



KOLENU

"Our Voice" The Newsletter of Congregation Anshei Israel

January - February 2017 — Tevet/Shevat/Adar 5777

Volume 70 Number 3



"THE WISDOM OF JEWISH TUCSON"

"Religion AND Science... or
...Religion OR Science?"

Wednesdays, Feb. 1, 8 & 15 See page 7.

TU B'SHEVAT
Seder & Shabbat Dinner Experience
Friday, Feb. 10

See page 7.



**Hamantaschen
for
Hunger**

Sunday, Feb. 26

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KOLENU • קולנו

"Our Voice"

The Newsletter for Congregation Anshei Israel



Congregation Anshei Israel

A Conservative Synagogue affiliated with
The United Synagogue of Conservative Judaism

5550 East Fifth Street • Tucson AZ 85711
(520) 745-5550 fax (520) 745-9058
www.caiaz.org

MISSION STATEMENT

Congregation Anshei Israel shall serve as a source of spiritual, educational, and social enrichment in order to encourage and ensure Judaic values in accordance with the Principles of Conservative Judaism.

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Shalom!

Talmud on Tuesday

The Talmud is an extensive compilation of teachings and opinions of thousands of rabbis over the centuries, covering matters of Jewish law, ethics, philosophy, history, customs and more. We are currently studying Tractate Megillah. Learn about the law and lore in the Talmud with Rabbi Robert Eisen as we dig deep into living Judaism. Open to all and there is no charge to attend. Join us in the Epstein Chapel **immediately following 5:30pm Minyan.**

Weekday Torah Study Group

Led by Rabbi Robert Eisen, this informal study group can lead to lively discussion. Held **Wednesdays** in the Library, **11:00am to 12noon.**

Kiddie Corner

One of the most important values we can share is the importance of Shabbat worship, because families should be together on Shabbat. But, should your little one(s) get restless, we offer our **"Kiddie Corner"** in Rabbi Breger Hall for them and their parents/guardians who wish to be a part of Sanctuary services. Services are broadcast into Rabbi Breger Hall so parents can listen, see and participate in the service, as their children relax and play with Shabbat-friendly toys and books.

Comfort for Babies & Moms

We have a designated room for moms who wish to nurse their babies in a quiet private space. The bride's changing room (at the back of the Epstein Chapel) will comfortably accommodate one or two moms at a time.

Shabbat Afternoon Torah Study

Torah discussions are held **every Saturday, one hour prior to the Mincha Service.** This is a great opportunity to become more involved in "Living Judaism." Times of study are listed on the calendar in each issue of *Kolenu*. If you would like to lead a Torah discussion or for more information, call Michelle at 745-5550, ext. 225.

K'Ton Time

Join us on **Saturdays, January 14 and February 11, 10:30-11:00am** in the Epstein Chapel for this fun and lively 20-minute service led by Gabby Erbst that includes songs, prayers, stories and games; playground time for kids and schmoozing time for parents; and a kid-friendly kiddush. Geared to families with kids ages 1 to 6, but every family is welcome!

Family Shabbat Experience Service & Dinner

Please join us on **Fridays, January 20 and February 17, 5:45pm** as we transition into the "Rhythm of Shabbat." With our families... as a family... we welcome Shabbat with rhythm, with movement, with ruach and with song. Then we'll share Shabbat dinner, followed by Open Lounge in the Youth Center with games and fun. Come celebrate Shabbat with spirit and your congregational family! Dinner \$25 per family (two adults & up to 4 children) and/or adults (13+) \$10 per person. RSVP needed for dinner only. Call Kim at 745-5550, ext. 224 or visit www.caiaz.org

Targum Shlishi

We are taught to read the Torah Portion of the week, each week, twice: In/From the Torah text (*Shnayim Mikra*), and again in translation (*Targum Shlishi*) to ensure that we understand both the form and the function of Torah – what it teaches, and how it can be applied. On **Saturday, January 21**, we will hold a discussion following the Kiddush with Rabbi Robert Eisen. Our topic: "Religion AND Politics... or... Religion or Politics!?"

Our next discussion will be on **Saturday, February 18.** Topic: TBD.

Plan on joining us for what we know will be interesting and inspiring conversations. There is no charge to attend.

Shalom!

Neshamah Minyan:

A Service of and for the Soul

Every week the Shabbat morning service is beckoning us through the doorway of prayer and meditation to a profound experience of ourselves, our world and God. Let's step through the doorway together. This service will guide those steps, deepening your relationship with the service while developing practices and understandings that you can take back with you into any morning service and, indeed, your day-to-day life.

Please join us on **Saturday, January 28, 9:30-10:30am** as Jordan Hill, storyteller and founder/director of The Mindfulness Education Exchange, explains how to raise your prayer experience (and yourself as well) "ever higher."

Tot Shabbat Service & Dinner

For families with young children, Rabbi Robert Eisen holds a special Tot Shabbat Service with stories and songs **the first Friday of most months at 5:45pm** on the Bimah in the sanctuary. A kid-friendly Shabbat **dinner follows at 6:15pm**. Dinner is \$25 per family (two adults and up to four children); additional adults \$10 per person. Reservations are needed for dinner only to Kim at 745-5550, ext. 224. Please plan to join us on **February 3** (hosted by the 3-year-olds' class *Giborim*) **and on March 3** (all classes).

Shabbat Shira

Come learn new melodies and join us in song for the "Sabbath of Song" on **February 11 at 9:00am**. This musical Shabbat will feature the Congregation Anshei Israel Adult and Youth Choirs directed by Cantorial Soloist Nichole Chorny during a special "Sermon-in-Song." Throughout the service you will hear some new melodies to familiar prayers, and will explore some of the varied repertoire of our heritage. Come sing with us!

OUR NEW MEMBERS

Please warmly

Welcome

Marjorie & Robert Douglas

Rachel & Omri Margalit,
and their children, Jacob & Nathaniel

Interfaith Families Welcomed

CAI welcomes all who seek the spiritual comfort found within our sacred community. We warmly welcome interfaith families and encourage them to participate in as much synagogue life as they choose within the framework of Conservative Judaism.

For more information, pick up a brochure at the Shalom Cart or access it at www.caiaz.org/resources as part of CAI's "Myths vs. Facts" program.

Know Someone New to Tucson?

If you know someone new to the Tucson community who you believe would be interested in finding out about CAI, please call Debra Lytle at 745-5550, ext. 242, so we can speak to them about all of the many religious, spiritual, educational and communal opportunities the synagogue has to offer!

The Mitzvah of Bikur Holim

Federal healthcare privacy regulations make it difficult for us to know when a member of CAI has been admitted to a hospital.

Become a partner in the mitzvah of Bikur Holim — visiting the sick — by advising our clergy when you, a relative, or a friend is hospitalized. We can stay informed ONLY if a family member or friend provides the information to us.

**PLEASE CALL 745-5550
to speak with:**

Rabbi Robert Eisen, ext. 230
or

Clergy Assistant Michelle Ollanik, ext. 225

BAT KOHEN/BAT LEVI

In keeping with a position adopted within our movement which affirms that a woman whose father is a KOHEN or LEVITE may consider herself a BAT KOHEN or BAT LEVI for the purpose of receiving the KOHEN or LEVI ALIYAH when she comes to the Torah, we will, on those occasions when we call people to the Torah as KOHEN or LEVI, embrace those who are BAT KOHEN or BAT LEVI as being eligible to take such honors. We know that not all women will choose to do this, but for those who do, once they have claimed this status, from that point on they will be eligible only for the KOHEN or LEVI ALIYAH.

If you are a BAT KOHEN or BAT LEVI, please let Rabbi Robert Eisen know (rabbi@caiaz.org) so that we can be sure to look for you when assigning the honors.

Mark your
calendar!

Mar. 1 & 8 Purim Kollel

Mar. 12 Purim Carnival

Apr. 9 Passover Family
Workshop & Kollel

Apr. 11 Second Night
Passover Seder

Apr. 21 Family Shabbat/
Israel Night

The Tenth of Tevet Asarah B'Tevet

Date of the fast in 5777:
January 8, 2017

Coming as it does a week after the last day of Hanukkah, the fast on the 10th of the month of Tevet (Asarah B'Tevet) might easily be overlooked. It occupies, however, an important niche in the story of Israel and the history of our people.

The text in II Kings (25:1-4) tells us that on the 10th day of the 10th month, in the ninth year of his reign, (588 BCE), Nebuchadnezzar, the Babylonian king, began the siege of Jerusalem. Three years later, on the 17th of Tammuz, he broke through the city walls. The siege ended with the destruction of the Temple three weeks later, on the 9th of Av, the end of the first Kingdom and the exile of the Jewish people to Babylon. It can thus be considered part of the cycle of fasts connected with these events: Tzom Gedaliah (3rd of Tishrei); Shiva Asar B'Tammuz (17th of Tammuz) and Tisha B'Av (9th of Av).

The first mention of this fast appears in Zechariah (8:19) where it is called the "fast of the tenth month..." (counting from the month of Nisan, which was the first month in Biblical times). Other references to the fast and the affliction can be found in Ezekiel 24:1-2 (the siege); Jeremiah 52:4-6.

However, although the fast is historically tied in with events surrounding the destruction of the First Temple, the purpose of the fast is not the commemoration of an historical event, but the state of affliction of the Jewish people.

- As with all Jewish fasts, the prayers for Asarah B'Tevet include Selihot, marking the day as an occasion for each of us to devote time to Teshuvah (repentance), the introspection that motivates us to reexamine our actions and change our ways. As the Talmud in Brachot says, "one who is afflicted should examine his or her actions and do Teshuvah."

- Asarah B'Tevet is the day of mourning for people whose last resting place or date of death is unknown (the Kaddish Clali).

- Asarah B'Tevet is one of four public fasts which begin at dawn (alot hashachar - about an hour before sunrise), but do not carry additional restrictions, such as washing oneself or wearing leather shoes, etc. (while Yom Kippur and Tisha B'Av begin from dusk the night before). However, it is the only fast which is not brought forward or postponed if it falls on a Friday, a mark of its immense significance.

Tu B'Shevat

The semi-holiday, Chamishah Asar B'Shevat (15th day of Shevat) marks the first day of spring in Israel. It occurs six weeks after Hanukkah. The Mishnah refers to it as Rosh Hashanah L'Tlanot (New Year of the Trees). Since ancient times, the Jewish people have observed it by eating fruit grown in Israel. With the rise of the Zionist movement and the re-establishment of the land of Israel, Tu B'Shevat has gained new significance as Arbor Day, observed by the planting of trees in Israel.

Trees were regarded as special gifts from God. There are many symbolic allusions to trees in the Bible, especially the olive, which sends up new shoots to continue the life of the old tree that dies. Trees are represented as symbols of goodness and nobility. The upright person is compared to "a tree planted near a stream, that bears fruit in due season, with leaves that never fade" (Psalm 1:3). "The righteous will flourish like the palm tree; they will grow like a cedar in Lebanon" (Psalm 92: 13-14).

Not too long ago, it was customary among many of our people to plant a tree when a child was born — a cedar for a boy and a cypress for a girl. Branches from these trees were then used for the poles of the wedding canopy (chuppah) on the day of their marriage. In our day, many people purchase trees in Israel through the Jewish National Fund (JNF). If interested in purchasing a tree or making a donation to the JNF for reclamation of the land of Israel, please contact the JNF at 800-542-TREE (8733).

**This year Tu B'Shevat falls on Saturday, February 11
(it begins at sundown Feb. 10). For more information about
CAI's "TU B'SHEVAT SEDER," see page 7.**

ARBA PARSHIOT: Special Sabbaths

During the month or so before Passover, four Shabbatot are characterized by special Maftir readings, called the Arba Parshiot [four Torah portions], which relate thematically to Passover or Purim: Shabbat Shekalim, Shabbat Zakhor, Shabbat Parah, and Shabbat Hahodesh.

SHABBAT SHEKALIM (February 25/26)

SHABBAT SHEKALIM — which takes place the SHABBAT prior to ROSH HODESH for the month of ADAR or on SHABBAT ROSH HODESH ADAR itself — is named for the MAFTIR reading, Exodus 30:11. The MAFTIR describes a census requiring every Israelite man to contribute a half-SHEKEL to support communal sacrifices in the portable Tent Of Meeting and later at the Temple. The egalitarian nature of this contribution is emphasized—"the rich shall not pay more, and the poor shall not pay less than half a SHEKEL." The requirement that all individuals contribute equally to the community helped develop a sense of unity crucial to the new nation created by the Exodus.

In the special Haftarah, 2 Kings 11:17-12:17, King Yehoash commanded that all money brought to the Temple be used for its repairs and renovations—both the required contributions and the free-will offerings. SHABBAT SHEKALIM occurs about a month before Passover as a reminder that the due date for the half-shekel contributions was approaching, on 1 NISAN, a month later. Some people contribute to an institution of Jewish learning in remembrance of the half-SHEKEL.

Adar I and Adar II

The Hebrew/Jewish calendar is a luni-solar calendar based on the phases of the moon, but adjusted for the cycle of the earth's revolution around the sun. Because the solar year is about 11 days longer than 12 lunar months — though the Bible does not directly mention the addition of "an extra month here or there," without the insertion of an extra month now and then — Jewish festivals would gradually shift outside of the seasons required by the Torah.

And so, according to our tradition the Jewish calendar is based on a cycle of 19 years, of which 12 are common years (12 months) and seven leap years (13 months). The leap years are years 3, 6, 8, 11, 14, 17, and 19.

During a leap year ADAR I (or ADAR ALEPH — "first ADAR") is added before the regular ADAR. ADAR I is actually considered to be the extra month, and has 30 days. ADAR II (or ADAR BET — "second ADAR") is the "real" ADAR, and has the usual 29 days. For this reason, holidays such as PURIM, and according to many authorities, Yahrzeits that fall in a regular ADAR are observed in ADAR II, not ADAR I.

Why are we telling you all of this? Because this year, 5777, is a "regular" year. Yahrzeits that occur in ADAR I or Adar II are observed in the "only Adar we will have this year."



Daily Minyan Services & “Jewry” Duty

Our Minyan is expected to be there when someone needs to say *Kaddish*. We hope you'll consider being there for others, as there are times when it is difficult to get a *Minyan*. Along with your “Jewry Duty,” please consider being part of the *Minyan* at least one morning or afternoon per month on a regular basis. Service times are on the calendar in each newsletter and on the synagogue's web site, www.caiaz.org. Shown below is a combined list of Minyan attendees and those fulfilling their “Jewry” Duty during October and November. ***Today rabah!***

Austin Agron	Levy Mendel
David Aguila	Michael Mendel
MeMe Aguila	Pamela & Stuart Mendel
Joshua Anbar	Arnold Merin
Murray Baker	Tidi Ozeri
Kathy Hays & Jerry Barkan	Rina Paz
Morris Barkan	Joy Peskin
David Ben-Asher	Jane Poliakoff
Tova Braunstein	Marilyn & Ira Prensky
Barbara & Mel Brodie	Jessica Priester
Kevin Chess	Evonne Ravitz
Debby Eisen	Helen Rib
Arlene Epstein	Wendy Divita Rosen
Deena Falkow	Patti Salonic
L. Elliott Farber	Judith Schneider
Neneng Fassler	Trudy & Howard Schwartz
Eric Flank	Barbara Selznick
James Frisch	Evelyn Sigafus
Allen Gordon	Michelle Sigafus
Margo & Ron Gray	Herman Stein
Marty Johnston	Moshe Toister
Chaya & Harvey Jurkowitz	Art Weinenger
Ruth Kolker	Joanne Wolf
Barbara Stern Mannlein & Martin Mannlein	Robert Wolk
Ziva Mason	Steve Wool

From the President



I hope you had your fill of latkes, with apple sauce or sour cream or salsa, or nothing on top... but if you didn't mix some jalapeños in with your pre-frying concoction, then I suggest you start all over again. My favorite!

Here we are at the beginning of the secular New Year 2017 and I'm reminded that we Jews are pretty lucky having two opportunities to reflect, resolve, plan and act. Your Board of Trustees took the opportunity at its December meeting to reflect. You may recall, that in concert with the findings of the Strategic Planning Task Force, the Board adopted four goals for the term:

1. Governance: Evaluate and enhance the committee and leadership structure
2. Stabilize revenue plan: Develop plan to establish a stabilized revenue plan that will maintain CAI now and in the future
3. Education: CAI will offer integrated preschool, religious school and young adult programs that work off of a collaborative model. Key transitional periods such as graduation from preschool, post-bar and bat mitzvah will be addressed
4. Ritual: CAI will provide inspirational and engaging services to CAI members of all ages.

So how have we done?

Truly, you, our congregation will ultimately determine how we've done, but as we work our way through the balance of the term, we will continue to focus on these four areas and share with you our report card in the coming months of the *Kolenu* and at CAI's Annual Meeting in May.

Thanks to so many of you, we have come very close to meeting our \$130,000 goal for the High Holy Days Appeal. You have been generous with a “Nediv Lev - A Giving Heart” and on behalf of the Board, I extend our deep gratitude for your support. As I stated earlier, we Jews are pretty lucky to have a second opportunity to reflect ... and so while you're reflecting (and if you overlooked making your contribution to the HHD Appeal), perhaps you're inclined to make that contribution now, with a giving heart, and help us meet our goal that allows CAI to provide you with all the things that makes Y/OUR congregational family so special.

See you in *Shul*!

Phillip Pepper, Board President
906-9122, pcpepper@pepperviner.com

Thank you to our “Yad Squad”

(Those who read Torah and Haftarah in October and November)

Bill Abraham	Marshall Heyman	Jessica Priester
Malka Abraham	Mallory Hulsey	Helen Rib
Joshua Anbar	Mike Jacobson	Elana-Beth Rosen
Sarah Artzi	Dan Jurkowitz	Rachel Rudner
Rabbi Ruven Barkan	David Jurkowitz	Donna Saffioti
David Ben-Asher	Lisa Jurkowitz	Eric Saffioti
Jillian Cassius	Sharon Klein	Leonard Schultz
Nichole Chorny	Stanley Lehman	Steve Seltzer
Katya Cohen	Natalie Leonard	Linda Silverman
Eliezer Diamond	Scott Lewis	Jerel Slaughter
Rebecca Dubin	Ziva Mason	Erika Spivack
Shira Dubin	Levi Mendel	Moshe Toister
Rabbi Robert Eisen	Geva Ozeri	Eliana Tolby
Margo Gray	Nancy Ozeri	Leah Tolby
Richard Green	Phillip Pepper	Gary Windham
Jessica Grossman	Joy Peskin	Arthur Zoref

Blood Donor Drive
Sunday, January 22, 2017
9:00am - 2:00pm



American Red Cross

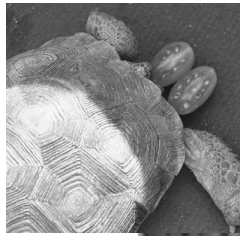
Every two seconds someone in the U.S. needs blood. Open your heart, not your wallet, because there is no price you can put on the gift of health and healing. We welcome donors ages 16+ and, of course, volunteers. Call 1-800-REDCROSS for eligibility questions.

To reserve a time slot or to volunteer, contact Margo Gray at 298-8831 or margocares@yahoo.com

C A T C H I N G U P . . .

Blessing of the Pets Oct. 30, 2016

Rabbi Robert Eisen conducted a brief service to recognize how important our pets are to us. Of course, there were many dogs, but this year we had fish, a desert tortoise and a North Australian skink!



Sigd Jewish Ethiopian Celebration Nov. 22, 2016

Leah Avuno, one of our *Shinshinim*, introduced those who attended to a simulation of Sigd that included a Jewish blessing for the new year Ethiopian-style, colorful umbrellas, Ethiopian dishes, music and dance.



(l. to r.) Leah Avuno, Rabbi Ruven Barkan, Cantorial Soloist Nichole Chorny & Rabbi Robert Eisen



Mishpacha (Family) Program: Hanukkah Cards & Crafts with Handmaker • Dec. 11, 2016

Families enjoyed lunch at CAI, then drove to Handmaker Jewish Services for the Aging to visit with the residents, and help them make holiday cards for their friends and families.





11TH ANNUAL MAH JONGG TOURNAMENT

Sunday, January 15 • 9:00am

Everyone is welcome to share in the friendly competition and the fun!

\$36 entry fee includes lunch, game, party favors and prizes for the top three scorers, plus each round winner gets a prize.

REMEMBER: All proceeds benefit CAI's United Synagogue Youth.

Registration mandatory by Jan. 8.
SEE ENCLOSED INSERT.

"Parenting in Peace"

This 4-week parenting course combines the Parenting with Love and Logic® Program with other well-known methods of empowering parents to create strategies that truly work for each individual. Bring out the best in you and your kids!

Two sessions from which to choose:
Wednesdays, January 18, 25, Feb. 1 & 8 OR
Wednesdays, March 1, 8, 15 & 22.
All classes held at CAI 6:30-8:30pm.

SEE ENCLOSED INSERT for MORE INFORMATION.



Instructor
Naomi Weinberg,
MSW

THE WISDOM OF JEWISH TUCSON

Wednesdays, February 1, 8 & 15

"Religion AND Science... or Religion OR Science?"

With KEYNOTE SPEAKERS:

Feb. 1 • Dr. Hester Oberman
UA Dept. of Religious Studies & Classics

Feb. 8 • Dr. Thomas Fleming
UA Dept. of Astronomy,
Steward Observatory

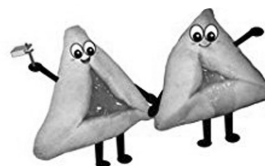
Feb. 15 • Dr. Richard Green
UA Assistant Director for Government
Relations, Steward Observatory



**WATCH
YOUR MAIL
for more
details soon!**

~ SAVE THE DATE ~

for this new experience designed to satisfy
both the body and the soul!

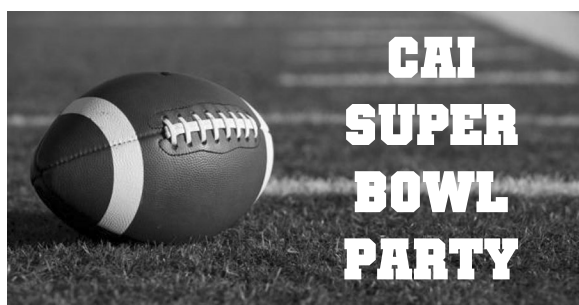


Hamentaschen for Hunger

Sunday, Feb. 26 • 3:30 - 5:30pm

This is an opportunity to make your own hamentaschen (take & bake), and/or Shalach Manot baskets and Purim greeting cards. The proceeds will be divided between the Tucson Community Food Bank, LEKET (the national food bank of Israel) and CAI's Youth Programs. Feel the MITZVAH ... DO the MITZVAH!

**WATCH YOUR MAIL
for more details soon!**



Sunday, Feb. 5 • 4pm

Everyone is invited to enjoy the
51st Super Bowl from Houston

broadcast on a big screen
in the Cantor Falkow Lounge,
with pizza, snacks, beverages, friends
and the thrill of the game!

(If the game isn't so exciting...
Rabbi Robert Eisen will lead a
discussion on Jews in sports.)

**It's all FREE, but you must RSVP to
Nichole Chorny by Jan. 31 at 745-5550,
ext. 228 or cantorialsoloist@caiaz.org**

**Tu B'Shevat Seder &
Shabbat Dinner Experience
Friday, Feb. 10 • 7:00pm**



**Details to
follow...
watch
your mail.**

Celebrate the Jewish "new year" for trees with a seder of four cups of wine, four questions, specific foods, and story-telling, followed by a special Shabbat dinner.

A F F I L I A T E / S O C I A L G R O U P S



Women's League

Our "Gentle Yoga" classes continue **Wednesdays, 9:30-10:30am**. From meditation to simple exercises, or more involved poses with appropriate modifications,

this class can meet the needs of all participants. Please dress comfortably. No RSVP required.

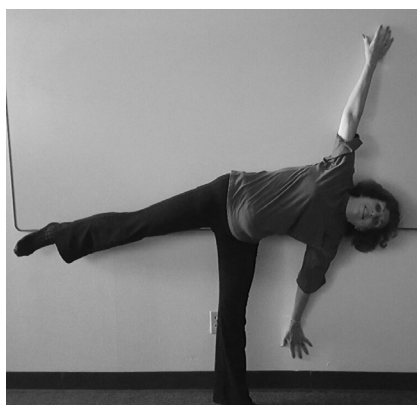


Simple chair exercise: Marian Marcus

Members of Women's League \$6/class; non-members \$8/class.



Instructor Lisa Graham



Yoga pose: Evelyn Sigafus

The "Women's Study Group" continues **Mondays, January 9 and February 6 at 12noon** using *The Five Books of Miriam: A Woman's Commentary on the Torah* as the core for discussions led by Rabbi Robert Eisen. Portions are in the administrative office or at www.caiaz.org/events-calendar/. There is no charge to attend. Bring your own dairy lunch; beverages and dessert are provided.

Open Mah Jongg play continues **Mondays, now 1:00 to 3:00pm**. All levels of experience are welcome, and we encourage men to play as well.

Mah Jongg cards for 2017 are being sold by Judy Fishman to benefit CAI's Women's League. When you buy your card from us, \$2.50 comes back to CAI's Women's League! Order deadline: **January 13** (\$8 standard size; \$9 large). For more information, contact Judy at 722-8562 or magicjudy1@gmail.com

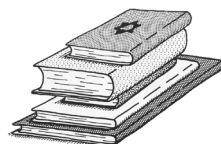
The **2016-17 Torah Fund** campaign continues. Torah Fund ensures our legacy to future generations of Conservative Jews by providing rabbis, cantors and educators and more. Contact Debby Eisen, Torah Fund 5777 Pin Chair, at 751-8361 (after 4pm) or debbylevy@aol.com for more information and how you can receive this year's beautiful Torah Fund pin!

Try something different on **Monday, February 20 at 6:00pm** in the Rabbi Breger Hall for a **Wine & Cheese "Happy Hour."** Hopefully, you can join us at 5:30pm Minyan in the Epstein Chapel, then partake in some socializing. Enjoy a nosh and a sip (or two!) and each other's company... just us "girls"! It's free for all Women's League members; guests \$5. Not a member yet? Join at this event! Non-alcoholic beverages available, too, and no RSVP needed. See you there!

For the first time, we will NOT have a Women's League Shabbat Service in January. Why? Because CAI offers women opportunities on an ongoing basis... women now fully participate in all aspects of the Shabbat service!

SAVE: Sunday, March 26, 10:30am for our annual BRUNCH & FASHION SHOW. Enjoy a catered brunch and a fashion show modeled by members of Women's League.

For more information about any class or event, contact Evelyn at 885-4102 or esigafus@aol.com



"Read It & Meet"

Monthly book discussions are held on Shabbat (**approx. noon**) and are open to all. Selected books by Jewish authors or with Jewish content are discussed and moderators facilitate discussions.

Please join us on **January 7** for *The Marriage of Opposites* by Alice Hoffman, with moderator Joni Belzer, and on **February 4** for *My Journey Across the American-Israeli Divide* by Michael B. Oren, with moderator Lily Brull.

For more information, contact Vicki Kaufman at vickauff@juno.com or Rayna Gellman at 887-8358.



Men's Club
of Congregation Anshei Israel

Men's Club

Enjoy fellowship and our delicious breakfast buffet as we welcome guest speaker, Phil Pepper, President of CAI's Board of Trustees, on **Sunday, January 29 at 9:30am** in the Cantor Falkow Lounge. There is no charge for Men's Club members; guests are always welcome for \$4.

For this year's "WORLDWIDE WRAP" on **Sunday, February 19 at 9:30am** in the Cantor Falkow Lounge, Men's Club members will speak to the 5th-6th Grade Religious School students about why they wear tefillin. The students will share what they have learned from the tefillin unit in their curriculum and demonstrate to the men how to wrap using their Build-a-Pair kits (an FJMC program). The event will include breakfast and a discussion, "Why I Pray and What Do I Expect From It?" All are welcome.



Should you have any questions about Men's Club, want to help or want to join, please contact Lew Crane at 400-9930 or catsfan1997@cox.net

Celebrating Becoming B'nai Mitzvah at CAI



Rachel Cate Lieberman

Jan. 14

Rachel is the daughter of Melissa Solyn & Scott Lieberman; the granddaughter of Richard Solyn & the late Rosemarie Solyn, and Laurie Lieberman and the late Sherman Lieberman; and sister to Sam. Rachel's Bat Mitzvah project involves bringing awareness to and mentoring the Downtown Engagement Choir of the Tucson Girls Chorus. A student at Esperero Canyon Middle School, Rachel's interests include ballet and music.



Ethan Andre Cohen

Feb. 18

Ethan is the son of Felicia & Ari Cohen; the grandson of Anita & Lyle Kaliser, and Rose & Brian Cohen; and brother to Katya and Liam. Ethan's Bar Mitzvah project involves volunteering at Handmaker, and donating items to Youth On Their Own. A student at Orange Grove Middle School, Ethan's interests include soccer, basketball, reading and movies.

Religious School & USY

There is a Kadima Kinnus at Camp Ramah, CA, **January 27-29** for 4th-6th Graders, and "Kadima-on-the-Go" on **Sunday, February 19**. We're going to AZ Air Time In-door Trampoline Park. Should be great fun!

Senior USY will attend a Kinnus in California **February 24-26**.

We will hold our Parent Havurah/Discussion Group on Sundays, **January 22 and February 5**, 10:00am - 12:00noon. We discuss relevant topics around Jewish parenting and join with other families to participate in synagogue life to build a vibrant and organic community among young families around the synagogue and to help shape your child's Jewish experience.

Religious School and THA children will celebrate Shabbat with song, learning and lunch at "Shabbat School" on **Saturday, February 11** at 9:00am.

Lastly, our 5th-6th Grade Religious School students will participate in the Men's Club **WORLD WIDE WRAP** on **Sunday, February 19** at 9:30am. See their column to the left on page 8.

REMEMBER:

NO RELIGIOUS SCHOOL Jan. 1, 3, 8, 15; Feb. 12 or 26

NO B'NAI MITZVAH CLASS Jan. 2 or 16

Watch your email for more information about all the events above, and feel free to contact me with your questions or concerns.

Rabbi Ruven Barkan
Education & Youth Director
745-5550, ext. 227, eddir@caiaz.org

Preschool/Kindergarten

Kindergarten Information Night for 2017-18 Class will take place **Wednesday, January 11** at 7:00pm in Room 10. Make an informed decision about your child's kindergarten experience! Meet teacher Ronnie Miller to learn about the coming year and curriculum in CAI's full-day kindergarten. Upon completion of our program, children are fully prepared to enter First Grade anywhere!

We're excited to sponsor "Parenting in Peace," a 4-week course that combines the Parenting with Love and Logic® Program with other well-known methods of empowering parents to create strategies that truly work. Two sessions from which to choose beginning **January 18**. All classes are 6:30-8:30pm at CAI. See insert for more information.

Our annual "Mom & Me" Breakfast is **Friday, February 3**, at 8:00am in the Rabbi Breger Hall. Children of the preschool/ kindergarten and their moms (or grandmas, aunts, etc.) can enjoy a breakfast buffet made by the dads. Watch your email and child's Shabbat bags for more information.

There is no Tot Shabbat in January, but save **Friday, February 3** for our Tot Shabbat Service & Dinner hosted by our 3-year-olds' class Giborim. (See page 2 for more information.)

There is a noon dismissal on **Friday, February 10** as the teachers have an in-service about bullying.

New this year, we are introducing an Usborne Book Fair in the school hallways **February 20-24**. Be sure to check it out!

REMEMBER:

NO SCHOOL Jan. 2-6; Jan. 16; Feb. 23-24

Feel free to contact me with your questions or concerns, or stop by my office.

Lynne Falkow-Strauss
Preschool/Kindergarten Director
745-5550, ext. 229, lynne@caiaz.org

PARENT-TOT CLASS • MONDAYS, 9-11AM

Open to the public, this FREE weekly class for children up



to 24-months in age and their parent(s) is a great way to meet other parents, exchange experiences, and provide an opportunity for the children to play together and engage in age-appropriate activities. The children also enjoy our park-

like playground and we read a book from PJ Library twice a month.

Facilitator Gabby Erbst has a Master's Degree in Education and is a mother of three young boys. Various experts from different fields of child development and child-care will visit to share their expertise and provide opportunities for discussions.

Feel free to bring your friends; it's open to everyone! (PLEASE NOTE: We have a mandatory vaccination policy.)

MAZEL TOV!

January Anniversaries

Date	Years
1 Beth & Alan Strauss	21
11 Sandra & Gerald Ross	58
12 Patricia Dumes-Zarin & Ira Zarin	30
13 Shana & Michael Amster	4
Debbie & Irving Rosenberg	15
15 Marianne & Allen Langer	33
20 Lori & David Jacobs	9
21 Sallie & Morton Kranitz	54
23 Jane & Jonathan Klein	46
28 Ronit & Michael Stern	10
30 Yael & Shlomo Neuman	52
31 Jeannie Fransen & David Youngerman	1

February Anniversaries

Date	Years
9 Lori & Hugh Stroube	14
11 Janice Wezelman & David Bartlett	38
Enid & Irwin Freedman	67
Ruth & Marvin Hoffman	62
Rosie Eilat-Kahn & Paul Kahn	23
16 Hyla & Gary Windham	14
17 Janis & Daniel Gasch	32
Alla & Howard Steinberg	9
19 Betty & Stanley Scott	56
20 Madeline & Barry Friedman	34
23 Marcia & Paul Simon	3
25 Anita & Danny Levkowitz	39
28 Dawn Moriarty & Len Steinberg	1

RECOGNITION

Fred Fruchthendler

recipient of a National Philanthropy Day Award
(nominated by JFCS of Southern Arizona)

Nicole Zuckerman-Morris

recipient of a National Philanthropy Day Award
(nominated by Tucson JCC)

ENGAGEMENT

David Direnfeld

son of Amy & Robert Direnfeld
grandson of Phyllis & Merrill Broad
grandson of Judith & Ted Direnfeld
to Abigail Gallen

WEDDINGS

Marjorie Levy

daughter of Susan & Richard Levy
to Jamie Stricklin

Brooke Neuman

daughter of Terry & Jerry Neuman
to Eggert Jonsson

Birth Announcement

This column features children, grandchildren and great-grandchildren of CAI members. The announcement and photo (if available) will appear in the issue of Kolenu within appropriate print dates. Please notify Michelle at 745-5550, ext. 225.

Alice Rottenstein

Born November 24, 2016

Alice is the granddaughter of Anna & Myron Rottenstein. (Parents: Aaron Rottenstein & Stephanie Bowers)



UPDATE: CAI TZEDAKAH BOXES



From **November 27, 2016 to Jan. 1, 2017**, Rabbi Eisen accepted your **CAI Tzedakah Boxes** for donation toward our sister synagogue, Shevet Achim in Gilo, Israel. All donations received via these boxes were matched!

Thank you to all those who brought in your boxes, picked up new boxes, and continue to support Shevet Achim.

Don't yet have a CAI Tzedakah Box? We have plenty ... come on in to get yours.

UPDATE

2015 FORD MUSTANG 50th Anniversary Edition

THE MILLIONS for TUCSON RAFFLE

CAI raised \$1450.00!

Congratulations, Betty Smith!

Congratulations to Betty Smith of Tucson! Jim Click drew her winning ticket at the Millions for Tucson Raffle on December 15, 2016, at the TCC Exhibition Hall and she has won a 2016 Ford Mustang Shelby GT350!

A very hearty congratulations to all 430 charities that participated this year raising almost \$900,000 for Southern Arizona charitable organizations.

The Millions for Tucson Raffle has now raised almost \$5 million over seven raffles - well done!

On behalf of the Click family, thanks so much for all the hard work you do in our community!

Honorable "Menschens"

TODAH RABAH TO:

Sarah Artzi, Judith Schultz & Linda Silverman
for proofing the November/December Kolenu

Amy Zuckerman & Morey Brown
for sponsoring the December 10 kiddush in honor of
their daughter, Talia, becoming a Bat Mitzvah

Betty Wilinsky
for sponsoring the December 17 kiddush in honor of
their son, Ellis, becoming a Bar Mitzvah

Marilyn Einstein
for sponsoring the December 17 Third Meal in honor of
her husband, Steve Sim's 65th birthday

MeMe Aguila
for co-sponsoring the December 24 kiddush in honor of
her son, David's Israel Journey

Melissa Solyn & Scott Lieberman
for sponsoring the January 14 kiddush in honor of
their daughter, Rachel, becoming a Bat Mitzvah

The wine, juice and challah at our
Kabbalat Shabbat Service are donated
In Memory of Moe and Roslyn Wolf by their family

SHARE YOUR



We welcome sponsorships — in whole or
part — toward Kiddush and/or
Seudah Shlesheet (Third Meal).

All contributions are acknowledged in
Kolenu. If you wish to honor someone or
simply to help, please call Debra Lytle
at 745-5550, ext. 242.



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Condolences

המקום ינחם אתכם

*Our condolences to this member who mourns
the loss of his loved one:*
Adam Klein - his mother, Arlene Klein

May the Author of Life Comfort the Mourners



Memorial Plaques have been installed for
Murray Rosenbaum
Sylvia Smith

~ Anshei Israel Memorial Hall ~
Installation of a memorial plaque is a beautiful way to perpetuate
the memory of a loved one. Each year on the anniversary
of your loved one's death, the synagogue will send you a
reminder of the Yahrzeit and light the light adjacent to
their memorial plaque. Call Debra at 745-5550, ext. 242 to make
arrangements or if you wish to reserve a space for the future.

DEALING WITH GRIEF AND LOSS?

Are you having difficulty dealing with grief and loss?
Perhaps it would be helpful to talk with a trained
counselor. A synagogue volunteer would be happy to
speak with you confidentially. Please call Norma Karp
at 299-3382.

DID YOU KNOW?



Shared transportation for affiliated and
unaffiliated Jewish seniors (60+) and adults
with disabilities is available to attend worship
services and other synagogue-sponsored
events and educational programs. Funded
by a grant from the JFSA, rides should be
scheduled 2 to 3 days in advance.

To schedule a ride, call 465-4323.

CONGREGATION ANSHEI ISRAEL DONATIONS

Donations made to Anshei Israel Funds enable our Synagogue to continue to carry out its work, thereby better serving our members. Please consider making a donation in honor of a relative or friend who may be celebrating a simcha or in memory of a loved one. This list reflects those donations made after the last issue's publication date. Todah Rabah to all.

Our Donation Form
is at the Front Desk
in the administrative office
AND
at www.caiaz.org
Notification cards are
sent for donations of
\$12 or more.

ART FUND

In honor of:

Eleanor & Don Jeck's grand-children becoming B'nai Mitzvot
Barbara & Gerald Goldberg

RABBI MARCUS BREGER ADULT STUDIES MEMORIAL FUND

In memory of:

Mother, Sara
Father, Ben
Joel Meyerson

MAURICE COHEN CHILDREN'S LIBRARY FUND

In memory of:

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Father, Eugene Spitzer
Elly Shapiro

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HONORING: BEA & JAMES

COLE, SES & MAURICE COHEN, JOSEPH KALL AND MARJORIE & ARCHIE MENDELSON

In memory of:

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Stewart Brodsky
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Billie Kozolchik
Father, Joseph Gladstone
Marjorie Mendelsohn Robinson

Speedy recovery of:

Myself
Steven, Karen, Jennifer & Jason Mendelsohn
Marjorie Robinson Mendelsohn

CANTORIAL SOLOIST DISCRETIONARY FUND

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Parents, Bryna & Alexander Stern
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General contributions:

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Judith Karen Holzer
Arlene Klein
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In honor of:

Amy & Robert Direnfeld's son's engagement
Terry & Jerry Neuman's daughter
Brooke's wedding
Vicki & Phil Pepper

In appreciation of:

An Aliyah
Enid & Irwin Freedman
Vicki & Phil Pepper
Dana & Larry Pepper

RABBI ROBERT EISEN'S DISCRETIONARY FUND

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Friend, Gary Willard
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Father, Sail
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Marc Horn
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Marilyn Yampolsky
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Alan Zehngut

In honor of:

Shabbat Honors
Lois Bodin & Herb Meshel
Linda Silverman's birthday
Gloria Hirsch

In appreciation of:

Congregation Anshei Israel
Dorit Adler
Rabbi Robert Eisen
Eunice Shafer
Esther Sherberg

General contributions:

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 Father, Rabbi Paul
Seymour Goodman
 Father, Rabbi S. Burr Yampol
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 Aunt, Jean Goldstein
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Murray Rosenbaum
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In honor of:
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In honor of:
Felice & Neil Brooks' daughter,
Alexis's marriage
Barbara & Michael Heisler
Sandra Tobin's grandson Yosef's becoming a Bar Mitzvah
Sherri & Steve Kamensky
Levi Mendel becoming a Bar Mitzvah

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Adeleine Horst
Sarah Ross

Judith & Ted Drenfeld's grandson's engagement
Dawn & Leonard Steinberg

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Naomi Smith
Father, Herbet
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Judy & Chuck Schultz
In honor of:
The birth of Barb & John Gould's grandson, Colt Neuman
Terry & Jerry Neuman's daughter, Brooke's marriage
Amy & Robert Drenfeld's son, David's engagement
Sharon & Richard Walton's daughter, Jessica's engagement
Judy & Chuck Schultz
Levi Mendel becoming a Bar Mitzvah

Evelyn Sigafus
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In memory of:
Son, Jerry
Pearl Stettner

*Donations made to
Anshei Israel Funds enable
our Synagogue to continue
to carry out its work,
thereby better
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Todah Rabah
~
Thank you

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The Ocotillo Early Learning Center serves children birth to seven-years-old of all abilities in an inclusive, nurturing and stimulating environment. With a campus of 500 children, 85% qualify for free or reduced lunch, 90% are Latino, and many families are single parents struggling with poverty and resources to support their children.



Congregation Anshei Israel is committed to helping these children throughout the school year.

Please donate: (for children ages 3 through 7)

- Gently-used or NEW children's warm coats
- NEW socks & underwear
- Gently-used or NEW children's books
- Gently-used or NEW children's games, puzzles & toys

Items may be dropped off in the marked box in the administrative office lobby.
Thank you!

"Found" Money for CAI:



By clipping "Box Tops for Education" coupons from specially-marked General Mills products, CAI's Preschool/Kindergarten receives 10 cents for each coupon!

Please drop your clipped coupons in the marked container in the administrative office lobby.

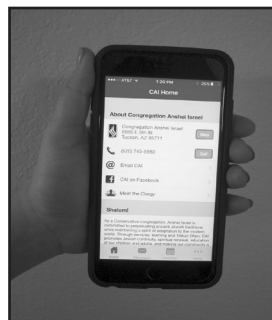


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Kolenu is published bi-monthly September - August. The deadline for all submissions is the first day of the month prior to the publication month. Ad placement & editing of submissions at CAI's discretion. For more information, contact Yvonne Ethier at 745-5550, ext. 231 or yvonne@caiaz.org

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