 299-0340 or helenrib@yahoo.com



Men's Club
of Congregation Anshei Israel

Men's Club

CAI's Men's Club will prepare a delicious breakfast to share with Religious School students, current

members of Men's Club and those interested in Men's Club on **Sunday, September 30, 9:30am**, in the synagogue's sukkah. Come be a part of the fun and hear about the exciting plans that Men's Club has for the coming year! All are invited. For more information, contact Cary Fishman at 730-5282 or cary@caryfish.com

SAVE THE DATE: Sunday, November 4, 9:30am, for "Science Fiction, Fantasy & Judaism," a panel discussion with Josh Anbar, Max Ellentuck and me!

Eric Flank

If you enjoy working with hand or with tool
With making a plan with a compass and rule
Here is a chance to enhance our fine shul
By fixing the toys in the Nursery School.

Nancy Auslander, the school's new Director
Has found, in her role as equipment inspector,
That some of the stuff is in need of repair
And thinks that the Men's Club has men that will care.

Mike Jacobson, binder of hundreds of books,
Will manage this effort, by hook or by crook.
So contact him soon, at the number below
And we'll get together and give it a go.

Mike Jacobson, 748-7333



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Preschool/Kindergarten

Whew. We made it through the first day of preschool! The faces were scrubbed and smiling, and the excitement electrified the building. The



(l. to r.) Sheeri Eilat, Jackson, Yoneet & Hunter Wilburn

Once things started to fall into place with routines established in the classrooms, we tried something new, combining our Welcome Back Party with our Open House. While the children worked on their art projects and other activities, our Parent Action Committee welcomed the families by conducting their first PAC meeting of the year. Parents learned about the many enrichment programs,



(l. to r.) Corey, Kitty, Max & Joel Kellman

continues on **Mondays, September 17 and October 8-29 (not held Sept. 3, 10, 24 or Oct. 1** due to observance of the High Holy Days). Open to the public, this FREE weekly class for children up to 24-months in age and their parent(s) is a great way to meet other parents, exchange experiences, and provide an opportunity for the children to play together and engage in age-appropriate activities. We also read a book from PJ Library twice a month. Feel free to bring your friends; it's open to everyone!

Nancy Auslander, Preschool/Kindergarten Director
745-5550, ext. 229, PKDirector@caiaz.org

staff was at the ready with hugs and smiles and big plans for this most auspicious occasion. As for me, my nerves calmed the minute my first family arrived and the picture taking began. Even Rabbi Eisen got in on the action, quelling my apprehension with a little trick he pulled on me. (See below.) Payback is coming, Rabbi...



upcoming events, and volunteer opportunities, as well as classroom activities and expectations for their children. We kept it short, productive, informative and relaxed. It's going to be a great year!

Our Parent-Tot Class has resumed with new facilitator Lindsey Embree and

Celebrating Becoming Bat Mitzvah at CAI



Abigail Claire Cherkis Oct. 20

Abigail is the daughter of Brenda Frye & Sergey Cherkis; the granddaughter of Norma & Scott Frye, and Margarita Lazareva & Alexander Cherkis; and sister to Nathan and Eleanor. Abigail's Bat Mitzvah project involves raising funds for cancer research. A student at Basis Tucson North, Abigail's interests include gymnastics and glass fusing.

A special thank you to Mike Jacobson, a Men's Club member, for helping repair a toy for the Preschool. (See his poem on page 12 and you can help, too!) He also helped with the gift cards for the Rosh Hashanah Honey mailing. Todah rabah!

Religious School & USY

There's a lot going on! Mark your calendars for:

- The annual Junior & Senior USY Disneyland trip is **Sept. 1-3**. Seats are limited; first-come, first-served. \$260 pp.
- All youth are invited to "get their play on" at Golf n' Stuff on **Sunday, Sept. 9** (details TBD; watch you mail!).
- Kadima-on-the-Go will be on **Sunday, Sept. 16** at Reid Park Zoo 12:00-3:00pm, then everyone is invited to Tashlich at the Park at 4:00pm. (See page 8 for details.)
- The Junior & Senior USY Progressive Sukkot Dinner will be on **Wednesday, Sept. 26** beginning at 5:30pm as we visit congregants' home sukkahs.
- Men's Club invites all Religious School students for breakfast in the sukkah on **Sunday, Sept. 30** (see page 12); Parent Havurah will be held at 9:00am in the Epstein Chapel.
- Junior Congregation will be held on **Saturdays, Sept. 22, Oct. 13 & 27**, 10:30am -12:00noon in the Epstein Chapel, a Shabbat service for kids of all ages led by youth of all ages that includes a Torah service.
- USY Leadership Training Institute will be held **Oct. 5-7** in Bel Air, CA. Madrichim may attend as well. Scholarships available.
- Parents are encouraged to bring the family pet(s) for Blessing of the Pets on **Sunday, Oct. 7**. (See page 3 for details.)
- "Shabbat's Cool" will be held **Saturday, Oct. 13** at 9:00am, followed by lunch. All families are invited to join us for this child-friendly Shabbat program.
- A "Lunch & Learn" for USY and Madrichim will be held on **Sunday, Oct. 21**, 12:00-2:00pm. Learn about your role within the larger Jewish community!

Rabbi Ruven Barkan, Education & Youth Director
745-5550, ext. 227, EdDir@caiaz.org

MAZEL TOV!

MARRIAGES

Bonnie Levine

daughter of Carol & Norman Levine
to Preston Pingry

Svetlana Temyanko

daughter of Elena & Valery Temyanko
to Preston Schneider



SHARE YOUR SIMCHA!

We welcome sponsorships — in whole or part — toward Kiddush and/or Seudah Shlesheet (Third Meal). All contributions are acknowledged in *Kolenu*. If you wish to honor someone or simply to help, please call Debra at 745-5550, ext. 242.

September Anniversaries

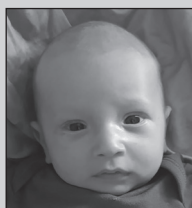
Date		Years
1	Robin & Michael Kaiserman	50
2	Aurora & Eugene Kellogg	46
3	Lois & Ken Jacowsky	54
	Ellyn & Harold Langer	29
	Alene & Bryan Schwartz	52
4	Hedy Feuer & Michael Perlman	12
5	Phyllis & Robert Harris	31
	Rochelle Abell & Dan Weisz	42
	Sandra & William Yalen	53
6	Kathy Gerst & Brian Hunter	9
8	Malka & Bill Abraham	39
	Dona & Sheldon Moskowitz	3
	Lynne Falkow-Strauss & Jack Strauss	50
11	Nancy & Michael Apsell	52
12	Victoria Newman & Allen Gordon	2
16	Nessa & Peter Beren	45
	Debby & Rabbi Robert Eisen	34
17	Carole & Art Glass	58
20	Judy & Michael Dorf	49
21	Sandi & Lawrence Adler	27
	Elena & Valery Temyanko	25
22	Renee & Howard Hulsey	27

October Anniversaries

Date		Years
5	Josephine & Jules Harris	46
9	Stacy & Adam Klein	24
13	Bronwyn & Lonny Sternberg	11
21	Jeremy & Elizabeth Cohn	12
23	Shelley & Steven Singer	35
24	Kitty & Joel Kellman	5
26	Michele & Lawrence Cassen	15
	Judith & Charles Schultz	38
27	Jane & Bruce Ash	41
28	Debra & Mark Lytle	11
29	Mindy & Allen Bergman	18
	Dvora Tager & Bob Dietz	29
	Ilona Wolfman & Matthew Rothman	9

Birth Announcements

This column features children, grandchildren and great-grandchildren of CAI members. The announcement and photo (if available) will appear in the issue of Kolenu within appropriate print dates. Please notify the clergy assistant at 745-5550, ext. 225.



Daniel Yeshaya Weisman

Born April 25

Daniel is the grandson of Susan & Steven Weisman.
(Parents: Julie & Eric

Weisman)

Shia Joy Shenitzer
Born June 13

Shia is the great-granddaughter of Molly Shenitzer and the granddaughter of Holly & Steven Shenitzer. (Parents: Jill & Jason Shenitzer)



Aracely Roberta Barkan

Adopted July 12 (Born April 23)

Aracely is the daughter of Adina Weber Barkan

& Rabbi Ruven Barkan, and the granddaughter of Sharon & Morris Barkan, and Eileen Barkan-Riley & Michael Riley.

Interfaith Families Welcomed

CAI welcomes all who seek the spiritual comfort found within our sacred community. We warmly welcome interfaith families and encourage them to participate in as much synagogue life as they choose within the framework of Conservative Judaism. For more information, pick up a brochure at the Shalom Cart or access it at caiaz.org/resources as part of CAI's "Myths vs. Facts" program.

Know Someone New to Tucson?

If you know someone new to the Tucson community who you believe would be interested in finding out about CAI, please call Debra Lytle at 745-5550, ext. 242, so we can speak to them about all of the many religious, spiritual, educational and communal opportunities the synagogue has to offer!

The Mitzvah of Bikur Holim

Federal healthcare privacy regulations make it difficult for us to know when a member of CAI has been admitted to a hospital.

Become a partner in the mitzvah of Bikur Holim — visiting the sick — by advising our clergy when you, a relative, or a friend is hospitalized. We can stay informed ONLY if a family member or friend provides the information to us.

PLEASE CALL 745-5550 to speak with:

Rabbi Robert Eisen, ext. 230 or
Clergy Assistant, ext. 225

Honorable "Menschens"

TODAH RABAH TO:

**Marilyn Einstein, Judith Schultz, Esther Sherberg,
Linda Silverman & Terry Williams**
for proofing the July/August Kolenu

Kathy Hays & Jerry Barkan
for donating several art pieces

Aurora & Eugene Kellogg
for sponsoring the June 23 kiddush in honor of
Elena Temyanko and Moshe Toister's birthdays

Kathy Hays & Jerry Barkan
for enhancing the June 30 kiddush in honor of their 27th anniversary

L. Elliott Farber
for sponsoring the July 28 kiddush in honor of his son, Ben being selected
as a Fellow in the University of Iowa's pediatric surgery program

Linda & Shelby Silverman
for sponsoring the July 28 kiddush in honor of their 46th anniversary

Ilona Wolfman & Matt Rothman
for sponsoring the July 28 Third Meal in honor of
the naming of their son, Gideon

**Adina & Rabbi Ruven Barkan, Sharon & Morris Barkan and
Eileen Barkan-Riley & Michael Riley**
for sponsoring the August 4 kiddush in honor of
the adoption and naming of daughter & granddaughter, Aracely Barkan

Margo & Ron Gray
for co-sponsoring the August 11 Third Meal in honor of
their 45th anniversary

Esther Sherberg
for sponsoring the September 29 kiddush in honor of
her special birthday

Debby & Rabbi Robert Eisen
for sponsoring the October 27 kiddush in honor of
the upcoming marriage of their son, Alex to Carly Glickstein

The wine, juice and challah at our
Kabbalat Shabbat Service are donated
In Memory of Moe and Roslyn Wolf by their family.

Dealing with Grief and Loss?

Are you having difficulty dealing with grief and loss? Perhaps it would be helpful to talk with a trained counselor. A synagogue volunteer would be happy to speak with you confidentially. Please call Norma Karp at 299-3382.



Condolences

המקום ינחם אתכם

The congregation mourns the loss of our member:
Howard Skolnick

*Our condolences to these members who mourn
the loss of their loved ones:*

Adeline Horst - her mother, Viola Horst
Sheldon Moskowitz - his brother, Norman Moskowitz
Karen Skolnick - her husband, Howard Skolnick
Sandra Ross - her brother, Ivan Kirschner
Lisa Ungar - her mother, Selma Ungar
Marilyn Yampolsky - her brother, Ivan Kirschner
Mark Yampolsky - his uncle, Ivan Kirschner

May the Author of Life Comfort the Mourners



~ Anshei Israel Memorial Hall ~

Installation of a memorial plaque is a beautiful way to perpetuate the memory of a loved one. Each year on the anniversary of your loved one's death, the synagogue will send you a reminder of the Yahrzeit and light the light adjacent to their memorial plaque. Call Debra at 745-5550, ext. 242 to make arrangements or if you wish to reserve a space for the future.

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Donations made to Anshei Israel Funds enable our Synagogue to continue to carry out its work, thereby better serving our members. Please consider making a donation in honor of a relative or friend who may be celebrating a simcha or in memory of a loved one. This list reflects those donations made after the last issue's publication date. Todah Rabah to all.

Our Donation Form
is at the Front Desk
in the administrative office
AND
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In honor of:

Adina & Rabbi Ruven Barkan's
adoption of daughter, Aracely
Billie & Boris Kozolchyk

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Rabbi Ruven Barkan
Yolanda Montes

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Gloria Hirsch
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Sandra Ross & Marilyn
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Lisa Ungar's mother
Mark Yampolsky's uncle
Stephanie & Spencer Roberts
Howard Skolnik
Lisa & Dan Jurkowitz
Stephanie & Spencer Roberts

In honor of:

Adina & Rabbi Ruven Barkan's
adoption of daughter, Aracely
Lisa & Dan Jurkowitz
Debra, Mark, Noah & Adina Lytle
Stephanie & Spencer Roberts
Eileen Barkan-Riley & Michael
Riley's granddaughter, Aracely's
adoption
Sharon & Morris Barkan's
granddaughter, Aracely's adoption
Carol & Norman Levine's
daughter, Bonnie's marriage
Holly & Steve Shenitzer's new
granddaughter, Shia Joy
Molly Shenitzer's new great-
granddaughter, Shia Joy
Susan & Steven Weisman's new
grandson, Daniel Yeshaya
Stephanie & Spencer Roberts

In honor of:

Margo & Ron Gray's 45th wedding
anniversary
Linda & Jay Gorsky
Linda & Shelby Silverman's
anniversary
Susan Wortman & Jack Pinnas

In appreciation of:

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Tammy Strobel
Grandmother, Yetta Meshel
Grandfather, Henry Meshel
In-law, Lou Pacifici
Lois Bodin
Son, Michael
Husband, Max
Marilyn Yampolsky

In memory of:

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Yampolsky's brother
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Kathy Hays & Jerry Barkan's
wedding anniversary
Sharon & Morris Barkan

In honor of:

Danny Klein's special birthday
Susan & Steven Weisman
Fred Klein's special birthday
Myrna & Jim Frisch
Susan & Steven Weisman
Carol & Norman Levine's
daughter, Bonnie's marriage
Anna & Myron Rottenstein
Sandy & Jim Rothschild's 50th
wedding anniversary
Michelle & David Ollanik
Terri & David Polan
Molly Shenitzer's 95th birthday
Phyllis & Phil Lapin
In appreciation of:
Rabbi Robert Eisen
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Rabbi Ruven Barkan
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Yampolsky's brother
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Jami Gan
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Marta & Steve Ketchel
Sharon & Fred Klein
Vicki & Phillip Pepper
Lisa Ungar's mother
Marcia & Paul Simon
Leslie Weintraub's father
The Artzi Family

In honor of:

Sandy & Jim Rothschild's 50th
wedding anniversary
Lois & Leon Thikoll
Holly & Steve Shenitzer's new
granddaughter, Shia Joy
Molly Shenitzer's new great-
granddaughter, Shia Joy
Anne & Bob Segal and family

In appreciation of:

Keith Singer
Adina, Aracely &
Rabbi Ruven Barkan
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In memory of:
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Father, Morris Rosenberg
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