



Volume 1, Issue 19

Yamim Noraim

CONGREGATION ANSHEI ISRAEL'S
High Holy Days Publication

5776
2015



L'SHANAH TOVAH



Congregation Anshei Israel

*A Conservative Synagogue affiliated with
The United Synagogue of Conservative Judaism*

5550 East Fifth Street • Tucson AZ 85711
(520) 745-5550 fax (520) 745-9058
www.caiaz.org

CONTACT INFORMATION 520-745-5550

Rabbi • Robert J. Eisen
Ext. 230 • rabbi@caiaz.org

Rabbi Emeritus • Arthur Oleisky
rabbi.oleisky@caiaz.org

Cantorial Soloist • Nichole Chorny
Ext. 228 • cantorialsoloist@caiaz.org

Education & Youth Director
Rabbi Ruven Barkan
Ext. 227 • eddir@caiaz.org

Finance Director • Bob Dietz
Ext. 223 • financedirector@caiaz.org

Preschool / Kindergarten Director
Lynne Falkow-Strauss
Ext. 229 • lynne@caiaz.org

Congregational Services Director
Barb Gould
Ext. 242 • barb@caiaz.org

Communications & Marketing Director
Yvonne Ethier
Ext. 231 • yvonne@caiaz.org

Food Services / Ritual Coordinator
Max Ellentuck
Ext. 221 • mashgiach@caiaz.org

Clergy Assistant • Michelle Ollanik
Ext. 225 • clergysecretary@caiaz.org

Finance Assistant • Lynn Walsh
Ext. 244 • financeasst@caiaz.org

Education Assistant • Kim Miller
Ext. 224 • edasst@caiaz.org

Receptionist Desk • Ext. 200
Debra Lytle • receptionist@caiaz.org
Lynn Walsh • officeassistant@caiaz.org

Yamim Noraim – “Days of Awe”
Congregation Anshei Israel's
award-winning High Holy Days
newsletter is published annually.

CAI's Clergy, Board of Trustees and Staff
wish each and every member



We suggest that you keep this publication for reference
throughout the High Holy Days.
To help us better serve you, please adhere to
deadlines for all reservations and orders.

HIGH HOLY DAYS CHECKLIST

<u>Page</u>		<u>Deadline</u>	
3	Yahrzeit Plaque Orders	Aug. 7	<input type="checkbox"/>
4	High Holy Days Ticket Orders	Aug. 12	<input type="checkbox"/>
6	Rosh Hashanah Honey Orders	Aug. 14	<input type="checkbox"/>
6	“The High Holy Days: Are You Ready?” Adult Education Kollel RSVP	Aug. 17	<input type="checkbox"/>
7	Book of Remembrance Inclusions	Aug. 24	<input type="checkbox"/>
8	Selihot Program RSVP	Aug. 31	<input type="checkbox"/>
8	Lulav & Etrog Orders	Sept. 1	<input type="checkbox"/>
7	Babysitting RSVP	Sept. 4	<input type="checkbox"/>
7	Services for Children & Families RSVP	Sept. 4	<input type="checkbox"/>
10	Yom Kippur Lunch for Children RSVP	Sept. 11	<input type="checkbox"/>
8	Tashlich at the Park RSVP	Sept. 17	<input type="checkbox"/>
11	Community Sukkot Dinner RSVP	Sept. 21	<input type="checkbox"/>
BC	Community Simhat Torah Dinner RSVP (more information soon)	Sept. 25	<input type="checkbox"/>



High Holy Days Honors

Participation in High Holy Days Services is an important honor. At CAI, honors are distributed in a democratic fashion that makes it possible for every member family to have an honor approximately every four years.

Approximately 110 honors are available during the High Holy Days season which covers *Rosh Hashanah, Shabbat Shuvah, Yom Kippur, Sukkot* and *Shemini Atzeret*. The Honors Committee has begun calling members whose last names begin with the letter **N**. We look forward to your participation. Please say "yes" when you are called. Instructions are available to those who have questions regarding their honor.

Volunteer Ushers Needed for High Holy Days

CAI's Ushering Committee is actively recruiting men and women to help usher for one hour during the High Holy Days. Training will be provided for this important *mitzvah*. If interested, please call Michelle Ollanik at 745-5550, ext. 225.

Guardians of the Ark

All college and high school students over the age of 13 are invited to perform the special honor of serving as a Guardian of the Ark during the *Ne'ilah* Service at the close of *Yom Kippur*. If you would like to volunteer, please call Rabbi Ruven Barkan at 745-5550, ext. 227.

Special Needs, Assisted-Hearing Devices and Large Print Mahzors

If you or any member of your family uses a walker, wheelchair, etc., and requires special seating, please let us know so that we may accommodate your needs. Limited quantities of assisted-hearing devices are available for use in the Sanctuary and Rabbi Breger Hall. A few copies of large print editions of the Mahzor are available. For further information, please call Barb Gould at 745-5550, ext. 242.



Yahrzeit Plaques

Yahrzeit plaques placed in the Congregation Anshei Israel Memorial Hall during the year 5774 will be dedicated on Shemini Atzeret, **Monday, October 5.**

To ensure their timely arrival for this year's dedication, orders for yahrzeit plaques must be placed **NO LATER THAN AUG. 7.** *We will make every effort to place your order; however, this is the manufacturer's deadline.*

Please contact Michelle Ollanik
at 745-5550, ext. 225 or clergysecretary@caiaz.org

Young Adult/College Outreach Program

During the High Holy Days, the absence of many of our young adults is readily apparent to the Synagogue and to you, the families whose children are away from home. All too often our college-age young adults feel cut off from the Synagogue which played such an important part in their younger years. We want to keep that Synagogue connection with your children.

Please help us update our list of young adults who are in college or others who would enjoy hearing from us. We ask those who would like their children to receive both regular and e-mail communications to complete and return the form below to:

Congregation Anshei Israel, Young Adult/College Outreach Program, 5550 E. 5th St., Tucson, AZ 85711

Congregation Anshei Israel's Young Adult/College Outreach Program

Name(s) _____

Address _____

City _____

ST _____ Zip _____

E-mail _____

College Name _____



High Holy Days Ticket and Seating Information

General Admission Tickets

ALL members in good standing will receive General Admission seating in Rabbi Breger Hall at no additional cost. Shomrei Torah members receive Reserved Seating in the Sanctuary at no additional cost.

If you have not already completed and returned an order form for High Holy Days tickets/seating, the form inserted to this publication **MUST** be completed and returned to the synagogue office **NO LATER THAN AUGUST 12** so that we can mail tickets in a timely manner. Tickets **will not** be available at the door. Options for disability-related accommodations, as well as Youth Services are available on page 2 of the form.

Everyone ages 16+ — **without exception*** (see next column) — will be required to present a ticket with his/her full name imprinted on it and a matching photo ID to be admitted to the synagogue. **Tickets and photo ID cards will be required for entry at all times during the High Holy Days.** Should you have questions, please call Barb at 745-5550, ext. 242.

To receive tickets, your account with CAI must be current and a minimum of 25% of your 2015-16 membership commitment and MOMA paid. Being current means that all past charges must be paid or on a charge card payment plan. If you have questions or concerns about your account status, please call Bob Dietz at 745-5550, ext. 223.

Members Request For Reciprocal Letter

If you will be out of town during the High Holy Days and a member in good standing, and would like to attend services at a synagogue in another city, complete the form below and return it to: CAI, ATTN: Barb Gould, 5550 E. 5th St., Tucson, AZ 85711.

Please prepare a **Reciprocal Letter** for me/us to attend High Holy Days services in another city.

_____ Rosh Hashanah _____ Yom Kippur
Synagogue I/we will be attending _____

SELECT ONE OPTION BELOW

- 1) ___ Fax # _____ ATTN: _____
- 2) ___ I will pick up the letter at the CAI administrative office.
- 3) ___ Please mail the letter to me at the address below.

Name(s) _____
Address _____
City _____ Zip _____

*Complimentary Tickets

Free general admission tickets (non-reserved seating) are available for all High Holy Days services to: all unaffiliated Jews 20- to 39-years-old (must call in advance); all college students; and all military personnel. A school or military ID along with another picture ID, such as a valid driver's license, is required at the door.

AGAIN this year: On the second day of Rosh Hashanah, CAI will open its doors to the Tucson Jewish community as an opportunity to showcase the warmth and tradition that has been its hallmark for 85 years. We want others to experience what CAI members enjoy year-round and especially during the High Holy Days. Our membership will open its collective arms and welcome others into the oldest, Conservative synagogue in Tucson.

We want to make it easy for everyone to come pray, but for security reasons we ask that — in advance — you send us your name, address and email before the holidays. You will also need to provide ID at the door. For more information, call Barb at 745-5550, ext. 242.

Reserved Seats for Purchase

Services will be held in the Sanctuary and in Rabbi Breger Hall. Reserved seats may be purchased. If you purchased seats last year (Shomrei Torah), you will receive the same seats this year. If you wish to change their location, call Barb at 745-5550, ext. 242.

In the Sanctuary (pews) • \$190 each

(No charge for Shomrei Torah.)

In Rabbi Breger Hall (cushioned red chairs)

adjoining Sanctuary • \$36 each

Admittance and Security

In the interest of the safety of all service attendees, TPD and personnel from a security company specifically hired for this purpose will check tickets and identification. These procedures allow us to provide a comfortable environment conducive to the High Holy Days spirit. To help alleviate delays at the door, we suggest that you arrive early for services with your ticket and photo ID in hand. Please note: ALL personal bags are subject to search; leave backpacks at home. We cannot be responsible for personal items left in your car.



Proper Conduct and Dress for the High Holy Days

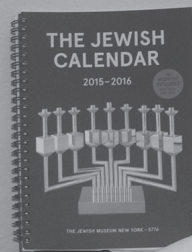
In order to maintain a dignified and inspiring High Holy Days worship experience for everyone in the synagogue, congregants are requested to follow these rules of decorum:

- No one will be allowed to enter the Sanctuary: during the Rabbi's sermon; while the Ark is open; or during special prayers such as when the Hineni is being chanted.
- **There should be NO movement during the Kedusha and the Sh'moneh Esrai.**
- No one should walk around during services unless absolutely necessary.
- Please rise whenever the Ark is opened.
- Please do not congregate in the lobby or synagogue entry.
- Please worship in your own *tallit* and *kippah*.
- Please keep greetings nonverbal and conversations at an absolute minimum — if you speak at all during services.
- Please exercise control over your children and keep them with you if they are not in Youth Services or babysitting.
- Please make sure that any children's activities brought into services are "Shabbat/Festival appropriate" (for example: No coloring, electronic games, etc.)
- Prayerbooks should **NOT** be placed on the floor.
- Baby strollers in the aisles are a fire hazard.
- Women called to the *Bimah* must wear a head covering.
- Please refrain from wearing strong scents out of consideration for those with allergies.
- If a medical or other emergency arises, please advise an usher as quickly and quietly as possible.
- If you must use a pager, please put on silent mode.
- **ALL CELL PHONES MUST BE TURNED OFF!**
- If you have reserved seats and find your seat occupied, please quietly bring this to the attention of an usher.
- Mini-skirts, shorts, tank tops, halters, spaghetti strap or braless tops/dresses, as well as flip-flops, are not proper synagogue attire.

PLEASE NOTE:

Our ushers follow procedures that are set up for your safety as well as to ensure the decorum of services. Please treat our ushers with respect and appreciation for the important volunteer responsibility they have undertaken.

**COME SEE OUR
FULL RANGE OF
ITEMS FOR
ROSH
HASHANAH!
(ON DISPLAY
EARLY AUGUST)**



HOURS
until Aug. 14
M-F 10am-1pm
effective Aug. 16
Sun 9am - 12noon
Mon, Wed, Thur
10am - 4pm
Tues 10am - 6pm
Fri 10am - 1pm

Women's League
JUDAICA
GIFT SHOP





USY

ROSH HASHANAH HONEY

*Sweeten the New Year
for your friends and family!*

Congregation Anshei Israel's United Synagogue Youth are selling **8-ounce gift jars of delicious golden certified pure kosher honey for \$10 each.**

We want to be sure that you, your family and friends receive this delicious honey in time to sweeten the New Year!

**Please complete and return
the inserted form
BY AUGUST 14.**

**We must adhere to this deadline in
order to assure delivery
by Rosh Hashanah.**



~ ADULT STUDIES KOLLEL ~



"ARE YOU READY?"

Every year, from about the end of August until Rosh Hashanah, Rabbi Eisen is asked: "Rabbi, are you ready?" Ready? For what? For the High Holy Days, of course. Though he approaches the time of year very differently than most, his usual response is: "Are you?!" By which he means: These days are not about him, they are about "us" – as individuals and as a community. Whether he is ready with notes, sermons, signs and songs is not as important as whether we are looking inward to find our own faith and fortitude to make this a NEW year.

To help us each answer the question: "Are you?" we have invited some congregants to share with us something of importance to them; something that helps them with their preparation for this season, so that it can become that much more for us as well.

**Please join us on
Wednesdays, Aug. 19, 26 & Sept. 2
7:00-9:00pm**

August 19: Rabbi Dr. Bennett Blum presents
"Forgiveness: The Law and The Lore"

August 26: Rabbi Dr. Howard Schwartz presents
*"T'SHUVAH (Repentance): Up Close & Personal:
What Does/Can it Mean in Today's World?"*

September 2: Scott Lewis presents
*"Learning to Learn from Each Other: A Collaborative
Exploration of our Jewish Ethics through PIRKE AVOT"*

\$18 for the 3-week series

**PLUS food or cash donation
for the Community Food Bank**
(Kindly bring items to class.)

**Please RSVP
by Aug. 17.**

**Visit www.caiaz.org
or call 745-5550.**



~ Book of Remembrance ~ A Book of Readings & Memorial Prayers



For Jews, the act of remembrance is an important tradition. The High Holy Days are a time for reflection, a time when we remember with fondness the relatives and friends who had a significant role in shaping our lives. At CAI, we publish a Book of Remembrance to be used at all Yizkor Services throughout the year.

The Book of Remembrance includes special readings, psalms and prayers, as well as listings of those being remembered, their relationship to, and the name(s) of those who are remembering them.

It is a beautiful way to recall your dearly departed at this most solemn time of the year.

Even though you may have memorialized loved ones in past years' Book of Remembrance, we ask that you submit a form every year.

There is no charge to submit names. We want to encourage everyone to memorialize their loved ones. The act of remembrance can take on an even deeper meaning when accompanied by a donation to the synagogue. If you wish to make a contribution, it will be a gift in the spirit of *tzedakah* and remembrance.

**FIRM deadline: Aug. 24
Please use the inserted form.**

Babysitting

We welcome families with children of all ages, but to accommodate our youngest congregants, we also offer babysitting for children 18-months-through 5-years-old on First and Second Days



of Rosh Hashanah, 9:30am to 12:00noon, and Yom Kippur, 9:30am to 1:00pm.

The rate is \$10 per child, per day. **Note: No child can be admitted without a reservation.**

**Reservation deadline: Sept. 4
Please use the inserted form.**

Services for Children and Families



First Day Rosh Hashanah,
Monday, September 14

Second Day
Rosh Hashanah,
Tuesday, September 15

and

Yom Kippur,
Wednesday, September 23

- **Family Service**, for 2nd thru 6th Graders and their parents, will be held in the Cantor Falkow Lounge from 10:30am* to 12:00noon.
- **Young Children's Family Service**, for 3-year-olds to 1st Graders and their parents, will be held in the Library from 10:45am* to 12:00noon. Exciting activities, crafts and learning opportunities will be geared specifically for each age level.

* Yom Kippur times are 15 minutes later.

**Reservations are needed to
attend these services.
Reservation deadline: Sept. 4
Please use the inserted form.**



Please join us for the
opening service to the
High Holy Days



Selihot Program & Service

Saturday,
September 5

beginning in
Rabbi Breger Hall

7:45PM

Wine, Cheese and Dessert Reception

8:30PM

Havdallah Program:

"The Disputation - Nachmanides
Debates Before King James of Aragon"

9:45PM

Changing of the Torah Covers

10:00PM

Selihot Service

There is **NO CHARGE** to attend;
**however, reservations are
requested by Aug. 31.**

Please call Barb at 745-5550, ext. 242.

Kever Avot Memorial Service

Sunday, September 6 • 10:30am

Evergreen Cemetery, Anshei Israel Section

The Kever Avot Memorial Service, held annually by our congregation and almost every congregation throughout the country, is a time to come to the cemetery to pay our respects to our dearly departed. Even if your loved ones are not buried in CAI's Cemetery, you are encouraged to participate in the service and express your feelings of love and loss.

The service lasts no more than 30 minutes. A special booklet of prayers is used that provides spiritual connection with those who are no longer among the living.

Lulav & Etrog

Blessing the lulav and etrog on Sukkot is the Jewish way of thanking God for the blessings of the earth. By holding the four species together — the branch of a palm (*lulav*), three myrtle branches (*hadas*), two willows (*aravot*), and a bright yellow etrog — we symbolically "get our act together." When we point the lulav and etrog in six directions, we remind ourselves that God's presence can be found in every area of our lives. By shaking the lulav and etrog vigorously, we commit to being "movers and shakers" in the world this year, for good and for blessing.



Add meaning to your Jewish life and create special memories for your family by shaking a lulav in your home! We offer fully assembled Lulav & Etrog Sets for \$54.

Order deadline: Sept. 1

Visit www.caiaz.org or
call Michelle at 745-5550, ext. 225.



Tashlich at the Park
Sunday, September 20
4:00pm
at Reid Park, Ramada 7

We invite everyone to join us as we symbolically "cast away" our sins as the New Year begins. Traditionally, bread crumbs are cast upon a body of water as an act of self purification and to fulfill

the words of the Prophet Micah (7:19): "And Thou wilt cast (*vetashlich*) all their sins into the depths of the sea."

CAI will provide refreshments. Bring the whole family and participate in this meaningful experience at Reid Park. (To find Ramada 7: Enter park via Lakeshore Dr. off 22nd St.; turn left into first parking lot; Ramada 7 is between playground and road.)

NOTE:

All **Religious School students** are expected to be at the park by 4:00pm.

All **Junior USYers** are requested to attend to help with younger children at the event.

**There is no charge to attend; however,
reservations are needed by Sept. 17.**

Call Kim at 745-5550, ext. 224.



PROJECT



ISAIAH

Every year, Congregation Anshei Israel participates in Tucson's annual High Holy Days Hunger Project benefiting the Community Food Bank.

Kindly drop off food donations September 1 - October 9 in the marked box in the administrative office foyer. Monetary donations are also greatly appreciated. The Food Bank can use the monies to purchase items at a greater discount. Cash or checks (made payable: *Community Food Bank*) may be mailed to, or dropped off at, the Synagogue.

In addition, CAI's United Synagogue Youth will be collecting donations of **FOOD ITEMS ONLY** from **4:30 to 5:30pm on Kol Nidre, Tuesday, September 22.** Please bring your food donations to the marked truck parked by the flag pole near the main entrance to the Synagogue.

MOST-NEEDED ITEMS:

*Canned Fruit or Fruit Juice • Canned Vegetables
Cereals, Pasta, Rice, Beans, Soups • Peanut Butter and Paper Goods*

Project Isaiah was conceived and initiated by the Conservative Movement.

The Next 85 Years

With our collective "Terumah" or "Elevated Offering" during the approaching Yamim Noraim, 5776 can be the springboard into our next 85 years!

We introduced this concept of "Terumah" in the membership information sent to you in June. What better way to help us consider our financial commitment to Congregation Anshei Israel, than to continue this theme through the High Holy Days Appeal.

One fitting interpretation of "Terumah" relates to the notion that contributions to the "Mishkan" (or for our purposes, our "House of Prayer, Learning and Gathering"), are not just a means to an end but rather, much more. The process of giving has intrinsic importance in that taking one's possessions and separating them for God, uplifts

those possessions; but as importantly, uplifts the contributor.

The Appeal during our 85th year produced more first-time contributors than in previous years; more participation from the Religious School and Pre-School/Kindergarten students than ever before; and, the message of "giving" – at no matter what level – was a core factor in the broader participation of our congregants. As stated at the top, we want this year's Appeal to be the springboard into our next 85 years setting a standard which will provide us with the financial means to meet your needs. We and your fellow congregants working on the Appeal, look forward to continuing this discussion as we get nearer to the High Holy Days.

The Board of Trustees



Kol Nidre Candles

If you wish to light Yom Tov candles before Kol Nidre Services, please go to the Synagogue's kitchen.



We will provide them for you.

Ne'ilah Traditions

Independent of our particular levels of observance, *Yom Kippur* has an appeal which draws us back to the Synagogue year after year after year. The need to pause and get in touch with the way we are living our lives is universal and eternal. And especially as the day begins to draw to an end ... as the Gates of Heaven begin to close ... our passion for finding atonement ("at-one-ment") can be overwhelming. We pray, even as the Gates are closing: *Open for us the gates – at the hour of the closing of the gates. The day is nearly done. The sun is low; the day is growing late. O, let us come into Your gates at last.*

Though there are many "first steps" which can enable us to cross the threshold into the New Year — many different ways in which we can find the Gates of Heaven open to our hopes and dreams and prayers — we will again be continuing our "new tradition" which has given so many of us new meaning to the day we know as *Yom Kippur*; new meaning to our hopes and dreams and prayers; new meaning to what life can still be.

For the entire repetition of *Ne'ilah*, as we stand before the open *Aron Kodesh*, symbolizing the Gates of Heaven which remain open to our heartfelt supplication, as our *Hazzan* lifts our prayer on the wings of his own, you will be invited (individually, or with your families) to come up to the *bimah*, approach the *Aron Kodesh* and stand before it to offer the prayers you feel deep in your heart. Some may feel a bit self-conscious, but if you allow yourself to open your heart, your soul, and your mind, you may find the intimacy of the moment (the intimacy which we can achieve between ourselves and God) to be the most meaningful moment of the entire High Holy Days season.

Rabbi Robert J. Eisen

WHY SOCIAL ACTION ON YOM KIPPUR?

Every day, millions of Americans go hungry and are forced to skip meals because of circumstance. On Yom Kippur, we choose to skip meals and go hungry as part of our Jewish celebration, but we are blessed to have the choice.

Even if our hunger lasts only a day, it is enough to make us aware of the challenge hunger presents to those who experience it. This year, take your experience with hunger and turn it into a meaningful action.

- Donate to MAZON in place of the meals you are skipping when you fast. You can also donate the amount it would cost to have an additional person at your break fast meal.
- Tell your friends and family about your donation and ask them to consider doing the same.
- College students: bring this activity to Hillel, your dorm or campus dining facilities. Ask fellow students to donate to MAZON in honor of the meals they skipped.
- Engage in meaningful discussion about the issue of hunger: Why are millions of people still going hungry? What can we do to help?

MAZON: A Jewish Response to Hunger is a national nonprofit dedicated to preventing and alleviating hunger among people of all faiths and backgrounds.

10495 Santa Monica Blvd, Suite 100
Los Angeles, CA 90025
(800) 813-0557 | mazon.org

MAZON | A Jewish Response
To Hunger

Yom Kippur Lunch for Children Ages 3 to 12

Wednesday, September 23
12:15pm

**There is NO CHARGE;
however, reservations are
required by Sept. 11. Please use the inserted form.**



Yom Kippur Break-the-Fast

Congregation Anshei Israel provides Break-the-Fast after the Yom Kippur evening service. Our USYers will be serving juice and challah just outside the exit doors on the west and north sides of the building. In the event of inclement weather, the Break-the-Fast will be served in the west hallway. This will reduce congestion at the Sanctuary doors for those who wish to leave the Synagogue immediately after the blowing of the shofar.



Join
us
for
Sukkot
and a
total
eclipse
of the
moon!

**Sunday,
September 27
6:00pm**



**It's a mitzvah to eat in a sukkah. Please join us for dinner (and moon-gazing!)
in CAI's sukkah as we celebrate Sukkot.**

The service for First Night Sukkot will begin at 5:30pm, followed by dinner at 6:00pm (salad, lasagna, mac & cheese, garlic bread & moon pies). Then we'll take a closer look (bring your binoculars!) at the total lunar eclipse with Alan Strauss, Director of the Steward Observatory's Mt. Lemmon SkyCenter and the UA Sky School as our guide!

Dinner \$25 per family
(two adults & up to 4 children)
and/or adults (13+) \$10 per person.

**Please RSVP by Sept. 21.
Visit www.caiaz.org or call 745-5550.**

**Shemini
Atzeret
Monday,
October 5
9:00am**



On Shemini Atzeret, all yahrzeit plaques installed in
Congregation Anshei Israel's Memorial Hall
during the past year will be dedicated;
Yizkor approximately 10:30am.

Please join us for this service and meaningful dedication.

**See back page for information about our
Simhat Torah Celebration**





Congregation Anshei Israel
 5550 East Fifth Street
 Tucson, AZ 85711
 www.caiaz.org

Non-Profit
 Organization
 U.S. POSTAGE
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 Tucson, Arizona

Address Service Requested

MISSION STATEMENT

Congregation Anshei Israel shall serve as a source of spiritual, educational, and social enrichment in order to encourage and ensure Judaic values in accordance with the Principles of Conservative Judaism.

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 PRESIDENT**

Lew Crane



Monday, October 5
Simhat Torah Dinner
at 5:30pm
and
Traditional Hakafot
at 6:13pm

Celebrate with Israeli singing and dancing, and refreshments.
 Get a guided tour from Creation to Mt. Sinai as the Torah is completely unrolled to encircle all who attend!

And, the celebration continues ...
Tuesday, October 6
at 9:00am

Share in a festive service geared toward children. At 9:30 am, the Sifrey Torah are taken out of the Ark. The children parade behind, then go up on the Bimah and are blessed.

Watch your mail for exciting details to follow...