



KOLENU

"Our Voice" The Newsletter of Congregation Anshei Israel

September - October 2015 — Elul 5775/Tishrei-Heshvan 5776

Volume 69 Number 1



May the sound of the shofar usher in a year of health and peace.

CONTENTS

Affiliate / Social Groups	pg 12
Coming Up	pg 11
Condolences.....	pg 15
Donations	pgs 16-18
Education.....	pg 13
The High Holy Days	pgs 6-11
Mazel Tov!	pg 14
Services & Torah Study.....	pgs 2-3
Social Action	pg 4
Synagogue Life Council.....	pg 5

INSERTS

- September / October Calendars
- AIPAC Event
- Women's League Application
- Men's Club Application
- JETCO

NEXT ISSUE

- Scholar-in-Residence
- Family Shabbat
- Hanukkah

KOLENU • קולנו

"Our Voice"

The Newsletter for Congregation Anshei Israel



Congregation Anshei Israel

A Conservative Synagogue affiliated with
The United Synagogue of Conservative Judaism

5550 East Fifth Street • Tucson AZ 85711
(520) 745-5550 fax (520) 745-9058
www.caiaz.org

MISSION STATEMENT

Congregation Anshei Israel shall serve as a source of spiritual, educational, and social enrichment in order to encourage and ensure Judaic values in accordance with the Principles of Conservative Judaism.

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Talmud on Tuesday

Learn about the law and lore in the "sea" of Talmud with Rabbi Robert Eisen as we dig deep into the "who, what, where, when, why and how" of living Judaism. Join us in the Epstein Chapel immediately following 5:30pm Minyan. We will meet on **September 1 and 8, 6:00-7:00pm**, then take a break until beginning again on **October 13**. There is no charge to attend.

Weekday

Torah Study Group

Led by Rabbi Robert Eisen, this informal study group can lead to lively discussion. Held **Wednesdays** in the Library, **11:00am to 12noon**. We will meet on **September 2 and 9**, then take a break until beginning again on **October 7**. Everyone is welcome!



Tot Shabbat Service and Dinner

For families with young children, Rabbi Robert Eisen holds a special Tot Shabbat Service with stories and songs **the first Friday of most months at 5:45pm (September 4 & October 2)** on the Bimah in the sanctuary. A kid-friendly Shabbat **dinner follows at 6:15pm**. Dinner is \$25 per family (two adults and up to four children); Additional adults \$10 per person. Reservations are required for dinner only to Kim at 745-5550, ext. 224.

Join us on **Friday, October 23 at 5:45pm** for an intimate Shabbat service on our beautiful new Rabbi Arthur Oleisky Courtyard patio (this will be in lieu of the Epstein Chapel). Come and help us welcome Shabbat in our gorgeous Tucson weather!

Shabbat Afternoon Torah Study

Torah discussions are held **every Saturday, one hour prior to the Mincha Service**. This is a great opportunity to become more involved in "Living Judaism" and your congregation. Times of study are listed on the calendar in each issue of *Kolenu*. If you would like to lead a Torah discussion or for more information, call Michelle at 745-5550, ext. 225.



Family Shabbat Service & Dinner

Please join us for our Family Shabbat celebration on **Fridays, September 18 and October 16**. At 5:45pm, this interactive and upbeat Shabbat service incorporates fun-spirited melodies and family-themed activities. We'll share Shabbat dinner, followed by Open Lounge in the Youth Center with games and fun. Dinner is \$25 per family (two adults & up to 4 children) and/or adults (13+) \$10 per person. RSVP needed by Sept. 11. Visit www.caiaz.org or call Kim at 745-5550, ext. 224. Come celebrate Shabbat with *ruach* (spirit) and your congregational family!

Shabbat Under the Stars



Interfaith Families Warmly Welcomed

Congregation Anshei Israel welcomes all who seek the spiritual comfort found within our sacred community. We warmly welcome interfaith families and encourage them to participate in as much synagogue life as they choose within the framework of Conservative Judaism.

For more information, pick up a brochure at the Shalom Cart or at the front desk in the administrative office. It is also accessible at www.caiaz.org/resources as part of CAI's "Myths vs. Facts" program.

TZOM GEDALIAH • Fast of Gedaliah

TZOM GEDALIAH (Fast of Gedaliah) is an annual fast day instituted by our tradition to mark the assassination of Gedaliah Ben Achikam, the Governor of Israel during the days of Nebuchadnezzar, the King of Babylonia.

In the time immediately after the destruction of the Temple and of Jerusalem itself by the armies of Nebuchadnezzar, most of the Jewish people who lived in the land of Judah were exiled. There were a few that remained. Nebuchadnezzar appointed a man named Gedaliah as governor.

Gedaliah advised the people not to accept the Babylonian rule and instead to work towards reestablishing normal life in the country. Unfortunately, there were people who disagreed with him. A man named Yishmael ben Netaniah, a descendant of the royal family, murdered Gedaliah and many other Jews. This murder was the final blow that completely destroyed the last remnant of organized Jewish community in the land of Israel until the Jews returned to build the Second Temple.

The story of Gedaliah is told to us in two places: in the TaNaCh in Kings II chapter 25 and in the book of Jeremiah chapters 40 and 41.

The "Fast" itself is considered a "Minor Fast" as it begins at daylight and not on the evening before. This year TZOM GEDALIAH falls on **Wednesday, September 16**.

For the Kiddies

We welcome families with children of all ages to our Shabbat morning services. One of the most important values we can share is Shabbat, especially the importance of Shabbat worship, because families should be together on Shabbat.

But ... should your little one(s) get restless or need a break, we offer our "**Kiddie Corner**" in Rabbi Breger Hall. Designed especially for our little ones and their parents/guardians who wish to be a part of Sanctuary services, we have this area just for them!

Services are broadcast into Rabbi Breger Hall so parents can listen, see, and participate in the service, as their children relax and play with Shabbat-friendly toys and books. The double doors in our new wall between the Sanctuary and Rabbi Breger Hall will remain open throughout the service. We invite you and your children to come pray and play every Shabbat morning!



OUR NEW MEMBERS

Please warmly



Kendra & Dov Citron,
and their children, Alariah & Lariella

Melissa & Justin Cotton,
and their children, Logan & Annalise

Marcy & Jacob Friedman,
and their daughter, Eliza

Elana-Beth Rosen & Paul Hetzinger,
and their daughter, Laci

Marleen Miller

Evonne & Alan Ravitz

Marsha & Bob Rosenblum

Ronit & Michael Stern,
and their children, Hannalee & Heaton

Phyllis Wolf



Blessing of Our Pets

Our lives would not be the same without our pets! They are such a part of our lives: a presence in our homes and in our hearts; companions in times of joy and comfort in times of pain.

Please join us on **Sunday, October 11 at 11:35am** – after reading the Torah Portion describing how God created the world (filled it with life!) and then the story of Noah (how, when the world was restored, that life was renewed as well – two by two!) – we will pause to recognize just how important our pets are to us. Meet us (pets included, of course!) on the basketball court near the sukkah for a short "service" to include a blessing of our pets. We encourage everyone to come for this very special moment. PLEASE: Safely transport and control your pet(s). All dogs must be on leashes. For the safety of all, no aggressive animals.



Daily Minyan Services & “Jewry” Duty

Our Minyan is expected to be there when someone needs to say *Kaddish*. We hope you will consider being there for others, as there are occasions when it is difficult to get a *Minyan*. Along with your “Jewry Duty,” we ask that you consider committing to being part of the *Minyan* at least one morning or afternoon per month on a regular basis. Service times are on the calendar in each newsletter and on the synagogue's web site, www.caiaz.org. Shown below is a combined list of Minyan attendees and those fulfilling their “Jewry” Duty during June and July. *Todah rabah!*

Austin Agron	Shirley Goldberg	Bea Paulus
MeMe Aguila	Allen Gordon	Rina Paz
Ellen Alster	Lisa Grabell	Joy Peskin
Bettie & Murray Baker	Margo & Ronald Gray	Jacob Pinnas
Mo Barkan	Joan Auerbach Green & Richard Green	Marilyn & Ira Prensky
Burt Becker	Brina Grusin	Abby Rosen
Irvin Belzer	Gloria Hirsch	Wendy Rosen
David Ben-Asher	Sarah & Marty Johnston	Richard Safran
Bennett Blum	Harvey Jurkowitz	Gila Saks
Lois Bodin	Dan Karsch	Patti Salonic
Phyllis Broad	Nedra Katz	Judith Schneider
Barbara Brodie	Aurora & Eugene Kellogg	Trudy & Howard Schwartz
Kevin Chess	Steven Ketchel	Ronnie Sebold
Sam Chess	Boris Kozolchik	Esther Sherberg
Lee Chutkow	Mort Kranitz	Evelyn Sigafus
Miriam Cline	Jerry Lapin	Michelle Sigafus
Leatrice Cohen	Katherine Leonard	Les Silberman
Terri Cohen	Mark Levine	Linda Silverman
Dennis Dawson	Scott Lewis	Steve Sim
Valorie & Andy Douglas	Faylene Lictor	Steve Singer
Arlene Epstein	Zora Litin	Karen & Howard Skolnik
Rosie Eilat-Kahn	Ziva Mason	Sandra Tobin
L. Elliott Farber	Pam & Stuart Mendel	Moshe Toister
Joan Epstein	Levi Mendel	Art Weinenger
Hedy Feuer	Michael Mendel	Carl Weinstein
Eric Flank	Arnold B. Merin	Jerry Wolf
Enid & Wynn Freedman	Victoria Newman	Joanne Wolf
Irene Stern Friedman & Ellis Friedman	Rabbi Arthur Oleisky	Robert Wolk
James Frisch	Eshed Ozeri	Steve Wool
Emanuel Furst	Nancy & Tidhar Ozeri	Arthur Zoref
Rayna & John Gellman		

Thank you to our “Yad Squad”

(Those who read Torah and Haftarah in June and July)

Malka Abraham	Lisa Jurkowitz	Hannah Peskin-Owens
David Ben-Asher	Katherine Leonard	Joy Peskin
Lois Bodin	Natalie Leonard	Stephanie Roberts
Nichole Chorny	Scott Lewis	Leonard Schultz
Rabbi Robert Eisen	Ziva Mason	Steve Seltzer
Margo Gray	Geva Ozeri	Alan Strauss
Richard Green	Noah Pensak	Moshe Toister
Marshall Heyman	Phil Pepper	Arthur Zoref

KNOW SOMEONE NEW TO TUCSON?

If you know someone new to the Tucson community who you believe would be interested in finding out about CAI, please contact Barb Gould at 745-5550, ext. 242 so that we can speak to them about all of the many religious, spiritual, educational and communal opportunities the synagogue has to offer!

LIKE TO VOLUNTEER?

Volunteers and all that they offer are always welcome to help with a variety of ongoing projects. From serving on committees, participating in social action, helping in religious services, working in the Gift Shop and more, there is something for everyone!



For more information about volunteering at CAI, contact Barb Gould at 745-5550, ext. 242 or pick up a Volunteer form at the front desk in the administrative office or at the Shalom Cart outside the sanctuary.

Social Action Committee

CAI has begun its second year packing and delivering weekend snack packs for students at Los Amigos Elementary School, 2200 E. Drexel Road.

Rabbi Eisen is coordinating the majority of the packing schedule at CAI so that staff, USYers, PAC, minyannaires, and those who attend weekday Torah study may help. There are two dates when we need volunteers to pack and deliver directly from the Tucson Community Food Bank. Volunteers are always needed to pick up and deliver the packs. And there are double delivery dates that require a vehicle that can accommodate twice as many boxes. Any help you can provide would be greatly appreciated. Just contact us for more information.

Once again, we are committed to meal service for the Primavera Foundation, this year at Five Points (720 S. 6th Ave.), a six month - two year transitional housing facility for motivated men and women who work at least 25 hours/week. There is a group of approximately 20 clients at the facility. So far, volunteers are needed on Wednesdays, **October 14 and November 11**. Meal teams meet at CAI and carpool to the facility, set up and warm prepared foods and serve. The project is usually done by 5:00pm and we return to CAI just in time for Minyan! The project requires no more than 4 to 5 people to shop, cook and serve. We have a suggested shopping list of items and quantities. The cost is about \$20 per volunteer. Please contact us for more information.

CAI is looking forward to a 2015-16 schedule of social action projects. Please continue to share your ideas and time!

Hedy Feuer, hedy.feuer@gmail.com / 885-8819
Jane Poliakoff, jmpoliakoff@gmail.com
Social Action Committee Co-Chairs



Synagogue Life Council

This issue of *Kolenu* comes at an interesting time. We are at the end of one fiscal year and we are approaching the High Holy Days. The Jewish month of Elul is a time to reflect back over the past year, while it is also a time to prepare ourselves for the New Year to come. This past year saw some notable successes, transitions (some expected, others less so) and some

projects that will require attention in the coming year.

Congregation Anshei Israel continues to operate one of Tucson's premier early childhood education programs. Congratulations to Lynne Falkow-Strauss and her staff. Hedy Feuer and Jane Poliakoff their volunteers on the Social Action Committee provided valuable services in several settings in the Tucson community. This year saw the reactivation of the Ritual Committee under the leadership of Steve Singer. This committee, with the guidance of Rabbi Eisen, held a number of well-attended meetings at which a variety of ritual practices of the congregation were addressed. Adult Education continues to be an important part of synagogue life. We held the second annual "Wisdom of Jewish Tucson" series. Even though attendance was not what we had hoped for, the quality of sessions was appreciated by the participants. Rabbi Eisen continues to provide a variety of teaching and learning opportunities for our congregants. He has consistently encouraged congregants to study and share as *meturgemen* during Shabbat services, as teachers on Shabbat afternoons, and during Torah and Talmud study sessions throughout the year.

The Jewish calendar recognizes the cyclical nature of life. During this past year, our congregation suffered the loss of our Youth Director, Linda Roy, of blessed memory. During the year we also celebrated our 85th anniversary. As part of the normal cycle of synagogue life, we elected a new Board of Trustees with Phil Pepper elected as its president, and hired Rabbi Ruven Barkan as our new Education & Youth Director. The Board is currently reviewing the organization and structure of various synagogue committees, and we are certain that Rabbi Barkan, along with our Cantorial Soloist, Nichole Chorny plan to inject energy and *ruach* (spirit) into the programs that come under their purview. (Full disclosure: Rabbi Barkan is my nephew.)

All of that being said, when I reflect back and when I plan for the coming year, I hope that all of you take a moment to consider your own role in the vitality of our community. Our name says a great deal: Congregation Anshei Israel translates to "congregation of the people of Israel." As in much of Jewish learning, we are taught that we should consider our Jewish life as active participants. As members of a congregation, we can only realize the full benefits of that association when we actively engage in the planning and participation of synagogue activities. Our synagogue life is not created for our consumption by a professional staff. Rather, the staff, board members, committee chairs and members, must join in partnership to create the congregation that will best benefit the members. The Synagogue Life Council invites and welcomes all members of the congregation to join us for our meetings, to become active committee members and leaders, and to participate fully in the life of our community.

Kathy Hays, SLC Chair
615-1150, krhays2000@yahoo.com

Jewish Family & Children's Services at CAI



Beginning this fall CAI will be working very closely with Jewish Family & Children's Services to bring their support and services to you here at CAI as part of our regular programming.

Jewish Family & Children's Services offer integrated services for the whole family. The counseling and community services teams at JFCS work to bring supportive services to help with any number of different concerns. In particular, they will be offering:

- A series of parenting workshops
- On-site and off-site counseling services
- Cancer support for Jewish women
- Help for adult children whose aging parents need support
- Home medical equipment for people with a financial need
- Guardianship services
- Emergency financial aid for Jewish people in need
- Support for Jewish seniors who need to connect with community services
- Help for Holocaust survivors.

JFCS offers services to people of all faiths, age groups and economic backgrounds, regardless of their ability to pay.

Watch for their presence as part of our Preschool/Kindergarten program, as well as during Religious School hours. Specific days, times and services will soon be available.

THE MITZVAH OF BIKUR HOLIM

Federal healthcare privacy regulations make it difficult for us to know when a member of CAI has been admitted to a hospital.

Become a partner in the mitzvah of Bikur Holim — visiting the sick — by advising our clergy when you, a relative, or a friend is hospitalized. We can stay informed ONLY if a family member or friend provides the information to us.

PLEASE CALL 745-5550 to speak with:

Rabbi Robert Eisen, ext. 230

or

Clergy Assistant Michelle Ollanik, ext. 225

THE HIGH HOLY DAYS AT CAI



As much as our observance of our High Holy Days and Fall Festivals will find us spending a "certain amount of time together" over the course of the next few weeks, so too, can this season be very lonely for all too many. Some find themselves alone:

- In the midst of the crowd because they are new to CAI
- Because though they have been around

for a very long time, things seem to have shifted out from underneath them.

- Because their family situation has changed through finding themselves in an "empty nest," death, divorce or illness.
- Because of the "depth of the liturgy" ... take the meaning of these moments to heart.

So I have a request for us as we approach these Days of Awe. I want to ask that we ensure that as a Synagogue, we also function as a Congregation. If you see someone you have not seen in a long time ... or someone you do not know:

- Take a minute and say "SHANNAH TOVAH"
- Introduce yourself, and allow the possibility of turning an acquaintance into a friend.

Remember that as we journey into the beginning of this New Year of 5776 we can get much further if we journey together, hand in hand. Let us join hands and look for a way for this year to be NEW ... together.

Robert J. Eisen, Rabbi

Young Adult / College Outreach Program

During the High Holy Days, the absence of many of our young adults is readily apparent to the Synagogue and to you, the families whose children are away from home. All too often our college-age young adults feel cut off from the Synagogue which played such an important part in their younger years. We want to keep that Synagogue connection with your children.

Please help us update our list of young adults who are in college or others who would enjoy hearing from us. We ask those who would like their children to receive both regular and e-mail communications to complete and return the form below to: *CAI Young Adult/College Outreach Program, 5550 E. 5th St., Tucson, AZ 85711*

Congregation Anshei Israel's	
Young Adult/College Outreach Program	
Name(s)	_____
Address	_____
City	_____
ST	Zip
E-mail	_____
College Name	_____

CAI's Mishpacha (Family) Programs are especially designed for our families with children (but everyone is welcome!). Join us on a Jewish journey of making friends, building community, learning about Judaism and family fun!



The first Mishpacha Program of the new year:

Family Game Day & BBQ (for all ages!)

Sunday, November 1, 12:00pm in the Rabbi Breger Hall
Enjoy group games (large and small), board games for all ages, and a BBQ lunch with hamburgers and hot dogs! \$25 per family (two adults & up to 4 children) and/or adults (13+) \$10 per person. RSVP needed by Oct. 26. Visit www.caiaz.org or call Kim at 745-5550, ext. 224.

Mark your calendars for these other Mishpacha Programs throughout the year:

- Saturday, January 9, 2016 • Havdallah Under the Stars & "Choose Your Own Jewish Adventure" and Dessert
- Sunday, February 7 • Dinner and a Movie (with multiple movies playing in different rooms for all ages)
- Sunday, March 13 • Prepping for Purim
- Friday, April 15 • Shabbat Under the Stars Family Service and CAI Synaplex

I hope to see you at one (or more!) of these fun programs!

PLEASE NOTE: As in previous years, students who enjoy singing will be participating in High Holy Days services on the first day of Rosh Hashanah and on Kol Nidre. All students between the ages of 13-18 are encouraged to participate. Contact me if you are interested.

Nichole Chorny, Cantorial Soloist



ADULT CHOIR INTEREST MEETING AND REHEARSAL

Do you like to sing? Then CAI Adult Choir wants YOU!

**Monday, October 12
6:00pm • Rabbi Breger Hall**

This choir is open to all adults who have an interest in Jewish music and enjoy singing. The repertoire will include a full spectrum of Jewish music, both liturgical and secular. Rehearsal and performance dates will be given out at this rehearsal. New singers welcome; please join us!

**For more information, contact
Cantorial Soloist Nichole Chorny
at 745-5550, ext. 228 or
cantorialsoloist@caiaz.org**



Who have you hurt? How? And how can you work to change?

These are tough questions we all face throughout the year, and in Elul, leading up to the High Holy Days, we are asked to give this a deeper look.

To help you atone for your sins, CAI has launched our own **eScapegoat** who is roaming the Internet, collecting sins in preparation for Yom Kippur. **Find him at: <http://caiaz.escgoat.com/>**

Congregation Anshei Israel

5776 • 2015 High Holy Days, Festival Services and Events

(Items in **bold** require advance reservations.)

Saturday, Sept. 5	Selihot Program 7:45 pm Selihot Service 10:00 pm	Wednesday, Sept. 23	Yom Kippur 8:30 am Holocaust Service & Yizkor approx. 10:40 am
Sunday, Sept. 6	Kever Avot Memorial Service (at Evergreen Cemetery) 10:30 am		Family Service 10:45 am Young Children's Family Service 11:00 am
Sunday, Sept. 13	Erev Rosh Hashanah Service 5:45 pm		Mincha & Ne'ilah Service 4:00 pm
Monday, Sept. 14	First Day Rosh Hashanah Service 8:00 am Family Service 10:30 am Young Children's Family Service 10:45 am Mincha & Evening Service 5:30 pm	Sunday, Sept. 27	Erev Sukkot Service 5:30 pm Community Sukkot Dinner 6:00 pm
Tuesday, Sept. 15	Second Day Rosh Hashanah Service 8:00 am Family Service 10:30 am Young Children's Family Service 10:45 am Mincha & Evening Service 6:45 pm	Monday, Sept. 28	First Day Sukkot Service 9:00 am Mincha & Evening Service 5:30 pm
Wednesday, Sept. 16	Fast of Gedaliah Mincha Service 12:30 pm	Tuesday, Sept. 29	Second Day Sukkot Service 9:00 am Mincha & Evening Service 6:40 pm
Saturday, Sept. 19	Shabbat Shuvah Service 9:00 am	Sunday, Oct. 4	Hoshanah Rabbah Service 7:30 am Erev Yom Tov Service 5:30 pm
Sunday, Sept. 20	Tashlich at the Park (Reid Park, Ramada 7) 4:00 pm	Monday, Oct. 5	Shemini Atzeret Service 9:00 am Yizkor & Yahrzeit Plaque Dedication 10:30 am Simhat Torah Dinner 5:30 pm Mincha & Evening Service, Hakafot, Torah Roll & Simhat Torah Celebration 6:13 pm
Tuesday, Sept. 22	Mincha Service 12:30 pm Kol Nidre 5:45 pm	Tuesday, Oct. 6	Simhat Torah Celebration continues 9:00 am Mincha & Evening Service 6:35 pm

THE HIGH HOLY DAYS AT CAI

~ High Holy Days Services ~

Congregation Anshei Israel welcomes everyone to attend this year's High Holy Days services.

A free* one-year membership is offered to anyone who hasn't been affiliated with any synagogue for two years. The membership includes High Holy Days tickets.

Free general admission tickets for High Holy Days services are offered to all unaffiliated Jews age 20 to 39, as well as college students and military personnel.
AND:

2nd Day Rosh Hashanah is open to all!

For more information about membership or High Holy Days tickets, call Barb at 745-5550, ext. 242.

** Yearly Mortgage & Maintenance fee required.*

PROJECT ISAIAH



**September 1 -
October 9, 2015**

CAI participates in Tucson's annual High Holy Days Hunger Project benefiting the Community Food Bank.

Food donations may be dropped off Sept. 1 through Oct. 9 in the marked box in the administrative office foyer. Monetary donations are also greatly appreciated. Cash or checks (made payable: *Community Food Bank*) may be mailed to, or dropped off at, the Synagogue.

Also, CAI's United Synagogue Youth will be collecting donations of FOOD ITEMS ONLY from 4:30 to 5:30pm on Kol Nidre, Tuesday, September 22. Please bring your food donations to the marked truck parked by the flag pole near the main entrance to the Synagogue.

~ PRIORITY ITEMS NEEDED ~

Canned Vegetables • Canned Soups
Canned Fruit • Canned Meats
Canned Tomato Products
Rice • Beans • Pasta • Packaged Meal Mixes
Cereal • Peanut Butter • Condiments
Toilet Paper • Paper Towels • Napkins

Project Isaiah was conceived and initiated by the Conservative Movement.

Shared transportation for affiliated and unaffiliated Jewish seniors (60+) and adults with disabilities is available to attend worship services and other synagogue-sponsored events and educational programs. Funded by a grant from the JFSA, rides should be scheduled 2 to 3 days in advance.

To schedule a ride, call 465-4323.



Please join us for the opening service to the High Holy Days



Selichot Program & Service

Saturday, September 5
beginning in Rabbi Breger Hall

7:45PM Wine, Cheese and Dessert Reception

8:30PM Havdallah Program: "The Disputation - Nachmanides Debates Before King James of Aragon"

9:45PM Changing of the Torah Covers

10:00PM Selichot Service

There is NO CHARGE to attend; however, reservations are requested by Aug. 31.

Please call Barb at 745-5550, ext. 242.

Kever Avot Memorial Service

Sunday, September 6 • 10:30am

Evergreen Cemetery, Anshei Israel Section

The Kever Avot Memorial Service, held annually by our congregation and almost every congregation throughout the country, is a time to come to the cemetery to pay our respects to our dearly departed. Even if your loved ones are not buried in CAI's Cemetery, you are encouraged to participate in the service and express your feelings of love and loss.

The service lasts no more than 30 minutes. A special booklet of prayers is used that provides spiritual connection with those who are no longer among the living.

THE HIGH HOLY DAYS AT CAI

Babysitting • Room 9

We welcome families with children of all ages, but to accommodate our youngest congregants, we also offer babysitting for children 18-months- through 5-years-old on First and Second Days of Rosh Hashanah, 9:30am to 12:00noon, and Yom Kippur, 9:30am to 1:00pm.



The rate is \$10 per child, per day. **Advance reservations are required so that we may provide sufficient staff coverage. Contact Kim at 745-5550, ext. 224.**

Services for Children and Families



First Day Rosh Hashanah,
Monday, September 14
Second Day Rosh Hashanah,
Tuesday, September 15
and
Yom Kippur,
Wednesday, September 23

- **Family Service**, for 2nd thru 6th Graders and their parents, will be held in the **Cantor Falkow Lounge** from 10:30am* to 12:00noon.
- **Young Children's Family Service**, for 3-year-olds to 1st Graders and their parents, will be held in **Room 11** from 10:45am* to 12:00noon. Exciting activities, crafts and learning opportunities will be geared specifically for each age level.

* Yom Kippur times are 15 minutes later.

Advance reservations are required so that we may provide sufficient supplies. Contact Kim at 745-5550, ext. 224.

Yom Kippur Lunch for Children Ages 3 to 12

Wednesday, September 23
12:15pm



There is no charge to attend; however, reservations are needed by Sept. 11 so that we may provide sufficient snacks/supplies. Call Kim at 745-5550, ext. 224.

Tashlich at the Park

Sunday,
September 20
4:00pm
at Reid Park,
Ramada 7



We invite everyone to join us as we symbolically "cast away" our sins as the New

Year begins. Traditionally, bread crumbs are cast upon a body of water as an act of self purification and to fulfill the words of the Prophet Micah (7:19): "And Thou wilt cast (*vetashlich*) all their sins into the depths of the sea."

CAI will provide refreshments. Bring the whole family and participate in this meaningful experience at Reid Park. (To find Ramada 7: Enter park via Lakeshore Dr. off 22nd St.; turn left into first parking lot; Ramada 7 is between playground and road.)

NOTE:

All **Religious School students** are expected to be at the park by 4:00pm.

All **Junior USYers** are requested to attend to help with younger children at the event.

There is no charge to attend; however, reservations are needed by Sept. 17 so that we may provide sufficient snacks/supplies. Call Kim at 745-5550, ext. 224.

Yom Kippur Break-the-Fast

Congregation Anshei Israel provides Break-the-Fast after the Yom Kippur evening service. Our USYers will be serving juice and challah just outside the exit doors on the west and north sides of the building. In the event of inclement weather, the Break-the-Fast will be served in the west hallway. This will reduce congestion at the Sanctuary doors for those who wish to leave the Synagogue immediately after the blowing of the shofar.

THE FALL FESTIVALS AT CAI

SUKKOT is one of the three major pilgrimage festivals of the Jewish year. At the time of the Temple in Jerusalem, Jews would come from all over Israel to Jerusalem to celebrate the festival. Sukkot is known by a number of different names, each signifying a different aspect of the holiday.



THE FEAST OF BOOTHS

Sukkot reminds us of the 40 years of wandering in the wilderness after our freedom from Egypt. During those years, the Jews could not live in a permanent home so they lived in huts and booths. Remembering that wandering of our ancestors, the Torah commands us by saying, "Ye shall dwell in booths seven days — that your generations may know that I made the children of Israel to dwell in booths when I brought them out of the land of Egypt."

Thus, the first aspect of the holiday relates to the Sukkah, so we are commanded to build and live in a hut or tabernacle. The first two days of Sukkot are each a Yom Tov, festival days, with many of the laws similar to those of the Sabbath. Next there are five intermediate days called Hol Hamoed, which, while still the holiday, are much like weekdays in that we can go to work and resume most usual activities. Then there begins a new holiday, which in the Diaspora is celebrated on two days. The first is called Shemini Atzeret, followed the next day by Simhat Torah. These two days are also each a Yom Tov, full holy days, in which we are not permitted to work.

THE FESTIVAL OF INGATHERING

Sukkot also has a strong agricultural component. Our ancestors completed the fall harvest and thanked God for the bounty they had received. Sukkot is really the first recorded celebration of Thanksgiving.

THE SEASON OF REJOICING

Because of the great joy with which the festival was celebrated, Sukkot is referred to as the most joyous of all festivals, and thus is called in the Prayer Book, "The Season of Our Rejoicing."

SUKKOT OBSERVANCES

The two main ritual observances of the festival are eating in the Sukkah and fulfilling the obligation of making the prayer with the Lulav and Etrog during each of the days of Sukkot, except for the Sabbath.

A Sukkah is a building consisting of a minimum of two walls and the beginning of a third, supporting a temporary roof holding the Sechah, which is anything that grew in the ground and is no longer attached.

LULAV AND ETROG

The other significant and unique ritual for Sukkot is the taking together of the four species. In one hand we hold the Lulav, which is a palm frond attached to willows and myrtle twigs. In the other hand we hold the Etrog, the citron. Holding all four together, each day we make the blessing, and at services we have a procession called Hoshanot at which time all of the people who have the set of four species parade in a circle around the sanctuary while chanting special prayers.

HOSHANAH RABBAH

The seventh day of Sukkot is known as Hoshanah Rabbah. During the morning service, the procession with the Etrog and Lulav is repeated seven times while the Hazzan chants the Hoshanot hymns asking for God's help. Towards the end of the service, branches of willows are beaten so that our sins, symbolically, fall just as the willow leaves drop off.

SHEMINI ATZERET

Shemini Atzeret, the eighth day of Sukkot, is in effect, a separate holiday. We are no longer obligated to remain in the Sukkah. During the service, we pray for rain in Israel to nourish the crops.



DANCE WITH ME ON SIMHAT TORAH

For generations, our people have closed our observance of the Fall Festivals (Sukkot and Shemini Atzeret) with the celebration of Simhat Torah (rejoicing with

the Torah). It is on Simhat Torah that we complete the reading of the Torah and immediately return to the beginning of the Book of Genesis to start the cycle of reading again. During both the evening and the morning services, the Torah scrolls are removed from the Aron Kodesh and paraded around the Sanctuary in festive processions of song and dance. Everyone in attendance is encouraged to carry a scroll and share the joy of Torah. An effort is also made to ensure that everyone in attendance is called to the Torah for an Aliyah.

Here at CAI, Simhat Torah has always been a fun time for all. The children watch in awe as their parents teach them love of Torah, and the parents glow as their children extend that love into the next generation.

THE HIGH HOLY DAYS AT CAI

Sunday, September 27 • 6:00pm

Please join us for dinner
(and moon-gazing!) in CAI's sukkah
as we celebrate Sukkot.

The service for First Night Sukkot will begin at **5:30pm**, followed by dinner at 6:00pm (salad, lasagna, mac & cheese, garlic bread & moon pies). Then we'll take a closer look (bring your binoculars!) at the total lunar eclipse with Alan Strauss, Director of the Steward Observatory's Mt. Lemmon SkyCenter and the UA Sky School as our guide!

Dinner \$25 per family
(two adults & up to 4 children)
and/or adults (13+) \$10 per person.

Please **RSVP by Sept. 21**.
Visit www.caiaz.org or call 745-5550.



Shemini
Atzeret



On **Monday, October 5 at 9:00am**, Shemini Atzeret, all yahrzeit plaques installed in Congregation Anshei Israel's Memorial Hall during the past year will be dedicated; Yizkor approx. 10:30am. *Please join us for this service and meaningful dedication.*



**... AND THE SIMHAT TORAH
CELEBRATION CONTINUES**

Tuesday, October 6

Share in a festive service at 9:00am geared toward children. At 9:30 am, the Sifrey Torah are taken out of the Ark. The children parade behind, then go up on the Bimah and are blessed.

Monday, October 5

Bring the whole family for our Simhat Torah celebration at **5:30pm**, starting with appetizers, Caesar salad, deli platters, fruit & more (alcohol will be offered).

At **6:13pm**, share in CAI's traditional Hakafot as we celebrate with Israeli singing and dancing, and refreshments (there will be a children's holiday-related activity in another room). Get a guided tour from Creation to Mt. Sinai as the Torah is completely unrolled to encircle all who attend!

**THERE IS NO CHARGE TO ATTEND;
however, reservations are required.**

Please **RSVP by Oct. 2**.
Visit www.caiaz.org or call 745-5550.

SAVE THE DATES...



November 13-14
Scholar-in-Residence
GIL HOFFMAN
Chief political correspondent for
The Jerusalem Post

AFFILIATE / SOCIAL GROUPS



Women's League

A big shout-out and thank you to Stephanie Roberts for leading a water aerobics class in June for Women's League. The women who participated in the class got a lot out of it. Look

for future classes in a variety of areas sponsored by Women's League.

Remember: We have our ongoing classes and always have room for more participants in the **Wednesday "Gentle Chair Yoga"** class which meets at **9:30am** (not held September 23), and the Women's Torah Study facilitated by Rabbi Eisen (usually held the first Monday of the month; not held in September).

Open Mah Jongg play resumes on **October 12**, continuing **Mondays, 10:00am to 12:00noon**. All levels of experience are welcome, and we encourage men to come play as well. Do join us ... it's a lot of fun!

Our **Paid-Up Membership Luncheon** will be on **Wednesday, October 14, 12:00noon** in the Cantor Falkow Lounge. It's free for WL members and all Gift Shop volunteers. Join now so that you can attend for free! We'll honor our Gift Shop volunteers and all the women who work in our synagogue office.

For more information about any class or event, contact Evelyn at 885-4102 or esigafus@aol.com



"Read It & Meet"

Please join us on the following dates. The reading list for 2015-16 is:

Oct. 3 • *A Replacement Life* by Boris Fishman (moderator TBD)
Nov. 7 • *Gertruda's Oath* by Oren Ram, moderator Phyllis Broad
Dec. 5 • *A Bride for One Night: Talmud Tales* by Ruth Calderon, moderator Rabbi Robert Eisen
Jan. 9, 2016, Feb. 6, Mar. 5, Apr. 2 (books TBD)

"Read It and Meet" is held most months and is open to all. Selected books by Jewish authors or with Jewish content are discussed. Most discussions take place on Shabbat (**approx. noon**) in the Epstein Chapel and moderators facilitate each discussion. For more information, contact Vicki Kaufman at vickauff@juno.com or Rayna Gellman at 887-8358.



Men's Club

We will not have a meeting in September; however, please join us on **Sunday, October 18** for our first Breakfast Meeting at 9:30am with a guest speaker. The topic will be Middle East Update: How the Iran Deal is Changing the Region – A Briefing from AIPAC Arizona. There is no charge for Men's Club members; guests are always welcome for \$4. Not a member of Men's Club yet? Join now for only \$40 per year and attend all breakfast meetings for free!

Save these dates: November 15, December 20, January 10, 2016, February 21, March 20, April 10, and May 8 for Breakfast Meetings with guest speakers; February 7, 2016, for our annual "World Wide Wrap" and Breakfast where we teach how to wear tefillin; March 16 is Men's Club Shabbat when members of Men's Club help daven Shabbat Mincha, Ma'ariv and Havdallah Services and sponsor the Third Meal; and during April, we organize the Yom Hashoah yellow candle project.

Men's Club is all about service to the synagogue, making new friends, participating in learning opportunities, leadership training and so much more. Whether you have time to be actively involved or to help us occasionally with our programs, you are needed. Should you have any questions about Men's Club, want to help or want to join, please contact Lew Crane at 400-9930 or catsfan1997@cox.net

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Celebrating Becoming B'nai Mitzvah at CAI



**David Benjamin
Jurkowitz
October 10**

David is the son of Lisa & Dan Jurkowitz; the grandson of Joan & Andre Klein, and Chaya & Harvey Jurkowitz; and brother to Michael. David's Bar Mitzvah project involves playing piano for residents of Handmaker. A student at BASIS Tucson North, David's interests include piano, music composition, biking and reading.



**Jayden M. Yalen
October 17**

Jayden is the son of Wendy Yalen; the grandson of Sandra & William Yalen; and brother to Daniel. Jayden's Bar Mitzvah project involves raising funds for "Make-a-Wish" Arizona. A student at Tucson Hebrew Academy, Jayden's interests include karate and Boy Scouts.



**Logan Parker Pugliese
October 24**

Logan is the son of Amy & Ken Pugliese; the grandson of Jan & Mickey Dowling, Loretta Pugliese & the late Ralph Pugliese; the great-grandson of Betty Sue Dowling; and brother to Rylan and Cailan. Logan's Bar Mitzvah project involves raising funds for the Pima Animal Care Center. A student at Alice Vail Middle School, Logan's interests include playing basketball.

Jewish Family & Children's Services at CAI

Beginning this fall CAI will be working very closely with JFCS to bring their support and services to you here at CAI as part of our regular programming. JFCS offers integrated services for the whole family. Their counseling and community services teams work to bring supportive services to help with many concerns including:

- A series of parenting workshops
- On-site and off-site counseling services
- Cancer support for Jewish women and more...

JFCS offers services to people of all faiths, age groups and economic backgrounds, regardless of their ability to pay. Watch for their presence as part of our Preschool/Kindergarten program, as well as during Religious School hours. Specific days, times and services will soon be available.

My Teshuvah



There are many ways to do *Teshuvah*. *Teshuvah* literally means return. In the context of the High Holy Days, the concept connotes a return to God through our unique Jewish path. As I return home, I am doing *Teshuvah* on a personal and professional level.

Personally, returning to my family is like drawing nourishment from the roots of the tree after having branched out towards the sun. Having lived in and served two communities that successfully sustain multiple generations — Chicago and Savannah — I appreciate the value of returning to my own family and community.

Professionally, returning to Congregation Anshei Israel as the Education and Youth Director is coming full circle for me. This position enables me to bring together my past experiences working in Jewish Day School and the Pulpit. Directing the Religious School offers the opportunity to educate children at each stage of development in a flexible manner that meets the unique needs of each learner in the context of his or her family. The USY programs emphasize the other major common place of the learner — one's community of friends. Ultimately, the vision of this position is to build community among families throughout the synagogue.

Maximizing the capacity of my own family and families throughout the synagogue to develop vibrant Jewish lives is my way of doing *Teshuvah*: of returning to God through Jewish tradition.

I look forward to partnering with each of you as we begin this exciting journey together. May it be a new year of building and peace. *L'Shana Tovah!*

Rabbi Ruven Barkan, Education & Youth Director

DATES TO REMEMBER for

RELIGIOUS SCHOOL & B'NAI MITZVAH STUDENTS

Tashlich in the Park - Sunday, Sept. 20 (see page 9 to RSVP)

Breakfast in the Sukkah - Sunday, Oct. 4

Blessing of the Pets - Sunday, Oct. 11 (see page 3 for more information)

Preschool/Kindergarten News



Our free Parent-Tot Class continues on **Tuesdays, 9:00-11:00am (not held Sept. 15, 29 or Oct. 6).**

Open to the public, this weekly class for children 9- to 24-months in age and their parent(s) is fun and educational. Facilitated by Stacey Singer, participants sing songs, make art projects, read stories, have a snack, and share parenting advice with each other.

The children are learning about and preparing for the High Holy Days. Rabbi Eisen will blow the shofar, present a lulav and etrog, and unroll a Torah for them. We will also have a snack in the sukkah during Sukkot.

Lynne Falkow-Strauss, P/K Director

DATES TO REMEMBER for

PRESCHOOL/KINDERGARTEN STUDENTS

Noon Dismissal - Friday, Sept. 11, Tuesday, Sept. 22 & Friday, Oct. 30

Tashlich in the Park - Sunday, Sept. 20 (see page 9 to RSVP)

Blessing of the Pets - Sunday, Oct. 11 (see page 3 for more information)

Scholastic Book Fair - Oct. 19 thru 26

School Pictures - Tuesday, Oct. 20 & Wednesday, Oct. 21

"Dad & Me" Breakfast - Friday, Oct. 23

Birth Announcements

This column features children, grandchildren and great-grandchildren of CAI members. The announcement and photo (if available) will appear in the issue of Kolenu within appropriate print dates. Please notify Michelle at 745-5550, ext. 225.

Scarlett Juliette Ranucci

Born June 24

Scarlett is the granddaughter of Jill & Daniel Ranucci. (Parents: Dayli & Paul Ranucci)

Gabrielle Rose Bombach

Born July 13

Gabby is the granddaughter of Linda & Jay Gorsky. (Parents: Rachel Gorsky Bombach & Brent Bombach)



COMFORT FOR BABIES & MOMS

We have a designated room for moms who wish to nurse their babies in a quiet private space. The bride's changing room (at the back of the Epstein Chapel) will comfortably accommodate one or two moms at a time.

Mazel Tov!

Weddings

Justin Hellman

son of Shawn & Aaron Hellman
grandson of Adrienne & Larry O'Hare
brother of Nichole Chorny
brother of Brandon Hellman
to Shira Aitchison

Jeremy Borin

son of Sara & Tom Borin
brother of Stacey Singer
to Tzu Hwa Wang

Shayne Sebold

daughter of Ronnie Sebold
to Jake Taylor

September Anniversaries

Date	Years
1 Robin & Michael Kaiserman	47
2 Aurora & Eugene Kellogg	43
3 Lois & Ken Jacowsky	51
Ellyn & Harold Langer	26
Alene & Bryan Schwartz	49
4 Hedy & Michael Feuer	9
5 Phyllis & Robert Harris	28
Rochelle Abell & Dan Weisz	39
Sandra & William Yalen	50
6 Kathy Gerst & Brian Hunter	6
Faylene & Phil Lictor	34
8 Marlene & Bill Abraham	36
Lynne Falkow-Strauss & Jack Strauss	47
11 Nancy & Michael Apsell	49
12 Sandra & Bernard Simon	61
13 Kerri & Craig Morton	6
14 Bertie Levkowitz & Thomas Herz	10
16 Nessa & Peter Beren	42
Debby & Rabbi Robert Eisen	31
17 Carole & Art Glass	55
20 Judy & Michael Dorf	46
21 Sandi & Lawrence Adler	24
22 Kendra & Dov Citron	14
Renee & Howard Hulsey	24



October Anniversaries

Date	Years
5 Josephine & Jules Harris	43
9 Stacy & Adam Klein	21
Nancy & Robert Krouse	16
Teri & Ole Thienhaus	34
13 Bronwyn & Lonny Sternberg	8
21 Sondra & Edward Koven	31
23 Shelley & Steven Singer	32
25 Gabrielle & Andrew Burgess	6
26 Michele & Lawrence Cassen	12
Judith & Charles Schultz	35
27 Jane & Bruce Ash	38
28 Vicki & Abraham Kaufman	26
Debra & Mark Lytle	8
Linda & Robert Ullman	42
29 Mindy & Allen Bergman	15
Dvora Tager & Bob Dietz	26
Ilona & Matthew Rothman	6
30 Marcelle & Ted Bersin	61
31 Andrea & Mark Evenson	13

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There are many targeted lists from which to choose, and you may be on as many lists as you like. And, you can change your preferences at any time and/or opt out of any list(s). FYI: "Synagogue-wide Event Flyers" means that you will not receive hard copy flyers in the mail for most congregational events.

**Thanks for helping us
save paper, ink and
postage!**

Honorable "Menschens"

TODAH RABAH TO:

Judith Schultz & Esther Sherberg
for proofing the July/August Kolenu

Austin Agron
for donating baskets & supplies for preschool/kindergarten

Rosa & Eddie Garcia
Margo & Ron Gray
Katherine & Aaron Leonard
Ziva Mason
Pam & Stuart Mendel
Bea Paulus
Rina Paz
Abby Rosen

for sponsoring the June 20 kiddush
in honor of Moshe Toister's 80th birthday

Margo & Ron Gray
for sponsoring the August 8 Third Meal
in honor of their 42nd wedding anniversary

Abby Rosen
for pulling Yizkor envelopes from last year's Book of Remembrance

Rayna & John Gellman
for sponsoring the August 22 kiddush
in honor of their 60th wedding anniversary

Brina Grusin
for sponsoring the September 19 kiddush
in honor of her 75th birthday

Linda & Shelby Silverman
for co-sponsoring the October 31 kiddush
in honor of Shelby's 70th birthday

The wine, juice and challah at our
Kabbalat Shabbat Service are donated
In Memory of Moe and Roslyn Wolf by their family

SHARE YOUR SIMCHA!

We welcome donations — in whole or part — toward
Kiddush and/or Seudah Shlesheet (Third Meal). All
contributions are acknowledged in *Kolenu*. If you want
to help, please call Barb at 745-5550, ext. 242.

DEALING WITH GRIEF AND LOSS?

Are you having difficulty dealing with grief and loss?
Perhaps it would be helpful to talk with a trained
counselor. A synagogue volunteer would be happy to
speak with you confidentially. Please call Norma Karp
at 299-3382.

Condolences

המקום ינחם אתכם

*Our condolences to these members who mourn
the loss of their loved ones:*

Allen Gordon - his brother, Sheldon Gordon
Nedra Katz - her mother, Esther Malke Katz
Patty Settle - her father, Morton Jacobs
Mary Wezelman - her sister, Sara Epstein
May the Author of Life Comfort the Mourners



Memorial Plaques have been installed for

Marilyn Agron
Stephan Herron
Barry Hirsch
Dolores Miller
Linda Roy

~ Anshei Israel Memorial Hall ~

Installation of a memorial plaque is a beautiful way to perpetuate
the memory of a loved one. Each year on the anniversary
of your loved one's death, the synagogue will send you a
reminder of the Yahrzeit and light the light adjacent to
their memorial plaque. Call 745-5550 to make arrangements
or if you wish to reserve a space for the future.



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Donations made to Anshei Israel Funds enable our Synagogue to continue to carry out its work, thereby better serving our members. Please consider making a donation in honor of a relative or friend who may be celebrating a simcha or in memory of a loved one. This list reflects those donations made after the last issue's publication date. Todah Rabah to all.

Our Donation Form
is available at the Front
Desk in the administrative
office AND at
www.caiaz.org
Notification cards are
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Sara & Tom Borin's son's marriage
Phyllis & Merrill Broad's granddaughter's engagement
Shawn & Aaron Hellman's son's marriage
Adrienne & Larry O'Hare's grandson's marriage
Jill & Daniel Ranucci's new granddaughter
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Margo & Ron Gray's anniversary
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Grandfather, Louis Horn
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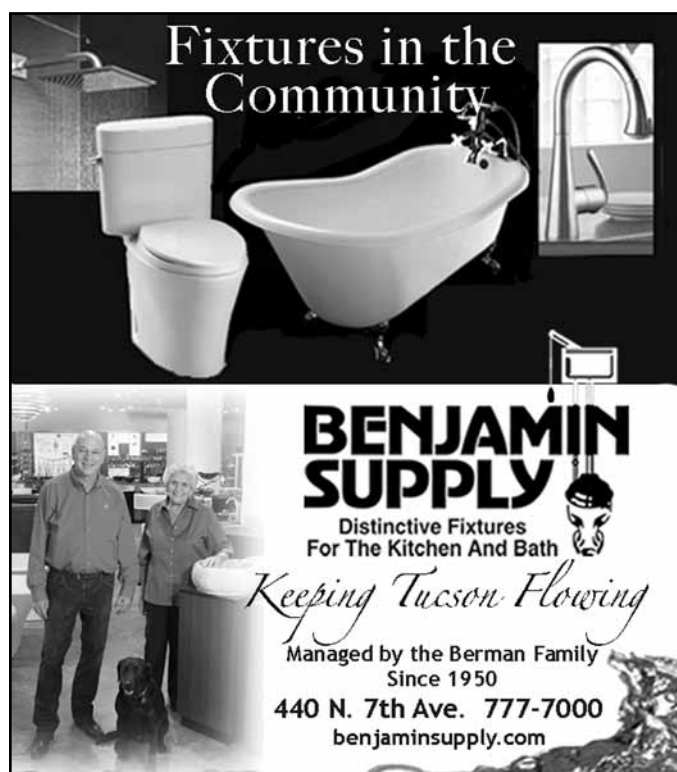
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