

**PARENTS:
NEED
TO
REGAIN
A
SENSE
OF
BALANCE?**



**Join us for
“IT’S MY LIFE TOO!”
Thursday,
February 6, 2014
7:00-8:00pm
at
Congregation Anshei Israel**

This educational workshop is specifically designed for parents of children 6-years-old and under.

Learn tools to deal with the stresses of parenting, changing life balances, setting boundaries, and more.

With our guests:

- Jennifer Rollins, MC, LPC
*Registered Play Therapist &
Clinical Therapist*
- Sandra Hassel, LAMFT
Clinical Therapist

presented by:



and



CONGREGATION ANSHEI ISRAEL
5550 E. FIFTH ST.
TUCSON, AZ 85711

NO CHARGE to ATTEND
Refreshments served.

~~~~~  
**Please RSVP by Feb. 5 to  
Kim at 745-5550, ext. 224.**