



KOLENU

"Our Voice" The Newsletter of Congregation Anshei Israel

March - April 2017 — Adar/Nisan/Iyar 5777

Volume 70 Number 4



Happy Purim!

See inserts for
more information
about Purim.



*A joyous Passover
to all.*

See special insert
to learn more about
Passover at CAI.

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KOLENU • קולנו

"Our Voice"

The Newsletter for Congregation Anshei Israel



Congregation Anshei Israel

A Conservative Synagogue affiliated with
The United Synagogue of Conservative Judaism

5550 East Fifth Street • Tucson AZ 85711
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www.caiaz.org

MISSION STATEMENT

Congregation Anshei Israel shall serve as a source of spiritual, educational, and social enrichment in order to encourage and ensure Judaic values in accordance with the Principles of Conservative Judaism.

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Shalom!

Interfaith Families Welcomed

CAI welcomes all who seek the spiritual comfort found within our sacred community. We warmly welcome interfaith families and encourage them to participate in as much synagogue life as they choose within the framework of Conservative Judaism. For more information, pick up a brochure at the Shalom Cart or access it at www.caiaz.org/resources as part of CAI's "Myths vs. Facts" program.

Know Someone New to Tucson?

If you know someone new to the Tucson community who you believe would be interested in finding out about CAI, please call Debra Lytle at 745-5550, ext. 242, so we can speak to them about all of the many religious, spiritual, educational and communal opportunities the synagogue has to offer!

Weekday Torah Study Group

Led by Rabbi Robert Eisen, this informal study group can lead to lively discussion. Held **Wednesdays** in the Library, **11:00am to 12noon**.

Tot Shabbat Service & Dinner

Rabbi Robert Eisen holds a special Tot Shabbat Service to welcome the Sabbath with stories and songs **the first Friday of most months at 5:45pm** on the Bimah in the sanctuary. A kid-friendly Shabbat **dinner follows at 6:15pm**. Dinner is \$25 per family (two adults and up to four children); additional adults \$10 per person. Reservations are needed for dinner only to Kim at 745-5550, ext. 224.

Our **March 3** Tot Shabbat welcomes all families in CAI's Preschool/Kindergarten and any family with young children; and will include a special musical performance by the Preschool/Kindergarten children led by music specialist Susan Kravitz. The next Tot Shabbat will be held on **April 7**.

Comfort for Babies & Moms

The bride's changing room (at the back of the Epstein Chapel) will comfortably accommodate one or two moms at a time who may wish to nurse their babies in a quiet and private space.

Bat Kohen/Bat Levi

A position adopted within our movement affirms that a woman whose father is a Kohen or Levite may consider herself a Bat Kohen or Bat Levi for the purpose of receiving the Kohen or Levi Aliyah when she comes to the Torah. We will embrace them as being eligible to take such honors on those occasions when we call people to the Torah as Kohen or Levi. We know that not all women will choose to do this, but for those who do, once they have claimed this status, from that point on they will be eligible only for the Kohen or Levi Aliyah. If you are a Bat Kohen or Bat Levi, please let Rabbi Robert Eisen know so that we can be sure to look for you when assigning the honors.

Kiddie Corner

One of the most important values we can share is the importance of Shabbat worship, together as families. Should your little one(s) get restless, we offer a spot in Rabbi Breger Hall for them and their parents/guardians who wish to be a part of Sanctuary services, which are broadcast into the room so parents can listen, see and participate in the service, as their children play with Shabbat-friendly toys and books.

Neshamah Minyan:

A Service of and for the Soul

Each week the Shabbat morning service beckons us through the doorway of prayer and meditation to a profound experience of ourselves, our world and God. Deepen your relationship with the service while developing practices and understandings that you can take into your daily life. Please join us on **March 4, 9:30-10:30am** as Jordan Hill, storyteller and director of The Mindfulness Education Exchange, explains how to raise your prayer experience "ever higher."

Shabbat Afternoon Torah Study

Torah discussions are held **every Saturday, one hour prior to the Mincha Service** and are a great opportunity to become more involved in "Living Judaism." Times are on the calendar in each issue of *Kolenu*. If you would like to lead a discussion or for more information, call Michelle at 745-5550, ext. 225.

Shalom!

Geniza Field Trip

As part of the lifecycle curriculum, our 5th & 6th Grade classes will be taking a field trip to Evergreen Cemetery on **Sunday, March 5**. While there, I will point out the graves of those who are so much a part of the history of our congregation as well as Tucson at large and teach the students about our *geniza* (a place where worn ritual objects and sacred texts are buried), and lead a short service which will include the burial of items that we have collected over the year.

This trip is meant to remind us of how much we stand on the shoulders of those who came before us and to help us to feel more comfortable with regard to our cemetery. This is a very important part of our curriculum and is meant to be an important experience for our children.

Because, over the past years (we take this Field Trip every other year), so many of you have expressed a desire to have been part of this event — because this is truly a unique learning experience — we invite you to join us. We'll begin sometime **10:00-10:15am** (start time will depend on how long it takes to get our students from Religious School to the cemetery), and conclude 11:00-11:30am (depending on questions, etc.). Our visit will begin in the area beneath the archway on the east side of our section. If you want to join us, and/or have any questions, please feel free to contact me at rabbi@caiaz.org or 745-5550, ext. 230.

Rabbi Robert Eisen

Talmud on Tuesday

The Talmud is an extensive compilation of teachings and opinions of thousands of rabbis over the centuries, covering matters of Jewish law, ethics, philosophy, history, customs and more. We are currently studying Tractate Megillah. Learn about the law and lore in the Talmud with Rabbi Robert Eisen as we dig deep into living Judaism. It is open to all and free of charge. Join us in the Epstein Chapel **immediately following 5:30pm Minyan**.

K'Ton Time

Join us on **Saturdays, March 11 and April 8, 10:30-11:00am** in the Epstein Chapel for this fun and lively 20-minute service led by Gabby Erbst that includes songs, prayers, stories and games; playground time for kids and schmoozing time for parents; and a kid-friendly kiddush. Geared to families with kids ages 1 to 6, but every family is welcome!

Shabbat Under the Stars/Family Shabbat Service & Dinner

Our Family Shabbat service on **Friday, March 17 at 5:45pm** will be held on our beautiful Rabbi Arthur Oleisky Courtyard patio (in lieu of the Epstein Chapel). With our families... as a family... we will welcome Shabbat with rhythm, with movement, with ruach and with song. At 7:00pm, we'll share Shabbat dinner, followed by Open Lounge in the Linda Roy Youth Center with games and fun. Dinner \$25 per family (two adults & up to 4 children) and/or adults (13+) \$10 per person. RSVP needed by Mar. 13. Call Kim at 745-5550, ext. 224 or visit www.caiaz.org

Targum Shlishi with Special Guest

We are taught to read the Torah Portion of the week, each week, twice: In/From the Torah text (*Shnayim Mikra*), and again in translation (*Targum Shlishi*) to ensure that we understand both the form and the function of Torah — what it teaches and how it can be applied. Join us on **Saturday, March 18** (approx. 12:00pm following Kiddush) as our guest Bar Alkaher (one of our *shinshinim*) will discuss the Jewish-Israeli conflict through the lens of his connections with his Arab-Israeli friends near his hometown of Shimshit, Israel.

Shabbat Under the Stars

Join us for an intimate Shabbat service on **Friday, March 31 at 5:45pm** on our beautiful Rabbi Arthur Oleisky Courtyard patio (in lieu of the Epstein Chapel). The opportunity to worship outside enables us to better encounter nature and to remind ourselves that any space can become sacred through the manner in which we use it. Come and help us expand our "worship zone" as we welcome Shabbat.

Family Israel Night Service & Dinner

Make friends, build community, learn about Judaism and have fun at this Mishpacha program! Share an upbeat Shabbat celebration for families at **5:45pm** on **Friday, April 21**, followed at **6:45pm** by an Israeli-style dinner, Israeli dancing and an Israeli trivia bowl. As with our past Family Shabbat service, we will welcome Shabbat with rhythm, with movement, with ruach and with song. Dinner \$25 per family (two adults & up to 4 children) and/or adults (13+) \$10 per person. RSVP needed for dinner only. Call Kim at 745-5550, ext. 224 or visit www.caiaz.org

Israel Solidarity Shabbat

Please join us on **Saturday, April 29 at 9:00am** as we show our solidarity with The Land, with our people, in honor and celebration of "Tucson Celebrates Israel 67." Israel Is Real ... And So Is Our Relationship with Her. KOL OD BALEIVAV ... as long as our hearts beat strong with the passion of "The Hope," so will our dream be forever renewed ...



May 2

Israeli Music Concert
w/CAI's Adult & Youth Choirs

May 15

86th Annual Meeting &
Awards Fiesta

May 30

Shavuot Service, Dinner &
Tikkun Leil Shavuot

June 10

Summer Shul begins

OUR
NEW
MEMBERS

Please warmly

Welcome

Kitty & Joel Kellman and their children, Max & Corey
Kana Silverberg and her daughter, Sara
Bri & Josh Tennenbaum, and their children, Cooper & Noah

ARBA PARSHIOT: Special Sabbaths

During the month or so before Passover, four Shabbatot are characterized by special Maftir readings, called the Arba Parshiot [four Torah portions], which relate thematically to Passover or Purim: Shabbat Shekalim, Shabbat Zakhor, Shabbat Parah, Shabbat Hahodesh, Shabbat Hagadol.

SHABBAT ZAKHOR (March 10 & 11)

Shabbat Zakhor, whose maftir reading, Deuteronomy 25:17-19, is an admonition to remember Amalek, the nation that surprised the Israelites wandering in the desert after the Exodus from Egypt with a rear attack on the stragglers. The Israelites constituted no military threat, leading some Jewish commentators to view Amalek as rebels against God, because they were trying to destroy the Israelites. God commands the Israelites, therefore, that when safely settled in Palestine, "You shall blot out the memory of Amalek from under heaven."

The Torah instructs Jews to "remember Amalek," a commandment fulfilled each year by publicly reading this passage on the Shabbat before Purim, because Haman, the arch-villain of the Scroll of Esther [*megillat Esther*], who tries to kill the Jews of Persia, is an Amalekite. The haftarah reading is I Samuel 15:2-34, which describes Saul's war with Amalek.

SHABBAT PARAH (March 17 & 18)

Shabbat Parah, the Sabbath of the Red Heifer, occurs on the Shabbat prior to Shabbat Hahodesh of the month of Nisan. The maftir reading, Numbers 19:1-22, deals with the red heifer whose ashes were combined with water to ritually purify anyone who had been in contact with a dead person. Because only people who were pure could eat from the Passover sacrifice, a public announcement right before Nisan reminded anyone who had become impure to purify themselves before making the Passover pilgrimage to Jerusalem.

The haftarah, Ezekiel 36:16-38, also deals with issues of being cleansed from contamination, but the impurity in this case symbolizes human sinfulness. But, like physical impurity, sins can be overcome. As God says in Ezekiel 36:25,26: "I will sprinkle clean water upon you, and you shall be clean: I will cleanse you from all your uncleanness and from all your fetishes [idolatrous practices]. And I will give you a new heart and put a new spirit into you." This renewal of self and nation reflects Passover's theme of redemption.

SHABBAT HAHODESH (March 24 & 25)

Shabbat Hahodesh occurs either on the Shabbat before Rosh Hodesh Nisan or on Rosh Hodesh itself. The maftir reading is Exodus 12:1-20, which details eating the Passover sacrifice, with "your loins girded, your sandals on your feet, and your staff in your hand"; eating bitter herbs and unleavened bread; and putting blood on the doorposts; and it lists the Passover laws.

The first day of Nisan is also important as the occasion for God's first commandment, sanctifying the new moon, which begins the Torah reading, "This month shall mark for you the beginning of the months; it shall be the first of the months of the year for you." This commandment moved the determination of months from God's agenda into the hands of the Jewish people, giving them control over time and the theological/liturgical cycle. The haftarah, Ezekiel 45:16-46:18, describes the sacrifices that the Israelites are to bring on the first of Nisan, on Passover, and on other festivals in the future Temple.

SHABBAT HAGADOL (April 7 & 8)

The Shabbat before Pesah is called Shabbat HaGadol, the Great Sabbath. As the Israelites were preparing to leave Egypt, God commanded them to select a lamb that would serve as the Passover sacrifice. This mitzvah, or commandment, required the Israelites to actively participate in the redemption from Egypt. The name Shabbat HaGadol literally comes from a verse in the day's haftarah, Malachi 3:4-24. "Lo, I will send the prophet Elijah to you before the coming of the awesome, fearful day of the Lord," which alludes to a messianic future.

The past redemption at Passover is tied to the future messianic redemption, which, according to tradition, will also take place on Passover. Traditional practices on Shabbat HaGadol include reciting special hymns about the laws of Passover, reading the part of the Haggadah that begins with Avadim Hayinu, "We were slaves," and listening to the community's outstanding Torah scholar address the congregation on the laws of Passover.



Daily Minyan Services & "Jewry" Duty

Our Minyan is expected to be there when someone needs to say *Kaddish*, but there are times when it is difficult to get a *Minyan*. Along with your "Jewry Duty," please consider being part of the *Minyan* at least one morning or afternoon per month on a regular basis. Service times are on the calendar in each newsletter and on CAI's web site. Shown below is a combined list of Minyan attendees and those fulfilling their "Jewry" Duty during December 2016 and January 2017. *Todah rabah!*

Malka Abraham	Jean & Marvin	Marleen Miller
Dorit Adler	Glassberg	Judith Mussman
MeMe Aguila	Barbara & Jerry	Nancy & Tidi Ozeri
Austin Agron	Goldberg	Joy Peskin
Joshua Anbar	Shirley Goldberg	Jane Poliakoff
Murray Baker	Allen Gordon	Jessica Priester
Kathy Hays &	Margo & Ron Gray	Alan Ravitz
Jerry Barkan	Robert Harris	Helen Rib
Morris Barkan	Bertie Levkowitz &	Stephanie Roberts
David Ben-Asher	Tom Herz	Patti Salonic
Iris Bernstein	Marty Johnston	Judith Schneider
Marsha Blitzler	Dan Jurkowitz	Dan Shoemaker
Tova Braunstein	Chaya & Harvey	Trudy & Howard
Meryl Bressler	Jurkowitz	Schwartz
Barbara Brodie	Aurora & Eugene	Ronnie Sebold
Anna Cahan	Kellogg	Evelyn Sigafus
Michele Cassen	Steven Ketchel	Linda Silverman
Miriam Cline	Jane Klein	Karen & Howard
Helen Cohn	Ruth Kolker	Skolnik
Dennis Dawson	Sallie & Morton	Elena & Valeriy
Judy & Ted	Kranitz	Temyanko
Direnfeld	Gerald Lapin	Sandra Tobin
Marilyn Einstein	Katherine &	Moshe Toister
Debby Eisen	Aaron Leonard	Arlene Tuller
Arlene Epstein	Barbara Levkowitz	Art Weinenger
Joan Epstein	Scott Lewis	Steven Weisman
L. Elliott Farber	Ziva Mason	Terry Williams
Neneng Fassler	Michael Mendel	Jerry Wolf
Hedy Feuer	Levi Mendel	Joanne Wolf
Eric Flank	Pamela & Stuart	Phyllis Wolf
James Frisch	Mendel	Robert Wolk
Emanuel Furst	Lois Bodin &	Steve Wool
Rayna & John	Herbert Meshel	
Gellman	Arnold B. Merin	

Thank you to our "Yad Squad"

(Those who read Torah and Haftarah in December 2016 and January)

Malka Abraham	Mike Jacobson	Elana-Beth Rosen
Joshua Anbar	Lisa Jurkowitz	Max Schleicher
David Ben-Asher	Natalie Leonard	Leonard Schultz
Morey Brown	Scott Lewis	Steve Seltzer
Nichole Chorny	Rachel Lieberman	Barbara Selznick
Rebecca Dubin	Ziva Mason	Ellis Selznick
Shira Dubin	Levi Mendel	Lily Selznick
Rabbi Robert Eisen	Nancy Ozeri	Ashlee Spivack
Margo Gray	Phillip Pepper	Moshe Toister
Aaron Green	Joy Peskin	Gary Windham
Richard Green	Jessica Priester	Talia Zuckerman
Marshall Heyman	Helen Rib	Brown

From the President

In March of 2010, Bob Dietz entered into a six month, part-time consultation agreement with CAI to “1) evaluate CAI’s current financial systems and procedures, 2) propose improvements to these systems and procedures, and 3) to assist in the implementation and evaluation of such improvements.” . . . well, I guess you know what happened. Here we are seven years later bidding farewell to our “Consultant” and without question, CAI is in much better shape than when he joined us. What was most remarkable about Bob’s tenure was that he not only managed and improved our financial operations, but also took on more than “full time” management of many other administrative aspects of our synagogue. He became the go-to guy and truly was the hub of the administrative team.



It was my honor and pleasure to work with Bob first as Secretary/Treasurer and then as President; he is indeed a good friend as well as a working colleague. Most notable to me was Bob’s attitude towards CAI which he commented on while we shared lunch recently. He always viewed his role with our/his synagogue as “mutually beneficial,” meaning that he gained as much as he gave; and those that had the good fortune of working with him know that he gave “large.”

On behalf of the Board of Trustees and the congregation, we wish him a wonderful “second” retirement, and may he and his dear wife Dvora enjoy much more time for travel, hiking and adventure. *Lehitraot v’behatslacha*.

The Board of Trustees is very excited to announce Debra Lytle’s promotion to Synagogue Director. Originally from New York, Debra moved to Arizona in 2002 to attend the University of Arizona and study Judaic Studies, Sociology and Public Health.

She started working at CAI in 2013 as a part-time receptionist; she was subsequently promoted to Administrative Assistant and then Congregational Services Coordinator.



Based on Debra’s energy, enthusiasm and can-do attitude, the Board voted to have her fill the role of Synagogue Director in January 2017. Her duties include responsibility for the synagogue’s membership, dues, congregational events, room rentals, Kiddush and Third Meal sponsorships, event planning, High Holy Days tickets and seating, as well as managing many administrative matters. She directly supervises the Facilities Manager, Food Services Coordinator and the Receptionist. She works closely with the Membership/Dues Committee, the Community Engagement Committee and the Synagogue Life Council.

Phillip Pepper, Board President
906-9122, pcpepper@pepperviner.com



Synagogue Life Council

I remember when the pews in the sanctuary were yellow. I used to come with my Bubi Kel (Clara Levin) to Shabbat Services. These days, on Shabbat, I find myself sitting in the same area that I sat with her. And every Shabbat, I still wait (half expecting) to hear that final, extra, “*Ush’mo Echad*,” at the

end of the Reader’s Kaddish as Cantor Falkow (of blessed memory) used to do. My daughter went to our preschool and made friends that she still has today. When we moved back to Tucson, we watched with joy as our teenagers developed deep relationships with our clergy. Today, as young adults, they are thrilled to get holiday cards from the Rabbi or to come to a Kiddush for a quick round of hugs.

When my mother died unexpectedly, the Rabbi was at the hospital in what seemed like minutes. At the meeting before the funeral, he mentioned something about saying Kaddish for 11 months; I remember thinking, “Okay then, that’s what I’m going to do.” And then I did it. I said Kaddish for 11 months, even when I was traveling for work.

But it was here, in our chapel that first day after the funeral, that I realized that I needed this place. My need to be here was as real and as palpable as the chair I was sitting in and the Siddur I was holding. It was in our chapel and with our community of minyan-goers that grief became normal and okay. It became something to own and to honor. I learned that everyone is “One in a minyan,” but especially when you are number 10. And somewhere in there, the grief diminished.

Why am I telling you all this? Because we all have these stories and reasons for being here. These are my “whys” when someone asks, “Why Anshei Israel?” Why commit so much time; don’t you have a full time job?” Or simply, “Tell me about your synagogue.” So now it’s my turn to ask you: What are your whys?

In every part of our lives, Congregation Anshei Israel is here for us. We can and we do count on it. As you think through your “whys,” I am going to assert something: We need Congregation Anshei Israel. This is our spiritual home. This is where we celebrate our *simchas* and mourn our losses. This is where we inventory our lives on Rosh Hashanah and commit to being better people in the year to come. And, most importantly, it is where we teach our children to be proud to be Jewish and live their lives Jewishly.

To that end, the time has come to honor Lynne Falkow-Strauss and the amazing legacy of her work at Congregation Anshei Israel’s Preschool/Kindergarten. We have found an exciting way to do this, while at the same time, to enhance the beauty and safety of our school: the renovation of the Administrative Office and Preschool/Kindergarten entrance and the area outside that entrance. The new area will be called the “Lynne Falkow-Strauss Foyer and Courtyard.”

The courtyard will be renovated with seating, shade structures and an area for children to play and for parents to gather. There are opportunities for you and your family to participate in honoring Lynne. I ask you to consider doing so as you think of your most important “whys.”

Stephanie Roberts, SLC Chair
290-4590, stephanieroberts001@msn.com

Watch your mail
to honor
Lynne Falkow-Strauss!

11th Annual Mah Jongg Tournament Jan. 15, 2017

We had 64 players in this year's tournament — and just a bit of drama — as there was a power outage and candles had to be brought in... but that didn't stop the play! About \$2000 was raised to benefit USY in memory of Linda Roy.

Thank you to all those who participated and to the following wonderful volunteers for helping with the food preparation & set-up: Sara Borin, Shelley Heyman, Lois Jacowsky, Rosie Eilat-Kahn, Robin Pozez, Judy Schultz & Linda Ullman.



Blood Donor Drive Jan. 22, 2017



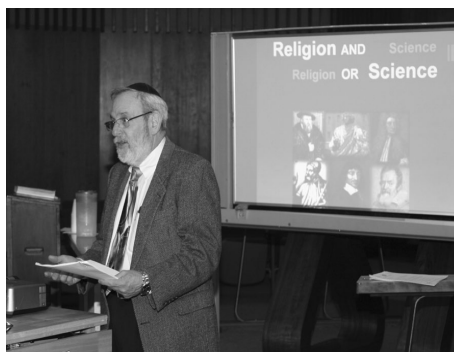
**American
Red Cross**

With this event, Congregation Anshei Israel began its 13th year of blood donor drives by shattering our record. The American Red Cross desperately needs blood to fill hospital requests — about 250 donations each business day. CAI answered the call. Thank you to the amazing group of caring people who donated who are among the elite 5% of the eligible population who actually donates blood. We collected 36 units. **SAVE THE DATE:** Sunday, July 30 for our next Blood Donor Drive. Should you want more information, wish to sign up or refer a friend, please contact Margo Gray at 298-8831 or margocares@yahoo.com

The Wisdom of Jewish Tucson Feb. 1, 8 & 15, 2017

This annual adult education series provides an opportunity to share what we know, what we need to know, and about our passions and areas of interest from a personal and/or professional perspective. This year's theme: "Religion AND Science... or Religion OR Science?" with keynote speakers:

- Dr. Hester Oberman, UA Dept. of Religious Studies & Classics presented, "Scientific Facts vs. Spiritual Values"
- Dr. Thomas Fleming, UA Dept. of Astronomy, Steward Observatory presented, "The Cosmos is Not Enough: Adventures of a Catholic Boy in the World of Astronomy"
- Dr. Richard Green, UA Assistant Director for Government Relations, Steward Observatory presented, "Cosmology and Jewish Thought"



(l.) Rabbi Robert Eisen welcomed attendees & introduced the speakers

(below) Dr. Hester Oberman



(above) Dr. Richard Green



(l.) Dr. Thomas Fleming

"Parenting in Peace"

This 4-week parenting course combines the Parenting with Love and Logic® Program with other well-known methods of empowering parents to create strategies that truly work for each individual. Bring out the best in you and your kids!



Instructor
Naomi
Weinberg, MSW

Wednesdays, March 1, 8, 15 & 22.

All classes held at CAI 6:30-8:30pm.

To learn more, visit www.caiaz.org or pick up a flyer in the administrative office or on the Shalom Cart.



**Poland/
Israel Trip
Information
Meeting
WEDNESDAY,
MARCH 15
7:00PM**

Join Rabbi Robert Eisen for an informational meeting to discuss the preliminary details of this important opportunity, a special journey being planned to "Poland and Israel: From the Shoah to Survival" in late Spring/early Summer 2018. Please RSVP if you plan to attend this meeting. Call Michelle at 745-5550, ext. 225.

Adult Education Kollel (Class)



"Not Your Children's Purim"

Wednesday, March 8

7:00-8:30pm

Rabbi Robert Eisen and Cantorial Soloist Nichole Chorny will delve into what Purim

is really about and why it's so important to reclaim its form and function as adults. It's not all hamentaschen and groggers!

7:00pm "The Sounds of Purim: A Deeper Look into the Chanting of Megillat Esther" with Nichole Chorny

7:30pm "The Laws of Purim and How to Make Them Your Own" with Rabbi Robert Eisen

No charge to attend; however, please bring a cash or non-perishable food donation for the Community Food Bank. RSVP by Mar. 6 to Michelle at 745-5550 ext. 225.

PASSOVER KOLLEL

Sunday, April 9 • 9:30-10:30am

As part of our Passover Family Workshop, while students are learning the songs of the Seder, parents may **join Rabbi Eisen for "Building a Seder ... What are the basic building blocks which go into a Seder? What are some of the things we can do to enhance our experience? How can we have a meaningful and FUN time?"**



No charge to attend, but please RSVP by April 5 to Michelle at 745-5550, ext. 225.

See page 9 for more information about the workshop...

WE OFFER TWO TRADITIONAL MEGILLAH READINGS!

SATURDAY, MARCH 11

Traditional Megillah Reading with Ma'ariv

7:07pm in the Epstein Chapel

SUNDAY, MARCH 12

Traditional Megillah Reading with Minyan

7:00am in the Epstein Chapel



**Sunday, April 9
5:00-8:00pm**

6202 E. Broadway

Where are you taking your family for your last bit of *hametz* before Passover? Sweet Tomatoes donates 15% of sales generated when diners present a special flyer. Each flyer is good for everyone in your party ... Pick one up in the administrative office, on the Shalom Cart or visit www.caiaz.org ~ We hope to see you there!

Siddur Dedication • Friday, April 28 • 5:45pm

Join us as
our 3rd
Grade
students
will lead
our Shabbat
service and
receive their
own siddur.



(l. to r.) Rabbi Robert Eisen, Hannah Levin, teacher Marissa Hoffman, Derek Cassen, teacher Bar Alkaher, Zoe Gordon, Cantorial Soloist Nichole Chorny & Rabbi Ruven Barkan



Come in costume and join the festivities!

~ SEE INSERT FOR DETAILS ~

A F F I L I A T E / S O C I A L G R O U P S



Women's League

Our popular "Gentle Chair Yoga" classes continue **Wednesdays, 9:30-10:30am (not held April 12)**. From meditation to simple exercises, or more involved poses with appropriate modifications, this class can meet the needs of all participants. Please dress comfortably. No RSVP required. Members of Women's League \$6/ class; non-members \$8/class.

Open Mah Jongg play continues **Mondays, now back to 10:00am - 12:00pm (not held April 10 & 17)**. All levels of experience are welcome, and we encourage men to play as well. Join the friendly competition!

The "Women's Study Group" continues **Mondays, March 6 and April 3 at 12noon** using *The Five Books of Miriam: A Woman's Commentary on the Torah* as the core for discussions led by Rabbi Robert Eisen. Portions are in the administrative office or at www.caiaz.org/events-calendar/. There is no charge to attend. Bring your own dairy lunch; beverages and dessert are provided.

Join us for our annual **Women's League Brunch & Fashion Show** on **Sunday, March 26**. Check-in is at 10:30am. The event starts at 11:00am. Enjoy a brunch by Handmaker Catering and a fashion show modeled by members of Women's League (with fashions provided by Maya Palace). Women's League members and models \$25; all guests and spouses \$30. Reservations required by Mar. 19. For more information and to RSVP, contact Evelyn at 885-4102 or esigafus@aol.com



Men's Club

All are invited to share **Men's Club Shabbat** on **Saturday, March 4 at 5:15pm** in the

Epstein Chapel. Current and potential Men's Club members are encouraged to participate as we help daven Shabbat Mincha, Ma'ariv and Havdallah Services. Men's Club is also sponsoring the Third Meal that evening.

Enjoy fellowship and our delicious breakfast buffet as we welcome guest speaker, Barry Friedman from the Tucson Jewish History Museum on **Sunday, March 19 at 9:30am** in the Cantor Falkow Lounge. There is no charge for Men's Club members; guests are always welcome for \$4. Our next breakfast will be on Sunday, April 23; guest TBD.

Yom Hashoah begins at sundown on April 23. Now is the time for Men's Club to assemble and prepare the Yellow Candles for mailing to members of CAI. This is a large undertaking and we could really use some help. If you can volunteer a few hours, please let us know. Also, please consider making a donation once you have received the candle in the mail ... possibly more than the minimum. Thank you.

Should you have any questions about Men's Club, want to help or want to join, please contact Lew Crane at 400-9930 or catsfan1997@cox.net



"Read It & Meet" Book Discussions

Monthly book discussions are held on Shabbat (**approx. noon**) and everyone is welcome. Selected books by Jewish authors or with Jewish content are discussed and moderators facilitate discussions.

Please join us on **March 4** for *The Bridge Ladies* by Betsy Lerner, with moderator Rayna Gellman; and on **April 1** for *The Black Widow* by Daniel Silva, with moderator Eric Flank.

For more information, contact Rayna Gellman at 887-8358 or rgellman@cox.net

E D U C A T I O N



Bar Alkaher, one of our *shinshinim*, has been teaching 2nd and 3rd Grade Religious School on Tuesdays, and teaches all of the other grades every other Sunday. He also joins Kadima, Junior USY and Senior USY once a week. He is facilitating a pen pal program between our school and an English class in a school in our sister city of Gilo, Israel.

Shown here is Bar (center) writing letters with Kitah Hey (5th Grade) to be sent to their new pen pals.

Also, don't miss Bar's presentation about his Israel experience at Targum Shlishi on April 18 (see page 3).



to the
Jewish Federation
of Southern Arizona
for our annual religious
school student subsidy
to help pay for
consumable materials
for our students

Celebrating Becoming a Bat Mitzvah

Sophia Temyanko • Mar. 4

Sophia is the daughter of Elena & Valeriy Temyanko, and sister to Lora and Svetlana. Sophia's Bat Mitzvah project involves volunteering at Handmaker. A student at Esperero Canyon Middle School, Sophia's interests include dance, martial arts and quilting.

Religious School & USY

Religious School students 5th-6th Grade will have a field trip to the geniza on **Sunday, March 5** (see page 3).

Senior USY will lead a pre-Purim program for Kadima on **Sunday, March 5, 12:00-2:00pm**.

Parent volunteers (Religious School and USY) are needed **10:30-12:30pm** to help with the Purim Carnival on **March 12**.

Our Parent Havurah/Discussion Group will be held **Sundays, March 26** ("How We Speak to Children Matters") and **April 30**, ("Diapers to Driving") 10:00am - 12:00noon. We discuss relevant topics around Jewish parenting and join with other families to participate in synagogue life to build a vibrant community among young families.

We will host a Junior and Senior USY Midbar Kinnus **March 31-April 2**, welcoming teens from Midbar (the desert part of) Far West USY (Phoenix, New Mexico and Las Vegas. Please let us know if you can open your home to any visiting teen(s).

Our next "Live Your Shabbat" Immersion Program for the whole family will take place **Saturday, April 1 at 4:30pm** to include playground time, USYers leading a *ruach*-filled Mincha, Third Meal with the congregation, and Havdallah. Religious School will not be held Sunday, April 2.

Our Passover Family Workshop, "All Four Children: Everyone Has a Place at the Table," will be held **Sunday, April 9**. We'll begin with Minyan at **9:00am**. While students are learning the songs of the Seder, **parents may join Rabbi Eisen 9:30-10:30am** for "Building a Seder ... What are the basic building blocks which go into a Seder? What are some of the things we can do to enhance our experience? How can we have a meaningful and FUN time? At 10:30am, parents will join their children by grade level to explore the deeper meaning of the prayers of the seder, followed by Pam Schuller, who will talk about her experience of inclusion in the Jewish community. The workshop is open to all CAI families. There is no charge to attend. Please RSVP by April 5 so we can plan accordingly.

On **Sunday, April 23**, students from Congregation Or Chadash will join us for Community Building Day to commemorate Yom Hashoah. All families are invited.

USY Step-Up Day on **Sunday, April 30, 12:00-2:30pm** is a chance for each group of kids to prepare for the next level: 3rd Graders can get a taste of Kadima; 6th Graders join the Junior USYers; and 8th Graders are welcomed into Senior USY. Lunch will be served, games will be played, and friendships will be made.

REMEMBER:

NO SCHOOL or USY April 10-18 for Passover Break

Watch your email for more information about events!

Rabbi Ruven Barkan
Education & Youth Director
745-5550, ext. 227, eddir@caiaz.org

Preschool/Kindergarten

Our wonderful "Parenting in Peace" Program (see page 7) continues with another 4-week course on **March 1**. Learn methods to empower parents to create strategies that truly work.

All are invited for our annual schoolwide Tot Shabbat Dinner and Service on **Friday, March 3** (see page 2) for more information.

Parent-Tot Class will continue on **Mondays, 9:00-11:00am** through **May 22**. This FREE class for children up to 24-months in age and their parent(s) is a great way to meet other parents, exchange experiences, and provide an opportunity for the children to play together and engage in age-appropriate activities. We also read a book from PJ Library twice a month.

The P/K Purim Celebration will be held on **Monday, March 13 at 9:15am**. The children have a costume parade in Rabbi Breger Hall; a sing-along with Susan Kravitz and a children's Megillah reading by Rabbi Robert Eisen and Cantorial Soloist Nichole Chorny in the Sanctuary; followed by hamentaschen in the Cantor Falkow Lounge. All families are welcome!

Parent-Teacher Conferences are scheduled for **Friday, March 17**. There will be no school that day.

New! An Usborne Book Fair will be held in the school hallways **March 20-24**. Shop a large selection of beautiful, colorful, award-winning children's books that make reading and learning fun, promote literacy and the love of reading while raising funds and books for CAI's Preschool/Kindergarten.

The staff will attend an in-service led by The Blake Foundation on **Fridays, March 24 and April 28**. There is a Noon Dismissal both days.

Our Model Seder will take place on **Friday, April 7** (for the students only) with Moses (Rabbi Eisen) in attendance. The entire seder is done in story and song, and each child will have their own seder plate.

REMEMBER:

NO SCHOOL April 10-18 for Passover Break

Feel free to contact me with your questions or concerns.

Lynne Falkow-Strauss
Preschool/Kindergarten Director
745-5550, ext. 229, lynne@caiaz.org

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MORE INFORMATION SOON...

MAZEL TOV!

March Anniversaries

Date	Years
2 Sarah & Josh Cohen	3
5 Ofelia & Simon Fried	36
Billie & Boris Kozolchyk	50
7 Marsha & Charles Blitzer	36
9 Jennifer & Darren Lehrfeld	21
Nancy & Richard Weiss	32
14 Marylou & Norman Feiger	24
Andrew & Astrid Kowler	7
Michelle & Brent Sigafus	18
15 Eileen Barkan-Riley & Michael Riley	31
21 Valorie & Andy Douglas	8
Irene & Scott Glass	8
Sarah & Marty Johnston	7
Shelly & Les Silberman	32
25 Dani & Phil Bregman	16
27 Stacey & Zach Singer	6
28 Tara & Todd Rathner	18
30 Sarah & Leonard Schultz	48

April Anniversaries

Date	Years
2 Norma & Ron Karp	51
9 Melissa & Tedd Goldfinger	17
18 Amy & Ken Pugliese	19
25 Kerri Strug & Robert Fischer	7
28 Barbara & Peter Danes	15
29 Ellen Eichler-Grabell & Lawrence Grabell	22



WEDDINGS

Michael Fleischman
son of Shelley Heyman &
Lawrence Fleischman
to Rachael Shulskie

Birth Announcements

This column features children, grandchildren and great-grandchildren of CAI members. The announcement and photo (if available) will appear in the issue of Kolenu within appropriate print dates. Please notify Michelle at 745-5550, ext. 225.

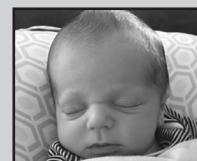


Yosef Simcha Lipman
Born Dec. 8

Yosef is the great-grandson of Phyllis Broad & the late Merrill Broad.
(Parents: Abby & Baruch Lipman)

Bodhi Paul Ash
Born Dec. 20

Bodhi is the grandson of Jane & Bruce Ash. (Parents: Onnie & Mike Ash)



Maxwell Ye-wei Green
Born Dec. 24

Maxwell is the grandson of Joan Auerbach Green & Richard Green.
(Parents: Alexander Green & Sophie Yan Yang)



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You can get all kinds of information from us via email: Rabbi Eisen's Shabbat Shalom, services, life-cycle announcements, event details/RSVPs, and weekly updates (our "Word of Mouse")!

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Questions? Call Yvonne Ethier at 745-5550, ext. 231.



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Honorable “Menschens”

TODAH RABAH TO:

Judith Schultz

for proofing the January/February Kolenu

Shelby Silverman & family

for co-sponsoring the January 21 kiddush in honor of
his wife, Linda's birthday

Felicia & Ari Cohen

for sponsoring the February 18 kiddush in honor of
their son, Ethan becoming a Bar Mitzvah

Margo & Ron Gray

for sponsoring the February 18 Third Meal in honor of
Ron's birthday

Phyllis Broad & the Direnfeld, Bloch & Sanfield Families

for sponsoring the February 25 Third Meal in memory of
Merrill Broad

Elena & Valeriy Temyanko

for sponsoring the March 4 kiddush in honor of
their daughter, Sophia becoming a Bat Mitzvah

Dona & Sheldon Moskowitz

for enhancing the March 11 kiddush in honor of
Dona's birthday

Tova & Arthur Braunstein

for sponsoring the March 25 kiddush in honor of
Tova's 79th birthday

Bea Lippel

for donating a calendar for the Preschool/Kindergarten

Shelly & Les Silberman

for donating the installation of
asphalt ramps in the east parking lot

Minerva & Harvey Horn

for donating a Torah breastplate in honor of
Roslyn & Moe Wolf

The wine, juice and challah at our
Kabbalat Shabbat Service are donated
In Memory of Moe and Roslyn Wolf by their family.

SHARE YOUR



We welcome sponsorships —
in whole or part — toward Kiddush
and/or Seudah Shlesheet (Third Meal).

All contributions are gratefully
acknowledged in *Kolenu*.

If you wish to honor someone or
simply to help, please call
Debra Lytle at 745-5550, ext. 242.

Condolences

המקום ינחם אתכם

The congregation mourns the loss of our members:

Merrill Broad

Joan Diamond

Barbara Levy

Alvin Schechter

Peggy Simon

*Our condolences to these members who mourn
the loss of their loved ones:*

Phyllis Broad - her husband, Merrill Broad

Jennifer Bell - her father, Harvey Zeligman

Pat Citron - her mother, Charlotte Wallace

Don Diamond - his wife, Joan Diamond

Amy Direnfeld - her father, Merrill Broad

Linda Levy - her mother, Barbara Levy

Paul Simon - his mother, Peggy Simon

Paul Smelkinson - his brother, Marvin Smelkinson

May the Author of Life Comfort the Mourners



~ Anshei Israel Memorial Hall ~

Installation of a memorial plaque is a beautiful way to perpetuate
the memory of a loved one. Each year on the anniversary
of your loved one's death, the synagogue will send you a
reminder of the Yahrzeit and light the light adjacent to
their memorial plaque. Call Debra at 745-5550, ext. 242 to make
arrangements or if you wish to reserve a space for the future.

DEALING WITH GRIEF AND LOSS?

Are you having difficulty dealing with grief and loss?
Perhaps it would be helpful to talk with a trained
counselor. A synagogue volunteer would be happy to
speak with you confidentially. Please call Norma Karp
at 299-3382.



The Mitzvah of Bikur Holim

Federal healthcare privacy regulations make it
difficult for us to know when a member of CAI has
been admitted to a hospital.

Become a partner in the mitzvah of Bikur Holim
— visiting the sick — by advising our clergy when
you, a relative, or a friend is hospitalized. We can
stay informed ONLY if a family member or friend
provides the information to us.

**PLEASE CALL 745-5550
to speak with:**

Rabbi Robert Eisen, ext. 230

or

Clergy Assistant Michelle Ollanik, ext. 225

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Donations made to Anshei Israel Funds enable our Synagogue to continue to carry out its work, thereby better serving our members. Please consider making a donation in honor of a relative or friend who may be celebrating a simcha or in memory of a loved one. This list reflects those donations made after the last issue's publication date. Todah Rabah to all.

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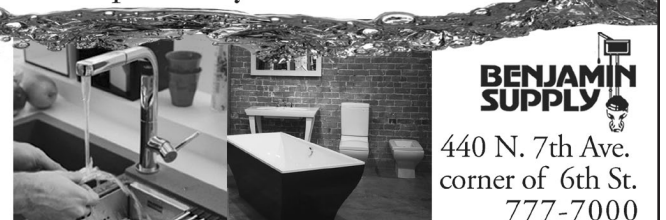
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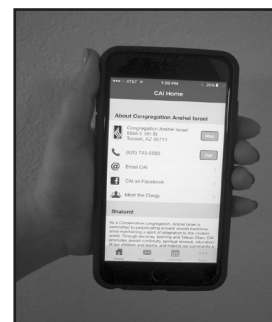
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