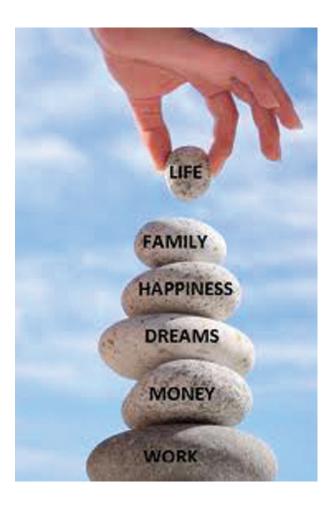
## **PARENTS:** NEED TO REGAIN Α **SENSE** OF <u>BALANCE</u>?



## Join us for **"IT'S MY LIFE TOO!"** Thursday, February 6, 2014 7:00-8:00pm at Congregation Anshei Israel

This educational workshop is specifically designed for parents of children 6-yearsold and under.

Learn tools to deal with the stresses of parenting, changing life balances, setting boundaries, and more.

With our guests:

- Jennifer Rollins, MC, LPC Registered Play Therapist & Clinical Therapist
- Sandra Hassel, LAMFT
  Clinical Therapist

presented by:





CONGREGATION ANSHEI ISRAEL 5550 E. FIFTH ST. TUCSON, AZ 85711 NO CHARGE to ATTEND Refreshments served.

Please RSVP by Feb. 5 to Kim at 745-5550, ext. 224.