## Help with Tikkun Olam - repairing the world - when you participate in Project Hospitality.

A volunteer-driven community-wide effort to provide the homeless with shelter and food during the winter months.

## Congregation Anshei Israel

 is participating in the program on:Monday, December 10, 2012
Wednesday, December 19, 2012
Monday, January 7, 2013
Tuesday, January 29 (USY Night)


We are seeking 6 to 8 volunteers to purchase or prepare and serve food to approximately 25 people at Temple Emanu-El ( 225 N . Country Club), 5:00-6:30pm on each of the nights listed above. This includes assembling a sack lunch and cold breakfast for the following day.

If you are not able to volunteer on the scheduled nights, we still need food and monetary donations. We appreciate your help. (See other side for food list.)


CONGREGATION ANSHEI ISRAEL
5550 E. 5th St., Tucson, AZ 85711
745-5550 • www.caiaz.org

If interested in helping or in making any donations, please contact:
Hedy Feuer, 471-0324, hedy.feuer@gmail.com Jane Poliakoff, 748-8849, jmpoliakoff@gmail.com

## Project Hospitality FOOD NEEDED FOR ONE NIGHT \& DAY OF PROGRAM

## BREAKFAST

2, 96 oz. container orange juice AND apple or cranberry juice
2 gallons whole milk
1 pound drip coffee (for breakfast \& dinner)
24 hard-boiled eggs
24 small variety packs cereal
24 bananas
24 oranges
24 muffins or sweet rolls

BROWN BAG LUNCH
24 lunch bags
Lunch meat and cheese (does NOT need to be kosher)
2 large loaves wheat bread
24 juice containers with straws (these should be real juice)
24 individually wrapped cookies or granola bar treat


24 individually wrapped bags of chips, whole wheat crackers, nuts, raisins or trail mix

DINNER
25 portions salad greens and tomatoes
1 large bottle salad dressing
Entrée: Any hearty dish, enough for 2 large portions per person: 50 large pieces of chicken (fried or baked), meatloaf, brisket, meatballs, lasagna, etc. (No soup or chili served.)
30 soft dinner rolls
2, \#10 cans of vegetables or frozen bags
30 large servings mashed potatoes with gravy (can be purchased shelf-stable and made on site)

## DESSERT

Pies, cakes, brownies or cookies (store-bought or homemade)
2, 96 oz. container apple juice
2 gallons whole milk

