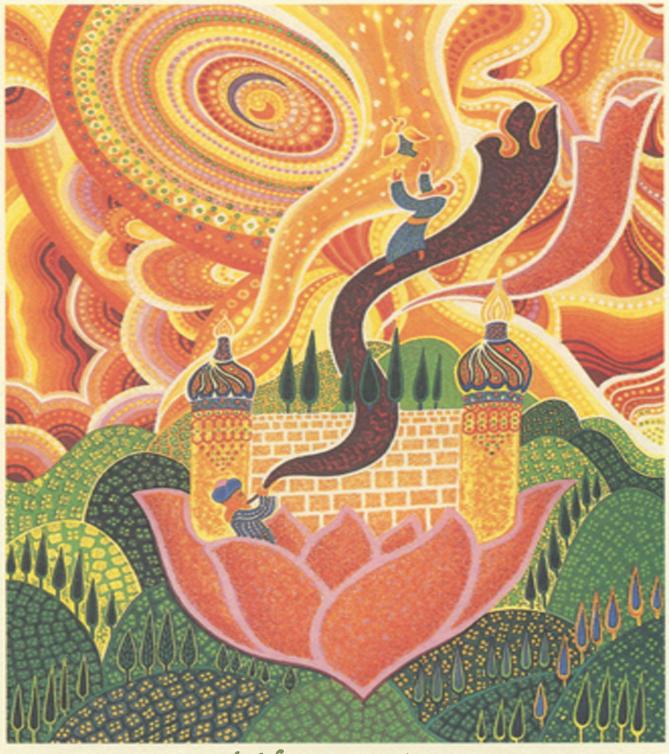
# **Yamim Noraim**

CONGREGATION ANSHEI ISRAEL'S
High Holy Days Publication

57752014



L'Shana Tova



5550 East Fifth Street • Tucson AZ 85711 (520) 745-5550 fax (520) 745-9058 www.caiaz.org

#### CONTACT INFORMATION 520-745-5550

**Rabbi** • Robert J. Eisen Ext. 230 • rabbi@caiaz.org

**Rabbi Emeritus** • Arthur Oleisky *rabbi.oleisky@caiaz.org* 

**Cantorial Soloist** • Nichole Chorny Ext. 228 • cantorialsoloist@caiaz.org

#### Religious School Administrator

Sarah Artzi

Ext. 227 • rsadmin@caiaz.org

Finance Director • Bob Dietz

Ext. 223 • financedirector@caiaz.org

#### **Preschool / Kindergarten Director**

Lynne Falkow-Strauss

Ext. 229 • lynne@caiaz.org

#### Youth & Adult Program Director

Linda Roy

Ext. 222 • linda@caiaz.org

#### **Congregational Services Director**

Barb Neuman

Ext. 242 • barb@caiaz.org

#### **Communications & Marketing Director**

Yvonne Ethier

Ext. 231 • yvonne@caiaz.org

#### **Food Services / Ritual Coordinator**

Max Ellentuck

Ext. 221 • mashgiach@caiaz.org

#### Clergy Assistant • Michelle Ollanik

Ext. 225 • clergysecretary@caiaz.org

#### **Administrative Coordinator**

Brittany Neumaier

Ext. 240 • admasst@caiaz.org

#### Finance Assistant • Lynn Walsh

Ext. 244 • financeasst@caiaz.org

#### **Education Assistant • Kim Miller**

Ext. 224 • edasst@caiaz.org

#### Receptionist Desk • Ext. 200

Debra Lytle • receptionist@caiaz.org Lynn Walsh • officeassistant@caiaz.org

Yamim Noraim — "Days of Awe" Congregation Anshei Israel's award-winning High Holy Days newsletter is published annually. CAI's Clergy, Board of Trustees and Staff wish each and every member



May you be inscribed for a good year!

We suggest that you keep this publication for reference throughout the High Holy Days.

To help us better serve you, please adhere to deadlines for all reservations and orders.

#### HIGH HOLY DAYS CHECKLIST

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3	Yahrzeit Plaque <b>Orders</b>	Aug. 29	
7	Book of Remembrance Inclusions	Sept. 12	
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7	Babysitting RSVP	Sept. 19	
7	Services for Children & Families RSVP	Sept. 19	
10	Yom Kippur Lunch for Children RSVP	Sept. 22	
8	Tashlich at the Park <b>RSVP</b>	Sept. 29	
10	Sukkot Dinner RSVP	Oct. 2	
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# High Holy Days Honors

Participation in High Holy Days Services is an important honor. At CAI, honors are distributed in a democratic fashion that makes it possible for every member family to have an honor approximately every four years.

Approximately 110 honors are available during the High Holy Days season which covers *Rosh Hashanah*, *Shabbat Shuvah*, *Yom Kippur*, *Sukkot* and *Shemini Atzeret*. The Honors Committee has begun calling members whose last names begin with the letter **H**. We look forward to your participation. Please say "yes" when you are called. Instructions are available to those who have questions regarding their honor.

# Volunteer Ushers Needed for High Holy Days

CAI's Ushering Committee is actively recruiting men and women to help usher for one hour during the High Holy Days. Training will be provided for this important *mitzvah*. If interested, please call Michelle Ollanik at 745-5550, ext. 225.

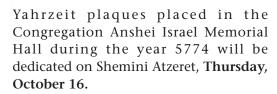
#### Guardians of the Ark

All college and high school students over the age of 13 are invited to perform the special honor of serving as a Guardian of the Ark during the *Ne'ilah* Service at the close of *Yom Kippur*. If you would like to volunteer, please call Linda Roy at 745-5550, ext. 222.

# Special Needs, Assisted-Hearing Devices and Large Print Mahzors

If you or any member of your family uses a walker, wheelchair, etc., and requires special seating, please let us know so that we may accommodate your needs. Limited quantities of assisted-hearing devices are available for use in the Sanctuary and Rabbi Breger Hall. A few copies of large print editions of the Mahzor are available. For further information, please call Barb Neuman at 745-5550, ext. 242.

# Vahrzeit Plaques



To ensure their timely arrival for this year's dedication, orders for yahrzeit plaques

must be placed **NO LATER THAN AUG. 29**. We will make every effort to place your order; however, this is the manufacturer's deadline.

Please contact Brittany Neumaier at 745-5550, ext. 240 or admasst@caiaz.org

# Young Adult/College Outreach Program

During the High Holy Days, the absence of many of our young adults is readily apparent to the Synagogue and to you, the families whose children are away from home. All too often our college-age young adults feel cut off from the Synagogue which played such an important part in their younger years. We want to keep that Synagogue connection with your children.

Please help us update our list of young adults who are in college or others who would enjoy hearing from us. We ask those who would like their children to receive both regular and e-mail communications to complete and return the form below to:

Congregation Anshei Israel, Young Adult/College Outreach Program, 5550 E. 5th St., Tucson, AZ 85711



# High Holy Days Ticket and Seating Information

# General Admission Tickets

ALL members in good standing will receive General Admission seating in Rabbi Breger Hall at no additional cost. Shomrei Torah members receive Reserved Seating in the Sanctuary at no additional cost.

If you have not already completed and returned an order form for High Holy Days tickets/seating, the form inserted to this publication MUST be completed and returned to the synagogue office NO LATER THAN AUGUST 27 so that we can mail tickets in a timely manner. Tickets will not be available at the door. Options for disability-related accommodations as well as Youth Services are available on page 2 of the form.

Everyone ages 16+ – **without exception\*** – will be required to present a ticket with his/her full name imprinted on it and a matching photo ID to be admitted to the synagogue. **Tickets and photo ID cards will be required for entry at all times during the High Holy Days.** Should you have questions, please contact Barb Neuman at 745-5550, ext.242 or *barb@caiaz.org* 

To receive tickets, your account with CAI must be current and a minimum of 25% of your 2014-15 membership dues and MOMA paid. Being current means that all past charges must be paid or on a charge card payment plan. If you have questions or concerns about your account status, please contact Bob Dietz at 745-5550, ext. 223 or financedirector@caiaz.org

# Request For Reciprocal Letter

If you will be out of town during the High Holy Days and would like to attend services at a synagogue in another city, you may request a letter of reciprocity. Please complete the form below and return it to: CAI, 5550 E. 5<sup>th</sup> St., Tucson, AZ 85711, ATTN: Barb Neuman.

Please prepare a <b>Recipre</b> attend High Holy Days se	<b>ocal Letter</b> for me/us to ervices in another city.			
Rosh Hashanah	Yom Kippur			
Synagogue I/we will be attending				
Their fax #	Attn:			
OR I will pick up the letter at the CAI administrative office.  Please mail the letter to me at the address below.				
Name(s)				
Address				
City	Zip			

# \*Complimentary Tickets

Free general admission tickets (non-reserved seating) are available for all High Holy Days services to: all unaffiliated Jews 20- to 39-years-old (must call in advance); all college students; and all military personnel. A school or military ID along with another picture ID, such as a valid driver's license, is required at the door.

**NEW this year!** On the second day of Rosh Hashanah, CAI will open its doors to the Tucson Jewish community as an opportunity to showcase the warmth and tradition that has been its hallmark for 85 years. We want others to experience what CAI members enjoy year-round and especially during the High Holy Days. Our membership will open its collective arms and welcome others into the oldest, Conservative synagogue in Tucson.

We want to make it easy for everyone to come pray, but for security reasons we ask that — in advance — you send us your name, address and email before the holidays. You will also need to provide ID at the door. For more information, contact Barb Neuman at 745-5550, ext. 242 or <code>barb@caiaz.org</code>

# Reserved Seats for Purchase

Services will be held in the Sanctuary and in Rabbi Breger Hall. Reserved seats may be purchased. If you purchased seats last year (Shomrei Torah), you will receive the same seats this year. If you wish to change their location, call Barb at 745-5550, ext. 242.

In the Sanctuary (pews) • \$190 each (No charge for Shomrei Torah.)

In Rabbi Breger Hall (cushioned red chairs) adjoining Sanctuary • \$36 each

# Admittance and Security

In the interest of the safety of all service attendees, TPD and personnel from a security company specifically hired for this purpose will check tickets and identification. These procedures allow us to provide a comfortable environment conducive to the High Holy Days spirit. To help alleviate delays at the door, we suggest that you arrive early for services with your ticket and photo ID in hand. Please note: ALL personal bags are subject to search; leave backpacks at home. We cannot be responsible for personal items left in your car.



# USY

# Rosh Hashanah Honey

# Sweeten the New Year for your friends and family!

CAI's United Synagogue Youth is selling 8-oz. gift jars of delicious golden certified pure kosher honey for \$10 each. When you use our code to order (10024), proceeds from the sales will be tracked and our USY will benefit!

Ordering your gifts of Rosh Hashanah honey to usher in the New Year is now even easier.

# Please see the inserted form for further details.

DON'T MISS OUT! Order deadline: August 25





# All in the Family: The Congregation Family SEND US YOUR PICTURE!

Let's get to know our members!

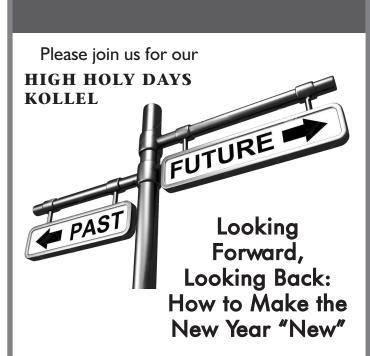
For the High Holy Days this year, we will be displaying family photos of our congregants in the hallways of our synagogue.

Please send in a family picture (along with the names of who is in the picture) to the office **no later than Sept. 12** to add to this beautiful display.

Hard copy photos will not be returned unless requested. Digital photos or copies of the original photo are preferred. NOTE: Depending on the volume of photos we receive, our hope is to use them in future display projects.

Please send digital photos in JPG format, 300 dpi, to *cantorialsoloist@ caiaz.org* OR hard copies ATTN: Nichole Chorny.

WE WANT TO SEE YOUR SMILING FACES!



Wednesdays, August 27, September 3 & 10

7:00 - 7:45pm Teshuvah, Maimonides and "Me" with **Rabbi Dr. Howard Schwartz** 

> 7:50 - 8:35pm Six Things Worth Remembering From Years Gone By with **Rabbi Robert Eisen**

\$18 for the 3-week series
PLUS food or cash donation
for the Community Food Bank
(Kindly bring items to class.)

Please RSVP by Aug. 25 Visit www.caiaz.org or call 745-5550

# Proper Conduct and Dress for the High Holy Days

In order to maintain a dignified and inspiring High Holy Days worship experience for everyone in the synagogue, congregants are requested to follow these rules of decorum:

- No one will be allowed to enter the Sanctuary: during the Rabbi's sermon; while the Ark is open; or during special prayers such as when the Hineni is being chanted.
- There should be NO movement during the *Kedusha* and the *Sh'moneh Esrai*.
- No one should walk around during services unless absolutely necessary.
- Please rise whenever the Ark is opened.
- Please do not congregate in the lobby or synagogue entry.
- Please worship in your own tallit and kippah.
- Please keep greetings nonverbal and conversations at an absolute minimum — if you speak at all during services.
- Please exercise control over your children and keep them with you if they are not in Youth Services or babysitting.
- Please make sure that any children's activities brought into services are "Shabbat/Festival appropriate" (for example: No coloring, electronic games, etc.)
- Prayerbooks should NOT be placed on the floor.
- Baby strollers in the aisles are a fire hazard.
- Women called to the *Bimah* must wear a head covering.
- Please refrain from wearing strong scents out of consideration for those with allergies.
- If a medical or other emergency arises, please advise an usher as quickly and quietly as possible.
- If you must use a pager, please put on silent mode.
- ALL CELL PHONES MUST BE TURNED OFF!
- If you have reserved seats and find your seat occupied, please quietly bring this to the attention of an usher.
- Mini-skirts, shorts, tank tops, halters, spaghetti strap or braless tops/dresses, as well as flip-flops, are not proper synagogue attire.

#### **PLEASE NOTE:**

Our ushers follow procedures that are set up for your safety as well as to ensure the decorum of services. Please treat our ushers with respect and appreciation for the important volunteer responsibility they have undertaken.

# ~ Book of Remembrance ~ A Book of Readings & Memorial Prayers



For Jews, the act of remembrance is an important tradition. The High Holy Days are a time for reflection, a time when we remember with fondness the relatives and friends who had a significant role in shaping our lives. At CAI, we publish a Book of Remembrance to be used at all Yizkor Services throughout the year.

The Book of Remembrance includes special readings, psalms and prayers, as well as listings of those being remembered, their relationship to, and the name(s) of those who are remembering them.

It is a beautiful way to recall your dearly departed at this most solemn time of the year. Even though you may have memorialized loved ones in past years' Book of Remembrance, we ask that you submit a form every year.

There is no charge to submit names. We want to encourage everyone to memorialize their loved ones. The act of remembrance can take on an even deeper meaning when accompanied by a donation to the synagogue. If you wish to make a contribution, it will be a gift in the spirit of *tzedakah* and remembrance.

FIRM deadline: Sept. 12 Please use the inserted form.

# Babysitting

We welcome families with children of all ages, but to accommodate our youngest congregants, we also offer babysitting for children 18-monthsthrough 5-years-old on First and Second Days



of Rosh Hashanah, 9:30am to 12:00noon, and Yom Kippur, 9:30am to 1:00pm.

The rate is \$10 per child, per day. **Note: No child can be admitted without a reservation.** 

Reservation deadline: Sept. 19 Please use the inserted form.

# Services for Children and Families



First Day Rosh Hashanah, Thursday, September 25

> Second Day Rosh Hashanah, Friday, September 26

> > and

Yom Kippur, Saturday, October 4

- **Family Service,** for 2<sup>nd</sup> thru 6<sup>th</sup> Graders and their parents, will be held in the Cantor Falkow Lounge from 10:30am\* to 12:00noon.
- Young Children's Family Service, for 3-yearolds to 1st Graders and their parents, will be held in the Library from 10:45am\* to 12:00noon. Exciting activities, crafts and learning opportunities will be geared specifically for each age level.
  - \* Yom Kippur times are 15 minutes later.

Reservations are needed to attend these services.
Reservation deadline: Sept. 19
Please use the inserted form.

# Please join us for the opening service to the High Holy Days



# Selihot Program & Service Saturday, September 20

beginning in Rabbi Breger Hall

#### 8:00PM

Wine, Cheese and Dessert Reception

#### 8:45PM

Havdallah Program: "Inside the Synagogue Studio"

#### 9:40PM

Changing of the Torah Covers Honoring CAI's USY

#### 10:00PM

Selihot Service

There is NO CHARGE to attend; however, reservations are requested by Sept. 15.

Please call Barb at 745-5550, ext. 242.

# Kever Avot Memorial Service

**Sunday, September 21 • 10:30am** *Evergreen Cemetery, Anshei Israel Section* 

The Kever Avot Memorial Service, held annually by our congregation and almost every congregation throughout the country, is a time to come to the cemetery to pay our respects to our dearly departed. Even if your loved ones are not buried in CAI's Cemetery, you are encouraged to participate in the service and express your feelings of love and loss.

The service lasts no more than 30 minutes. A special booklet of prayers is used that provides spiritual connection with those who are no longer among the living.

# Lulav & Etrog

Blessing the lulav and etrog on Sukkot is the Jewish way of thanking God for the blessings of the earth. By holding the four species together — the branch of a palm (*lulav*), three myrtle branches (*hadas*), two willows (*aravot*), and a bright yellow etrog — we symbolically "get our act together." When we point the lulav and etrog in six directions, we remind ourselves that God's presence can be found in every area of our lives. By shaking the lulav and etrog vigorously, we commit to being "movers and shakers" in

the world this year, for good and for blessing.

Add meaning to your Jewish life and create special memories for your family by shaking a lulav in your home! We offer fully assembled Lulav & Etrog Sets for \$54.

Order deadline: Sept. 12 Visit www.caiaz.org or call 745-5550, ext. 225.



# Tashlich at the Park Tuesday, September 30 4:00pm at Reid Park, Ramada 7

We invite everyone to join us as we symbolically "cast away" our sins as the New Year begins. Traditionally, bread crumbs are cast upon a body of water as an act of self purification and to fulfill

the words of the Prophet Micah (7:19): "And Thou wilt cast (*vetashlich*) all their sins into the depths of the sea."

CAI will provide refreshments. Bring the whole family and participate in this meaningful experience at Reid Park. (To find Ramada 7: Enter park via Lakeshore Dr. off 22nd St.; turn left into first parking lot; Ramada 7 between playground and road.)

# ATTENTION!

All **Religious School students** are expected to be at the park by 4:00pm.

All **Junior USYers** are requested to attend to help with younger children at the event.

There is no charge to attend; however, reservations are needed by Sept. 29. Visit www.caiaz.org or call 745-5550, ext. 224.



Every year, Congregation Anshei Israel participates in Tucson's annual High Holy Days Hunger Project benefiting the Community Food Bank.

**Kindly drop off food donations September 2 - October 16 in the marked box in the administrative office foyer.** Monetary donations are also greatly appreciated. The Food Bank can use the monies to purchase items at a greater discount. Cash or checks (made payable: *Community Food Bank*) may be mailed to, or dropped off, at the Synagogue.

In addition, CAI's United Synagogue Youth will be collecting donations of **FOOD ITEMS ONLY from 4:30 to 5:30pm on Kol Nidre, Friday, October 3.** Please bring your food donations to the marked truck parked by the flag pole near the main entrance to the Synagogue.

#### **MOST-NEEDED ITEMS:**

Canned Fruit or Fruit Juice • Canned Vegetables Cereals, Pasta, Rice, Beans, Soups • Peanut Butter and Paper Goods

Project Isaiah was conceived and initiated by the Conservative Movement.



# during these Yamin Noraim

Our motivation in agreeing to once again co-chair the High Holy Days Appeal is the opportunity to build on the successes of last year's Appeal. There were more first-time contributors than in previous years; more participation from the Religious School and the Preschool/Kindergarten students than ever before; and the message of "giving" on no matter what level was a core factor in the broader participation of our congregants.

Your support of last year's Appeal enabled us to not just "be there," but to:

- Reach out to those in need and offer them support and resources
- Continue to improve and expand our programming for all ages of congregants
- Begin implementing the necessary changes our congregation requires to continue being a relevant and vibrant BEIT KENESSET (House of Gathering), BEIT MIDRASH (House of Study) and BEIT T'FILLAH (House of Prayer).

This year, we will take these same concepts and build on the theme of "Paying It Forward." Each of us who participated last year understands that we can never pay our synagogue back for all it provides us 365 days each year, as well as what it has provided the Tucson Jewish community for 85 years. But we can "Pay It Forward" by once again answering the call to give, and by doing so, provide the example that encourages all congregants to join in the wonderful and rewarding deed of tzedakah.

We and your fellow congregants working with us on the Appeal look forward to continuing this discussion as we get nearer to the High Holy Days.

> Vicki and Phil Pepper High Holy Days Appeal Co-Chairs

## Kol Nidre Candles

If you wish to light Yom Tov candles before Kol Nidre Services, please go to the Synagogue's kitchen.



We will provide them for you.

## Ne'ilah Traditions

Independent of our particular levels of observance, *Yom Kippur* has an appeal which draws us back to the Synagogue year after year after year. The need to pause and get in touch with the way we are living our lives is universal and eternal. And especially as the day begins to draw to an end ... as the Gates of Heaven begin to close ... our passion for finding atonement ("at-one-ment") can be overwhelming. We pray, even as the Gates are closing: *Open for us the gates – at the hour of the closing of the gates. The day is nearly done. The sun is low; the day is growing late. O, let us come into Your gates at last.* 

Though there are many "first steps" which can enable us to cross the threshold into the New Year — many different ways in which we can find the Gates of Heaven open to our hopes and dreams and prayers — we will again be continuing our "new tradition" which has given so many of us new meaning to the day we know as *Yom Kippur*; new meaning to our hopes and dreams and prayers; new meaning to what life can still be.

For the entire repetition of *Ne'ilah*, as we stand before the open *Aron Kodesh*, symbolizing the Gates of Heaven which remain open to our heartfelt supplication, as our *Hazzan* lifts our prayer on the wings of his own, you will be invited (individually, or with your families) to come up to the *bimah*, approach the *Aron Kodesh* and stand before it to offer the prayers you feel deep in your heart. Some may feel a bit self-conscious, but if you allow yourself to open your heart, your soul, and your mind, you may find the intimacy of the moment (the intimacy which we can achieve between ourselves and God) to be the most meaningful moment of the entire High Holy Days season.

Rabbi Robert J. Eisen

Yom Kippur Lunch for Children Ages 3 to 12 Saturday, October 4 12:15pm



There is NO CHARGE; however, reservations are required by Sept. 22. Please use the inserted form.

# Yom Kippur Break-the-Fast

Congregation Anshei Israel provides Break-the-Fast after the Yom Kippur evening service. Our USYers will be serving juice and challah just outside the exit doors on the west and north sides of the building. In the event of inclement weather, the Break-the-Fast will be served in the west hallway. This will reduce congestion at the Sanctuary doors for those who wish to leave the Synagogue immediately after the blowing of the shofar.



Shemini Atzeret Thursday, October 16 9:00am



On Shemini Atzeret, all yahrzeit plaques installed in Congregation Anshei Israel's Memorial Hall during the past year will be dedicated;

Yizkor approximately 10:30am.

Please join us for this service and meaningful dedication.

# Simhat Torah Celebration



# Simhat Torah Dinner Thursday, October 16 • 5:00pm

Bring the whole family! We'll enjoy pizza, salad and ice cream.

**CAI Members:** Adults \$8, Children \$5 (ages 3 to 10) **Guests:** Adults \$12, Children \$8 (ages 3 to 10)

No charge for children 2 & under.

Please RSVP by Oct. 8.

Visit www.caiaz.org or call 745-5550.





# Traditional Hakafot Thursday, October 16 5:45pm

Continue the celebration with Israeli singing and dancing, and refreshments. Get a guided tour from Creation to Mt. Sinai as the Torah is completely unrolled to encircle all who attend!

# And, the celebration continues ...

# Friday, October 17 9:00am

Share in a festive service geared toward children. At 9:30 am, the Sifrey Torah are taken out of the Ark. The children parade behind, then go up on the Bimah and are blessed.



## **Address Service Requested**

Non-Profit Organization U.S. POSTAGE **PAID** 

Permit No. 333 Tucson, Arizona

#### **MISSION STATEMENT**

Congregation Anshei Israel shall serve as a source of spiritual, educational, and social enrichment in order to encourage and ensure Judaic values in accordance with the Principles of Conservative Judaism.

#### **PRESIDENT**

Richard Fink

# IMMEDIATE PAST PRESIDENT

Madeline Friedman

#### **VICE PRESIDENTS**

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#### SECRETARY/ TREASURER

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Esther Sherberg

# No Holiday from Unstice

# Yom Kippur: FAST Action

MAZON encourages you to take action to fight hunger throughout the year. No Holiday from Justice activities can help deepen your experience of the Jewish holidays. To request materials, please call (800) 813-0557 or send an email to outreach@mazon.org.

#### WHY SOCIAL ACTION ON YOM KIPPUR?

Every day, millions of Americans go hungry and are forced to skip meals because of circumstance. On Yom Kippur, we choose to skip meals and go hungry as part of our Jewish celebration, but we are blessed to have the choice.

Even if our hunger lasts only a day, it is enough to make us aware of the challenge hunger presents to those who experience it. This year, take your experience with hunger and turn it into a meaningful action.

#### **ACTIVITY**

- Donate to MAZON in place of the meals you are skipping when you fast. You can also donate the amount it would cost to have an additional person at your break fast meal.
- Tell your friends and family about your donation and ask them to consider doing the same.
- College students: bring this activity to Hillel, your dorm or campus dining facilities. Ask fellow students to donate to MAZON in honor of the meals they skipped.
- Engage in meaningful discussion about the issue of hunger:

Why are millions of people still going hungry? What can we do to help?

**MAZON:** A Jewish Response to Hunger is a national nonprofit dedicated to preventing and alleviating hunger among people of all faiths and backgrounds.

MAZON | A Jewish Response To Hunger