



# KOLENU

"Our Voice" The Newsletter of Congregation Anshei Israel

March - April 2016 — Adar I / Adar II / Nisan 5776

Volume 69 Number 4



~ See insert to learn how you can join us! ~



*Participate in one of Judaism's most beautiful  
and meaningful festivals.*

**PASSOVER  
5776**

See center section for details  
about Passover at CAI.

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# KOLENU • קולנו

"Our Voice"

The Newsletter for Congregation Anshei Israel



## Congregation Anshei Israel

A Conservative Synagogue affiliated with  
The United Synagogue of Conservative Judaism

5550 East Fifth Street • Tucson AZ 85711  
(520) 745-5550 fax (520) 745-9058  
www.caiaz.org

### MISSION STATEMENT

Congregation Anshei Israel shall serve as a source of spiritual, educational, and social enrichment in order to encourage and ensure Judaic values in accordance with the Principles of Conservative Judaism.

### CONTACT INFORMATION

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# Shalom

## Talmud on Tuesday

Learn about the law and lore in the "sea" of Talmud with Rabbi Robert Eisen as we dig deep into the "who, what, where, when, why and how" of living Judaism. Join us in the Epstein Chapel **immediately following 5:30pm Minyan.**

## Weekday

### Torah Study Group

Led by Rabbi Robert Eisen, this informal study group can lead to lively discussion. Held **Wednesdays** in the Library, **11:00am to 12noon.**

## Tot Shabbat

### Service and Dinner

For families with young children, Rabbi Robert Eisen holds a special Tot Shabbat Service with stories and songs **the first Friday of most months at 5:45pm** on the Bimah in the sanctuary. **(The March 4 service will be extra special** as all families in CAI's Preschool/Kindergarten will be there, and we'll enjoy a musical performance by the children led by music specialist Susan Kravitz!) A kid-friendly Shabbat **dinner follows at 6:15pm.** Dinner is \$25 per family (two adults and up to four children); Additional adults \$10 per person. Reservations are needed for dinner only to Kim at 745-5550, ext. 224. The next Tot Shabbat is on **April 1.**

## Kiddie Corner

One of the most important values we can share is Shabbat, especially the importance of Shabbat worship, because families should be together on Shabbat.

But, should your little one(s) get restless, we offer our "**Kiddie Corner**" in Rabbi Breger Hall, for our little ones and their parents/guardians who wish to be a part of Sanctuary services. Services are broadcast into Rabbi Breger Hall so parents can listen, see, and participate in the service, as their children relax and play with Shabbat-friendly toys and books.

## Neshamah Minyan:

*A Service of and for the Soul*  
**Saturdays, Feb. 27, Mar. 5 & 12**  
**9:30-10:30am**

Every week the Shabbat morning service is beckoning us through the doorway of prayer and meditation to a profound experience of ourselves, our world, and God. Let's step through the doorway together. This series will guide those steps, deepening your relationship with the service while developing practices and understandings that you can take back with you into any morning service and, indeed, your day-to-day life.



Join Jordan Wiley-Hill, storyteller and founder/director of The Mindfulness Education Exchange, to learn how to raise your prayer experience (and yourself as well) "ever higher."

## Shabbat Afternoon Torah Study

Torah discussions are held **every Saturday, one hour prior to the Mincha Service.** This is a great opportunity to become more involved in "Living Judaism" and your congregation. Times of study are listed on the calendar in each issue of *Kolenu*. If you would like to lead a Torah discussion or for more information, call Michelle at 745-5550, ext. 225.

## Family Shabbat Service & Dinner

Please join us for our Family Shabbat celebration at 5:45pm on **Fridays, March 18 and April 15.** This interactive and upbeat Shabbat service incorporates fun-spirited melodies and family-themed activities, followed by Shabbat dinner and Open Lounge in the Youth Center with games and fun. Dinner is \$25 per family (two adults & up to four children) and/or adults (13+) \$10 per person. Reservations are needed the Monday before. Visit [www.caiaz.org](http://www.caiaz.org) or call Kim at 745-5550, ext. 224.

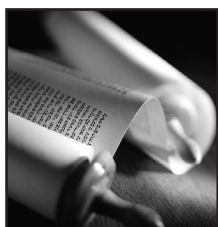
## Heritage Shabbat

On Saturday, March 19, as part of the 9:00am service, we will give thanks to the generations that gave of themselves to establish and preserve our congregation for the last 86 years, and look forward to all the good things yet to come.

We will honor our Past Presidents, and hear from a number of congregants who will share their memories of how we came to be who we are ... and who/what it is we yet can be.

Symbolically, as part of our morning, we will also dedicate the Rabbi Lee and Jane Kivel Foyer, the beautifully refurbished entry way to our Synagogue ... and rededicate ourselves to everything we stand for and for all who enter through our doors.

Plan to join us for this very special moment in the life of our congregation.



### *Targum Shlishi*

**Saturday, Feb. 20, 12:00pm**

**Topic: The Environment ...  
Judaism and Ecology**

**Saturday, Mar. 19 12:00pm**

**Topic: Gun Control & Jewish Law**

We are taught to read the Torah Portion of the week, each week, twice: In/From the Torah text (Shnayim Mikra), and again in translation (Targum Shlishi) to ensure that we understand both the form and the function of Torah – what it teaches, and how it can be applied. The discussion will follow the Kiddush helping us to discern exactly how we can apply Torah in our world today with regard to important/critical issues. Topics will be introduced through texts, case studies (where appropriate) and opportunities for discussion.

## Shabbat Under the Stars

Join us for an intimate Shabbat service on Friday, March 25 at 5:45pm on our beautiful Rabbi Arthur Oleisky Courtyard patio (in lieu of the Epstein Chapel). The opportunity to worship outside enables us to better encounter nature, and to remind ourselves that any space can become sacred through the manner in which we use it. Come and help us expand our “worship zone” as we welcome Shabbat.

## ARBA PARSHIOT: Special Sabbaths

During the month or so before Passover, four Shabbatot are characterized by special Maftir readings, called the Arba Parshiot [four Torah portions], which relate thematically to Passover or Purim: Shabbat Shekalim, Shabbat Zakhor, Shabbat Parah, Shabbat Hahodesh, Shabbat Shekalim and Shabbat Zakhor.

### SHABBAT SHEKALIM (March 4 & 5)

Shabbat Shekalim, which takes place the Shabbat prior to Rosh Chodesh for the month of Adar or on Shabbat Rosh Chodesh Adar itself, is named for the maftir reading, Exodus 30:11. The maftir describes a census requiring every Israelite man to contribute a half shekel to support communal sacrifices in the portable tent of Meeting and later at the Temple. The egalitarian nature of this contribution is emphasized — “the rich shall not pay more, and the poor shall not pay less than half a shekel.” The requirement that all individuals contribute equally to the community helped develop a sense of unity crucial to the new nation created by the Exodus.

In the special haftarah, 2 Kings 11:17-12:17, King Yehoash commanded that all money brought to the Temple be used for its repairs and renovations — both the required contributions and the free-will offerings. Shabbat Shekalim occurs about a month before Passover as a reminder that the due date for the half-shekel contributions was approaching, on 1 Nisan, a month later. Some people contribute to an institution of Jewish learning in remembrance of the half shekel.

### SHABBAT ZAKHOR (March 18 & 19)

Shabbat Zakhor, whose maftir reading, Deuteronomy 25:17-19, is an admonition to remember Amalek, the nation that surprised the Israelites wandering in the desert after the Exodus from Egypt with a rear attack on the stragglers. The Israelites constituted no military threat, leading some Jewish commentators to view Amalek as rebels against God, because they were trying to destroy the Israelites. God commands the Israelites, therefore, that when safely settled in Palestine, “You shall blot out the memory of Amalek from under heaven.”

The Torah instructs Jews to “remember Amalek,” a commandment fulfilled each year by publicly reading this passage on the Shabbat before Purim, because Haman, the arch-villain of the Scroll of Esther [*megillat Esther*], who tries to kill the Jews of Persia, is an Amalekite. The haftarah reading is I Samuel 15:2-34, which describes Saul’s war with Amalek.

### SHABBAT PARAH (April 1 & 2)

Shabbat Parah, the Sabbath of the Red Heifer, occurs on the Shabbat prior to Shabbat Hahodesh of the month of Nisan. The maftir reading, Numbers 19:1-22, deals with the red heifer whose ashes were combined with water to ritually purify anyone who had been in contact with a dead person. Because only people who were pure could eat from the Passover sacrifice, a public announcement right before Nisan reminded anyone who had become impure to purify themselves before making the Passover pilgrimage to Jerusalem.

The haftarah, Ezekiel 36:16-38, also deals with issues of being cleansed from contamination, but the impurity in this case symbolizes human sinfulness. But, like physical impurity, sins can be overcome. As God says in Ezekiel 36:25,26: “I will sprinkle clean water upon you, and you shall be clean: I will cleanse you from all your uncleanness and from all your fetishes [idolatrous practices]. And I will give you a new heart and put a new spirit into you.” This renewal of self and nation reflects Passover’s theme of redemption.

### SHABBAT HAHODESH (April 8 & 9)

Shabbat Hahodesh occurs either on the Shabbat before Rosh Hodesh Nisan or on Rosh Hodesh itself. The maftir reading is Exodus 12:1-20, which details eating the Passover sacrifice, with “your loins girded, your sandals on your feet, and your staff in your hand”; eating bitter herbs and unleavened bread; and putting blood on the doorposts; and it lists the Passover laws.

The first day of Nisan is also important as the occasion for God’s first commandment, sanctifying the new moon, which begins the Torah reading, “This month shall mark for you the beginning of the months; it shall be the first of the months of the year for you.” This commandment moved the determination of months from God’s agenda into the hands of the Jewish people, giving them control over time and the theological/liturgical cycle. The haftarah, Ezekiel 45:16-46:18, describes the sacrifices that the Israelites are to bring on the first of Nisan, on Passover, and on other festivals in the future Temple.

~ cont. on page 4 ~



## ARBA PARSHIOT:

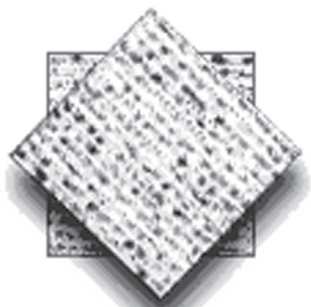
### Special Sabbaths

~ cont. from page 3 ~

#### SHABBAT HAGADOL (April 15 & 16)

The Shabbat before Pesah is called Shabbat HaGadol, the Great Sabbath. As the Israelites were preparing to leave Egypt, God commanded them to select a lamb that would serve as the Passover sacrifice. This mitzvah, or commandment, required the Israelites to actively participate in the redemption from Egypt. The name Shabbat HaGadol literally comes from a verse in the day's haftarah, Malachi 3:4-24. "Lo, I will send the prophet Elijah to you before the coming of the awesome, fearful day of the Lord," which alludes to a messianic future.

The past redemption at Passover is tied to the future messianic redemption, which, according to tradition, will also take place on Passover. Traditional practices on Shabbat HaGadol include reciting special hymns about the laws of Passover, reading the part of the Haggadah that begins with Avadim Hayinu, "We were slaves," and listening to the community's outstanding Torah scholar address the congregation on the laws of Passover.



#### "Matza and More" Passover Food Drive March 13 - April 12

CAI's Religious School is coordinating this community drive for Jewish Family & Children's Services to assemble Passover baskets for families in need. We are responsible for 300 boxes of matza, and are also accepting other kosher-for-Passover food items. Please bring items to the marked box in the lobby outside the administrative office. Questions? Contact Rabbi Barkan at 745-5550, ext. 227.



## Daily Minyan Services & "Jewry" Duty

Our Minyan is expected to be there when someone needs to say *Kaddish*. We hope you will consider being there for others, as there are occasions when it is difficult to get a *Minyan*. Along with your "Jewry Duty," we ask that you consider committing to being part of the *Minyan* at least one morning or afternoon per month on a regular basis. Service times are on the calendar in each newsletter and on the synagogue's web site, [www.caiaz.org](http://www.caiaz.org). Shown below is a combined list of Minyan attendees and those fulfilling their "Jewry" Duty during December 2015 and January 2016. *Todah rabah!*

MeMe Aguila  
Ellen Alster  
Murray Baker  
Adina Barkan  
Kathy Hays &  
Jerry Barkan  
Morris Barkan  
Bill Becker  
Burt Becker  
David Ben-Asher  
Meryl Bressler  
Phyllis Broad  
Barbara Brodie  
Miriam Cline  
Bob Cohen  
Rabbi Helen Cohn &  
Dennis Dawson  
Lew Crane  
Judy & Ted Direnfeld  
Andy Douglas  
Arlene Epstein  
L. Elliott Farber  
Hedy Feury  
Judy & Cary Fishman  
Eric Flank

Enid & Wynn Freedman  
Simon Fried  
Carol & Art Glass  
Bertie Levkowitz Herz  
& Tom Herz  
Barbara & Michael Heisler  
Gloria Hirsch  
Marty Johnston  
Jane & Jon Klein  
Marianne Langer  
Jerry Lapin  
Aaron Leonard  
Mark Levine  
Myles LeVine  
Barbara Levkowitz  
Scott Lewis  
Faylene Lictor  
Wally Marcus  
Ziva Mason  
Levi Mendel  
Michael Mendel  
Pamela & Stuart Mendel  
Arnold B. Merin  
Lois Bodin & Herb Meshel  
Marleen Miller

Tidi Ozeri  
Bea Paulus  
Joy Peskin  
Jane Poliakoff  
Evonne Ravitz  
Patti Salonic  
Trudy & Howard Schwartz  
Sarah Segal  
Evelyn Sigafus  
Michelle Sigafus  
Linda Silverman  
Marilyn Einstein &  
Steve Sim  
Steve Singer  
Moshe Toister  
Melissa Truelove  
Art Weinenger  
Carl Weinstein  
Jerry Wolf  
Joanne Wolf  
Phyllis Wolf  
Robert Wolk  
Arthur Zoref

## Thank you to our "Yad Squad"

(Those who read Torah and Haftarah in December 2015 and January 2016)

Malka Abraham  
Joshua Anbar  
Lois Bodin  
Nichole Chorny  
Edie Cotton  
Leah Cotton  
Jennifer Dorfman  
Matt Dubin  
Rebecca Dubin  
Shira Dubin  
Sheeri Eilat  
Rabbi Robert Eisen

Margo Gray  
Richard Green  
Pamela Heiman  
Marshall Heyman  
David Jurkowitz  
Lisa Jurkowitz  
Katherine Leonard  
Natalie Leonard  
Scott Lewis  
Ziva Mason  
Nancy Ozeri  
Noah Pensak  
Phillip Pepper

Hannah Peskin-Owens  
Helen Rib  
Elana-Beth Rosen  
Donna Saffioti  
Leonard Schultz  
Steve Seltzer  
Macy Sigafus  
Kim Spitzer  
Ryan Spitzer  
Alan Strauss  
Moshe Toister  
Arthur Zoref

## OUR NEW MEMBERS

Please warmly

*Welcome*

Carrie Gottschalk & Zachary Clark  
Jeannie Fransen & David Youngerman



### ***Interfaith Families Warmly Welcomed***

Congregation Anshei Israel welcomes all who seek the spiritual comfort found within our sacred community.

We warmly welcome interfaith families and encourage them to participate in as much synagogue life as they choose within the framework of Conservative Judaism.

For more information, pick up a brochure at the Shalom Cart or at the front desk in the administrative office. It is also accessible at [www.caiaz.org/resources](http://www.caiaz.org/resources) as part of CAI's "Myths vs. Facts" program.

## KNOW SOMEONE NEW TO TUCSON?

If you know someone new to the Tucson community who you believe would be interested in finding out about CAI, please contact Barb Gould at 745-5550, ext. 242 so that we can speak to them about all of the many religious, spiritual, educational and communal opportunities the synagogue has to offer!



**American  
Red Cross**

### **PIKUACH NEFESH - Preserving Life**

Over the past 11 years the participants at CAI's semi-annual Blood Donor Drives have helped hundreds of patients. Sincere appreciation to the volunteers and donors at the January 14 Red Cross collection for providing 34 units of blood, tying our record for the third time! A Red Cross staff person reported that he looks forward to working at Congregation Anshei Israel because our participants are so cordial and positive compared to other drive locales. Isn't that nice to know? These volunteers helped make this drive a success: Shirley Goldberg, Ron Isaacs, Ron Karp, Vicki Kaufman, Steven Ketchel, Sandra Lictor, Wally Marcus, Marleen Miller and Abby Rosen. Watch for a notice for our summer drive.

**Margo Gray, Blood Drive Coordinator for the CAI Social Action Committee**

*P.S. Margo Gray's efforts over the years in coordinating CAI's blood drives cannot be stressed enough. She recently received a Certificate of Appreciation from the American Red Cross for being an outstanding "Summer 2015 Blood Drive Coordinator." Thank you for all you do, Margo.*

## Synagogue Life Council

The last meeting of the Synagogue Life Council (SLC) was held on January 11 and was dedicated to planning for January through July of this year. We presented new ideas, shared favorite events that we would like to do again, and discussed how to change some events to make them more interesting. We have some interesting things coming up.



On January 30, I was honored to sit on the Bimah during the annual Women's League Shabbat service representing the Board of Trustees and the (SLC). The entire service was conducted by the women of our congregation, and the level of participation and the accomplishment of the women who took part was exceptional! I want to thank Evelyn Sigafus, Rayna Gellman and all the women who participated in and planned this beautiful service and special kiddish. (The Women's League is an affiliate of the Synagogue Life Council.)

Thank you to Rabbi Robert Eisen and Gerald Barkan for organizing our third annual "Wisdom of Jewish Tucson" adult education program in February. This year's program, "What We Need to Know About ... Islam, Mormonism & Catholicism" provided an opportunity for greater understanding and for interfaith conversations, and was very successful in doing just that.

The Community Engagement Committee, co-chaired by Linda Gorsky and Katherine Leonard, worked on two Shabbat events recently. On February 27, we honored all those who contributed to CAI's 85th Birthday Celebration held in May 2015. See page 3 for more information about Heritage Shabbat to be held on March 19.

All of the committees of the Synagogue Life Council, affiliate groups, the clergy and professional staff work hard to provide engaging programs, however, we also depend on volunteers to get things done. We need you to step up and volunteer, and to share your good ideas!

The next SLC meeting is March 14 at 7:00pm in the Cantor Falkow Lounge. Meetings are always open to the congregation ... please consider attending and getting involved.

**Kathy Hays, SLC Chair**  
**615-1150, [krhays2000@yahoo.com](mailto:krhays2000@yahoo.com)**

# C A T C H I N G   U P . . .

## “Casino Night” • Jan. 23



Thank you to everyone who attended, supported and helped plan this wonderful evening to benefit CAI's Preschool/Kindergarten!

Event Co-Chairs: Avi Erbst & Nicole Zuckerman-Morris

PAC Co-Chairs: Debra Lytle & Valorie Douglas

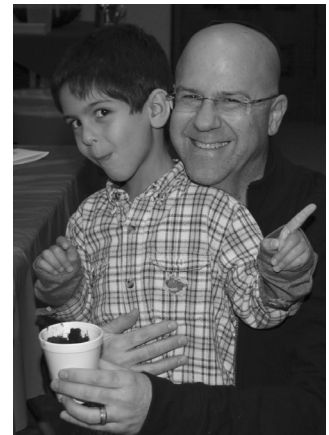
And our many, wonderful sponsors:

Avi Erbst  
Zuckerman Family Foundation  
Jim Click Automotive  
Gadarian & Cacy, PLLC  
Jewish Federation of  
Southern Arizona  
Radiology Ltd./Drs. Tracy &  
David Jeck  
Congregation Anshei Israel  
Felicity Oppenhoppin  
The Ehrenpreis/Lytle Families  
Rabbi Robert Eisen  
AZ Pest Control /  
The Tennenbaum Family  
Chardukian-Goldstein Investment  
Group / The Goldstein Family

Doctor Smiles Orthodontics /  
Marisela Bedoya  
The Diamond Family  
Great Grins Children's Dentistry  
Jeffrey DuBois, DDS  
Steve Kippur  
Lexicon Medical Supply /  
The Bell Family  
Mimi & Papa  
Roadrunner Office Supply  
Transamerica /  
Craig Nochumson  
Tucson Auto Sales /  
Shelby Silverman



## Tu B'Shevat Seder • Jan. 24





# COMING UP . . .

## DON'T MISS THE INSERTS FOR MORE EVENT INFORMATION

### ~ ADULT EDUCATION KOLLEL ~



### "NOT YOUR GRANDCHILDREN'S PURIM"

**Wednesdays, March 9 & 16  
7:00 - 9:00pm**

Join us as Rabbis Robert Eisen and Ruven Barkan delve into what Purim is really about and why it is so important to reclaim its form and function as adults. It's not all hamentaschen and groggers!

**7:00pm** "The Rest of Esther" with *Rabbi Robert Eisen*  
Review of the Additions to the Book of Esther found in the Apocrypha, especially in terms of the questions and issues they address, and why they were not included as part of our scripture.

**8:00pm** "Mitzvah... or Not?!" with *Rabbi Ruven Barkan*  
Exploration of two "controversial mitzvot" connected with the Festival of Purim and look at what it is we "should" be doing.

**\$18 for 2-week series  
PLUS food donation for  
the Community Food Bank**  
(Please bring items  
to first class.)

**Please RSVP by Mar. 7  
Visit [www.caiaz.org](http://www.caiaz.org)  
or call 745-5550**

## This I believe



**Sunday, April 10 - 3:30-5pm  
Handmaker, in the Great Room**

Join us at Handmaker as Rabbi Yossi Shemtov, Rabbi Thomas Louchheim, and Rabbi Robert Eisen, representing the Orthodox, Reform and Conservative movements, discuss their basic beliefs, and then answer your questions. **Free and open to all.**

Light refreshments are included.  
Contact Nanci Levy at 322-3632 or  
[nlevy@handmaker.org](mailto:nlevy@handmaker.org) to RSVP.

**HANDMAKER**  
Assisted living. Skilled nursing. Memory care.  
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Jewish Community Foundation  
of Southern Arizona

Located at 2221 N. Rosemont Boulevard



### SEDER HEDER: ADULT STUDIES KOLLEL AND HAROSET TASTING Wednesday, April 6, 7:00-8:30pm

Participate in three rotating "mini" classes, followed by haroset tasting. (Each 20-minute class taught only once.)

- Rabbi Robert Eisen presents "Korech: The Hillel Sandwich... The Seder as a Remembrance of the Temple"
- Cantorial Soloist Nichole Chorney presents "Transforming Your Seder into a Song"
- Rabbi Ruven Barkan presents "The Moss Hagaddah: An Artistic Midrashic Exploration"

**Admission: One box of matza per family for the  
"Matza & More" Passover Food Drive.**

**RSVP requested by Apr. 1. For more information &  
to RSVP, call Michelle at 745-5550, ext. 225.**

**Sweet Tomatoes.**  
salads • soups • bakery  
**X Fun-Raiser X  
Night!**

**Thursday,  
April 21  
5:00-8:00pm  
6202 E.  
Broadway**

Where are you taking your family for your last bit of *hametz* before Passover? Sweet Tomatoes donates 15% of sales generated when diners present the special flyer enclosed in this issue of *Kolenu*.

Each flyer is good for everyone in your party ...  
We hope to see you there!

## CAI's Annual Meeting Monday, May 16

*Mark your  
calendar!*



**ISRAEL  
TRIP  
June 20-30, 2016**

**To be led by  
Rabbi Robert Eisen**

Explore and eat, sightsee and shop, learn and linger, and see the wonder of Israel: she is real!

**Interested? Contact Rabbi Eisen  
745-5550, ext. 230  
[rabbie@caiaz.org](mailto:rabbie@caiaz.org)**



## Women's League

Todah Rabah to Rabbi Robert Eisen for the opportunity for the women of our congregation to conduct the entire Shabbat service on January 30, and Yasher Koach to all our participants. A special thank you to

Rayna Gellman, Helen Rib and Malka Abraham for organizing the participants; and to Terry Williams, Marleen Miller and Gloria Hirsch for shopping and helping to prepare the Oneg Shabbat.

Let me to tell you about what Women's League has been up to lately. From on-going classes to fun activities (and classes that are fun), we've had a busy year! Many of you are members of Women's League and for that we say a collective "Thanks" for your ongoing financial support. My hope is that when you hear all that we do, more of you women will join us in the coming year. Some of you will offer to be **really** active by joining our board and maybe, **just maybe**, you'll become president or take on another office. (The same women have been doing their positions on the board for the past 6 to 8 years and even longer!)

Women's League continues to sponsor, under the leadership of Vicki Kaufman and Rayna Gellman, our "Read It & Meet" book discussion group which shares books based on either Jewish content or those by Jewish authors (see column below right).

Every Monday 10:00am to 12:00noon we hold open Mah Jongg play. This is for everyone... yes, men, too!

Thanks to Judy Fishman's efforts, we raised added funds by selling Mah Jongg cards. If you didn't order yours, they will be for sale in our Judaica Gift Shop later this spring.

Most first Mondays, we hold a Women's Torah Study group facilitated by Rabbi Eisen. The study materials are available online and at the front desk in the administrative office. The topics are always interesting and the discussion is stimulating and educational.



**Men's Club**  
of Congregation Anshei Israel

## Men's Club

The **Men's Club Shabbat Service** will take place Saturday, March 12 at 5:30 pm in the Epstein Chapel. Members of

Men's Club will help daven Shabbat Mincha, Ma'ariv and Havdallah Services. We ask that all current and potential Men's Club members participate. We will also sponsor the Third Meal that evening.

Please join us on Sunday, March 20 at 9:30am for our **Breakfast Meeting** with guest speaker financial planner Justin Limmer, who will share, "Keeping Your Financial Plans on Course." Includes delicious breakfast buffet. There is never a charge to attend breakfast meetings for Men's Club members; guests are always welcome for \$4. (Our next breakfast will be on Sunday, April 10. Guest speaker TBD.)

Now is the time for Men's Club to assemble and prepare the Yom Hashoah Yellow Candles for mailing to members of CAI. This is a large undertaking and we welcome your help. If you can volunteer a few hours, please let us know.

Should you have any questions about Men's Club, want to help or want to join, please contact Lew Crane at 400-9930 or [catsfan1997@cox.net](mailto:catsfan1997@cox.net)

## Women's League - continued

Gentle yoga class is held every Wednesday at 9:30am for a nominal fee. Speaking of keeping fit, thank you to Stephanie Roberts for leading a group of women this past June in a water aerobics class.

Our well attended paid-up membership luncheon not only thanked you, our members, but we honored and thanked the women who work at Congregation Anshei Israel and all those volunteers under the expert and caring leadership of Phyllis Becker, who has operated the Judaica Gift Shop for what seems like forever! Our children, the next generation, are the beneficiaries of the proceeds of **you** shopping there. Stop by, take a look, and buy! If you haven't been in for awhile, we have many lovely new items.

Have you seen the term "SWEET" lunch? Wonder what it means? We gather for friendship – "sassy women eating elegantly together." If you are a woman, come join us; we hold the lunches every couple of months.

The Torah Fund campaign, thanks to Debbie Eisen and Marianne Langer, has raised much-needed funds to support the Conservative Movement's schools to educate our future rabbis, cantors, teachers and lay leaders.

**We do a lot, but we cannot do it alone.** We need leadership to continue our work. We appreciate the occasional help, but we also need some of you to step up and take on offices. Yes, we need you, women of our congregation, to do more. If you aren't current in your dues, then join. Join the board, become an officer, help in the Judaica Gift Shop, learn its operation, plan and execute a program or class. In other words, don't sit on the sidelines, become an active participant.

From *Pirke Avot*, we learn:

If I'm not for myself, who is for me?

If I'm only for myself, what am I?

If not now, when?

**The "when" is now.** If we are to continue, we need leadership. We need you. For more information about Women's League and how YOU can help it to thrive, contact Evelyn at 885-4102 or [esigafus@aol.com](mailto:esigafus@aol.com)



## "Read It & Meet"

Selected books by Jewish authors or with Jewish content are discussed. Most discussions take place on Shabbat (**approx. noon**) in the Epstein Chapel and moderators facilitate each discussion. "Read It and Meet" is held most months and is open to everyone.

Please join us on the following dates to discuss these books:  
**Mar. 5 • *The Unamericans*** by Molly Antopol, with moderator Vicki Kaufman

**Apr. 2 • *Thirteen Days in September*** by Lawrence Wright, with moderator Lily Brull

For more information, contact Vicki Kaufman at [vickauff@juno.com](mailto:vickauff@juno.com) or Rayna Gellman at 887-8358.



## Celebrating Becoming B'nai Mitzvah at CAI



### Eric Joseph Stevenson Saffioti Mar. 5

Eric is the son of Donna Saffioti; the grandson of the late Gail Stevenson & Anthony Saffioti, and Gale Schaffroth & the late Edward Schaffroth; and brother to Jarrod Michael. Eric's Bar Mitzvah project involves tutoring 6th Grade students at Desert Sky Middle School. A student at Desert Sky Middle School, Eric's interests include math, biking, hiking & playing Scrabble.



### Hannah Elisabeth Lehrfeld Mar. 12

Hannah is the daughter of Jennifer & Darren Lehrfeld, and the granddaughter of Ronna Secker & Harvey Lehrfeld. Hannah's Bat Mitzvah project involves volunteering with 13 different organizations through the National Charity League. A student at Esperero Canyon Middle School, Hannah's interests include reading, music, basketball and student council.



### Laci Mae Rosen • Mar. 26

Laci is the daughter of Elana-Beth Rosen & Paul Hetzinger, and sister to Sara Blakeslee. Laci's Bat Mitzvah project involves volunteering at TRAK (Therapeutic Ranch for Animals & Kids). A student at L.W. Cross Middle School, Laci's interests include basketball, Kadima, guitar and animals.



### Rebecca Suzanne Frankel Apr. 2

Rebecca is the daughter of Sally & Geoff Frankel; the granddaughter of Teresa & Richard Thrush, and Susan & Jeff Frankel; and sister to Geoffrey. Rebecca's Bat Mitzvah project involves teaching students at Dunham Elementary School about caring for horses. A student at Gridley Middle School, Hannah's interests include 4-H.

The Board of Trustees is proud to announce the receipt of \$3,703 representing a Jewish Federation of Southern Arizona grant towards CAI's Religious School. This grant is evidence of the Federation's commitment to the youth of our Tucson Jewish community. Congregation Anshei Israel greatly appreciates its partnership with the Federation in this and other joint endeavors. Phil Bregman, a past president of CAI, currently chairs the Federation's Synagogue/Federation Dialogue task force, a group focused on open communication among Tucson's Kehillot and the Federation, which fostered the consideration of this grant.

## Preschool/Kindergarten

Thank you to everyone who supported our "Casino Night" fundraiser on January 23. What a wonderful night! (See page 6 for some photos.)

All families in CAI's Preschool/Kindergarten and **all families with young children** are invited to share our **Schoolwide Tot Shabbat Service & Dinner** on Friday, March 4, beginning at 5:45pm in the Sanctuary with a special Kabbalat Shabbat Service led by Rabbi Robert Eisen to welcome the Sabbath with stories and a musical performance by the Preschool/Kindergarten children led by music specialist Susan Kravitz. At 6:15pm we'll share a kid-friendly Shabbat dinner. \$25 per family (2 adults & up to 4 children); additional adults \$10 per person. Please RSVP by Feb. 29 to Kim at 745-5550, ext. 224 or [edasst@caiaz.org](mailto:edasst@caiaz.org)

See Rabbi Barkan's article below so you can attend "**Are You Prepared for Purim**"? It will be a great time for all!

Our **BOGO (Buy One-Get One Free) Scholastic Book Fair** will be in the school halls March 23 - 25. With great story books for the children, you'll also find picture books, some recipe books, and some with Jewish themes.

Children are encouraged to come to school in costume for our **PK Purim Celebration** on Thursday, March 24 at 9:15am. The children will give a musical presentation, Rabbi Eisen will tell a Purim story, we'll have a costume parade and... eat hamentaschen!

Our **Model Passover Seder** will be held on Friday, March 18.

(Mar. 18 Parent-Teacher Conferences - No school;  
Apr. 8 Noon dismissal; Apr. 22-29 No school)

Feel free to contact me at 745-5550, ext. 229 or [lynn@caiaz.org](mailto:lynn@caiaz.org)

**Lynne Falkow-Strauss, P/K Director**

## Religious School & USY

Please join us on Friday, March 11, at 5:45pm as our 3rd Grade Religious School students lead the Shabbat service for the congregation and receive their very own copy of our siddur. This very special **Kabbalat Siddur Dedication** celebrates our students' Hebrew and Judaic accomplishments.

"**Are You Prepared for Purim**"? We have a great program planned for **parents and their children** of all ages at 9:00am on Sunday, March 13 beginning with Minyan in the Epstein Chapel. From 9:30-10:30am, "Mitzvah Making" will involve stations for baking hamentaschen, preparing Purim cards and packaging other goodies for Shalach Manot bags for the residents of Handmaker. At 10:30-11:15am, everyone will learn about Purim and its traditions through age-appropriate lessons. To round out the morning, from 11:15am-12:00pm, students will perform Purim shpiels, along with a song fest and food (including hamentaschen!). **This program is open to all Preschool/Kindergarten and THA families, too!** It's all free, but we need to know if you're coming. Please RSVP by March 10 to me at 745-5550, ext. 227 or [eddir@caiaz.org](mailto:eddir@caiaz.org)

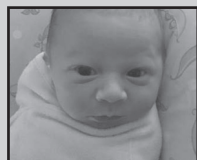
**SAVE** Sunday, April 3 for "Step-up" Kadima, Junior & Senior USY Day and Sunday, April 17 for our Passover Family Workshop and USY Chocolate Seder.

(No Religious School Mar. 27 & Apr. 24-30)

**Rabbi Ruven Barkan, Education & Youth Director**

## Birth Announcements

*This column features children, grandchildren and great-grandchildren of CAI members. The announcement and photo (if available) will appear in the issue of Kolenu within appropriate print dates. Please notify Michelle at 745-5550, ext. 225.*



**Gideon Pinhas Chorny**  
**Born January 23**

Gideon is the son of Nichole & Joel Chorny, the grandson Shawn & Aaron Hellman, & the great-grandson of Adrienne & Lawrence O'Hare.

**Penelope Chernock Goldberg**  
**Born January 28**

Penelope is the daughter of Larissa Chernock & Matthew Goldberg, & the granddaughter Barbara & Gerald Goldberg.



## COMFORT FOR BABIES & MOMS

We have a designated room for moms who wish to nurse their babies in a quiet private space. The bride's changing room (at the back of the Epstein Chapel) will comfortably accommodate one or two moms at a time.

## THE MITZVAH OF BIKUR HOLIM

Federal healthcare privacy regulations make it difficult for us to know when a member of CAI has been admitted to a hospital.

Become a partner in the mitzvah of Bikur Holim — visiting the sick — by advising our clergy when you, a relative, or a friend is hospitalized. We can stay informed ONLY if a family member or friend provides the information to us.

**PLEASE CALL 745-5550 to speak with:**  
Rabbi Robert Eisen, ext. 230 or  
Clergy Assistant Michelle Ollanik, ext. 225

## March Anniversaries

Date	Years
4 Jennifer & Seth Fox	11
5 Ofelia & Simon Fried	35
Billie & Boris Kozolchyk	49
9 Jennifer & Darren Lehrfeld	20
Nancy & Richard Weiss	31
14 Marylou & Norman Feiger	23
Astrid & Andrew Kowler	6
Michelle & Brent Sigafus	17
15 Eileen Barkan-Riley & Michael Riley	30
19 Esther & Lewis Harris	66
21 Valorie & Andy Douglas	7
Irene & Scott Glass	7
Shelly & Les Silberman	31
25 Dani & Phil Bregman	15
Lori & Jason Moore	10
27 Stacey & Zach Singer	5
28 Tara & Todd Rathner	17
30 Sarah & Leonard Schultz	47



## April Anniversaries

Date	Years
2 Norma & Ron Karp	50
7 Rosalyn & Edgar Katzenberg	70
Marilyn Peskin-Kaufman & Paul Kaufman	34
9 Melissa & Tedd Goldfinger	16
18 Amy & Ken Pugliese	18
25 Kerri Strug & Robert Fischer	6
28 Barbara & Peter Danes	14
29 Ellen Eichler-Grabell & Lawrence Grabell	21

## Mazel Tov!

### Engagement

#### Rachel Wolfe

granddaughter of Jack Plnnas  
to Dovid Gottesman

### Weddings

#### Alejandro Bien-Willner

son of Sara & Alberto Bien-Willner  
to Maytal Shay

#### Analyann Fassler

daughter of Neneng Fassler  
to Dmitri Vashkevich

#### Aaron Wolfe

grandson of Jack Plnnas  
to Moriah Orzach

### Recognition

#### Marta Ketchel

received the Peter J. Attarian Award from the  
Southern Arizona Psychological Association

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There are many targeted lists from which to choose, and you may be on as many lists as you like. And, you can change your preferences at any time and/or opt out of any list(s).

FYI: "Synagogue-wide Event Flyers" means that you will not receive hard copy flyers in the mail for most congregational events.

## Honorable "Menschens"

### TODAH RABAH TO:

**Phyllis Broad, Judith Schultz,  
Esther Sherberg & Linda Silverman**  
for proofing the January/February Kolenu

**Rosie & Paul Kahn**  
for co-sponsoring the January 23 Kiddush

**Mikhail Rabinovitch**  
for co-sponsoring the January 23 Kiddush  
in memory of Frida Chausovskaya

**Margo & Ron Gray**  
for sponsoring the February 13 Third Meal  
in honor of Ron's birthday

**Elana-Beth Rosen & Paul Hetzinger**  
for co-sponsoring the March 26 Kiddush  
in honor of daughter, Laci, becoming a Bat Mitzvah

**Sarah & Leonard Schultz**  
for co-sponsoring the March 26 Kiddush  
in honor of their anniversary

**Hedy Feuer**  
for donating pots for the kitchen

**Stan Lehman**  
for donating Judaica for the new foyer cabinet

**Robin Pozez**  
for donating prizes for the Mah Jongg Tournament

**Premier Printing**  
for donating large box of card stock

The wine, juice and challah at our  
Kabbalat Shabbat Service are donated  
*In Memory of Moe and Roslyn Wolf* by their family

### SHARE YOUR SIMCHA!

We welcome donations — in whole or part — toward  
Kiddush and/or Seudah Shlesheet (Third Meal). All  
contributions are acknowledged in *Kolenu*. If you want  
to help, please call Barb at 745-5550, ext. 242.

## Condolences

### המקום ינחם אתכם

*The congregation mourns the loss of our member:*  
**Harvey R. Gold**  
**Robert Ross**

*Our condolences to these members who mourn  
the loss of their loved ones:*

Melanie Amhowitz - her father, Paul Robert Gale  
Bobbie Feig - her brother, Ken Gerst  
Bruce Frent - his father, Robert Frent  
Kathy Gerst - her father, Ken Gerst  
Aletha Kalish - her brothers, Michael & Otto Lukert  
Sara Ross - her husband, Robert Ross

*May the Author of Life Comfort the Mourners*



*Memorial Plaques have been installed for*

**Meta Cohen**  
**Joseph Davidson**  
**Miriam Davidson**  
**Janet Deutch**  
**Abraham S. Fried**  
**Barry Green**  
**Evelyn Heyman**  
**Harry E. Heyman**

*~ Anshei Israel Memorial Hall ~*

Installation of a memorial plaque is a beautiful way to perpetuate  
the memory of a loved one. Each year on the anniversary  
of your loved one's death, the synagogue will send you a  
reminder of the Yahrzeit and light the light adjacent to  
their memorial plaque. Call 745-5550, ext. 242 to make  
arrangements or if you wish to reserve a space for the future.

## DEALING WITH GRIEF AND LOSS?

Are you having difficulty dealing with grief and loss?  
Perhaps it would be helpful to talk with a trained counselor.  
A synagogue volunteer would be happy to speak with you  
confidentially. Please call Norma Karp at 299-3382.



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# CONGREGATION ANSHEI ISRAEL DONATIONS

Donations made to Anshei Israel Funds enable our Synagogue to continue to carry out its work, thereby better serving our members. Please consider making a donation in honor of a relative or friend who may be celebrating a simcha or in memory of a loved one. This list reflects those donations made after the last issue's publication date. Todah Rabah to all.

**Our Donation Form**  
is at the Front Desk in the  
administrative office AND  
at [www.caiaz.org](http://www.caiaz.org)  
Notification cards are  
sent for donations of  
**\$12 or more.**

## RUTH & STANLEY BARLIN BAR/ BAT MITZVAH ENRICHMENT FUND

**In memory of:**  
Step-father, Stanley Barlin  
Patti Salonic  
Sister, Teddi Barlin  
Ruth Goldin

## RABBI MARCUS BREGER ADULT STUDIES MEMORIAL FUND

**In memory of:**  
Mother, Simonie  
Tom Anyos  
Father, Samuel  
Barry Bernstein  
Father, Sidney  
Henry Morgen

## MAURICE COHEN CHILDREN'S LIBRARY FUND

**In memory of:**  
Mother, Lea Alterman Levin  
Mara Levin

## CAMP RAMAH FUND

**HONORING: BEA & JAMES  
COLE, SES & MAURICE COHEN,  
JOSEPH KALL AND MARJORIE &  
ARCHIE MENDELSON**

**In memory of:**  
Mother, Bea  
Father, James  
Harold Cole  
Mother, Sadye  
Malcolm Levin  
Father, Irving  
Stuart Brodsky  
Father, Hyman Lewis Harris  
Ruth Aronoff  
Father, Morton  
Richard Rosen  
Father, Joseph  
Stephen Seltzer  
Husband, Archie Mendelsohn  
Betejoy & Rabbi Arthur Oleisky's  
son  
Marjorie Mendelsohn Robinson  
**In honor of:**  
Rami Aizic & Mason Sommer's  
marriage  
Jean & Marvin Glassberg  
Ryan Spitzer becoming a Bar  
Mitzvah  
Bob Cohen  
David Ben-Asher's years of service  
Sara Merriman

## CANTORIAL SOLOIST DISCRETIONARY FUND

**In memory of:**  
Sister, Rita Hirsch  
Nephew, Mark Hirsch  
Hannah Berg  
Maurice Hellman  
Jami & Scott Gan  
**In honor of:**  
Nichole & Joel Chorny's new son  
Evelyn & Michelle Sigafus

## CONGREGATIONAL FUND

**In memory of:**  
Mother, Dorothy Epstein  
Husband, Michael  
Judith Schneider  
Mother-in-law, Ida  
Father-in-law, Carl  
Aunt, Musia Shteinshleifer  
Fay Green  
Mother, Gertrude Wilens  
Enid Freedman  
Father, Henry Coren  
Helene Mittleman  
Father, Samuel Gelman  
Helen Rib  
Father, Norman Rofey  
Elaine & Leonard Grobstein  
Nichole Chorny's uncle  
Bruce Frent's mother & father  
Simon Fried's father  
Harvey Gold  
Aaron Hellman's brother  
Vicki & Phil Pepper  
Aletha Kalish's brothers  
Vicki & Phil Pepper  
Evelyn & Michelle Sigafus  
Janet Deutch  
Beth & Beatrice Mindlin  
Vicki & Phil Pepper  
Bertie Levkowitz's mother  
Vicki & Phil Pepper  
Susan Wortman & Jack Pinnas  
Lois Bodin's sister  
Linda & Jay Gorsky  
Vicki & Phil Pepper  
Abraham Fried  
Patricia Hale  
Sam Wolsky  
Sheldon Clare  
Vicki & Phil Pepper  
Helen Rib  
**In honor of:**  
Shelly Abell & Dan Weisz's new  
grandson  
Sara & Alberto Bien-Willner's  
son's marriage  
Phyllis & Merrill Broad's  
granddaughter's marriage  
Nichole & Joel Chorny's new son  
Neneng Fassler's daughter's marriage  
Myrna & Jim Frisch's new grandson  
Shawn & Aaron Hellman's new  
grandson  
Adrienne & Lawrence O'Hare's  
new great-grandson  
Jack Pinnas's granddaughter's  
engagement

## In honor of:

Jack Pinnas's grandson's marriage  
Monica Rudner's brother's marriage  
Art Weinenger's new great-  
grandson  
Vicki & Phil Pepper  
Evelyn Sigafus's granddaughter  
becoming a Bat Mitzvah  
Kimberly & Eric Spitzer's son  
becoming a Bar Mitzvah  
Naomi & Steven Spitzer's  
grandson becoming a Bar Mitzvah  
Linda & Jay Gorsky  
Ryan Spitzer becoming a Bar  
Mitzvah  
Fay Green  
**Speedy recovery of:**  
Bob Ross  
Enid & Wynn Freedman

## General contributions:

Othon Bojorquez  
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DISCRETIONARY FUND**  
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Mother, Gussie  
Berthold Lippel  
Mother, Julia Loewenstern  
Father, Kurt Loewenstern  
Judy Fishman  
Mother, Anna  
Grandfather, Hyman Pose  
Great-grandfather, Rabbi Samuel  
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 Father, Benjamin Solomon  
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 Mother, Sarah Spector  
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 Mother-in-law, Freda Vertlieb  
*Alan Zehngut*  
 Father, Ted  
*Dorit Adler*  
 Father, Irving Arnaw  
*Susan Cohen*  
 Father, Jacob Blody  
*Trudy Schwartz*  
*Frances June Simmons*  
 Father, Samuel  
*Lee Chutkow*  
 Father, Solomon Jacobson  
*Phyllis Katz*  
 Father, Herman  
*Ron Karp*  
 Father, Emmet  
*Thomas Newman*  
 Father, Philip  
*Leslie Silberman*  
 Father, Moe  
 Abraham Fried  
*Ricki & Jerry Wolf*  
 Wife, mother & grandmother, Renaye  
*Stanley Lehman*  
 Husband, Jacob Krever  
*Edith Haubert*  
 Husband, Alex  
*Ida Lebovic*  
 Grandmother, Mary Rickles  
*Phillis Gold*  
 Sister, Betty Denholtz  
*Harris Amhowitz*  
 Sister, Grace Fishman  
*Sara Block*

## In memory of:

Lois Bodin's sister  
*Janet & David Arffa*  
*Sandy & Jerry Ross*  
 Arlene & Howard Brody's  
 brother-in-law  
*Janet & David Arffa*  
 Janet Deutch  
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*Jane Kivel*  
*Evelyn Sigafus*  
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 Sam Wolsky  
*Joan Kleinerman*  
*Deborah Oseran & Bobby Present*  
**In honor of:**  
 Shelly Abell & Dan Weisz's new  
 grandson  
*Dorit Adler*  
*Terri & David Polan*  
 Myrna & Jim Frisch's new grandson  
 Shelley Pozez's engagement  
*Terri & David Polan*  
 Joan & Irving Belzer's 50<sup>th</sup>  
 anniversary  
*Ida Lebovic*  
 Judy Fishman's special birthday  
*Evelyn & Michelle Sigafus*  
 Irene & Ellis Friedman's new  
 grandchild  
*Deborah Oseran & Bobby Present*

## In honor of:

Alene & Brian Schwartz's  
 nephew's Bar Mitzvah  
 Naomi & Steve Spitzer's  
 grandson's Bar Mitzvah  
 Kim & Eric Spitzer's son's Bar  
 Mitzvah  
 Ryan Spitzer becoming a Bar  
 Mitzvah  
*Jeffrey David Reynolds*

## In appreciation of:

Rabbi Robert Eisen  
*Sandi Adler*  
*Phyllis & Merrill Broad*  
*Ophy & Simon Fried*  
*Aaron Hellman*  
*Leon Herman*  
*Carol & Gary Hurand*  
*Steven Morgen*

## General contributions:

*Iris Bernstein & David Karp*  
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*Barbara Yamada*

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## In memory of:

Sister, Esther Bee  
*Gilbert Epstein*

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## In memory of:

Mother, Ryva Berkowitz  
 Father, Nachman Berkowitz  
 Brother, Gary Berkowitz  
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## In memory of:

Father, Jacob Himmel  
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 Linda Roy  
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*Janis Krauss*  
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 Grandmother, Blanche Kahn  
*Adam Klein*  
 Husband, Jerome  
*Sarah Katz*  
 Husband, Louis  
*Helen Rib*  
 Shiffy Cohen  
 Betejoy & Rabbi Arthur Oleisky's son  
*Chaya & Harvey Jurkowitz*  
*The Kats Family*  
 Mother, Lillian Stern  
*Ronnie Sebold*  
 Father, Emanuel  
*Alvin Greenberg*  
 Sara Hallem  
*Laurence Silverman*  
**In honor of:**  
 Being called up for Aliyah  
*Al Stern*  
 Joan & Irving Belzer's 50<sup>th</sup>  
 anniversary  
*Chaya & Harvey Jurkowitz*  
 Shira Dubin becoming a Bat  
 Mitzvah  
*Leslee Conecoff-Gluck*  
 Barbara & Michael Heisler's new  
 granddaughter  
 Marshall Heyman's new  
 grandson  
*Lois & Ken Jacowsky*



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Ashley & Joshua Hurand's new son  
*Women's Cabinet of the  
Jewish Federation*

Margo & Gunther Marx's new  
great-granddaughter  
*Linda & Shelby Silverman*

Alyssa Silva's graduation from UA  
*CAI Preschool/Kindergarten Teachers*

Lisa Taussig's birthday  
*Yael & Shlomo Neuman*

## Speedy recovery of:

Husband, Art  
*Ruth Solomon*

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Mother, Ruth Levy Meyer  
Uncle, John Gerson  
*Arlene Tuller*

Mother, Ida  
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Dorie Sanfield

*Phyllis & Merrill Broad*

### In honor of:

Phyllis & Merrill Broad's  
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Mother, Freda

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Mother, Natalie Samuel

Father, Paul

Father, Edgar Samuel

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Father, Irving

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*Theodore Brodsky*

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*Arlene Tuller*

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## In memory of:

Grandfather, Martin Rosenberg

*Ruth Kolker*

Husband

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## General Contributions:

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Fay Green

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### In honor of:

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