

July - August 2018 — Tammuz-Av-Elul 5778

Volume 71 Number 6



Sure, it's hot outside...
but we've got cool things
happening inside!

CONTENTS

Affiliate / Social Groups	pg 8
AIPAC	pg 5
Anniversaries & Mazel Tov	pg 10
Catching Up	pg 6
Coming Up	pg 7
Condolences	pg

Donations	pgs 12-14
Education	pg 9
Honorable "Menschens"	pg
Memorial Plaque	pg
President	pg 5
Shabbat Services, Dinners & Torah	Studypgs 2-4
Social Action	pg 4

INSERTS

- July / August Calendars
- Women's League Application
- Kolenu Advertising Info/
 5779 Jewish Holidays Calendar
- USY Honey Form
- Book of Remembrance Form

אולנו • KOLENU

The Newsletter for Congregation Anshei Israel

Congregation Anshei Israel



A Conservative Synagogue and Proud Member of USCJ

5550 East Fifth Street • Tucson AZ 85711 (520) 745-5550 fax (520) 745-9058 caiaz.org

MISSION STATEMENT

Congregation Anshei Israel shall serve as a source of spiritual, educational, and social enrichment in order to encourage and ensure Judaic values in accordance with the Principles of Conservative Judaism.

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halom!

Our New Members

Please warmly



Rachel & Joel Black & their daughter, Rebecca

Parisa & Scott Decker & their son, Graeme

Rinnah & Jordan Keltner & their children, Naomi & Gabriel

SHIV'A ASAR **B'TAMMUZ**

The 17th of Tammuz is observed as a fast commemorating the breaking down of the wall of Jerusalem by Nebuchadnezzar and the cessation of Temple worship during the siege of Titus. It ushers in the three weeks of mourning which end with Tisha B'Av, the fast of the ninth day of Av. The three weeks between Shiv'a Asar B'Tammuz and Tisha B'Av are referred to as "between the straits," a phrase borrowed from Lamentations 1:3. The Mishnah mentions five misfortunes that befell the Jewish people on the 17th of *Tammuz* and five on the ninth of Av (Ta'Anit 4:6). The three weeks are concluded with the so-called Nine Days, from the first to the ninth of Av, during which the mourning is intensified until Tisha B'Av itself — the saddest day of the Jewish year.

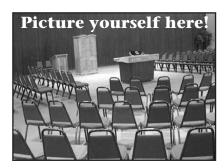
This year, because of Shabbat, the 17th of Tammuz is observed on July 1. Shacharit will be at 8:00am; Mincha at 12:30pm.

Talmud on Tuesday

Learn about the law and lore in the "sea" of Talmud with Rabbi Robert Eisen as we dig deep into the "who, what, where, when, why and how" of living Judaism. Held in the Epstein Chapel immediately following 5:30pm Minyan.

Weekday Torah Study Group

Led by Rabbi Robert Eisen, this informal study group can lead to lively discussion. Held Wednesdays in the Library, 11:00am to 12noon. (Not held July 4).



Summer Shul

For several weeks each summer, we move our 9:00am Saturday **service** from the sanctuary to enable us to set a different mood. Rabbi Breger Hall is set up as a Sanctuary: the chairs are placed in concentric semi-circles around a Reader's Stand and the *Aron Kodesh* is placed against the Eastern Wall. This enables us to see and hear each other during the course of the service ... and to find our worship strengthened by our sense of togetherness. Please join us through July 28 ... beat the heat and stay cool in shul!

Kiddie Corner

One of the most important values we can share is the importance of Shabbat worship, together as families. Should your little one(s) get restless, we offer a spot in Rabbi Breger Hall for them so parents can listen, see and participate in the service, as their children play with Shabbat-friendly toys and books.

Shabbat Afternoon Torah Study

Torah discussions are held every Saturday, one hour prior to the Mincha Service and are a great opportunity to become more involved in "Living Judaism" and your congregation. Times of study are listed on the calendar in each issue of Kolenu. If you would like to lead a Torah discussion or for more information, call Emilia at 745-5550, ext. 225.

Worship provides sanctuary from everyday life.



Please keep the outside world outside by refraining from * talking * texting * video taping from your phone or smartphone during services and on Shabbat or holidays.

Comfort for **Babies & Moms**

We have a designated room for moms who wish to nurse their babies in a quiet private space. The bride's changing room (at the back of the Epstein Chapel) will comfortably accommodate one or two moms at a time.

"Origins" Kiddush

Be here on Saturday, July 7 for a special "Origins" Kiddush after services (approx. 12noon). Tables will be arranged so people can sit with fellow congregants from the same areas of the U.S. (and beyond!) while they enjoy kiddush. Find out who else is from "your neck of the woods"!

Traditional Community Shabbat Service & Dinner

Enjoy a traditional Shabbat service at 5:45pm, followed at 7:00pm by dinner with family and friends at CAI (with linens, china plates and silverware!) on Friday, July 13. Served family-style: roast chicken (vegetarian option upon request), vegetables, potatoes, salad and dessert. CAI members: adults (ages 13+) \$18; children \$10; guests: adults \$22, children \$14. To RSVP, visit caiaz.org or call 745-5550. (NOTE: Price increases \$5 per person after July 6.)

SHABBAT HAZON and SHABBAT NAHAMU

The Sabbaths surrounding the Ninth of Av carry a clear message relating to the holiday. The prophetic readings for the three weeks preceding the holiday — the first two from Jeremiah and the third from Isaiah — are full of admonitions in preparation for this mournful time. Following Tisha B'Av, there are seven prophetic readings of consolation — all from Isaiah - providing comfort after this somber occasion and preparing the individual emotionally and spiritually for the upcoming High Holy Days. The Sabbaths that immediately precede and follow Tisha B'Av each have a special name reflecting the message of the respective Haftarah (prophetic reading).

The Sabbath immediately preceding the Ninth of Av is known as the Sabbath of Vision (Hazon) for the prophetic reading Isaiah 1:1-27. After recounting heinous transgressions, it offers the hope of reconciliation, which will come when the people "cease to do evil, learn to do good." The Sabbath of Vision and Shabbat Nahamu, which provides words

of consolation a week later, embrace Tisha B'Av from opposite sides, cushioning the blow of the day of destruction, allowing the mourners to go into it knowing there is salvation and emerge from it reassured that redemption will come. The entire portion [of Shabbat Hazon] may be chanted to the melody of Eicha (Lamentations); more appropriately, only the verses of admonition are rendered in the subdued chant.

The upswing of hope begun on the afternoon of Tisha B'Av continues on the following Shabbat. Called Shabbat Nahamu (Console) after the first line of the day's prophetic reading (Nahamu, Nahamu Ami, "Console, console my people ...") (Isaiah 40:1-26), it is also the first of seven *Haftarot* of consolation, all drawn from the book of Isaiah, that deliver a message of comfort in the seven weeks following Tisha B'Av and lead us to the period of Rosh Hashanah (49:14-51:3; 54:11-55:5; 51:12-52:12; 54:1-10; 60:1-22; 61:10-63:9).

This year, Shabbat Hazon falls on July 20-21; Shabbat Nahamu falls on July 27-28.

TISHA B'AV A Time to Mourn

The ninth day of Av, mentioned in Zechariah 8:19 as the "Fast of the Fifth" month, commemorates such national calamities as the destruction of both Temples, the fall of Bar Kokhba's fortress, Bethar, and the expulsion from Spain in 1492. According to tradition, both the First and Second Temples were destroyed on the ninth of Av, the day referred to as predestined to misfortune. Tisha B'Av resembles Yom Kippur in its restrictions upon eating and bathing, maintained from sunset to sunset.

The three weeks between the 17th of Tammuz and the ninth of Av are observed by abstaining from all festivities and joyous celebrations. But when the month of Av has begun, all enjoyment should be reduced. It has long been the custom in Israel to eat no meat (except on the Sabbath) from the first day of Av until after the fast.

On the ninth of Av, when the Book of Lamentations and other dirges (kinot) are recited, before congregations seated on low stools as a sign of mourning, the curtain (Parokhet) is removed from the Ark (Aron Ha-

Kolenu

Kodesh), and visits are made to cemeteries, in order to stress the sense of mourning. The morning service is recited without tallit or tefillin; these are worn during the Mincha service. The elegies known as kinot are descriptive, not only of the calamities connected with the destruction of Jerusalem, but also of the Jewish catastrophes that occurred in various lands of persecution.

This year, the Ninth of Av observance/fast begins on the evening of July 21 and continues through July 22.

PLEASE NOTE SPECIAL **SERVICE TIMES FOR:**

TISHA B'AV

July 21: Mincha/Ma'ariv/ Lamentations 7:50pm

July 22: Shacharit 8:00am Mincha 12:30pm

Shalom! ~ continued on next page ~



Tot Shabbat Service and Dinner

For families with young children, Rabbi Robert Eisen holds a special Tot Shabbat Service with stories and songs the first Friday of most months at 5:45pm on the Bimah in the sanctuary. A kid-friendly Shabbat dinner follows at 6:15pm. Dinner: \$25 per family (two adults and up to four children); additional adults \$10 per person. RSVP needed for dinner only to Kim at 745-5550, ext. 224. Please plan to join us on **August 3**.

~ SAVE THE DATE ~ Welcome Back Shabbat Friday, August 10

We're still in the planning stage for this special Shabbat to welcome everyone back from their summer vacations, school breaks, etc.

Watch your mail for details soon!

ROSH HODESH ELUL "SUNRISE" SERVICE

The month of Elul (which immediately precedes Rosh Hashanah) is the time to prepare for the High Holy Days. Because these days are filled with so much meaning and potency, they require a special measure of readiness. At this service, we will greet the new month of Elul with anticipation of the beginning of a New Year, seeing it as an opportunity to begin to build our resolve to make the upcoming year of 5779 what we want and need it to be.

We'll include a number of readings in our regular liturgy in order to increase our awareness and resolve. And, as is our custom, we will sound the Shofar (as it is on every weekday of Elul) for the first time at the conclusion of the service.

Please plan to join us on Sunday, August 12 at 7:00am for this special moment, and bring your Shofar if you wish. Light refreshments will be offered following the service. (Note: There will be no later Minyan at 8:00am.)

Junior Congregation

Join us on Saturday, August 11 at 10:00am for this teen-led Shabbat service for kids of all ages that includes the Torah service so the youth can take ownership of the service. For more information, contact Rabbi Barkan at 745-5550, ext. 227 or EdDir@caiaz.org

Family Shabbat Experience Service & Dinner

Please join us on Friday, August 17, at 5:45pm as we transition into the "Rhythm of Shabbat." With our families, we'll welcome Shabbat with rhythm, movement, ruach (spirit) and song. Then we'll share Shabbat dinner, followed by Open Lounge in the Linda Roy Youth Center with games and fun. Dinner \$25 per family (two adults & up to 4 children) for CAI members; guest family \$30; adults (13+) \$10 per person. RSVP is needed for dinner only to Kim at 745-5550, ext. 224 or visit caiaz.org

Social Action

BLOOD DONOR DRIVE

Sunday, July 29 9am-2pm



American Red Cross

Each day, thousands of people provide compassionate care to those in need. Our network of generous donors, volunteers and employees share a mission of preventing and relieving suffering, here at home and around the world. Type O-, A-, B- and O+ blood donors: Did you know you can give one super-powered blood donation that may have the same impact as two regular donations? "Power Red" is similar to a whole blood donation, except a special machine is used to allow you to safely donate two units of red blood cells during one donation while returning your plasma and platelets to you. We welcome donors ages 16+ and, of course, volunteers. Call 1-800-733-2767 for eligibility questions. To reserve a time slot or to volunteer, contact me.

> Fran Stoler franstoler@gmail.com

Daily Minyan Services & "Jewry" Duty

Our Minyan is expected to be there when someone needs to say *Kaddish*, but there are times when it is difficult to get a Minyan. Along with your "Jewry Duty," please consider being part of the Minyan at least one morning or afternoon per month on a regular basis. Service times are on the calendar in each newsletter and on CAI's web site. Shown below

ed list of Minyan attendees and those fulfilling their "Jewry" Duty during ay. Todah rabah!

שלום SIDDUR SIM SHALOM	
is a comb	

סדור

שום

Austin Agron MeMe Aguila Shoshana Jacobson Joshua Anbar Marty Johnston Murray Baker Dan Jurkowitz Morris Barkan David Ben-Asher Aaron Leonard Lois Bodin Jerry Levy Phyllis Broad Sandra Licter Barbara Brodie Debra Lytle

Kevin Chess Patricia & Dennis Citron Martin Mannlein Ziva Mason Miriam Cline

Debby Eisen L. Elliott Farber

Lisa Ungar & Robert Fridrich

Emanuel Furst

Hedy Feuer

Barbara & Jerry Goldberg

Allen Gordon Michael Gordon Linda & lay Gorsky Robert Harris

Mindy & Fred Hirsh Sallie & Mort Kranitz

Barbara Stern Mannlein &

Levi Mendel

Pamela & Stuart Mendel Arnold Merin

Joy Peskin

Hannah Peskin-Owens

Geva Ozeri Rina Paz lane Poliakoff Jessica Priester Helen Rib

Abby Rosen Marsha Rosenblum

Barbara & Michael Schoenhals

Judith Schneider

Trudy & Howard Schwartz Sarah Segal

Evelyn Sigafus Michelle Sigafus

Linda & Shelby Silverman Marilyn Einstein & Steven Sim

Steve Singer

Karen & Howard Skolnik

David Stoler Tammy Strobel Moshe Toister Arlene Tuller Arthur Weinenger Gila Saks & Carl Weinstein

lames Whitehill **Joanne Wolf** Robert Wolk

From the President

At CAI's 87th Annual Meeting and Award Ceremony on May 14, 2018, Helen Rib was presented with the "Super Senior" Volunteer Award. This award goes to an older adult congregant who has demonstrated handson volunteer efforts devoted to committees, ongoing religious services, programs and/or special projects not limited to the current year.

When I announced the winner I said, "This year our "Super Senior" is truly deserving. This senior is a loving, positive influence in our community. She is always so warm and ready with a smile. Not only does she participate and has been known to lead Shabbat services, she does it with panache and a flair for the dramatic. Who else can learn to read Torah or Haftarah AND do it in different and completely appropriate voices? This year's "Super Senior" is none other than Helen Rib!"

When Helen came up to the podium, she had a piece of paper in her hands and told me she had a few words to say. What's a girl with a microphone to do when a woman of distinction wants said microphone? Give it to her and step aside! When Helen spoke, I immediately knew I wanted to use her words in this column. So please, take a moment and read them:

"When our president, Stephanie Roberts, phoned me about two weeks ago, she told me that I had been selected as "Super Senior" of the year. My initial response was, "Why me?" "What for?" "What did I do?" Stephanie's response was, 'Well, how about your expressive Torah readings, coordinating "Read It & Meet" book discussions, Women's League Torah Study, etc.?' Later, I kept thinking, "It wasn't that much to deserve such an honor." Then, I remembered a little thing I did a while ago, and then another little thing I did, and then another little thing I did... Well, I guess all those little things do add up! Maybe it takes doing a lot of little things to make an impact of your community...that it takes a lot of people doing a lot of little things to make your community an extra special place."

Am I right?! This is the essence of making a difference: showing up and doing the little things. I could write a column about each and every one of our winners this year (but they only allow me so much space here). Suffice to say, our "Super Senior" Helen Rib boiled it down to its essence (like a good pot of chicken soup).

Do you want to do something that makes a difference in our community? It doesn't take a two-year commitment or a lot of money; all it takes is showing up and doing little things. On your way home from work, stop in at 5:30pm for 20 minutes and help make a minyan; give a heartfelt thank you to one of our staff (they don't hear it often enough); be a High Holy Days usher; or, give Rabbi Eisen a thumbs up instead of a complaint. YOU can make a difference.

Todah Rabah, Helen: YOU are SUPER!

Stephanie Roberts 241-8559, president@caiaz.org

Thank you to our "Yad Squad"

(Those who read Torah and Haftarah in April and May)

Malka Abraham Joshua Anbar Murray Baker Rabbi Ruven Barkan Nichole Chorny Rabbi Robert Eisen Marshall Heyman Mike Jacobson Ziva Mason
Heather McGregor
Phillip Pepper
Jessica Priester
Harrison Rawdin
Isaac Rawdin
Sarah Rawdin
Helen Rib

Eric Saffioti Leonard Schultz Steve Seltzer Alan Strauss William Stroube Sophia Temyanko Moshe Toister

Kolenu



Celebrating Independence

As we celebrate American Independence Day on July 4, we have much to be thankful for, in particular being blessed to live in a country known for its ingenuity. Over our 242 years of independence, American advances have allowed us, and people around the world, to live more liberated lives. In the 70 years since Israel's founding, the Jewish state too has developed a culture of constant innovation. Now, the two allies are working together to develop technologies that will provide even greater freedom through the promotion of energy and water independence.

America and Israel understand that developing nextgeneration energy technologies, such as alternative fuels, is a national security imperative and are working together toward this goal. The American and Israeli governments, as well as private business ventures in both countries, are partnering to promote new energy solutions and ensure our long-term energy independence.

The 2014 U.S.-Israel Strategic Partnership Act (SPA), which President Obama signed into law after it passed 410-1 in the U.S. House and unanimously in the U.S. Senate, affirmed in law that Israel is a "major strategic partner" of the United States, and authorized expanded U.S.-Israel cooperation in a wide range of fields, including technologies that promote energy independence. In the four years since the passage of SPA, the United States and Israel have made important advances

The Fiscal Year 2018 Omnibus Appropriations bill, which passed Congress on March 23, included an appropriation for the establishment of a U.S.-Israel Center of Excellence in Energy and Water Technology—the first new appropriation in a decade for a U.S.-Israel non-defense program. This new center brings together the best minds in both countries for the development of new energy and water technologies.

The March 23 bill also fully funded the U.S.-Israel Binational Industrial Research and Development Energy program (BIRD-Energy) and expanded its mandate. BIRD-Energy is a bilateral cooperative program whereby U.S and Israeli companies may apply jointly for grants to cover up to 50 percent of their project development and commercialization costs. The most recent (October 2017) BIRD-Energy awards included projects that would develop new processes of ethanol production; a safe hydrogen transport and storage system; and a way to convert biomass to isoprene and Jet Fuel.

Building on these partnerships, on Dec. 4, 2017, the United States and Israel entered into a Memorandum of Understanding (MOU) to increase access to energy in sub-Saharan Africa. The MOU will enable the Jewish state to join the Power Africa initiative, which is led by the United States Agency for International Development (USAID). Spearheaded by the United States, the initiative seeks to connect 60 million households in Africa to the electricity grid by 2030.

America and Israel strengthen each other by working together to address important energy and security challenges. These policies, initiatives and resulting technologies also benefit the energy independence of countless countries around the world. This Independence Day, that's certainly worth celebrating.

CATCHING UP...

Israel Festival Apr. 22, 2018

Thank you to: Kathy Hays & Jerry Barkan, Judy & Cary Fishman, Marianne Langer, Jessica Priester & Tammy Strobel





Debra Lytle & Tammy Strobel helped with Gift Shop items & CAI information.

87th Annual Meeting May 14, 2018



President Stephanie Roberts presented Helen Rib with the "Super Senior" Award.

"Super Senior" A

Lynne Falkow-Strauss was presented with a floral arrangement for her many years as Preschool-Kindergarten Director.

We had 65 family units in attendance & the following members were recognized: "Synagogue Attendance Super Star Award" Michael Jurkowitz; "Religious School

Attendance Super Star Award" Elena Windham; "Linda Roy Youth of the Year Award" Lily Selznick; "Super Senior of the Year Award" Helen Rib (see President's Message on page 5 to learn more); "Volunteers of the Year Award" Mike Jacobson & Michele Cassen; & "Mensch of the Year Award" Andy Douglas

Thank you to: Katherine Leonard & Linda Gorsky (event co-chairs), MeMe Aguila, Lois Bodin, Marianne Langer, Jessica Priester, Evelyn Sigafus, Tammy Strobel

Ba'al Koreh

(Master Reader) Program

Mazel Tov to those who participated in our Ba'al Koreh (Master Reader) Program this year! After 12 readings, each receives a Tikkun from the congregation, and after 18 readings, they receive a Yad, sponsored by CAI's Men's Club.

Recognized at CAI's 87th Annual Meeting held May 14 for their accomplishments

Margo Gray (Tikkun) Marshall Heyman (Yad)

Natalie Leonard (Yad)

Jessica Priester (Yad)

Phillip Pepper (Tikkun & Yad)

Eric Saffioti (Tikkun & Yad)

Steve Seltzer (Tikkun & Yad)

Sophia Temyanko (Tikkun & Yad) Moshe Toister (Tikkun & Yad) If interested in enrolling in this program, contact Nichole Chorny at 745-5550, ext. 228 or CantorialSoloist@caiaz.org

Scott Lewis (Yad) Levi Mendel (Tikkun)

this year:

& Michele Cassen; & "Mensch o Preschool-Kindergarten

Closing Ceremony May 24, 2018

Lynne Falkow-Strauss (below left, with Rabbi Robert Eisen) laughed as the teachers sang to her (below right). There were also some tears, as Lynne retired at the end of June after serving as Preschool/Kindergarten Director for

47 years. We will miss her!



Thank you to: Katie Stellitano & Ronit Stern, Parent Action Committee (PAC) co-chairs



USY Honey

Sweeten the New Year for your family and friends!

MORE OPTIONS this year!

Bottles available for purchase at Front Desk while supplies last **OR** mail order offered thru July 20 (see form in this issue).



All proceeds benefit CAI's United Synagogue Youth programs!

SUMMER FILM SERIES LAST ONE!

MOVIE, POPCORN & LEMONADE ~ ALL FREE ~

July 8, 3:30pm ● Hester Street

Visit caiaz.org for more information.



ADULT CHOIR resumes

Monday, July 30 • 6:00pm **Cantor Falkow Lounge**

and

HIGH HOLY DAYS YOUTH CHOIR Rehearsal

Sunday, August 5 • 12:15pm Room 2

As in previous years, students who enjoy singing will be participating in High Holy Days services. All students ages 13-18 are encouraged to participate ... come and sing with us!

Questions? Contact Cantorial Soloist Nichole Chorny at 745-5550, ext. 228 or CantorialSoloist@caiaz.org

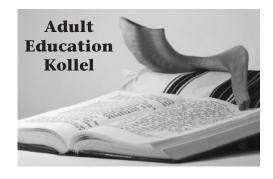
Vahrzeit Plagues

Yahrzeit plaques placed in the Congregation Anshei Israel Memorial Hall during the year 5778 will be dedicated on Shemini Atzeret, Monday, October 1.

To ensure their timely arrival for this year's dedication, orders for yahrzeit plaques must be placed NO LATER THAN JULY 17. We will make every effort to place your order; however, this is the manufacturer's deadline.

Please contact Debra at 745-5550, ext. 242 or ExecDir@caiaz.org

"Living Y/Our High Holy Days... Together" Wednesdays, August 15, 22 & 29 7:00pm



Aug. 15: Rabbi Robert Eisen presents "The Avowhat? What we refer to as The Avodah service is the core of Yom Kippur. Unfortunately, it comes at an "inconvenient time" during the course of the day. So, what is this service all about? ... and why does/should it matter more?"

Aug. 22: Cantorial Soloist Nichole Chorny presents "Praying With A Lev Shalem ... A Whole Heart. A Journey Through The High Holy Days Machzor"

Aug. 29: Rabbi Ruven Barkan presents: The Lord Shall Rule Forever! Does this primary lewish way of relating to God work for you? ... especially during the High Holy Days?"

3-week series \$18 per person PLUS food donation for the Community Food Bank. RSVP required by Aug. 13 to Emilia at 745-5550, ext. 225 or visit caiaz.org

AFFILIATE/SOCIAL GROUPS



Women's League

Women's League had a fantastic fun-filled Brunch and Fashion Show on Sunday, June 3 clothes from La Contessa at

Palomino Plaza. Over 100 women (and 1 gentleman) attended on a very hot day! Special thanks to cochairs Susan Wortman and Sharon Klein; Marianne Langer for handling the finances; and to the women who came early and stayed late to help set up, sell raffle tickets, and check in our guests: Gloria Hirsch, Rosie Eilat-Kahn, Chaia Leah Horensten, Linda Silverman, Judy Fishman, Madeline Friedman, Linda Gorsky, Susan Wortman, Sharon Klein and Marianne Langer. Irene Stern Friedman gave an

inspirational D'var Torah and Helen Rib chanted the Birkat HaMazon. Ladies, thank you many times over. Our thanks to Yvonne Ethier, Communications & Marketing Director for handling the publicity for the event; and I cannot say enough about Lupe, Ramon and Marisol, of our maintenance staff, for all their help. Lupe is amazing. Thank you!

I hope to see you at Women's League events in the future including our ongoing activities:

Open Mah Jongg play on Mondays, 10:00am to 12:00pm. All levels of experience are welcome.

"Gentle Chair Yoga" on Wednesdays, 9:30 - 10:30am. Increased balance, strength and flexibility in a supportive group setting is the focus. Meditation and deep relaxation at the end of each class leaves participants with positive healing energy and uplifted spirits. Dress comfortably. Members of Women's League \$6 per class; non-members \$8 per class.

Our "Women's Study Group" starts a new book on Mondays, July 9 & August 6 at 12noon. Rabbi Robert Eisen will lead these monthly group sessions using Pirkei Imahot: The Wisdom of Mothers, The Voices of Women as the core for discussion. Each month we will explore the depth of their teaching with an eye to seeing how we might apply their lessons to the breadth of our lives. Volumes of the book will be available at each class session. No charge to attend. Bring your own dairy lunch; beverages & dessert provided.

Enjoy your summer!

Evelyn Sigafus



"Read It & Meet" **Book Discussions**

"Read It & Meet" is on hiatus through the summer months, but we are busy working on our reading list for the coming year (October-May), as well as moderators for each book. Selected books by Jewish authors or with Jewish content are discussed and moderators facilitate discussions. We will resume our monthly book discussions on **Saturday**, **October 6** (approx. 12noon in the Epstein Chapel). Everyone is welcome.

For more information, contact Helen Rib at 299-0340 or helenrib@yahoo.com





of Congregation Anshei Israel

Men's Club

I want to thank everyone who worked on our Yom HaShoah Candle Project and send a big

thank you to everyone who donated to this project. We should never forget what happened to all those lost in the Holocaust.

Men's Club is hosting a focus group on Sunday, July 8 at 9:30am in the library, with Scott Lewis presenting "Are You a Real Man?" What does it mean to be a "real man" anyway? Has anyone told you to man up? We want to hear your perspective as a man. Share your views and hear what other men have to say. How does being Jewish impact your manhood? What are your biggest concerns and frustrations as a man?



The event includes a breakfast of lox, bagels, fruit, sweets and beverages, which no charge for all Men's Club members and \$4 for guests. Join other Men's Club members and feel free to bring a friend to join in this discussion.

Please RSVP so we can plan accordingly. Contact me at 548-5471 or marsher18@gmail.com

Mark Levine

Senior Transportation for all Jewish seniors! FREE door-to-door shared rides & safe secure transportation.

JFSA provides rides to synagogue services, educational programs, and social events for Jewish seniors and Jewish adults with disabilities.

Call Beverly at 577-9393 to register!



EDUCATION

Preschool/Kindergarten

It's official: I am now the new Preschool-Kindergarten Director! It's been a whirlwind of activity since my start on May 1. Water play day, Teacher Appreciation, Closing Program, Summer Camp and learning the ropes from Lynne, Kim, the teaching staff, the Rabbis, Nichole, Lupe and the administrative staff. There's so much to learn, and so many wonderful people to meet – parents, children, staff, congregants and vendors, and (yikes) licensing and health department folks. Everyone has been so helpful and patient. Thank you!

Check out the fun our preschoolers have during the Summer Camp program.

Water play, arts & crafts, music, creative movement, games (below), Live Theater Workshop, Mr. Nature (right) and Storytime with Mr. Bill are all part of the activities for the children.



At the end of July, I will be attending USCJ's New Directors' Institute, held at the Pearlstone Conference and Retreat Center in Reisterstown, Maryland. At this conference I will meet and learn about resources and sources, engagement and other strategies, partnerships, teaching methodologies and curricula, coaching and so much more from

Early Childhood Educational Leaders and other experts. I'm very excited!

And before you know it, our teachers will be returning on August 1 to prepare for the new school year. We've scheduled our CPR training for them before school starts so we can hit the ground running when the children arrive for their first day on **Wednesday**, **August 8**.

Our Parent-Tot Class resumes **Monday, August 13** with new facilitator Lindsey Embree. Open to the public, this FREE weekly class for children up to 24-months in age and their parent(s) is a great way to meet other parents, exchange experiences, and provide an opportunity for the children to play together and engage in age-appropriate activities. We also read a book from PJ Library twice a month. Feel free to bring your friends; it's open to everyone!

Once the dust has settled, our Parent Action Committee (PAC) will host our annual Welcome Back Party on **Sunday**, **August 19**. Stay tuned for details, and don't forget to look for more pictures all year long. And don't forget to follow us on Facebook to learn about our events and other happenings – we'll post pictures and videos there, too!

Nancy Auslander Preschool/Kindergarten Director 745-5550, ext. 229, PKDirector@caiaz.org

Religious School & USY

We're gearing up for the coming year. Mark your calendars for:

- Our first Junior Congregation will be held on **Saturday**, **August 11**, 10:00am -12:00noon in the Epstein Chapel. It's a Shabbat service for kids of all ages led by youth of all ages that includes a Torah service.
- Senior USY will have a Welcome Back Party on Saturday, August 11, 7:45pm away from the synagogue (location TBD). Watch your email!
- The first day of Religious School is **Sunday**, **August 12**, 9:00am-12:00noon, followed by Kadima 12:00-2:00pm in the Linda Roy Youth Center.
- Junior USY resumes on Tuesday, August 14, 6:00-8:00pm in the Linda Roy Youth Center. They will also have a Welcome Back Party on Saturday, August 18, 7:45pm away from the synagogue (location TBD). Watch your email!
- Our first "Shabbat's Cool" of the year will be held **Saturday**, **August 25** at 9:00am when all families are invited to join us for this child-friendly Shabbat program.

Rabbi Ruven Barkan Education & Youth Director 745-5550, ext. 227, EdDir@caiaz.org

Young Adult / College Outreach Program

During the High Holy Days, the absence of many of our young adults is readily apparent to the Synagogue and to you, the families whose children are away from home. All too often our college-age young adults feel cut off from the Synagogue which played such an important part in their younger years. We want to keep that Synagogue connection with your children. Please help us update our list of young adults who are in college or others who would enjoy hearing from us. We ask those who would like their children to receive both regular and e-mail communications to complete and return the form below to: *CAI Young Adult/College Outreach Program, 5550 E. 5th St., Tucson, AZ 85711*

	Congregation Anshei Israel's lult/College Outreach Program
Name(s)	
Address	
City	ST Zip
E-mail	
College Name	



ENGAGEMENT

Bradley Neuman

son of Terry & Jerry Neuman to Katherine Spanos

MARRIAGE Jessica Walton

daughter of Sharon & Richard Walton to Lindsay Beltzer

July Anniversaries

<u>Date</u>		<u>Years</u>
ı	Trudy & Howard Schwartz	56
2	Phyllis & Donald Cohen	65
	Barbara Stern Mannlein &	
	Martin Mannlein	52
	Nancy & Tidhar Ozeri	29
	Stephanie & Spencer Roberts	29
	Kathryn & Sheldon Wald	39
3	Kathy Hays & Gerald Barkan	27
	Janet & Stephen Seltzer	58
4	Elaine & Howard Fagan	47
	Judy & Cary Fishman	57
	Rhea & Arnold Merin	44
	Kathryn & David Unger	53
5	Laura & David Tick	27
9	Stephanie & Michael Hoffman	12
	Barbara & Sanford Selznick	18
14	Alayne & Bruce Greenberg	45
19	Gail & Alan Cohn	25
22	Sharon & Morris Barkan	35
23	Linda & Shelby Silverman	46
27	Maya & Josef Gonzales	20
	Linda & Jay Gorsky	43
29	Bobbie & Leroy Feig	62
	Adriana Betancur &	
	Zachary Naiman	15

Interfaith Families Welcomed

CAI welcomes all who seek the spiritual comfort found within our sacred community. We warmly welcome interfaith families and encourage them to participate in as much synagogue life as they choose within the framework of Conservative Judaism. For more information, pick up a brochure at the Shalom Cart or access it at caiaz. org/resources as part of CAI's "Myths vs. Facts" program.

August Anniversaries

<u>Date</u> <u>Ye</u>		<u>Years</u>
- 1	Gail & Ron Isaacs	8
2	Nichole & Joel Chorny	9
	Rachel & Jonathan Green	26
	Barbara & Michael Schoenhals	48
3	Pat & Dennis Citron	43
	Sorale & Marvin Fortman	60
	Myrna & James Frisch	43
	Terri & David Polan	38
5	Trenty & Michael Mendel	39
	Susan & Steven Weisman	39
6	Karen & Gilbert Sokal	12
7	Rebecca & Ronald Mann	30
	Carole & Sylvain Sidi	47
9	Deanna Evenchik-Brav & Garry B	rav 2
10	Jackie and Paul Hoffman	49
П	Terry & Jerry Neuman	50
	Joann & Steven Weinstein	23
12	Jennifer & Mark Cassius	28
	Margo & Ron Gray	45
14	Bertie Levkowitz & Thomas Herz	z 13
15	Robin & Mitchell Pozez	37
	Marilyn & Ira Prensky	53
	Nancy & David Stoler	47
16	Joyce & Bill Becker	59
18	Felisa & Ruben Bien-Willner	45
	Ruth & Ronald Kolker	55
19	Gail & Marc Offenhartz	34
	Renee & Michael Rhyner	10
20	Arlene & Richard Bluth	51
21	Arlene & Howard Brody	58
	Rayna & John Gellman	63
23	Marjorie & George Cunningham	49
24	Suzanne & Ross Freund	26
•	Chaya & Harvey Jurkowitz	49
26	Jennifer & Jason Bailey	
~ 7	Karen & Howard Skolnik	56
27	Miriam & Athol Cline	47
	Lila & Bernard Greisman	68
20	Lorraine & Sidney Hellring	46
30	Mirta & Alberto Bien-Willner	43
	Susan & Richard Glass	48
	Eleanor & Don Jeck	54
3 I	Helene & Fred Mittleman	52
31	Amy & Chad Miltenberger	15
	Holly & Steven Shenitzer	43 43
	Alice & Joel Steinfeld	43

Birth Announcements

This column features children, grandchildren and great-grandchildren of CAI members. The announcement and photo (if available) will appear in the issue of Kolenu within appropriate print dates. Please notify the clergy assistant at 745-5550. ext. 225.

Judah Solomon Small Born April 27

Judah is the grandson of Alice & Joel Steinfeld. (Parents: Amy & Ben Small)

Know Someone New to Tucson?

If you know someone new to the Tucson community who you believe would be interested in finding out about CAI, please call Debra Lytle at 745-5550, ext. 242, so we can speak to them about all of the many religious, spiritual, educational and communal opportunities the synagogue has to offer!



Stay connected with us!

- FREE Mobile App (for Android & iOS devices; search for "CAI Mobile")
- FREE Wi-Fi (Ask for password at Front Desk in Administrative Office.)
- Email Updates (Sign up on our website Home page: caiaz.org)
- Facebook (CAI, Preschool/Kindergarten, Religious School & USY) Some tips:
 - I. Sharing our posts allows more people to learn about us.
 - 2. When you comment on or like our posts, it puts our page on your friends' radars, expanding our audience.
 - 3. Tagging your friends in our photos gives someone else the chance to take action on the photo.

Honorable "Menschens"

TODAH RABAH TO:

Esther Sherberg, Linda Silverman & Terry Williams for proofing the March/April Kolenu

Sue Glass

for donating a vase & glass platters for the kitchen

MeMe Aguila

for enhancing the June 2 kiddush in honor of her son,
David's Kumta Ceremony

Sandy & Jim Rothschild

for sponsoring the June 9 kiddush in honor of their 50th anniversary

The wine, juice and challah at our Kabbalat Shabbat Service are donated In Memory of Moe and Roslyn Wolf by their family.

SHARE YOUR SIMCHA!

We welcome sponsorships — in whole or part — toward Kiddush and/or Seudah Shlesheet (Third Meal). All contributions are acknowledged in *Kolenu*. If you wish to honor someone or simply to help, please call Debra at 745-5550, ext. 242.

Condolences

המקום ינחם אתכם

The congregation mourns the loss of our member: **Steve Kippur**

Our condolences to this member who mourns the loss of their loved one: Shelly Kippur - her father, Steve Kippur

May the Author of Life Comfort the Mourners



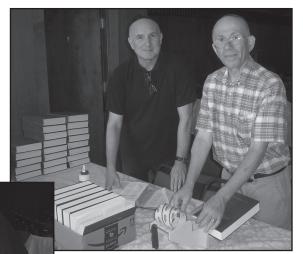
~ Anshei Israel Memorial Hall ~

Installation of a memorial plaque is a beautiful way to perpetuate the memory of a loved one. Each year on the anniversary of your loved one's death, the synagogue will send you a reminder of the Yahrzeit and light the light adjacent to their memorial plaque. Call Debra at 745-5550, ext. 242 to make arrangements or if you wish to reserve a space for the future.

~ YESHER KOACH ... TODAH RABAH ~

It is with a heartfelt YESHER KOACH that we thank **Mike Jacobson** (pictured below on right), who, with the help of **Julian Parnaby** (left), reinforced the bindings on our *Etz Hayim Humashim* (the red Torah commentaries that we use on Shabbat

and Holidays). That they are used and have become as worn as much as they have is a blessing and a curse. It is a blessing as it reflects how engaged we are in Torah Study. It is a curse because some of the volumes were drawing close to being unusable.



However, after many hours, gallons of glue and a mile of binding tape, the volumes are restored to being "better than ever."

Words cannot express how grateful we are to Mike and Julian for taking this project on (of their own initiative!) and making Torah Study that much more accessible to and for us.

Dealing with Grief and Loss?

Are you having difficulty dealing with grief and loss? Perhaps it would be helpful to talk with a trained counselor. A synagogue volunteer would be happy to speak with you confidentially. Please call Norma Karp at 299-3382.



The Mitzvah of Bikur Holim

Federal healthcare privacy regulations make it difficult for us to know when a member of CAI has been admitted to a hospital.

Become a partner in the mitzvah of Bikur Holim — visiting the sick — by advising our clergy when you, a relative, or a friend is hospitalized. We can stay informed ONLY if a family member or friend provides the information to us.

PLEASE CALL 745-5550 to speak with:

Rabbi Robert Eisen, ext. 230 or Clergy Assistant, ext. 225

CONGREGATION ANSHEI ISRAEL DONATIONS

Donations made to Anshei Israel Funds enable our Synagogue to continue to carry out its work, thereby better serving our members. Please consider making a donation in honor of a relative or friend who may be celebrating a simcha or in memory of a loved one. This list reflects those donations made after the last issue's publication date. Todah Rabah to all.

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at caiaz.org Notification cards are sent for donations of \$12 or more.

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Brad's engagement

Sharon & Richard Walton's

daughter, Jessica's marriage Stephanie & Spencer Roberts Alice & Joel Steinfeld's new

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Stephanie & Spencer Roberts Tracy Jeck named JFSA 2018 "Young Woman of the Year" Deborah Oseran named IFSA

2018 "Woman of the Year" Eric Rudner receiving JFSA 2018

"Special Recognition" Award Rabbi Richard Safran receiving

JFSA 2018 "Synagogue-Federation Dialogue" Award

Howard Schwartz named JFSA

2018 "Man of the Year"

Josh Silverman named JFSA 2018

"Young Man of the Year" Vicki & Phillip Pepper

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Vicki & Phillip Pepper

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Ronnie Sebold's new granddaughter, Sloane Alice & Joel Steinfeld's new grandson, Judah Susan & Steven Weisman's new

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Austin Klein's college graduation Isaac Rathner's high school graduation

Julie Stein's daughter's college graduation

CAI Preschool Teachers Lynne Falkow-Strauss Miriam Blitzer

Our Preschool Graduation

CAI's Halutzim Class

Susan Kravitz's special birthday Patti & Ted Reingold Yvette & Bruce Sabulsky

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Kolenu is published bi-monthly September - August. The deadline for all submissions is the first day of the month prior to the publication month. Ad placement & editing of submissions at CAI's discretion. For more information, contact Yvonne Ethier at 745-5550, ext. 231 or yvonne@caiaz.org

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