

# Operation Deep Freeze/Project Hospitality

is a community-wide effort to provide shelter, meals and clothing to the homeless during Tucson's winter months.



**Congregation Anshei Israel**  
will be participating in the program on:  
**Sunday, December 18, 2011**  
**Thursday, January 5, 2012**  
**Wednesday, February 1, 2012 (USY Night)**  
**Wednesday, February 15**

We are seeking volunteers to purchase and prepare food and serve meals for up to 25 homeless men and/or women. Monetary donations are also needed to pay for food items and a chaperone on each night. (*See food list on other side.*)

We meet at Temple Emanu-El (225 N. Country Club) at 5:00 pm and serve hot meals that we've prepared or purchased. In addition, we provide a sack lunch and cold breakfast for the following day. We are usually finished by 6:30 pm.

**If interested in donating food, money or your time,**  
**please contact Hedy Feuer at 885-8819 or [hedy.feuer@gmail.com](mailto:hedy.feuer@gmail.com)**  
**OR Jane Poliakoff at 748-8849 or [jmpoliakoff@gmail.com](mailto:jmpoliakoff@gmail.com).**

## **PLEASE DONATE:**

**Non-perishable food items and gently-used MEN'S and WOMEN'S (NO children's items needed) jackets, sweatshirts, gloves, hats, and NEW socks, blankets and travel-sized toiletries. Kindly bring items to the marked boxes in the lobby of CAI's administrative office.**



*(See other side for food list.)*

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## FOOD NEEDED FOR ONE NIGHT & DAY OF PROGRAM

### BREAKFAST

- 2 96 oz container orange juice AND apple or cranberry juice
- 2 gallons whole milk
- 1 pound drip coffee (for breakfast & dinner)
- 2 dozen hard-boiled eggs
- 2 dozen small variety packs cereal
- 2 dozen bananas (for breakfast & lunch)
- 2 dozen oranges (for breakfast & lunch)
- 2 dozen large muffins or sweet rolls

### BROWN BAG LUNCH

- 24 lunch bags
- Lunch meat and cheese
- 2 large loaves wheat bread
- 24 juice containers with straws (these should be real juice)
- 24 wrapped cookies, granola/energy bar or raisins
- 24 chips, crackers or peanuts in individually wrapped bags

### DINNER

- 25 portions salad greens and tomatoes
- 1 large bottle Ranch dressing
- Entrée: Any dish that is hearty such as 75 pieces of cut-up fried chicken from Fry's, or 24 portions meatloaf, lasagna, etc. (No soup or chili)
- 40 soft dinner rolls or 2 loaves of sliced French bread
- 30 large servings mashed potatoes with gravy (instant potatoes & packaged gravy OK)
- 24 large portions fresh or frozen vegetables
- Dessert (pies, cakes or individual desserts)
- 2 96 oz container apple or cranberry juice
- 2 gallons whole milk



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